

Resource Directory/Appendix for the Humanitarian Assistance Manual

Third Edition

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Resource Directory/Appendix Introduction

The Resource Directory of the Humanitarian Assistance Manual includes listings on humanitarian resources worldwide to give caseworkers or agency representatives the ability to search by country for various kinds of resources, as listed below. Please note that all titles in **bolded blue** are hyperlinks to the relevant organization.

I. **Funding and Charity/Non-Profit Information**

Includes information on different organizations and non-profits that can either give monetary support or help fundraise in order to finance the patient's medical expenses as well as additional expenses such as transportation, translation services, and psychological care. When working with other organizations in the world of charity and philanthropy, there is great benefit in understanding how non-profit organizations operate in a general sense, and how charities are organized, how effective fundraising takes place, what good volunteer management looks like, and the traditional steps behind grant writing. Knowing about the vocabulary, procedures, and labor involved in the work of one's peers often makes collaboration easier and more productive.

II. **Visas**

International patients who will need to travel to the United States in order to receive medical care will need a visa. This section includes resources on where and how a patient can acquire a visa in order to stay in the United States.

III. **Guides and Interpreter**

Patients receiving medical treatment in another country will need assistance in communication. This section includes information on different organizations that provides interpreting services in the country, as well as an aide to help patients in their journey in a new country.

IV. **Transportation**

Includes information on different transportation services — vehicle and air. Vehicle transportation services listed are for patients who need to be transported to and from medical appointments, while air transportation services are for patients who need to travel abroad to receive care in another country.

V. **Humanitarian Aid/Emergency Relief Organizations**

Humanitarian assistance is intended to save lives, alleviate suffering and maintain human dignity during and after man-made crises and disasters caused by natural hazards, as well as to prevent and strengthen preparedness for when such situations occur. Emergency Relief is the provision of essential needs to individuals, families and communities during or after an emergency/crisis situation, which includes but is not limited to, medical attention, food, shelter, etc. There are various entities that provide such services globally.

VI. Host Families/Accommodations

While traveling abroad for medical treatment, patients will need both physical and emotional support. This section includes information on different organizations that provide accommodations to host medical patients in a continent or country with a supportive family.

VII. Food, Clothing, and Entertainment for Entire Unit

During his or her stay, the patient may need to have distinctive kinds of food, depending on his or culture, religion, health, and personal preferences. Likewise, the patient might prefer to wear certain kinds of clothing. Entertainment is less essential, but the patient's overall health and happiness will certainly benefit from customized recreation according to his or her taste.

VIII. Education

If the patient is a minor (under the age of 18), then allowing his or her education to continue will be important. Naturally, the patient's educational standards and the content of his or her education may differ considerably from the educational systems available in the host country where the patient is receiving treatment. So the provision of educational support will likely have to be done in an informed and customized way. For college students, often between ages 18 – 22, providing continuity in his or her education will also be important, but may not be as vital as with younger students. Parents of patients under 18 will likely hope that adequate educational resources can be provided, during the patient's one to two year stay overseas.

IX. Socialization

Finding new friends will naturally be a vital dimension of the patient's experience in the host country. Naturally, there might be some challenges to overcome, as the patient seeks to connect socially in a new culture. These challenges can include new social customs, a new language, and more.

X. Psychological Support

Going through a major medical ordeal and spending extended time away from loved ones in a foreign country can be a traumatic experience for some people. Throughout the patient's entire stay, counseling will need to be provided in a compassionate and sensitive manner. Ideally, the patient will benefit most from one or two trained counselors who can regularly visit with the patient, starting immediately after the patient's arrival and continuing up through his or her time overseas. As counseling is provided, attention needs to be given to the patient's age, the severity of the medical condition, and faith tradition.

XI. Media

Promotional opportunities can be a win-win situation for all parties, if handled with care. Publicity for the patient can help him or her get donations as well as find supporters who

can offer encouragement through letters and prayers. Likewise, companies and organizations of all kinds that help the patient will benefit when they are mentioned during publicity efforts, which can result in monetary income, new long-term donors/customers, and favorable public opinion of their work. Promotions for the patient can occur through newspapers, magazines, and TV talk shows. Furthermore, Facebook, Instagram, and Twitter pages can be set up for the patient to allow for public interaction. Of course, publicity needs to be managed carefully to ensure that only friendly people are involved in the patient's online community.

XII. Government, Embassies and Consulates

For the patient to have an experience that is legally sanctioned and complete with all of the many benefits that are available within the host country, it is important to involve government organizations. The types of government agencies you need to contact may vary from country to country. However, the main goals will generally remain the same, which are simply to inform the appropriate organizations of special long-term guests for the host country, and to alert any specialized organizations of the patient's needs.

XIII. Health/Education Organizations

Around the world, organizations have been established to update the medical community within certain regions about the latest news in health and medicine. Likewise, certain organizations are recognized as authoritative providers of health-related news to the general public in their regions. This section includes both kinds of organizations, those that educate their fellow medical professionals, and those that educate the public regarding breakthroughs and resources in health and medicine.

XIV. Medical Organizations/Hospital and Physician Resources

To receive medical treatment, patients will need to find a suitable hospital and physician that can help aid their recovery. This section includes information on reputable medical facilities and physicians in a continent or country. The types of medical personnel and medical facilities available in each country will vary according to region. In this section, listings are provided of some of the most well-known and well-regarded physicians and hospitals in each geographical area on every continent.

Special Note: An expatriate (often shortened to expat) is a person residing in a country other than their native country. Some resources in this directory use the term "expat."

Resource General Tips

The Resource Directory serves as a useful starting place for possible resources. However, does not thoroughly cover all the 200-plus countries of the world, which is why general guidelines are given for each continent. The information provided in this directory does not, and is not intended to, constitute legal advice; instead, all information, content, and materials available in this directory are for general informational purposes only. Information in this directory may not constitute the most up-to-date legal or other information. This directory contains links to other third-party websites. Such links are only for the convenience of the reader, user or browser; the Grossman Burn Foundation and its members do not recommend or endorse the contents of the third-party sites.

Tip #1: Contact the main embassy

When a patient arrives to a foreign country for long-term medical treatment in that country, a key resource is the embassy for the patient's native country, which will be found in the capital city of the foreign country. For example, if the patient is British and has traveled from Britain to Germany for urgent medical care in Germany, then a key resource for the patient will be the British Embassy located in Berlin, the capital of Germany.

Tip #2: Contact three types of government agencies

This Resource Directory supplies caseworkers with largest and most prominent government organizations in the country that deal with: 1) tourism, 2) public affairs, and 3) foreign affairs. In fact, in some countries, governmental organizations provide the only social services available in the country.

Tip #3: Confirm all referrals

Always be sure to verify that referrals are still available before giving out their information.

General Health Resources Worldwide

[International Burn Injury Databases \(IBID\)](#) collects information that allows a greater understanding of burn care and the means to improve it by education, while gathering information so as to allow the prevention of burn injuries and support research and audit

[The International Network for Training, Education & Research in Burns](#), which aims to transform the way burn care is delivered in Africa, Asia, Europe, the Middle East and North America

[International Society for Burn Injuries](#), which disseminates knowledge and stimulate prevention in the field of burns

- [Center for Disease Control and Prevention](#)
- [World Health Organization](#) — Search by country, and also look up: "Collaborating Centres"
- [World Health Organization in Europe](#) — Search for a European country's health system
- [UNICEF](#) — Go to: "Where We Work" to find a country's information
- Embassy and Consulate Listings — Search by country
 - [Embassy World](#)
 - [Embassy Pages](#)
 - [US Embassy](#)
- Charity fundraising
 - [Go Fund Me](#)
 - [Network For Good](#)
 - [Network For Good Storytelling](#)
 - [Foundation Center](#) — Find grants
- Organizations providing Directories and supporting Humanitarian Efforts Worldwide
 - [Foundation Directory Online](#)
 - [Chronicle of Philanthropy](#)
 - [Charity Navigator](#)
 - [CharityNet USA](#)
 - [Guidestar](#)
 - [Tech Soup](#)
 - [Charity Watch](#)
 - [Great Non-Profits](#)

- [Charity Choice](#)
- [Village Reach](#)
- Trauma & Human Behavior
 - [Psychiatric Times](#)
 - [National Center for Biotechnology Information](#)
 - [Psychology Today - 21 Common Reactions to Trauma](#)
- Clothing and Faith
 - [Understanding Religious Clothing](#)
 - [Wikipedia - Religious Clothing](#)
 - [Wikipedia - Christianity and Clothing](#)
 - [Islam and Clothing](#)
 - Judaism and Clothing
 - [Jewish Clothing](#)
 - [A Dress Code for Judaism](#)
 - Buddhism and Clothing
 - [Clothes and Fashion](#)
 - [Buddhism: Dress Code](#)
 - Hinduism and Clothing
 - [Dress, Facial Decorations, Bindi](#)
 - [Traditional Clothing](#)
 - [Dress](#)
- [Languages of the World](#)
 - [Languages Spoken in Each Country](#)
 - [Country to Language Chart](#)
- [Diet and Various Faiths](#): Dietary choices can sometimes be determined by a person's religious, spiritual, or philosophical preferences. Likewise, foods can have religious symbolism in how they are made, how they are eaten, or both. Consult with the patient and the patient's relatives about any dietary guidelines the patient might have related to his or her faith or philosophical background.
 - [Belief Based Diets](#)
 - [List of Foods With Religious Symbolism](#)
 - [Sacred Foods for Major Religions](#)
 - [Christianity: The Bible and Food](#)

Humanitarian Resources Listed by Continent/Country

CONTINENT: NORTH AND CENTRAL AMERICA

UNITED STATES

I. Funding and Charity/Non-Profit Information

- *Click the links below for information on funding and charity/non-profit in the United States.*
- You can potentially locate funding options in your patient's community through leaders at these kinds of organizations:
 - Charities/non-profits (see Section XIII)
 - Student groups at colleges and universities
 - Popular businesses
 - Places of worship
 - Media organizations (radio, TV, newspapers)
- **Non-Profit Resources**

When working with other organizations in the world of charity and philanthropy, there is great benefit in understanding how non-profit organizations operate in a general sense. The below links give details on key topics such as: how charities are organized, how effective fundraising takes place, what good volunteer management looks like, and the traditional steps behind grant writing. Knowing about the vocabulary, procedures, and labor involved in the work of one's peers often makes collaboration easier and more productive. Helpful topics to learn include: charity structure, fundraising, volunteer management, and grantwriting. There is wisdom in becoming familiar with the tools, resources, vocabulary, procedures, law, training, news, research, and staff positions involved in non-profit work.
- Charitable and non-profit organizations, information, resources, and grants:
 - [Candid Foundation](#)
 - [NOLO - Starting a Foundation](#)
 - [GrantWatch](#)

- Explore these websites for funding/charity resources in the United States:
 - [Charity Navigator](#)
 - [Charity Watch](#)
 - [Foundation Directory Online](#)
 - [BryteBridge Nonprofit Solutions](#)
 - [GuideStar](#)
 - [TechSoup](#)
 - [Great Non-Profits](#)
 - [VillageReach](#)
- Fundraising in the entertainment community for charitable causes:
 - [Look To The Stars](#)
 - [EIF Foundation](#)

II. Visas

➤ *Click the links below for information on visas in the United States.*

A visitor visa is a kind of non-immigrant visa for people wishing to enter a country temporarily for business, pleasure, tourism, or medical treatment. Patients traveling to foreign countries for long-term medical care need to have a visitor visa. Here are resources to learn about this type of visa.

- [U.S. Department of State](#)
- [B-1/B-2 Visitor Visas, Explained](#)
- [NOLO - B-2 Visa for US Medical Treatment](#)
- [U.S. Citizenship and Immigration Services, Medical Parole](#) (Go to the “Humanitarian” section in the bottom left on the home page, and select “Humanitarian Parole,” which includes details on “Medical Parole.”)

III. Guides and Interpreters

- *Click the link below for information on guides and interpreters in the United States.*
 - [American Translators Association](#)

The ATA was founded in 1959 and is now the largest professional association of translators and interpreters in the United States with more than 10,000 members in 90 countries.

IV. Transportation

- *Click the link below for information on transportation in the United States.*
 - [U.S. Department of Transportation](#)
 - [AirMed International](#)

950 22nd St. N Suite 800
Birmingham, AL 35203. USA
Business: (205) 443-4840
International: +1 (205) 443-4840
Fax: (205) 443-4841
Toll Free: (800) 356-2161
Toll Free Fax: (866) 872-8624

AirMed International is one of the leading air medical transport companies in the world, with over 18,000 total missions and counting. AirMed offers unparalleled medical care and bedside-to-bedside transportation on a worldwide basis and boasts some of the most experienced air medical crews in the industry. Chosen as a preferred operator for many of the top hospitals around the globe, as well as a contracted carrier for the U.S. Department of Defense, AirMed operates its own fleet of fully customized and permanently configured jets.
 - [On Call International](#)

Global Response Center
11 Manor Parkway
Salem, New Hampshire 03079
Toll Free: (800) 407-7307
Tel: (603) 898-9159
Fax: (603) 898-9172
Email: mail@oncallinternational.com

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Toll Free: (800) 524-7633

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Tel: (715) 479-8881 (International)

Email: info@travelcareair.com

Email: ron@travelcareair.com

Travel Care Air began in 1980 and since has been providing unparalleled air ambulance services all over the world. At Travel Care, our top priority is safety of each air ambulance flight and patient care.

- **[Medical Air Services Association](#)**

MASA Worldwide Headquarters

1250 S. Pine Island Road, Suite 500

Plantation, FL 33324

Tel: (954) 284-2000

Toll Free: (800) 643-9023

Fax: (817) 416-2326

Email: info@masaassist.com

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- **[International SOS Assistance, Inc.](#)**

Tel: (215) 942-8226

[Directory of Locations](#): International SOS provides health and security solutions for organizations who have employees around the world. They help companies prepare their workforce for travel to unfamiliar and remote locations, and

provide training and guidance on travel risk management to help keep workers healthy and safe, wherever they may be. Where the public's situation requires a more active response, their highly trained teams use their knowledge of procedures and policies across the world to help provide global medical assistance and security measures. They work with each business to ensure needs are met. Their international medical and security services have been fine-tuned through their work across a number of different industries, giving them the experience to deal with their own unique set of needs.

- **Miracle Flights for Kids**

5740 S Eastern Ave, Ste 240

Las Vegas, NV 89119

Toll free: (800) 359-1711

Tel: (702) 261-0494

Fax: (702) 261-0497

Miracle Flights provides financial assistance to low-income children for commercial air travel to obtain special medical care, to promote awareness of their services through targeted outreach programs, and to enlist the help of community-minded people through strategic calls to action.

- **Childspring International**

1328 Peachtree Street NE

Atlanta, GA 30309

Tel: (404) 228-7744

Email: admin@childspringintl.org

Childspring International facilitates medical care for children with treatable conditions. Children who can't be treated in their home countries are often brought to the United States for medical care. Childspring facilitates birth certificates, passports, visas, and airline tickets for children's travel to the U.S. Trained host families welcome the children into their homes.

Special note on emergency transportation: The military in some countries can sometimes provide emergency air transportation. Special ticket options might be available for nonprofit organizations. Medical shuttle services can be searched for, in various regions. Look for emergency ground transportation through regional directories.

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click the link below for information on humanitarian aid/emergency relief organizations in the United States.*

- [ASHP \(American Society of Health System Pharmacists\)](#)

4500 East-West Highway 900

Bethesda, MD 20814

Toll Free: (866) 279-0681

ASHP is a professional organization that represents pharmacists who serve as patient care providers in acute and ambulatory care settings. The organization's 45,000 members include pharmacists, student pharmacists, and pharmacy technicians.

- [American Red Cross](#)

431 18th Street, NW

Washington, DC 20006

Toll free: (800) RED CROSS (800-733-2767)

Tel: (202) 303-4498 (Public inquiry, M-F, 8:00 am – 5:00 pm)

The American Red Cross is the premier emergency response organization in the United States. In addition to domestic disaster relief and aid to people affected by war and armed conflict, the American Red Cross offers compassionate services in five other areas: community services for the needy, support for military members and their families, lifesaving blood products, education on health and safety, and international relief and development programs.

- [Global Relief Technologies](#)

15 Rye Street

Portsmouth, NH 03801

Tel: (603) 422.7333

Fax: (603) 422.7331

Email: info@grt.com

GRT Mobile Solutions (GRT), founded as Global Relief Technologies, has for over ten years simplified the complexity of field mobile data collection and collaboration for their enterprise customers, by developing, implementing, supporting, and managing their enterprise field mobile operations. GRT solutions have been utilized in humanitarian missions all over the world by the American Red Cross, the United States Navy, and many other international organizations.

- [Emergency Medical Services](#)

1200 New Jersey Avenue, SE, West Building

Washington, DC 20590

Toll free: (888) 327-4236

A system of coordinated response and emergency medical care, involving multiple people and agencies.

- [UNICEF](#)

125 Maiden Lane

New York, NY 10038

Toll free: (800) FOR-KIDS (800-367-5437)

Working in over 150 countries, UNICEF is a global humanitarian relief organization providing children with: health care and immunizations, clean water, nutrition and food security, education, emergency relief, and more.

Humanitarian aid relieves suffering during emergency situations, through material and logistic assistance. The goal is always to save lives and alleviate suffering. The idea is to focus on the needs in the immediate aftermath, while also offsetting risk from future disasters. Humanitarian aid is usually short-term until the government and other

VI. Host Families/Accommodations

- *Click the link below for information on humanitarian aid/emergency relief organizations in the United States.*

- [AYA - Your American Host Family](#)

- [Safe Families for Children - Be a Host Family](#)

- [Host A Family](#)

- [Hosts for Hospitals](#)

- [Lingoo](#)

Lingoo is the world's biggest language exchange and homestay club.

- [Childspring International](#)

When a child comes to the United States for treatment, they place them with a host family who can accompany them through a life-changing surgery.

- Recreational or community centers – socialization and integration

- [Recreational Areas and Activities](#)

- [Find Your Next Adventure](#)
- [YMCA](#)

VII. Food, Clothing and Entertainment

- *Click the link below for information on humanitarian aid/emergency relief organizations in the United States.*
 - [Food-Based Dietary Guidelines](#)
 - [Dietary Guidelines From Around The World](#)
 - [World Cuisine Recipes](#)
 - [8 Food Safety Tips When Traveling Abroad](#)
 - [CDC - Food and Water Safety for Travelers](#)
 - [5 Tips for Traveling to the U.S. With Medications](#)
 - [Foreign Travel Guide - Health, Medical Kits and Vaccinations](#)
 - [Religious Dietary Restrictions](#)

VIII. Education

- *Click the link below for information on humanitarian aid/emergency relief organizations in the United States.*
 - [Education USA](#)
 - [Education and Child Care](#)
 - [International Student](#)
 - [National Association for the Education of Young Children](#)

IX. Socialization

➤ *The links below provide information on socialization in the United States.*

- [Bureau of Educational and Cultural Affairs](#)
- [U.S. Citizenship and Immigration Services](#)

X. Psychological Support

➤ *The links below provide information on psychological support in the United States.*

- Some cultural and ethnic communities have organized leadership, or neighborhoods where they have a strong unified presence:

- [Cambodian Town, Inc.](#)
- [Los Angeles - The Definitive Guide To Little Ethiopia](#)

- Some faith-based communities have umbrella organizations that can provide resources:

- [Board of Rabbis](#)
- [Christian Leadership Alliance](#)
- [Islamic Shura Council](#)

Special note: The American Psychological Association explicitly states that religion must be respected. Education in spiritual and religious matters is also required by the American Psychiatric Association.

- Counselor locators online in the U.S.
 - [Psychology Today - Locate A Therapist](#)
 - [Psychologist Locator](#)
- General counseling resources
 - [Self-Compassion](#)

- [Refuge In Grief](#)

XI. Media

➤ *The links below provide information on media in the United States.*

- [Public Broadcasting Service](#)
PBS is the primary non-profit television service
- [Official USA](#)
Provides a directory of nationwide television stations
- [National Public Radio](#)
NPR is the primary non-profit radio service
- [Radio-Locator](#)
Radio station location in the U.S.
- [Station Index](#)
Provides a station index in the U.S.
- [Chronicling America](#)
Allows a search of U.S. newspapers, 1690-Present
- [USNPL](#)
United States Newspaper Listing
- [All You Can Read](#)
List of the top 50 magazines in the U.S.
- [Feed Spot](#)
List of the top 100 news websites in the U.S.
- [Reuters](#)
- [All Media Link](#)
Helpful online portal for media in the U.S.

XII. Government, Embassies, and Consulates

- A diplomatic mission or foreign mission is a group of people officially representing an organization or nation in a different country. (Representatives are stationed in a foreign country). Usually, the mission is represented through an embassy, which is the main office of a country's diplomatic representatives. Consulates are smaller diplomatic missions, compared to embassies.
 - [U.S. State Department](#)
 - [U.S. Government Information and Services](#)
 - [Embassy Worldwide](#)
 - [U.S. State Department - Contact Info for Foreign Embassies & Consulates](#)
 - [Websites of U.S. Embassies, Consulates and Diplomatic Missions](#)
 - [List of International Embassies Located in Washington D.C.](#)

XIII. Health/Education Organizations

- *Click the links below for information about organizations that inform and update the medical community and the general public about breakthroughs and resources in health and medicine.*
 - [Society for Academic Emergency Medicine \(SAEM\)](#)
1111 East Touhy Ave, Suite 540
Des Plaines, IL 60018
Tel: (847) 813-9823
Fax: (847) 813-5450
The Society for Academic Emergency Medicine (SAEM) is dedicated to the betterment of care of the acutely ill and injured patient by improving research and education. SAEM represents excellence in academic emergency medicine.
 - [American College of Emergency Physicians](#)
National Headquarters
4950 W. Royal Lane
Irving, TX 75063-2524
Mailing: P.O. Box 619911
Dallas, TX 75261-9911

Toll Free: (800) 798-1822

Tel: (972) 550-0911

Fax: 972-580-2816

ACEP educates and trains physicians in emergency medicine to provide quality emergency care in the nation's hospitals.

- **[National Association of Emergency Medical Technicians](#)**

132-A East Northside Dr.

Clinton, MS 39056

Mailing: P.O. Box 1400

Clinton, MS 39060-1400

Toll free: (800) 34-NAEMT

Tel: (601) 924-7744

Fax: (601) 924-7325

Email: info@naemt.org

NAEMT develops tools for EMS agencies and professionals to increase access to quality education for all EMS agency personnel, to help develop an infrastructure to implement EMS quality improvement, and to support evidence-based EMS research.

XIV. Medical Organizations/Hospital and Physician Resources

- Hospital resources in the U.S.

- **[DMOZ List of U.S. Hospitals](#)** - Search by "North America" and then "United States"

- **[U.S. News Best Hospitals](#)** - Hospital finder by region, and hospital rankings by specialty

- **[The Agape Center](#)**- Hospital Finder

- **[U.S. Hospitals](#)** - Hospital finder; search under Hospitals & Clinics for General Hospital

- **[Health Care Hiring](#)**

- Listings of Doctors and Dentists, Hospitals and Clinics, Healthcare Providers, Healthcare Facilities and Services

- **[Mediline Plus Directories](#)** - Includes a [Doctor Finder](#) page

- **[The American Medical Association](#)**
AMA Plaza

330 N. Wabash Ave., Suite 39300

Chicago, IL 60611-5885

Toll Free: (800) 262-3211 (Member Service Center)

Tel: (312) 464-4782 (Automated Call Center)

AMA is the largest association of physicians and medical students in the United States, with the mission to promote the art and science of medicine and the betterment of public health.

- [**American Hospital Association**](#)

Chicago Address

155 N. Wacker Dr.

Chicago, Illinois 60606

Tel: (312) 422-3000

Washington D.C. Address

800 10th Street, N.W.

Two CityCenter, Suite 400

Washington, DC 20001-4956

Tel: (202) 638-1100

The American Hospital Association (AHA) is the national organization that represents and serves all types of hospitals, health care networks, and their patients and communities.

- [**American Academy of Family Physicians**](#)

11400 Tomahawk Creek Parkway

Leawood, KS 66211-2680

Toll free: (800) 274-2237

Tel: (913) 906-6000

Fax: (913) 906-6075

1133 Connecticut Ave., NW Suite 1100

Washington, DC 20036

Toll free: (888) 794-7481

Tel: (202) 232-9033

Fax: (202) 232-9044

The mission of the American Academy of Family Physicians is to improve the health of patients, families, and communities of the United States by serving the needs of members with professionalism and creativity.

- [**Healthy Children**](#) Headquarters

345 Park Boulevard

Itasca, IL 60143

Tel: 800-433-9016

Fax: 847-434-8000

Find a pediatrician by visiting and click on Find a pediatrician in the middle of the page.

- [American Academy of Pediatrics](#), **Federal Affairs**
601 13th Street, NW
Suite 400 North
Washington, DC 20005 USA
Tel: (202) 347-8600
Fax: (202) 393-6137
The American Academy of Pediatrics is an organization of 60,000 pediatricians committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults.
- [American College of Nurse-Midwives](#) - **Find a midwife**
8403 Colesville Rd, Suite 1550
Silver Spring, MD 20910
Tel: (240) 485-1800
Fax: (240) 485-1818
The American College of Nurse-Midwives promotes the health and well-being of women and infants within their families and communities through the development and support of the profession of midwifery as practiced by certified nurse-midwives and certified midwives. ACNM works to establish midwifery as the standard of care for women. They lead the profession through education, clinical practice, research, and advocacy.

General Health Resources for the United States

➤ *Click on the links to view the websites:*

- [Burn and Reconstructive Centers of America](#)
- [Pacific Prime Guide to U.S. Health Insurance](#)
- [Families USA](#)
- [U.S. Citizenship and Immigration Services - Healthcare](#)
- [World Health Organization Health System Review](#)
- [World Health Organization Countries](#)

- [eHealth Find Health Insurance](#)
- [National Institute on Disability and Rehabilitation Research](#)

Larger Organizations – Health Resources

➤ **American Public Health Association (APHA)**

- APHA Headquarters
800 I Street, NW
Washington, DC 20001
Tel: (202) 777-2742
Fax: (202) 777-2534

The American Public Health Association is the oldest and most diverse organization of public health professionals in the world and has been working to improve public health since 1872. The Association aims to protect all Americans, their families and their communities from preventable, serious health threats and strives to assure community-based health promotion and disease prevention activities and preventive health services are universally accessible in the United States. APHA represents a broad array of health professionals and others who care about their own health and the health of their communities.

➤ **Centers for Disease Control and Prevention**

- 1600 Clifton Rd.
Atlanta, GA 30329-4027
Toll free: (800) CDC-INFO (800 232-4636)

The Centers for Disease Control and Prevention has a mission to create the expertise, information, and tools that people and communities need to protect their health through health promotion, prevention of disease, injury and disability, and preparedness for new health threats. The CDC seeks to accomplish its mission by working with partners throughout the nation and the world to monitor health, detect and investigate health problems, conduct research to enhance prevention, develop and advocate sound public health policies, implement prevention strategies, promote healthy behaviors, foster safe and healthful environments, provide leadership and training.

➤ **Childspring International**

- 1328 Peachtree Street NE
Atlanta, GA 30309
Tel: (404) 228-7770

Childspring International provides medical care and opportunities for a better life for children around the world. Childspring provides access to the caring support of

doctors, hospitals, volunteers, host families, and their communities.

➤ **CARE (Cooperative for Assistance and Relief Everywhere)**

- 151 Ellis Street NE
Atlanta, GA 30303
Tel: (800) 422-7385

CARE's mission is to serve individuals and families in the poorest communities in the world. Drawing strength from their global diversity, resources and experience, they promote innovative solutions and advocate for global responsibility. They facilitate lasting change by: strengthening capacity for self-help, providing economic opportunity, delivering relief in emergencies, influencing policy decisions at all levels, and addressing discrimination in all its forms.

➤ **U.S. Department of Health and Human Services (HHS)**

- 200 Independence Avenue, S.W.
Washington, DC 20201
Toll Free: (877) 696-6775

HHS is the United States government's principal agency for protecting the health of all Americans and providing essential human services, especially for those who are least able to help themselves.

➤ **Operation Smile**

- *Primary U.S. Office*
3641 Faculty Boulevard
Virginia Beach, VA 23453
Toll free: (888) OPSMILE (677-6453)
Tel: (757) 321-7645
- *Primary Canadian Office*
375 University Ave., Suite 204
Toronto, ON L3R M5G 2J5 Canada
Toll free: (844) 3-SMILE0 (844-376-4530)
Tel: (647) 696-0600 (Canada)

Operation Smile provides a network of resources to assist families in the U.S. and internationally in healing children's smiles. Operation Smile provides access to safe, effective surgical care to patients with facial deformities. Operation Smile's global partnerships, medical knowledge, and medical missions have made a lasting difference in the world.

➤ **Catholic Charities**

- 2050 Ballenger Avenue, Suite 400
Alexandria, VA 22314
Tel: (703) 549-1390

Catholic Charities USA provides strong leadership and support to enhance the work of the local agencies in their efforts to reduce poverty, support families, and empower communities. The mission of Catholic Charities is to provide service to people in need, to advocate for justice in social structures, and to call the entire church and other people of good will to do the same.

➤ **National Institutes of Health**

- 9000 Rockville Pike
Bethesda, Maryland 20892
Tel: (301) 496-4000

The National Institutes of Health is the steward of medical and behavioral research for the United States. The organization makes important discoveries that improves health and saves lives. The goals of NIH are: to foster fundamental creative discoveries, innovative research strategies, and their applications as a basis for ultimately protecting and improving health; to develop, maintain, and renew scientific human and physical resources that will ensure the nation's capability to prevent disease; to expand the knowledge base in medical and associated sciences in order to enhance the nation's economic well-being and ensure a continued high return on the public investment in research; and to exemplify and promote the highest level of scientific integrity, public accountability, and social responsibility in the conduct of science. NIH is the largest source of funding for medical research in the world.

➤ **Health Resources and Services Administration (HRSA)**

- 5600 Fishers Lane
Rockville, MD 20857 U.S.A.
Toll free: (877) 464-4772

HRSA, an agency of the U.S. Department of Health and Human Services, is the primary federal agency for improving health care to people who are geographically isolated, or economically or medically vulnerable

Burn Care in the United States

ARIZONA

➤ Phoenix

- **Arizona Burn Center**
2601 East Roosevelt Street
Phoenix, AZ 85008
Tel: (602) 344-5011
- **Grossman Burn Center** at St. Luke's Medical Center
1800 E. Van Buren St.
Phoenix, AZ 85006
Tel: (602) 251-8687

CALIFORNIA

➤ Bakersfield

- **Grossman Burn Center** at **San Joaquin Community Hospital**
2615 Chester Street
Bakersfield, CA 93301
Tel: (661) 395-3000, ext. 6135
Tel: (661) 869-6130 (Outpatient Clinic)

➤ La Jolla

- **Saliba Burns Institute**
5582 Thunderbird Lane
La Jolla, CA 92037
Tel: (858) 454-2686
Email: salidbamd@msn.com (Dr. Michael Saliba is the head medical researcher and burn specialist at the Saliba Burns Institute.)

➤ Orange

- [UC Irvine Health Regional Burn Center](#)
101 The City Drive South, Bldg. 1
Orange, CA 92868
Toll free: (888) 622-2876
Tel: (714) 456-6170

➤ Sacramento

- [Shriners Hospital for Children - Northern California](#)
2425 Stockton Blvd.
Sacramento, CA 95817
Tel: (916) 453-2191
- [UC Davis Firefighters Burn Institute](#)
2315 Stockton Blvd.
Sacramento, CA 95817
Administrative office:
Tel: (916) 453-2050
Fax: 916-453-2373

➤ San Francisco

- [St. Francis Memorial Hospital Bothin Burn Center](#)
900 Hyde Street, 5th Floor
San Francisco, CA 94109
Tel: (415) 353-6255
Tel: {415} 353.6703 (Outpatient Burn Clinic)

➤ Santa Ana

- [Orange County Global Medical Center](#)
1001 N. Tustin Avenue
Santa Ana, CA 92705
Tel: (714) 953-3652

➤ Sherman Oaks

- [Children's Burn Foundation](#)
5000 Van Nuys Boulevard, Suite 210
Sherman Oaks, CA 91403
Toll free: (800) 949-8898

➤ Torrance

- [Torrance Memorial - Burn, Wound and Amputation Prevention Center](#)
3325 Medical Center Drive, Torrance
West Tower, 5th Floor
Tel: (310) 517-4736

➤ West Hills

- [Grossman Burn Center, West Hills Hospital and Medical Center](#)
7300 Medical Center Drive
West Hills, CA 91307
Toll free: (888) 676-2876
Tel: (818) 676-4177 (24/7)

COLORADO

➤ Denver

- [University of Colorado Burn and Frostbite Center](#)
12605 E. 16th Avenue Anschutz Inpatient Pavilion, 3rd floor
Aurora, CO 80045
Tel: (720) 848-3510
Tel: (720) 848-6054 (Burn community outreach coordinator)

CONNECTICUT

➤ Bridgeport

- [The Burn Center at Bridgeport Hospital](#)
267 Grant Street
Bridgeport, CT 06610
Tel: (203) 384-3728

DISTRICT OF COLUMBIA

➤ Washington D.C.

- [MedStar Health Trauma and Burn Care](#)
110 Irving Street, NW
Washington, D.C. 20010
Toll free: (844) 877-2424 (Patient Consults & Provider Referrals)
Tel: (202) 877-7347
Tel: (202) 877-7241 (ICU)
Tel: (202) 877-6351 (Step Down Unit)

FLORIDA

➤ Gainesville

- [University of Florida Health Shands Burn Center](#)
1600 SW Archer Road, Room 7209
Gainesville, FL 32610
Tel: (352) 265-8932

➤ Tampa

- [Shriners Hospitals for Children - Corporate Headquarters](#)
12502 USF Pine Drive
Tampa, FL 33612-9411
Tel: (813) 972-2250
- [Tampa General Hospital Regional Burn Center](#)
1 Tampa General Circle
Tampa, FL 33606
Tel: (813) 844-7000

ILLINOIS

➤ Chicago

- [UChicago Med Burn and Complex Wound Center](#)
5841 S. Maryland Avenue
Chicago, IL 60637
Tel: (773) 702-1000
- [American Burn Association](#)
311 S. Wacker Drive, Suite 4150
Chicago, Illinois 60606
Tel: (312) 642-9260
Fax: (312) 642-9130

➤ Maywood

- [Loyola Medicine Burn Center](#)
2160 South First Avenue
Maywood, IL 60153
Toll free: (888) LUHS-888 (584-7888)

INDIANA

➤ Fort Wayne

- [Lutheran Hospital Burn and Wound Unit](#)
7950 W. Jefferson Blvd
Fort Wayne, IN 46804
Tel: (260) 435-4730

➤ Indianapolis

- [Riley Children's Health Burn Program](#)
705 Riley Hospital Drive
Indianapolis, IN 46202
Tel: (317) 944-9090

- [Richard M. Fairbanks Burn Center at Eskenazi Health](#)
720 Eskenazi Avenue
Indianapolis, IN 46202
Toll free: (855) 895-0043
Tel: (317) 880-6868

IOWA

➤ Iowa City

- [University of Iowa Hospital and Clinics, Burn Treatment Center](#)
8322 John W. Colloton Pavilion (JCP)
Elevator F, Level 8
Iowa City, IA 52242
Tel: (319) 356-2496

KANSAS

➤ Wichita

- [Ascension Via Christi St. Francis Burn Care Center](#)
929 N. St Francis
Wichita, KS 67214
Tel: (316) 268-5388

MARYLAND

➤ Baltimore

- [Johns Hopkins Medicine, Adult Burn Unit](#)
4940 Eastern Avenue
Baltimore, Maryland 21224
Tel: (410) 550-5748
- [Johns Hopkins Medicine, Physical Medicine and Rehabilitation](#)
600 N. Wolfe St.
Meyer Building, 1st Floor
Baltimore, MD 21287
Toll free: (888) KID-BURN (2876) (Children's appointments)

Tel: (410) 614-3234

- [Johns Hopkins Children's Center, Pediatric Burn Center](#)
1800 Orleans St, level 9
Baltimore, MD 21287
Tel: (433) 997-5437, Option 3
- [Johns Hopkins Children's Center Pediatric Burn Outpatient Clinic](#)
David M. Rubenstein Child Health Building
200 N Wolfe St
Baltimore, MD 21287
Tel: (443) 997-5437, Option 3

MASSACHUSETTS

➤ Boston

- [Division of Trauma, Burn, and Surgical Critical Care](#)
Brigham and Women's Hospital
75 Francis Street
Boston, MA 02115
Tel: (617) 732-8903 (24-hour Transfer Line for referring MDs):
Tel: (617) 732-7715 (Clinic Appointments - business hours only):
Tel: (617) 732-7715 (Burn appointments - option 5 then option 6)
Tel: (617) 732-7411 (Program Office - business hours only)
Fax: (617) 566-9549
Email: bwhtraumacenter@partners.org
- [Shriner's Hospitals for Children](#)
51 Blossom Street
Boston, MA 02114
Tel: (617) 722-3000
- [Massachusetts General Hospital Sumner M. Redstone Burn Center](#)
55 Fruit Street, GRB 1303
Boston, MA 02114
Toll free: 1-800-678-BURN (2876) (Reach a physician for a referral or consultation)
Tel: (617) 726-3712

MICHIGAN

➤ Ann Arbor

- [University of Michigan Trauma Burn Center](#)
1500 E. Medical Center Drive
UH 1C-421
Ann Arbor, MI 48109-5033
Tel: (734) 936-9690 (Administrative Offices)
Tel: (734) 936-5738 (Clinic)
Tel: (734) 936-9631 (Trauma Burn Intensive Care Unit)
Email: traumaburn@umich.edu

MINNESOTA

➤ St. Paul

- [Regions Hospital Burn Center](#)
640 Jackson Street
St. Paul, MN 55101
Toll free: (800) 922-BURN (2876)

NEBRASKA

➤ Lincoln

- [CHI Health St. Elizabeth's Burn & Wound Care and Outpatient Burn Clinic](#)
555 S 70th St.
Lincoln, NE 68510
Tel: (402) 219-8770 (Burn Center)
Tel: (402) 219-7768 (Burn Center Clinical Nurse Specialist)
Tel: (402) 219-7688 (Outpatient Burn Clinic)
Fax: (402) 219-8773

NEW JERSEY

➤ Livingston

- [Wound and Burn Treatment for Adults and Children](#)
Cooperman Barnabas Medical Center
94 Old Short Hills Road
Livingston, NJ 07039
Tel: (973) 322-8555 (Wound Care Patients)
Tel: (973) 322-5924 (Burn Center Patients)
Tel: (973) 322-5920 (Immediate Care or Patient Transfer)
Tel: (973) 322-4430 (Director, Burn Programs)
Tel: (973) 322-8071 (Burn Education)

NEW YORK

➤ New York

- [William Randolph Hearst Burn Center](#)
New York Presbyterian
525 East 68th Street
Greenberg Pavilion, 8th Floor
New York, NY 10021
Tel: (646) 962-2580 (Appointments)
Tel: (212) 746-0328 (For Burn Emergencies)
Email: burncenter@nyp.org

➤ Valhalla

- [Westchester Medical Center Trauma and Burn Center](#)
[Westchester Medical Center Burn Surgery](#)
100 Woods Rd.
Valhalla, NY 10595
Tel: (914) 493-7000 (Medical Center)
Tel: (914) 493-6001 (Pediatric Emergency Department)
Tel: (914) 493-7307 (Adult Emergency Department)

NORTH CAROLINA

➤ Chapel Hill

- [University of North Carolina Jaycee Burn Center](#)
University of North Carolina School of Medicine
101 Manning Drive
CB# 7206
Chapel Hill, NC 27599-7600
Toll free: (800) 806-1968 (Patient Transfers or Consults)
Tel: (919) 966-8159
Tel: (984) 974-0150 (Burn Clinic Appointments)
Tel: (984) 974-1000 (Current Inpatients)
Tel: (984) 974-3226 (Medical Records)
Fax: (919) 843-6568 (Burn Surgery)
Fax (984) 974-0471 (Medical Records)

OHIO

➤ Akron

- [Paul and Carol David Foundation Burn Institute](#)
Akron Children's Hospital
214 W. Bowery Street, Level 3
Akron, Ohio 44308
Tel: (330) 543-8224
Tel: (330) 543-4050 (Outpatient Appointments)

➤ Cincinnati

- [Shriners Hospital for Children - Cincinnati](#)
3229 Burnet Ave.
Cincinnati, OH 45229
Toll free: (855) 206-2096

- [University of Cincinnati Health Burn Surgery](#)
[University of Cincinnati Burn Center](#)

234 Goodman Street
Cincinnati, OH 45219
Tel: (513) 584-1000

➤ Cleveland

- [MetroHealth Burn Care Center](#)

2500 MetroHealth Drive
Cleveland, Ohio 44109
Tel: (216) 778-BURN (2876) (Patient transfer or urgent referrals)
Tel: (216) 778-1775 (Non-urgent referrals or follow-ups) Tel: (216) 778-3773
(Education, outreach and lectures)
The Burn Center provides customized training, education, and outreach, as well as participates in burn research.

➤ Columbus

- [Nationwide Children's Hospital Burn Center](#)

555 South 18th Street, Suite 6F
Columbus, OH 43205
Tel: (614) 722 3910
Tel: (614) 722-3900 (Outside normal business hours)

OREGON

➤ Portland

- [Legacy Chronic Wound and Outpatient Burn Clinic](#)
[Legacy Adult Burn Care](#)
[Legacy Child Burn Care](#)

501 N. Graham St., Suite 540
Portland, OR 97227
Tel: (503) 413-2000

PENNSYLVANIA

➤ Allentown

- [Lehigh Valley Health Network Burn Treatment Center](#)
[Lehigh Valley Health Network Burn Recovery Center](#)

Lehigh Valley Hospital–Cedar Crest
Cedar Crest & I-78, PO Box 689
Third Floor Kasych
Allentown, PA 18105-1556
Toll free: (888) 402-LVHN (5846) (Appointment)
Tel: (610) 402-8355
Fax: (610) 402-2877

➤ Pittsburgh

- [AHN West Penn Burn Center](#)

4800 Friendship Avenue
Pittsburgh, PA 15224
Tel: (412) 578-5295
Tel: (412) 578-5273 (Inpatient and Outpatient Services, 24/7)
Office of Fund Development
4818 Liberty Avenue
Pittsburgh PA 15224
Tel: (412) 578.4427

➤ Upland

- [Nathan Speare Regional Burn Treatment Center](#)

Crozer-Keystone Health System
One Medical Center Boulevard
Upland, PA 19013
Tel: (610) 447-2800 (Burn wound care)
Tel: 610-447-2810 (Burn prevention and treatment classes)

TEXAS

➤ Dallas

- [Parkland Burn Center](#)
5200 Harry Hines Blvd.
Dallas, Texas 75235
Toll free: (866) 877-1016 (Burn Care Outpatient Center)
Tel: (214) 590-0168

➤ Fort Sam Houston

- [The Burn Center at USAISR](#)
Joint Base San Antonio, Fort Sam Houston
San Antonio Military Medical Center complex
Building 3611
3551 Roger Brooke Dr.
Fort Sam Houston, TX 78234
Tel: (210) 916-9116

➤ Galveston

- [Shriners Hospitals for Children, Galveston](#)
815 Market St.
Galveston, TX 77550
Tel: (409) 770-6600
- [University of Texas Medical Branch Level 1 Trauma Center](#)
Level 1 Trauma Center
901 Harborside Dr.
Galveston, TX 77550
Tel: (409) 772-1191
- [UTMB Health Blocker Burn Unit](#)
Jennie Sealy Hospital
712 Texas Ave.
8th floor
Galveston, TX 77550
Tel: (409) 772-8384
Tel: (409) 772-2023 (Burn In-Patient Unit)
Fax: (409) 747-3434

➤ Lubbock

- [University Medical Center Timothy J. Harnar Burn Unit](#)
602 Indiana Avenue
Lubbock, TX 79415
Tel: (806) 775-8668

UTAH

➤ Salt Lake City

- [University of Utah Health, Burn Center](#)
50 North Medical Drive
Salt Lake City, UT 84132
Tel: (801) 581-2700

WASHINGTON

➤ Seattle

- [University of Washington Burn Center](#)
Harborview Medical Center
325 9th Ave.
Seattle, WA 98104
Tel: (206) 744-5735
Tel: (206) 744-3139 (Burn Center Outreach Coordinator)
Fax: (206) 744.8948

CANADA

Overview

The level of public health and sanitation in Canada is high. Canada's medical care is of a high standard but is government-controlled. Quick and easy access to ongoing medical care is difficult for temporary visitors who are not members of each province's government-run health care plans. Many physicians will not take new patients. Access to a specialist is only by referral and may take months to obtain. Emergency room waits can be very long. Some health care professionals in the province of Quebec may speak only French.

Traveler's medical insurance is highly recommended even for brief visits. No Canadian health care provider accepts U.S. domestic health insurance, and Medicare coverage does not extend outside the United States. Visitors who seek any medical attention in Canada should be prepared to pay cash in full at the time the service is rendered. Canada's publicly funded health care system provides universal coverage for medically necessary health care services on the basis of need, rather than the ability to pay. The universal healthcare does not include coverage of prescription medication. Rather, medication is covered by public funds, or employment-based private insurance, or is paid out-of-pocket. The largest government health program is Medicare. The national doctors' association is called the Canadian Medical Association (CMA).

I. Funding and Charity/Non-Profit Information

- Locate funding options in your patient's community through charities/non-profits, student groups at colleges and universities, popular businesses, places of worship, media organizations (radio, TV, newspapers). Understanding how non-profit organizations operate will be helpful as you support the patient.
- *The below links give details on: charity structure, fundraising, volunteer management, and grant writing. Knowing the vocabulary and procedures in the non-profit world makes collaboration easier.*
 - [Ontario Nonprofit Network](#): Tools, resources, and research for nonprofits working for the public benefit of Ontario.
 - [CharityVillage](#): This is the top Canadian source for Canada non-profit news, non-profit jobs, non-profit funding, non-profit training and more.
 - [Alberta Charitable and Non-Profit Organizations](#): Information, resources, and grants for organizations in Alberta working in the non-profit sector.

II. Visas

➤ *Click on the links below for information regarding visas in Canada.*

- [Canada Visa](#)
- [Government of Canada: How to Apply for a Visitor Visa](#)
- [My Visa Source](#)
- [Visa Guide: Canada Visa Requirements](#)

III. Guides and Interpreters

➤ *Click on the links below for information regarding guides and interpreters in Canada.*

- [Cultural Interpretation Services for our Communities \(CISOC\)](#)
- [Government of Canada: Using an Accredited Interpreter](#)
- [CanTalk Fully Integrated Language Service Centre](#)
- [All Languages, Ltd: Translators and Interpreters](#)

IV. Transportation

➤ *The links below provide information regarding transportation in Canada.*

- [Travel Care International](#)
Toll free: (800) 524-7633 (Canada and U.S.)
Tel: (715) 479-8881
Email: info@travelcareair.com
Travel Care Air began in 1980 and provides air ambulance services all over the world.
- [Trip Savvy for Canada](#)
Tel: (212) 204-4000
Planning and research before going to Canada.

- [Transport Canada](#)
Toll free: (800) O-Canada (1-800-622-6232) (From abroad)
TTY: (800) 926-9105
Transport Canada is responsible for transportation policies and programs. They promote safe, secure, efficient and environmentally responsible transportation.

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information regarding humanitarian aid and emergency relief in Canada.*

- [The Humanitarian Coalition](#)
39 McArthur Ave.
Ottawa, ON, K1L 8L7
Canada
Toll free: (855) 461-2154
Email: info@humanitariancoalition.ca
Canada's leading aid agencies join forces to raise funds, partner with the government, and mobilize media, businesses and individual Canadians.
- [Canadian Humanitarian Assistance Fund](#)
Toll free: (800) O-CANADA (800-622-6232)
The Canadian Humanitarian Assistance Fund (CHAF) responds to smaller-scale, rapid-onset crises where there are unmet humanitarian needs. The fund enables Humanitarian Coalition members to respond quickly to provide assistance, such as: emergency food, water, sanitation, and hygiene, emergency health care, shelter.
- [Doctors Without Borders Canada: Médecins Sans Frontières](#)
551 Adelaide Street West
Toronto, ON M5V 0N8
Canada
Tel: (416) 964-0619
Fax: (416) 963-8707
Email: msfcan@msf.ca

- [International Red Cross - Canada](#)
National Office
400 Cooper Street, Suite 8000
Ottawa, Ontario
K2P 2H8 Canada
Tel: (613) 740-1900
Fax: (613) 740-1911
- [World Health Organization Canada](#)
- [World Health Organization - Global Health Observatory](#)
- [UNICEF Canada](#)
90 Eglinton Ave. East, Suite 400
Toronto, ON M4P 2Y3 Canada
Tel: (800) 567-4483
UNICEF Canada works with governments and the private sector in Canada and internationally to advance the rights and well-being of children and youth.

VI. Host Families/Accommodations

- *To learn more about the functions, responsibilities, enjoyments, and qualifications of being a host family, consult these web resources for host families.*

- [Au Pair Canada](#)
140 14th St. E.
North Vancouver, BC V7L 2N3
Tel: (778) 907-2660
Email: info@aupaircanada.net
- [First Choice International](#)
233 1st St. West, Suite 310
North Vancouver, British Columbia
Canada V7M 1B3
Tel: (604) 984-2373
Fax: (604) 984-2373

VII. Food, Clothing and Entertainment

➤ *See links below for information about food and diet for travelers to Canada.*

- [Government of Canada - Canada's Food Guide](#)
Tel: (613) 957-8329
Email: nutrition@hc-sc.gc.ca
- [Canada Food Guide](#)
- [Bringing Food Into Canada for Personal Use](#)

VIII. Education

➤ *Check these websites for Education resources in Canada.*

- [Education System in Canada](#)
- [Government of Canada - Education in Canada](#)

IX. Socialization

➤ *Check out these resources to learn more about Canadian culture and society.*

- [Britannica - Canadian Culture and Arts](#)
- [World Atlas - Canadian Culture, Customs and Traditions](#)
- [Government of Canada - Canadian Identity and Society](#)

X. Psychological Support

➤ *The following links provide information on psychological support in Canada.*

- [Canadian Psychological Association](#)
141 Laurier Avenue West, Suite 702
Ottawa, Ontario K1P 5J3
Toll free: (888) 472-0657 (In Canada)
Tel: (613) 237-2144
Fax: (613) 237-1674
- [Canadian Psychiatric Association](#)
141 Laurier Avenue West, Suite 701
Ottawa ON K1P 5J3
Toll free: (800) 267-1555, Ext 231 (Member Services)
Tel: 613-234-2815
[Good Therapy](#)
Toll free: (888) 563-2112, Ext. 3
- [Canadian Counselling and Psychotherapy Association](#)
202-245 Menten Place
Ottawa, ON, K2H 9E8
Toll free: (877) 765-5565
Tel: (613) 237-1099
Fax: (613) 237-9786

➤ *Click below to read more about faith-based counseling in Canada.*

- [Buddhist](#)
- [Christian](#)
- [Hindu](#)
- [Jewish](#)
- [Muslim](#)

XI. Media

- *These websites provide information on all types of media.*
 - [Television - Channel Canada](#)
 - [Film - National Film Board of Canada](#)
 - [Magazines - Journalism Net](#)
 - [News Media Canada](#)
 - [Newspapers - Paperboy](#)
 - [Canadian Radio-Television and Telecommunications Commission](#)
 - [Radio - Canadian Radio Directory](#)

XII. Government, Embassies and Consulates

- *Click the links below for information on government, embassies and consulates in Canada.*
 - [U.S. Embassy in Canada](#)
490 Sussex Drive
Ottawa, Ontario Canada
K1N 1G8
Tel: (613) 688-5335 (General)
Tel: (613) 238-5335 (Emergency)
Tel: (613) 688-5315 (Media)
Fax: 613-241-7845
Email: ottawa-press@state.gov (Media)
Email: OttawaNIV@state.gov (Consular Section)
 - [Embassy of Canada in the U.S.](#)
501 Pennsylvania Avenue, NW
Washington DC 20001
Tel: (202) 682-1740
Fax: (202) 682-7726
Email: ccs.scc@international.gc.ca

- [Canadian Embassies and Consulates By Destination](#)
- [List of Diplomatic Missions of Canada](#)

XIII. Health/Education Organizations

- *Resources for health and education are linked below.*
 - [Pan American Health Organization](#) (PAHO) World Health Organization):
The PAHO-Canada Portal is envisioned as a collaborative user-friendly space for discussion of health issues in the Americas. It is an initiative led by PAHO in collaboration with the following Government of Canada institutions.
- *The Health Portfolio includes the following:*
 - [Canadian Food Inspection Agency](#)
 - [Canadian Institute of Health Research,](#)
 - [Health Canada](#)
 - [Patented Medicine Prices Review Board](#)
 - [Public Health Agency of Canada](#)

XIV. Medical Organizations/Hospital and Physician Resources

- *Click below for medical resources in Canada.*
 - [Canada's Health Care System](#) Information about Canada's health care system, including Medicare, federal funding for health care, accessing health care services and delivery.
 - [U.S. Embassy & Consulates in Canada - Medical Assistance](#) Medical providers in Canada, including Calgary, Halifax, Montreal, Quebec, Toronto, and Vancouver.

➤ *The following are medical charities in Canada.*

○ **Operation Smile**

3641 Faculty Boulevard
Virginia Beach, VA 23453

Canada, Primary Office

375 University Ave., Suite 204

Toronto, ON L3R M5G 2J5 Canada

Toll free: (844) 3SMILE0 (844-376-4530) Canada

Toll free: (888)-OPSMILE (888) 677-6453)

Tel: (757) 321-7645

Tel: (647) 696-0600 (Canadian Head Office)

Operation Smile provides a network of resources to assist families in the U.S. and internationally in healing children's smiles. Operation Smile provides access to safe, effective surgical care to patients with facial deformities. Operation Smile's global partnerships, medical knowledge, and medical missions have made a lasting difference in the world.

○ **Save A Child's Heart** Canada

Toll free: (844) 924-9113

Email: info@saveachildsheart.ca

Save a Child's Heart provides life-saving heart treatment and follow-up care for children from developing countries regardless of their religion, gender, or nationality. Services are provided worldwide, including Israel, Canada, USA, United Kingdom, Netherlands, Australia, Kenya, Ghana, South Africa, and Vietnam

Burn Care in Canada

ALBERTA

➤ **Calgary Firefighters Burn Treatment Center**

- Foothills Hospital 2234 30 Avenue NE,
Calgary, Alberta, T2E 7K9
Tel: 403-701-BURN (2876)
Email: info@cfbts.org

➤ **Edmonton Fire Fighters Burn Treatment Society**

- University Hospital
7024 101 Avenue NW, Suite 1
Edmonton, AB T6A 0H7

Tel: (780) 407-8822
Tel: (780) 407-7007 (Foundation)
Email: uhfoundation@ahs.ca

➤ **Alberta Children's Hospital Burn Treatment Services**

- 28 Oki Drive NW
Calgary, Alberta T3B 6A8
Level 2 of the hospital by the stairs
Toll free: (877) 715-KIDS (5437)
Tel: (403) 690-2457
Tel: (403) 955-8818
Fax: (403) 955-8840

BRITISH COLUMBIA

➤ **BC Professional Firefighters Burn & Plastic Surgery Unit**

- Vancouver General Hospital
3891 Main Street
Vancouver, BC, V5V 3P1
Tel: (604) 436-2053

➤ **British Columbia Children's Hospital, Vancouver**

- BC Children's Hospital and Sunny Hill Health Centre
4500 Oak Street
Vancouver British Columbia V6H 3N1
Tel: 604-875-2345
Toll free: (888) 300-3088
Email: patientexperience@cw.bc.ca

➤ **Royal Jubilee Hospital**

- 1952 Bay Street
Victoria, British Columbia, V8R 1J8
Toll free: (877) 370-8699
Tel: (250) 370-8699
Email: info@viha.ca

MANITOBA

- **The Manitoba Firefighters Burn Unit**
 - Health Sciences Centre, Winnipeg
The Firefighters' Burn Fund Inc.
P.O. Box 45001
RPO Kildonan Place
Winnipeg, Manitoba
R2C 5C7 Canada
Tel: (204) 222-1574
Tel: (204) 299-9105
Email: info@burnfundmb.ca
- **Canada's Children's Hospital Foundations**
 - The Children's Hospital, Winnipeg
840 Sherbrook Street
Winnipeg, Manitoba, Canada R3A 1S1
Toll Free: (866) 953-KIDS (5437)
Tel: (204) 787-4400

NEW BRUNSWICK

- **Saint John Regional Burn & Plastic Surgery Unit**
 - Saint John Regional Hospital
400 University Avenue
Saint John, New Brunswick E2L 4L2
Tel: 506-648-6000
Email: Horizon@HorizonNB.ca
- **Moncton Hospital General Surgery, Burns and Plastic**
 - 135 MacBeath Avenue, Moncton, NB E1C 6Z8
Moncton, New Brunswick E1C 6Z8
Tel: (506) 857-5111
Email: Horizon@HorizonNB.ca

NEWFOUNDLAND

- [Janeway Children's Health & Rehabilitation Centre](#)
 - Janeway Hospital
300 Prince Philip Drive
St. John's, Newfoundland A1B 3V6
Tel: (709) 777-6300

NOVA SCOTIA

- [IWK Health Center](#)
 - 5850 University Avenue (Pediatric)
5980 University Avenue (Maternity)
Halifax, Nova Scotia, Canada
Toll free: (888) 470-5888
Tel: (902) 470-8888
Telecare: 811
Tel: (902) 470-8050 (Emergency Administration)
Tel: (902) 470-0655 (Contact Patients)
Tel: (902) 470-8103 (Children's Admission)
- [Nova Scotia Health](#)
 - Queen Elizabeth II Health Sciences Centre
Bethune Building – QEII
1276 South Park Street
Halifax, Nova Scotia B3H 2Y9
Toll free: (844) 491-5890 (General Inquiries)
Tel: (902) 473-2700
Email: healthcareexperience@nshealth.ca

ONTARIO

- [Ontario Hyperbaric Oxygen Therapy Centre](#)
 - Toronto HBOT Inc.
136B Cartwright Ave.
Toronto, Ontario, Canada
Tel: (416) 789-4268
Fax: 416.781.4268

- **Ross Tilley Burn Centre**
 - Sunnybrook & Women's Health Sciences Centre
2075 Bayview Avenue
D-Wing, 7th floor
Toronto, Ontario M4N 3M5
Tel: (416) 480-6814
Fax: (416) 480-6844

- **Hamilton Health Services Burn Trauma Unit**
 - Hamilton General Hospital
Burn Trauma Unit (BTU)
237 Barton St E
Hamilton ON L8L 2X2
Level 3, Section W
Tel: (905) 527-4322 ext. 46350

- **Hamilton Professional Firefighters Association**
 - 2-558 Upper Gage Avenue, Suite 394
Hamilton, Ontario L8V 4J6
Tel: (905) 516-4260
Email: info@hamiltonfirefighters.ca

- **The Hospital for Sick Children Burn Clinic and Plastic & Reconstructive Surgery**
 - 555 University Avenue
Toronto, Ontario M5G 1X8
Tel: (416) 813-1500
Tel: (416) 813-6621 (Patient Information)
Tel: 416-813-7654, ext 204487 (Burn Clinic Clerk)
Tel: (416) 813-4982 (Plastic & Reconstructive Surgery)

- **London Health Science Centre Complex**
 - Perth Drive Complex
339 Windermere Road
London, Ontario N6A 5A5
Tel: (519) 685-8500 ext. 52036

- **Windsor Regional Hospital**
 - Essex County Regional Burn Unit
Metropolitan Campus
1995 Lens Avenue,
Windsor, Ontario N8W 1L9
Ouellette Campus

1030 Ouellette Avenue
Windsor, Ontario N9A 1E1
Tel: (519) 254-5577

➤ **Children's Hospital of Eastern Ontario (CHEO)**

- 401 Smyth Road
Ottawa Ontario K1H 8L1
Tel: (613) 737-7600

QUEBEC

➤ **Centre D'Expertise Aux Soins De Victimes De Brûlures Graves De L'ouest-Du-Québec**

- Hôtel-Dieu de Montréal
3840, Rue Saint-Urbain
Montreal, Quebec, Canada
Tel: (514) 890-8086

➤ **Montreal Children's Hospital**

- 1001 Décarie Boulevard,
Montreal, Quebec, Canada
Tel: (514) 412-4400

➤ **Chu de Québec Université**

- Hospital of the Child Jesus
1401 18th Street
Quebec G1J 1Z4
Tel: (418) 525-4444
Email: info@chudequebec.ca

➤ **Chu Sainte-Justine**

- Unité Des Soins Intensifs Pédiatriques Chu
Centre hospitalier universitaire Sainte-Justine
3175 Côte-Sainte-Catherine Road
Montreal, Quebec H3T 1C5
Tel: (514) 345-4931

SASKATCHEWAN

➤ [Saskatchewan Health Authority](#)

- Royal University Hospital
103 Hospital Drive,
Saskatoon, Saskatchewan S7N 0W8
Tel: (306) 655-1000 (Switchboard)
Tel: (306) 655-1000
Tel: 306-655-1005
Tel: (306) 655-1711

➤ [Firefighters Burn Unit](#)

- Regina General Hospital
1440 - 14th Avenue
Regina, Saskatchewan S4P 0W5
Tel: (306) 766-4444

MEXICO

Overview

Healthcare in Mexico is provided by public institutions run by government departments, private hospitals and clinics, and private physicians. It is largely characterized by a special combination of coverage mainly based on the employment status of the people. The country's private and public health programs are highly accessible for citizens and residents alike. More importantly, the quality of healthcare is more than adequate and the likelihood of finding a doctor who can treat you in your native language is greatly increased thanks to the significant number of Mexican doctors who go to medical school in the US and Europe.

Healthcare facilities are available in Mexico City, but training and availability of emergency responders may be below U.S. standards. Care in more remote areas is limited. Standards of medical training, patient care and business practices vary greatly among medical facilities. Some medical procedures may be less expensive than in the United States. However, visitors are cautioned that facilities may lack access to sufficient emergency support. The U.S. Embassy encourages visitors to obtain as much information about the facility and the medical personnel as possible when considering surgical or other procedures.

I. Funding and Charity/Non-Profit Information

- There are resources to find funding that will finance the patient's medical expenses as well as additional expenses such as transportation, translation services, and psychological care. There is wisdom in becoming familiar with the tools, resources, law, vocabulary, procedures, training, news, research, and staff positions involved in non-profit work.
- *The following websites will help with research on charity structure, fundraising, volunteer management, and grant writing.*
 - [The Mexico Report](#) - Provides a list of non-profit organizations in Mexico
 - [Non-Profit Law in Mexico](#) - The Council on Foundations provides information on non-profit law in Mexico
 - [International Community Foundation](#) – The Foundation supports grants in Mexico

II. Visas

- *Click on the links below for more information on visas.*
 - [U.S. Department of State - Mexico](#)
 - [Mexperience Guide to Mexican Visas](#)
 - [Countries and regions that don't require travel to visa to travel to Mexico](#)
 - [Countries and regions that require a visa to travel to Mexico](#)

III. Guides and interpreters

- *Click on the following links for guide and interpreter resources.*
 - [Interpreters Travel - Interpreters in Mexico City](#)
 - [Translators in Mexico](#)
 - [Interpret Group - Interpreting Services in Mexico](#)

IV. Transportation

- *Click on the resources below for information on transportation in Mexico.*
 - [Trip Savvy - Transportation in Mexico](#)
 - [Medical Tourism Corporation](#)
 - [Mexperience - Getting Around in Mexico](#)
 - [Lonely Planet - Mexico](#)
 - [Mexico Travel Guide](#)
 - [Mexico Travel and Transportation](#)
 - [The Mexican Railways](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *The following links have information regarding humanitarian aid and emergency relief in Mexico.*

- [World Health Organization - Mexico](#)
Montes Urales 440, Piso 2,
Colonia Lomas de Chapultepec 11000
Mexico City, Mexico
Tel: (+5255) 5980 0880 – CISCO 40880
Fax: (+5255) 5395-5681
Email: pwr.mex@paho.org
- [Cruz Roja Mexicana \(Red Cross\)](#)
Calle Juan Luis Vives 200
Colonia Polanco
Mexico D.F. 11510
Tel: (+5255) 10 84 45 05/84 45 10/84 45 45
Fax: (+5255) 1084 4514
Email: dirgral@cruzrojamexicana.org.mx
- [UNICEF - Mexico](#)
Av. Paseo de la Reforma 645
Lomas de Chapultepec, V Section
11000 Ciudad de Mexico,
CDMX, Mexico
Tel: (+5255) 5284 9530
- [Doctors Without Borders/Médecins Sans Frontières](#)
Cuauhtémón #16 Terraza
Col. Doctores
CP 06720
Mexico
Tel: (+5255) 5256 4139
Fax: (+5255) 5264 2557
Email: msfch-mexico@geneva.msf.org

VI. Accommodations/Host Family

- *To learn more about the functions, responsibilities, enjoyments, and qualifications of being a host family, consult these web resources for host families.*
 - [Eur AuPair - Mexico](#)
 - [Technológico de Monterrey - Host Family Program](#)
 - [Nacel Educational Travel - Summer Homestay Immersion in Mexico](#)

VII. Food, Clothing and Entertainment

- *Learn more about the Mexican culture at the links below.*
 - [Culture: Food and Eating Customs in Mexico](#)
 - [Feather & The Wind - Authentic Mexican Food Guide](#)
 - [Facts About Mexico - Mexico Food - and Drinks!](#)

VIII. Education

- *The following links provide information on Education in Mexico.*
 - [The Mexican Education System: An Overview](#)
 - [Education Policy in Mexico](#)
 - [OECD Mexico Education Analysis](#)
 - [Mexico Educational System Diagram](#)
 - [Mexico Education Stats](#)
 - [Expat Arrivals: Mexico School Facts Education](#)
 - [Mexico School Facts Education](#)

IX. Socialization

➤ *Click on these links for information on socialization in Mexico.*

- [Culture Crossing Guide - Mexico](#)
- [A Local's Guide to Social Etiquette in Mexico](#)
- [Britannica - Holidays and Festivals](#)

X. Psychological Support

➤ *Click on the links below to get more information on psychological support in Mexico.*

- [Mental Health Services in Mexico](#)
- [Professional Identity of Counselors in Mexico](#)
- [Counseling in Mexico](#)

XI. Media

➤ *Click on these links for information about media in Mexico.*

- [Mexperience - The Media in Mexico](#)
- [What Mexico - Media in Mexico](#)
- [ABYZ News Links - Mexico Media Listings](#)
- [List of Newspapers in Mexico](#)
- [Librly - List of Mexican Newspapers](#)
- [Wikipedia - Radio in Mexico](#)
- [Streema - Mexico Radio Stations](#)

- [Tuner - Top Mexico Radio Stations](#)
- [List of Channels on Sky \(Mexico\)](#)
- [Wikipedia - List of Television Networks in Mexico](#)
- [Wikipedia - List of Television Stations in Mexico](#)

XII. Embassy Information

➤ *See links below for information on embassies in Mexico.*

- [U.S. Embassy in Mexico](#)
Paseo de la Reforma 305
Colonia Cuauhtemoc
06500 Mexico, CDMX
Tel: (55) 5080-2000
Fax: (55) 5080-2005
- [Mexican Embassy in the U.S.](#)
1911 Pennsylvania Ave, NW
Washington, DC 20006
Tel: (202) 728-1600
Fax: (202) 728-1698
Email: mexembusa@sre.gob.mx

XV. Health/Education Organizations

➤ *See links below for information on health/education organizations in Mexico.*

- [World Health Organization - Mexico](#)
Montes Urales 440, Piso 2, Colonia Lomas de Chapultepec 11000
Mexico City, Mexico
Telephone: 52 55 5980 0880 – CISCO 40880
Fax: 52 55 5395-5681
Email: pwr.mex@paho.org

XVI. Medical Organizations/Hospital and Physician Resources

➤ *A comprehensive list of medical facilities and providers can be found below:*

- [Medical Assistance in Mexico](#)
- [Mexico's Healthcare System](#)
- [Get Health Insurance in Mexico](#)

Burn Care in Mexico

➤ Mexico City

- [Michou Foundation- Burn Care for Children](#)
Cascomate 196 Col. Cantl del Pedregal Del, Coyoacán
04730 Ciudad de México, CDMX, Mexico
Toll free number: (800) 080-8182
Tel: 52 800 080 8182/Tel: 55 5665 3350
Email: informes@fundacionmichouymau.org

➤ Tijuana

- [General Hospital Tijuana - Burn Unit](#)
Centenario 10851, Zona Río, 22000 Tijuana, B.C., Mexico
Tel: (+52) 664 684 0078
Email: dr.are@icloud.com (Dr. Alberto Reyes Escamilla is the director of the Burn Unit and may have the names of other burn care doctors in Mexico.)
- [Shriners Children - Tijuana Ambulatory Clinic](#)
Hospital Angeles – Tijuana
Av. Paseo de Los Héroes 10999
5to Piso Zona Urbana Rio Tijuana
22010 Tijuana B.C.
Tel: (664) 977-2500

➤ U.S. Burn Facilities Associated with Mexico

- **Saliba Burns Institute** (Affiliated with Dr. Reyes at General Hospital in Tijuana.)
5582 Thunderbird Lane
La Jolla, CA 92037
Tel: (858) 864-8314
Email: salbamd@msn.com
- **Shriners Children's Northern California** (Associated with fellowship in Mexico)
2425 Stockton Boulevard
Sacramento, CA 95817
Tel: (916) 543-2000
Tel: (916) 453-2069

CENTRAL AMERICA

Overview

The health systems in Central American nations are diverse. They all rely upon the government to provide medical services and insurance coverage. An important point to consider is that, historically, emergency medical care for internationals in Central American countries has been limited to capital cities. However, even in these locations, patient access to routine procedures can vary dramatically, depending on the availability of beds, medicines, and physicians. Rural areas may not have adequate road infrastructures, with a shortage of clinics that are up to Western standards, with insurers sometimes having to transfer patients to other countries for various treatments.

I. Funding and Charity/Non-Profit Information

➤ *Click the links below for information on funding and charity/non-profit resources.*

- [Charity Navigator - Central American Medical Outreach](#)
- [Helping People in Central America After Natural Disasters](#)
- [Catholic Relief Services - Central America](#)

II. Visas

➤ *The links below provide an overview on visas in Central America.*

- [Entry Requirements for Central America](#)
- [Lonely Planet - Central America](#)
- [Guide to the Central America Entry Requirements](#)

III. Guides/Interpreters

➤ *Click the links below for information on Guides and Interpreters.*

- [CG&A Translations](#)

- [International Association of Conference Interpreters](#)
- [Language Exchange](#)

IV. Travel

➤ *The links below provide information on traveling in Central America.*

- [Central America Travel Guide](#)
- [5 Things You Should Know When Traveling to Central America](#)
- [Bus Tours in Central America](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click the links below for information on humanitarian aid and emergency relief in Central America.*

- [Doctors Without Borders](#)
- [International Red Cross](#)
- [UNICEF Central America](#)
- [Go Overseas - Volunteer Programs in Central America](#)
- [Volunteer World - Volunteer in Central America](#)
- [How Can I Say Thanks Central America](#)
- [Global Giving - Nonprofits in Central America](#)

VI. Accommodations/Host Families

➤ *Click these links for information on accommodations and host families in Central America.*

- [Council for Educational Travel](#)

- [The Broken Backpacker - Living With a Host Family in Guatemala](#)
- [Workaway Info - Volunteer, Work and Travel in Central America](#)

VII. Food, Clothing, and Entertainment

➤ *Click on the links below for information about food, clothing and entertainment in Central America.*

- [Trip Savvy - Must-Try Dishes in 7 Central American Countries](#)
- [Most Popular Foods in Central America](#)
- [History of Dress in Central America](#)
- [Lonely Planet - Entertainment in Central America](#)

VIII. Education

➤ *The links below provide information on education in Central America.*

- [Central America Data - Education](#)
- [Best International Schools in Central and South America](#)
- [Inter-American Development Bank - Education](#)

IX. Socialization

➤ *Click on the links below for information on socialization in Central America.*

- [Central America and the Caribbean: Society and Culture](#)
- [A History of Civilization and Culture in Central America](#)

X. Psychological Support

- *Click on the links below for information on psychological support*
 - [Psychological Science Around the World: Latin America](#)
 - [Support for Central Americans](#)

XI. Media

- Central American countries with many television channels include: Costa Rica, El Salvador, Guatemala, Honduras, Nicaragua, and Panama.
 - [Central American News](#)
 - [Central America TV Stations](#)
 - [Central American Radio Stations](#)
 - [Central American Newspapers](#)
- Mass media in Honduras consist of several different types of communications media: television, radio, cinema, newspapers, magazines, and Internet-based websites. Honduras also has a growing music industry.
 - [Honduras News Links](#)
- Mass media in Nicaragua consist of several different types of communications media: television, radio, cinema, newspapers, magazines, and Internet-based websites.
 - [Nicaragua Communication and Internet](#)

XII. Embassy Information

- *Click on the links below for information on Central America embassies.*
 - [Embassies Around The World](#)
 - [The Guide - Central America](#)

XIII. Health/Education Organizations

➤ *The websites below have information on health/education organizations in Central America.*

- [Health and Medicine in Central America](#)
- [Global Health Efforts in Central America](#)
- [Public Health Capacity in Latin America and the Caribbean](#)
- [Global Health - Central America](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *See below for information on medical resources in Central America.*

- [Healthcare Access and Conditions in Guatemala, Honduras and El Salvador](#)
- [International Hospitals in Central America](#)
- [Central American Doctors](#)

Burn Care in Central America

➤ *Guatemala*

- [Shriners Children's Texas](#)

815 Market Street

Galveston, TX 77550

Tel: (409) 770-6600

Shriners-Galveston treated burn survivors of Guatemala volcano eruption.

➤ *Latin America*

○ **Coaniquem Burned Children Foundation**

2273 St. Charles Court

Livermore, CA 94550

Email: robert.cowan@comcast.net

Coaniquem BCF's mission is to obtain resources that are needed to provide free rehabilitation to children with burn injuries.

GUATEMALA

Overview

A full range of medical care is available in Guatemala City, but medical care outside the city is limited. Guatemala's public hospitals frequently experience serious shortages of basic medicines and equipment. Care in private hospitals is generally adequate for most common illnesses and injuries, and many of the medical specialists working in them are U.S. trained and certified. Visitors to Guatemala are advised to get private health insurance to ensure a high standard of care. Guatemala has three divisions of healthcare: the public sector, the private for-profit sector, and the private non-profit sector. Hospitals in the public sector are said to be underfunded and experience frequent shortages of basic medicines and equipment. The private sector is more reliable. The facilities and standards of care in private hospitals are much better. In the early 2000s, Guatemala underwent many advances in emergency medical services training and disaster management.

I. Funding and Charity/Non-Profit Information

- *See below for funding and charity/non-profit information for Guatemala.*
 - [Nonprofit Law in Guatemala](#)
 - [Online Fundraising Pages for Guatemala](#)
 - [Project World Impact - Nonprofits in Guatemala](#)

II. Visas

- *Click on the links below for Guatemalan visa information.*
 - [Guatemala Visa](#)
 - [Guatemala Visa and Passport Requirements](#)
 - [Visa Policy of Guatemala](#)

III. Guide/Interpreter

➤ *The links below provide information for guides and interpreters in Guatemala.*

- [Upwork - Translators in Guatemala City](#)
- [World Atlas - Languages Spoken in Guatemala](#)
- [Translators Without Borders - Language Data for Guatemala](#)
- [National Geographic - Guatemala Travel Guide](#)
- [Maya Interpreters](#)

IV. Transportation

➤ *The links below provide information on transportation in Guatemala.*

- [TripAdvisor - Transportation in Guatemala](#)
- [CDC - Travel Guide for Guatemala](#)
- [Getting Around in Guatemala](#)
- [Private Bus Transportation Service in Guatemala](#)
- [Trip Savvy - Guatemala Travel Guide](#)
- [Guatemalan Rail Service](#)

V. Humanitarian Aid/Emergency Relief

➤ *The links below provide information on humanitarian aid and emergency relief in Guatemala.*

- [UNICEF Guatemala](#)
13th Street, 8-44 Zone 10
Edyma Plaza Building Level 2
Guatemala City, Guatemala
Tel: (+502) 2327 6373

Fax: (+502) 2327 6366
Email: guatemalacity@unicef.org

- [Cruz Roja \(Red Cross\) Guatemala](#)
3a Calle 8-40, Zona 1
Guatemala C.A.
Tel: (+00502) 2381 6565
Fax: (+00502) 2381 6575
Email: direcciongeneral@cruzroja.gt

VI. Accommodations/Host Family

- *Click on the link below for information on accommodations and host families in Guatemala.*
 - [The Broke Backpacker - Living with. Host Family in Guatemala](#)
 - [Guatemalan Families and Relationships](#)

VII. Food, Clothing and Entertainment

- *The links below provide information about food in Guatemala.*
 - [The Most Delicious Food in Guatemala](#)
 - [The 10 Most Traditional Dishes From Guatemala](#)
 - [Guatemala Chocolate](#)

VIII. Education

- *Click on the link below for information about education in Guatemala.*
 - [K-12 Education in Guatemala](#)
 - [Guatemala Education Stats](#)
 - [Guatemalan Educational System](#)

- [Education in Guatemala](#)
- [Decentralizing Education in Guatemala](#)

IX. Socialization

➤ *The links below provide information on socialization in Guatemala.*

- [A Little Adrift – Guatemala](#)
- [World Atlas – The Culture of Guatemala](#)
- [Culture Crossing Guide – Guatemala](#)
- [Guatemalan Culture](#)

X. Psychological Support

➤ *Click the links below for information on psychological support in Guatemala.*

- [Guatemala – Expat Counseling and Psychotherapy](#)
- [Guatemala School Counselors Association](#)
- [Wiley Online Library – Counseling in Guatemala](#)

XI. Media

➤ *The links below have information about the media in Guatemala.*

- [Guatemala Newspapers and News Media](#)
- [Media Landscapes – Guatemala](#)
- [Guatemala Media Stats](#)
- [Guatemala Country Profile](#)
- [Wikipedia – List of Newspapers in Guatemala](#)

- [Guatemala News Media](#)
- [Vision Guatemala](#)

XII. Government, Embassies and Consulates

➤ *Click below for information on government, embassies and consulates in Guatemala.*

- [Guatemala's Government and Economy](#)
- [U.S. Embassy in Guatemala](#)
Avenida Reforma 7-01
Zona 10 Guatemala Ciudad
Guatemala
Tel: (502) 2326-4000
Fax: (502) 2326-4654
- [Guatemalan Embassy in U.S.](#)
2220 R Street, NW
Washington, DC 20008
Tel: (202) 745-4952
Fax: (202) 745-1908
Email: info@guatemala-embassy.org
- [Guatemala Embassies and Consulates](#)

XIII. Health/Education Organizations

➤ *Click on the links below for health and education organizations in Guatemala.*

- [The Center for Disease Control and Prevention \(CDC\)](#) formally established the Central America Regional (CAR) office, based in Guatemala, in 2005.
- [World Health Organization Guatemala](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click on the links below for further information.*

- [U.S. Embassy in Guatemala - Medical Assistance in Guatemala](#)
- [Medical and Dental Care in Guatemala](#)
- [Hospitals and Laboratories in Guatemala](#)
- [Guatemala's Health Care System](#)
- [Best Hospitals in Guatemala](#)
- [Healthcare in Guatemala - The Basics Expats Need to Consider](#)

Burn Care in Guatemala

➤ *Guatemala*

- [Guatemala Healing Hands Foundation \(GHHF\)](#)
P.O. Box 190360
Brooklyn, NY 11219
Tel: (718) 499-5249
Fax: (718) 437-0853
[Contact form](#)
The Guatemala Healing Hands Foundation (GHHF), a non-profit organization dedicated to improving the quality and availability of health care in Guatemala, specializing in the treatment of upper extremity congenital conditions, burns, and injuries, led by a team of specialized and skilled surgeons, therapists, and volunteers.
- [Roosevelt Hospital Burn Unit](#) is a rehabilitation burn clinic in Guatemala City.
- [Shriners Children in Galveston, Texas](#) treated children burned by a volcano who were airlifted there from Guatemala and flown 1,500 miles in a U.S. military plane.

CONTINENT: SOUTH AMERICA

Overview

Every country in South America has its own distinct healthcare system. South America is also the one continent where healthcare services are much less expensive than anywhere else in the world. Universal public healthcare is available in all the major countries in the continent. For people who are living outside their native country, international insurance coverage can help them get access to the best medical assistance in South America according to their selected plan. Travelers should check for insurance companies that offer international insurance coverage plans in your home country or the country of residence before actually making the move.

I. Funding and Charity/Non-Profit Information

- *Click the links below for information on funding and charities in South America.*
 - [25 Must-Follow NGOs in South America](#)
 - [Children's International](#)
 - [Latin American Network Information Center](#)
 - [Direct Relief - South America](#)

II. Visas

- *The links below provide information on visas for South America.*
 - [TripSavvy - Tourist Visa Requirements for South America](#)
 - [Visa Library - South American Visas](#)
 - [Backpacker - Guide to South America Visas](#)

III. Guide/Interpreter

- *Click on the links below for information on guides and interpreters in South America.*
 - [International Language Services - Latin and South America](#)

- [Spanish Translation Services for Latin America](#)

IV. **Transportation**

➤ *The links below provide information on transportation in South America.*

- [Air Ambulance Worldwide - South America](#) is an international medical air service, that provides air ambulance, a commercial stretcher, and a medical escort for a traveling patient. Serves 11n countries including, Argentina, Bolivia, Brazil, Chile, Colombia, Guyana, Paraguay, Peru, Suriname, Uruguay, and Venezuela.
- [AirCare1 - South America Air Ambulance and Medevac Service](#) is an air ambulance transport company that provides air medical transportation internationally. Serves these South American countries: Argentina, Chile, Colombia, Ecuador, Guyana, Paraguay, Peru, Suriname, Uruguay, Venezuela.
- [South America Buses](#) is a luxury channel for AndesTransit, Latin America's largest search engine and reservation platform for land travel.
- [All About South America Travel - Transportation](#) provides specific information on all types of transportation in South America.

V. **Humanitarian Aid/Emergency Relief Organizations**

➤ *The links below provide information on humanitarian aid and emergency relief in South America.*

- [International Committee of the Red Cross in Latin America](#)
- [UNICEF in Latin America](#)
- [Doctors Without Borders](#)

VI. Host Families/Accommodations

➤ *Click below for information regarding host families and accommodations in South America.*

- [HomestayWeb - Host Families South America](#)

VII. Food, Clothing and Entertainment

➤ *The links below provide information on food, clothing and entertainment in South America.*

- [An Introduction to South American Food](#)
- [South American Food and Recipes](#)
- [100 Most Popular South American Dishes](#)
- [9 Authentic Dishes You Should Not Miss in South America](#)
- [South America: History of Dress](#)
- [Entertainment in South America](#)

VIII. Education

➤ *The links below provide information about education in South America.*

- [Latin American Educational Service](#)
- [Education in South America](#)
- [South America Specialists](#)

IX. Socialization

- *Click on the link for information on socialization in South America.*
 - [South America Cultural and Social Development](#)

X. Psychological Support

- *The links below provide information on psychological support in South America.*
 - [Psychological Support: Latin America](#)
 - [Psychology International - Latin America](#)

XI. Media

- *Click below for information on media in South America.*
 - [All You Can Read - South American Newspapers](#)
 - [South America News](#)
 - [South America News and News Media](#)

XII. Government, Embassies, and Consulates

- *The links below provide information on government, embassies and consulates in South America.*
 - [South American Countries](#)
 - [List of U.S. Embassies and Consulates](#)

XIII. Health/Education Organizations

- *See the links below for information on health and education organizations in South America.*

- [Health Alliance Projects in Latin America](#)
- [Pan American Health Organization \(PAHO\)](#)
- [South America Health Education \(SAHE\)](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *The links below provide medical information for South America.*

- [International Women and Children's Burn Foundation](#)
- [International Hospitals in South America](#)
- [South America Healthcare System and Insurance Information](#)
- [Wikipedia - List of Hospitals in South America](#)
- [Index Mundi - Physicians, South America](#)

Burn Care in South America

➤ [COANIQUEM Burned Children Foundation](#)

- 2273 St. Charles Court
Livermore, CA 94550
Tel: (925) 337-2334

The network is present in 20 countries, where 315 medical professionals and technicians have been trained, transferring the model of care to burn centers in their own countries, resulting in the treatment of an estimated 120,000 children.

➤ [MEBO International](#)

- 301 W. Huntington Drive, Suite 305
Arcadia, CA 91007
Tel: (626) 446-8186
Email: inter@mebo.com

MEBO has a history in burn care, including skin regeneration technology, MEBO Moist Burn Ointment, MEBO Wounds and Ulcers Dressing, and more.

ARGENTINA

Overview

The public health system in Argentina provides emergency and non-emergency services free of charge to all, regardless of nationality or immigration status. However, the quality of non-emergency care in public hospitals is generally below U.S. standards. Medical care in private hospitals in Buenos Aires is generally good but varies in quality outside the capital. Serious medical problems requiring hospitalization in private facilities and/or medical evacuation to the United States can cost thousands of dollars or more. Private physicians, clinics, and hospitals often expect immediate cash payment for health services.

I. Funding and Charity/Non-Profit Information

- *Click on the links below for information on funding and charity/non-profit information in Argentina.*
 - [Non-Profit Law in Argentina](#)
 - [Argentina's Travel Guide - Non-Profit Organizations](#)
 - [Project World Impact - Argentina](#)

II. Visas

- *Click on the links below for information on visas in Argentina.*
 - [Migration - Argentina](#)
 - [Expat Arrivals - Visas for Argentina](#)
 - [International Living - Argentina Visa and Residency Information](#)
 - [VisaGuide - Argentina Visa](#)
 - [World Travel Guide - Argentina Visa and Passport Requirements](#)

III. Guides and Interpreters

➤ *Click below for a link on guides and interpreters for Argentina.*

- [Cultures Connection Translation and Interpretations Services](#)

Gorostiaga 1663, C1426 CTC

Buenos Aires Argentina

Tel: (+54) 11 4711-8984

Cultures Connection has worked for over 10 years in Buenos Aires, with document translation services in the widest variety of fields for clients located throughout South America. Together with an international network of over 740 professionals, selected for their immediate availability, training and experience in the required languages and subjects, they pay great attention to linguistic particularities, the expressions of field of work, and the cultural references of the audience of the translations

IV. Transportation

➤ *The link below provides information on transportation in Argentina.*

- [AirCare Argentina Air Ambulance and Medevac Service](#)

P.O. Box 14628

Albuquerque, NM 87191

Toll Free: (877) 760-7760 (U.S.)

Tel: (505) 242-7760 (International)

Provides fast and safe air ambulance services in Argentina.

V. Humanitarian Aid/Emergency Relief

➤ *The links below provide information on humanitarian aid and emergency relief in Argentina.*

- [UNICEF in Argentina](#)

Paraguay 733, (C1057AAI)

Autonomous City of Buenos Aires

Tel: (+54) 11 5789-9100

- [Cruz Roja \(Red Cross\) Argentina](#)
C1089AAN Buenos Aires
Tel: (+54) 11 6065- 0450
Fax: (+54) 11 4952-7200
Email: info@cruzroja.org.ar
- [Doctors Without Borders Argentina](#)
Av. Santa Fe 4559
C1425
Ciudad de Buenos Aires, Argentina
Tel: (+54) 11 5290-9991
Email: info@msf.org.ar

VI. Host Families/Accommodations

- *Click below for links regarding host families and accommodations in Argentina.*
 - [Expanish - Local Host Families in Buenos Aires](#)
 - [Instituto de Espanol Rayuela - Host Families In Buenos Aires](#)

VII. Food, Clothing, Entertainment

- *Click below for information on Food, clothing and entertainment in Argentina.*
 - [Food in Every Country - Argentina](#)
 - [World Travel Guide - Argentina Food and Drink](#)
 - [Countries and Their Culture - Argentina](#)
 - [Lonely Planet - Entertainment in Argentina](#)
 - [People and Popular Culture of Argentina](#)

VIII. Education

➤ *Click the links below for information about education in Argentina.*

- [World Education - Education in Argentina](#)
- [Expat Arrivals - Education and Schools in Argentina](#)
- [K12 Academics - Education in Argentina](#)
- [Anglo Info - Education in Argentina](#)
- [The Education System in Argentina](#)

IX. Socialization

➤ *The links below provide information on socialization in Argentina.*

- [Culture Crossing Guide - Argentina](#)
- [World Atlas - The Culture of Argentina](#)
- [Culture in Argentina](#)
- [Argentina - Culture, Etiquette and Business Practices](#)

X. Psychological Support

➤ *Click on the links below for information on psychological support in Argentina.*

- [Psychology in Argentina](#)
- [Prevalence of Psychologists in Argentina](#)
- [Argentina: Expat Counseling and Psychotherapy](#)
- [La Asociacion Argentina de Counselors](#)

XI. Media

➤ *The links below provide information on media in Argentina*

- [Argentina Newspapers and News Media](#)
- [The Media in Argentina](#)
- [Wikipedia - List of Newspapers in Argentina](#)
- [Wikipedia - Mass Media in Argentina](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on government, embassies and consulates in Argentina.*

- [U.S. Embassy in Argentina](#)
Av. Colombia 4300 (C1425GMN)
Buenos Aires, Argentina
Tel: (+54) 11 5777-4533
Fax: (+54_ 11 5777-4240)
- [Argentina Embassy in U.S.](#)
1600 New Hampshire Ave. NW
Washington D.C. 20009
Tel: (202) 238-6400
Fax: (202) 332-3171
- [Argentina Government](#)

XIII. Health/Education Organizations

➤ *Click on the links below for information on health and education organizations.*

- [Help Argentina](#)
Tel: (+54) 11 4861-4060 (Argentina)
Tel: (646) 472-5188
Email: info@helpargentina.org
HelpArgentina strengthens non-profits working to create social change in Argentina

to increase confidence in the Argentine non-profit sector and promotes giving among Argentines.

- [Public Health in Argentina](#)
- [World Health Organization - Health in Argentina](#)
- [Expat Arrivals - Healthcare in Argentina](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *The links below provide information on medical resources in Argentina.*

- [Hospital Italiano de Buenos Aires](#)
- [Medical Assistance in Buenos Aires](#)

Burn Care in Argentina

➤ *Buenos Aires, Argentina*

- [Dr. Fortunato Benaim](#) has provided the leadership for the development of organized burn care in the Spanish and Portuguese speaking worlds. He created the first burn unit in Argentina in the Cosme Argerich Hospital (1948). As the Director of the Institute for Burns, Plastic and Reconstructive Surgery in Buenos Aires (1956). Also he established a teaching program in Burn Pathology and Burn Treatment, helped establish twenty burn units, throughout the country, fostered an annual National Burn Prevention campaign, created the Ibero-Latin American Committee for Burn Prevention and Care of Burns, and organized funding for burn research and prevention and rehabilitation. He founded Revista Argentina de Quemaduras (Argentine Burn's Journal), the world's first Spanish language journal devoted to the burn problem. He was a founding member of the Argentine society of Plastic Surgery, the Argentine Burn Association, the Latin American Federation of Plastic Surgery, the Latin American Federation of Burn Associations, and the International Society for Burn Injuries. For this monumental effort, Dr. Benaim received the Whitaker International Burns Prize (1985).

- [Hospital General de Agudos Cosme Argerich](#)
Pi y Margall 750
AHD, Buenos Aires
Neighborhood: La Boca Comuna
4 Cod Post C1155AHD
Tel: (+011) 4121 0983
Tel: (+011) 4121 0700/0800
Email: docencia@hospitalargerich.org.ar
- [Argentine Society of Plastic, Reconstructive and Aesthetic Surgery](#)
- [Burn Services in the Public Sector in Argentina](#)

BRAZIL

Overview

Medical care is generally good, but it varies in quality, particularly in remote areas, and it may not meet U.S. standards outside the major cities. Visitors who come from foreign countries to Brazil regularly use the Albert Einstein Hospital in Sao Paulo. The Brazilian public health system, the Unified Health System (SUS), is managed and provided by all levels of government, being the largest system of this type in the world. On the other hand, private healthcare systems play a complementary role. Public health services are universal and offered to all citizens for free.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity in Brazil.*

- [Council of Foundations – Nonprofit Law in Brazil](#)
- [Charities Aid Foundation - Brazil Giving](#)
- [Go Get Funding - Fundraising Pages for Brazil](#)
- [Brazil Foundation](#)

II. Visas

➤ *Click below for information on visas in Brazil.*

- [Medical Tourism to Brazil](#)
- [Brazil Visa Requirements](#)

III. Guides and Interpreters

➤ *Click below for information on guides and interpreters in Brazil.*

- [Portuguese Online Translation Services](#)
- [Rush Translate - Portuguese Translation Services](#)

IV. **Transportation**

- *The link below provides information on transportation in Brazil.*
 - [Air Ambulance - Brazil](#) transports patients in medically compromised conditions to or from Sao Paulo, or any other city in Brazil, in private airplanes equipped to accommodate the needs of nearly any medical requirement.

V. **Humanitarian Aid/Emergency Relief Organizations**

- *Click on the links below for information on humanitarian aid and emergency relief organizations in Brazil.*
 - [Care Brazil](#) operates mainly in the Northeast region and urban centers of Sao Paulo and Rio de Janeiro. CARE Brazil works in conjunction with the Brazilian government and local civic organizations that have similar goals in terms of eradicating widespread poverty.
 - [UNICEF Brazil](#)
SEPN 510,
Block A - 2nd floor
Brasília, DF 70750-521
P.O. Box: 08584
70312-970
Tel: (+61) 3035-1900
Email: brasilia@unicef.org
 - [Cruz Vermelha Brasileira \(Red Cross\)](#)
Praça Cruz Vermelha No. 10-12
20230-130 Rio de Janeiro
Tel: (55) (21) 2507-3577 / 55 21 2507 3392
Fax: (55) (21) 2224-2717
Email: gabinete@cvb.org.br

- [Doctors Without Borders - Brazil](#)
Av. Rio Branco, 135 Centro
Rio de Janeiro
RJCEP 20040-006 Brazil
Tel: (+55) 21.3527.3644
Fax: (+55) 21.3527.3641
Email: doador@msf.org.br

VI. Host Families/Accommodations

- *Click on the links below for information on host families and accommodations in Brazil.*
 - [Homestay Programs Brazil](#)
 - [Host Families in Brazil](#)
 - [Homestay - Brazil](#)

VII. Food, Clothing, and Entertainment

- *The links below provide information on food, clothing and entertainment in Brazil.*
 - [Cultural Traditions and Festivals in Brazil](#)
 - [Brazil Food](#)
 - [Brazilian Food and Customs](#)
 - [7 Foods to Try in Brazil](#)
 - [Kids World Travel Guild - Brazil Facts](#)

VIII. Education

- *Click the links below for information on education in Brazil.*
 - [Education in Brazil](#)

- [K12 Academics - Education in Brazil](#)
- [Brazil Education Stats](#)
- [AngloInfo = Brazil School System](#)
- [The Brazilian Educational System](#)
- [Government Brazil - Ministry of Education](#)
- [Education System in Brazil](#)

IX. Socialization

➤ *Click on the links below for information on socialization in Brazil.*

- [Britannica - Cultural Life](#)
- [Social Customs and Traditions in Brazil](#)
- [Ministry of Culture - Brazil](#)
- [Social and Culture - Language in Brazil](#)
- [Countries and Their Cultures - Brazil](#)
- [Guide to Brazilian Culture, Etiquette and Business Practices](#)
- [Family and Socialization Factors in Brazil](#)

X. Psychological Support

➤ *The links below provide information about psychological support in Brazil.*

- [Brazilian Association of Psychology Education](#)
- [Brazil - Expat Counseling and Psychotherapy](#)
- [Counseling in Brazil](#)

XI. Media

➤ *Click the links below for information on media in Brazil.*

- [Brazil Profile - Media](#)
- [Press Reference - Brazil](#)
- [Media in Brazil - Statistics and Facts](#)
- [Brazil Newspapers and New Media](#)

XII. Embassy Information

➤ *The links below provide embassy information for Brazil.*

- [U.S. Embassy and Consulates in Brazil](#)
SES - Av. das Nações,
Quandra 801, Lote 03
70403-900 - Brasilia, DF
Tel: (+55) 61 3312-7000
Fax: (+55) 61 3325-9136
- [Embassy of Brazil in Washington](#)
3006 Massachusetts Avenue, NW
Washington, DC 20008-3634
Tel: (202) 238-2827
- [CIA - The World Factbook Brazil](#)

XIII. Health/Education Organizations

➤ *Click on the links below for information on health and education organizations in Brazil.*

- [Medical Education in Brazil](#)
- [Ministry of Health, Brazil](#)
- [Pan American Health Organization - Brazil](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click on the links below for information on medical organizations, hospital and physician resources.*

- [U.S. Embassy - Medical Assistance in Brazil](#)
- [Albert Einstein Hospital](#)

Burn Care in Brazil

➤ *United States Affiliate*

- [Saliba Burns Institute](#)
5582 Thunderbird Lane
La Jolla, CA 92037
Tel: (858) 454-2686
Email: salibamd@msn.com

➤ *Brazil*

- [Christ the Redeemer Hospital Burn Center](#)
Rue Domingos Rubbo, 20
Cristo Redentor, Porto Alegre
RS, 91040-000, Brasil
Tel. (51) 3357-4100
- **Children's Hospital**
R Meri Ubirajara, 205 Victoria St. Lucia
Zip Code: 29055120
(27) 3324-1566
(27) 3137-2402
- **Surgery Service Pratique Burns and the Santa Casa de Campo Grande**
A: Eduardo Santos Pereira, 88 - Bairro São Francisco
Tel: (67) 3322-4000

- **Plastic Surgery Services of San Rafael**
Av San Rafael, 2152 San Marco Salvador 41256900
Tel: (+71) 399-6111
Tel: (+71) 393-1021
- **Emergency Unit Dr. Armando Lages**
Av Siqueira Campos, 2095 Trapiche da Barra Maceio
CEP :57010-000
(+82) 221-5009
- **Real Portuguese Hospital of Charity in Leg**
Av Agamenon Magalhães S/N – Recife
Tel: (+81) 3416-1122
- **Burns Unit of Hospital São Marcos**
Av Portugal, 52 Boa Vista – Recife
52010010
Tel: (+81) 3217-4589
- **Burns Unit of Hospital Restoration**
Av Agamemnon Magalhães, s / n Derby – Recife
52010040
Tel: (+81) 3421-5444
- **Santa Casa de Marília**
Av Vicente Ferreira, 828 Maria Izabel – Marilia
17515900
Tel: (+14) 4335644
- **First Aid for Burns**
Rua 5, No 439 Setor Oeste Goiania
74115060
Tel: (+62) 224-4130
Tel: (+62) 225-8603
- **Vitória Apart Hospital**
BR 101 Norte, s/n ° Carapina Sierra
29161900
Tel: (+27) 3348-5563
Tel: (+27) 3348-5516

- **Hospital Association Santa Rosalia**
High Street from the Cathedral, s / n Centro Teofilo Otoni
39800000
Tel: (+33) 3529-1500
Tel: (+33) 3529-1509

- **Santa Casa de Misericordia de Juiz de Fora**
Barão do Rio Branco, 3353 - Alto dos Passos Juiz de Fora
36021630
Tel: (+32) 3229-2222
Tel: (+32) 3216-2557

- **Santa Casa de Santos**
Rua Cláudio Luiz da Costa, 50 Jabalpur – Santos
Zip Code: 11075101
Tel: (+13) 3202-0600

- **Brotherhood of Santa Casa de Misericordia de Sao Jose**
dos Campos Street Dolzani Ricardo, 620 – Centro
CEP: 12210-110 - São José dos Campos – SP
Tel: (12) 3876-1999
Dr. Gilka Barbosa Lima Nery

- **Clínica São Vicente**
Rua João Borges, 204 Gavea - Rio De Janeiro
HFAG Hospital Air Force Galleon
Galleon Road, 4101 - Rio De Janeiro
21941000
Tel: (+21) 2468-5100

- **Hospital das Clinicas de Sao Paulo**
Rua Dr. Eneas de Carvalho Aguiar
225 Cerqueira Cesar - Sao Paulo
05403900
Tel: (+11) 3069-6238

- **Hospital Emergency and Trauma Senador Humberto**
Av Orestes Lisbon, s n Set Pedro Gondim - Joao Pessoa
58031090
Tel: (+83) 216-5702
Tel: (+83) 218-7777

- **Hospital Dorio Silva**
Av Eldes Scherrer Souza s/n
Laranjeiras Serra 29165-680
Tel: (+27) 3328-3611
Tel: (+27) 3138-8907
- **Base Hospital of Bauru**
Rua Monsenhor Ciaro
8=88 Centro CEP
Bauru, SP
17100010
(+14) 235-3535
- **Hospital for State Civil Servants**
Rua Pedro de Toledo
1800 - 5th floor Ibirapuera - Sao Paulo
04025000
Tel: (+11) 5088-8001
Tel: (+11) 5088-8929
- **Hospital Defects Face**
Rua Moreira Guimarães
699 Indianapolis - Sao Paulo
04074031
- **Teaching Hospital Padre Albino**
Bethlehem Street, 519 Center - Catanduva
15800000
Tel: (+17) 531-3000
Tel: (+17) 531-3035
- **Clinical Rayana**
Av Bosque da Saúde
171 Grove Health – Cuiaba
78060310
- **State General Hospital**
Avenida Vasco da Gama s/n Brotas Salvador
Tel: (+71) 276-8987
Tel: (+71) 276-8988

- [Hospital Sao Camilo](#)
Rodovia BR 522, Km 02,
Estrada Mataripe s/n Candeias
43800000
(71) 601-1906 (71) 601

- [Hospital Infantil Joana de Gusmao](#)
Rua Rui Barbosa
152 Agricultural – Florianopolis
88025301
Tel: (+48) 251-9000

- [Hospital Municipal de Jan Jose de Joinville](#)
Getúlio Vargas
232 Centro – Joinville
89202000
Tel: (+47) 441-666

- **Emergency Hospital of Porto Alegre**
Largo Teodoro Hertz,
s/n Bom Fim - Porto Alegre
90040192
Tel: (+51) 3316-9888

- **Service Burns Hospital Cristo Redentor**
Rua Domingos Rubbo No. 20
Bairro Cristo Redentor Porto Alegre
Santa Casa de Presidente Prudente
Av Wenceslau Brás
Vila Euclides 05 - Presidente Prudente
19014240
Tel: (+18) 226-1355

- **Evangelical Hospital in Curitiba**
Rua Augusto Stefeld
1908 - 5th floor – Curitiba
80730150
Tel: (+41) 322-4141
Tel: (+41) 323-2411

- **General Hospital of Vila Penteado**
Av Minister Petronio Portela
1642 - Sao Paulo
02802120
Tel: (+11) 3796-9911
- **Santa Casa de Limeira**
Av Antonio Ometo
675 Vila Claudia – Limeira
Tel: (+19) 3445 3735
- **University Hospital of Juiz de Fora**
Rua Dom Lush
Alto dos Passos - Juiz de Fora
36026390
Tel: (+32) 3215-8282
- **Brotherhood of Our Lady of Mercy Holy House Car**
Square Alves Honorato
22 Center - Montes Claros
39400103
Tel: (+38) 3229-2401
- **John XXIII Hospital FHEMIG**
Alfredo Balena
400 - Belo Horizonte
30130100
Tel: (+31) 3239-9245
Tel: (+31) 3239-9060
- **Holy House of Mercy Our Lady of Fatima**
Avenida Jose Bonifacio
569 Centro – Araraquara
14801150
Tel: (+16) 236-2600
- **Burns Hospital**
Av Divine Eternal Father
No. 950 Gois Vila Vila Boa
77370120
Tel: (+62) 327-0735
Tel: (+62) 327-0889

- **Hospital Municipal Souza Aguiar**
 Republic Square, 111 Centro - Rio De Janeiro
 Hospital Pedro II
 Prado Street
 325 Santa Cruz, Rio De Janeiro
 Tel: (+21) 3395-0123

- **Hospital das Clinicas FMUSP**
 Rua Bernardino de Campos
 1000 Higienópolis - Ribeirao Preto
 14015130
 Tel: (+16) 602-1000

- **Hospital Regional da Asa Norte**
 NMHSs Q. 01 Bloco A Brasilia Asa Norte
 70710905
 Tel: (+61) 325-4243
 Tel: (+61) 326-5769

CHILE

Overview

Medical care in Chile, though generally good, may not meet U.S. standards, especially in remote areas. Although emergency rooms in some major hospitals accept credit cards, many doctors and hospitals in Chile expect immediate payment in cash. Prescriptions written by local doctors and over-the-counter medicines are widely available. The Ministry of Health (Minsal) is the cabinet-level administrative office in charge of planning, directing and coordinating the public health policies formulated by the President of Chile. The National Health Fund (Fonasa), created in 1979, is the financial entity entrusted to collect, manage, and distribute state funds for health in Chile. It is funded by the public. Hospitals in Chile are mainly located in the Santiago Metropolitan Region.

Medical Insurance

Make sure your health insurance plan provides coverage overseas. Most care providers in Chile only accept cash payments. Supplemental insurance to cover medical evacuation is recommended. If traveling with prescription medication, check with the government of Chile to ensure the medication is legal in Chile. Always carry a sufficient supply of your prescription medication in original packaging with your doctor's prescription.

I. Funding and Charity/Non-Profit Information

- *The links below provide information on funding, charities and non-profits in Chile.*
 - [List of Funds for NGO in Chile](#)
 - [Global Giving - Chile](#)
 - [Project World Impact - Chile](#)

II. Visas

- *Click on the links below for information on visas in Chile.*
 - [Get a Visa in Chile - Step-by-Step Guide](#)
 - [Chile Visa](#)

- [Visa Policy of Chile](#)

III. **Guides and Interpreters**

➤ *Click on the links below for guides and interpreters in Chile.*

- [Chilean Spanish Translation Services](#)
- [Chilean Association of Translators and Interpreters](#)
- [Chile History, Language and Culture](#)

IV. **Transportation**

➤ *The links below provide information on transportation in Chile.*

- [Air Ambulance Worldwide - Chile](#)
- [AireCARE1 - Chile Air Ambulance and Medevac Service](#)

V. **Humanitarian Aid/Emergency Relief Organizations**

➤ *Click on the links below for information on humanitarian aid and emergency relief organizations in Chile.*

- [Doctors Without Borders – Chile](#)

- [UNICEF Chile](#)

Casilla 196, Correo 10

6760323 Las Condes

Santiago, Chile

Tel: (+56) 2 2422-8800

Email: infochile@unicef.org

UNICEF works in over 190 countries and territories to save children's lives, to defend their rights, and to help them fulfil their potential, from early childhood through adolescence.

- [Red Cross Chile \(Cruz Roja Chilena\)](#)
Avda Santa María 0150 – Providencia
Santiago de Chile
Avda Santa María 0150 – Providencia
Santiago de Chile
Tel: (56) 2 2783-4100
Fax: (56) 2 2737-0270
E-mail: presidencia@cruzroja.cl

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families and accommodations in Chile.*

- [Find Host Families Chile](#)
- [Homestay Programs Chile](#)
- [Homestay.com - Chile](#)
- [AFS - Chile](#)
- [Accommodations - Chile](#)

VII. Food, Clothing, and Entertainment

➤ *The links below provide information on food, clothing and entertainment in Chile.*

- [WorldAtlas - Culture of Chile](#)
- [Entertainment in Chile](#)
- [Food in Chile](#)
- [Typical Chilean Food](#)
- [Traditional Folk Music in Chile](#)
- [An Introduction to Chilean Traditional Dress](#)

- [A Collection of Chilean Recipes](#)

VIII. Education

➤ *Click on the links below for information on education in Chile.*

- [Education in Chile](#)
- [Educarchile - Resources for Educators](#)
- [Ministry of Education - Chile](#)
- [Chile Guide - Education](#)

IX. Socialization

➤ *Click on the links below for information about socialization in Chile.*

- [Culture in Chile](#)
- [Chilean Etiquette](#)
- [Chile - Culture, Etiquette and Business Practices](#)
- [Overview of Chilean Etiquette](#)

X. Psychological Support

➤ *The links below provide information on psychological support in Chile.*

- [Psychology in Chile](#)
- [List of Psychologists in Chile](#)
- [Chile - Expat Counseling and Psychotherapy](#)

XI. Media

➤ *The links below provide information on media in Chile.*

- [Chile Profile - Media](#)
- [Chile Media Stats](#)
- [Press Reference - Chile Basic Data](#)
- [Chile News Links](#)

XII. Embassy Information

➤ *The links below provide embassy information for Chile.*

- [Chile Embassy in the United States](#)
1732 Massachusetts Ave. NW
Washington DC 20036
Tel: (202) 785-1746
Fax: (202) 987-5579
Email: embassy@embassofchile.org
- [U.S. Embassy in Chile](#)
Av Andres Bello 2800, Las Condes
Santiago, Chile
Tel: (+56) 2 2330-3000
- [CIA World Factbook - Chile](#)

XIII. Health/Education Organizations

➤ *Click the links below for information on health and education organizations in Chile.*

- [Public Health in Chile](#)
- [CDC - Travelers' Health Chile](#)
- [World Health Organization - Chile](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *The links below provide information about medical organizations, hospitals and physician resources.*

- [Healthcare System in Chile](#)
- [U.S. Embassy in Chile - Medical Assistance](#)
- [Top Hospitals in Chile](#)

Burn Care in Chile

➤ [**Coaniquem Child's Burn Foundation**](#)

- 2273 St. Charles Court
Livermore, CA 94550
Email: csandlb@comcast.com
[Coaniquem Facebook](#)
- COANIQUEM has three burn centers in Chile: Santiago, Antofagasta, and Puerto Montt, with numerous satellite offices throughout the country. They have a program to transport a burned child and one parent to the nearest facility. Once they are there, room and board is provided for the child's entire stay. Rehabilitation includes but is not limited to plastic surgery, psychological treatment, physical and occupational therapy, and educational services. All free of charge.
- [**Coaniquem Chile**](#)
San Francisco 8586,
Pudahuel Santiago, Chile
Tel: (+56) 2 2873 4000
- **Coaniquem Antofagasta Office**
Antofagasta Office
Salvador Reyes No. 1261
Antofagasta, South Sector
Coordinator: Constance Blonde B.
Tel: (+56) 55 255-4236
Mobile: (+56) 9 7528-7567

- **Coaniquem Arica Office**
June 7, No. 176, Oficina 207, LAN building
Coordinator: Paola Sepúlveda
Tel: (+56) 2 2415-3350
Mobile: (+56_ 9 9535-2977
Email: paolasepulveda@coaniquem.org
- **Coaniquem Iquique Office**
Patricio Lynch No. 459, Oficina 208
Iquique, Taraoacá
Tel: (+56) 9 9343 0622
- **Coaniquem Copiapó Office**
Bernardo O'Higgins No460
Oficina 201
Coordinator: Mariza Zuleta
Mobile: (+56) 9 6308-2708
Email: A.copiapo@coaniquem.org
- **Coaniquem La Serena Office**
Cristóbol Colón 352
La Serena, Coquimbo
Tel: (+56) 51 254 3668
- **Coaniquem Viña del Mar Office**
Av Valparaiso Street 161, Oficina. 4,
Viña del Mar, Valparaiso
Coordinator: Fabiola Norero
Tel: (+56) 32 254 1338 (1319)
Mobile: (+56) 9 4441 7464
fnorero@coaniquem.org
- **Coaniquem San Felipe Office**
Arturo Prat No. 740, Oficina 25, Prat Building
San Felipe, Valparaiso
Coordinator: Nilda Vergara
Tel: (+56) 34 243-3676
Mobile: (+56) 9 7695-2377
Email: nvergara@coaniquem.org

- **Coaniquem Santiago Office**
 Av. Pedro de Valdivia 291, Floor 06
 Coordinator: Heydi Abarca
 Tel: (+56) 2 28730741
 Mobile: (+56) 9 92491524
 Email: habarca@coaniquem.org

- **Coaniquem Rancagua Office**
 German Riesco No. 329, Oficina 217
 Ed. Plaza Oriente
 Rancagua, O'Higgins
 Coordinator: Kelly Walls
 Tel: (+56) 72 258-3466
 Mobile: (+56) 9 6308-2700
 Email: rancagua@coaniquem.org

- **Coaniquem San Fernando Office**
 Chillán 502, Oficina 22
 San Fernando, O'Higgins
 Coordinator: Javiera Fuentes
 Tel: (+56) 72 258-4467
 Mobile: (+56) 9 7351-9182
 Email: jfuentes@coaniquem.org

- **Coaniquem Curicó Office**
 Peña 233, Oficina 8
 Curicó, Maule
 Coordinator: Javiera Gajardo
 Tel: (+56) 75 254-3217
 Mobile: (+56) 9 76499388
 Email: jgajardov@coaniquem.org

- **Coaniquem Talca Office**
 Siete Ote 1253 Oficina B
 Coordinator: Ana Luisa Echeverría
 Tel: +56 71 2613356
 Mobile: +56 9 97829081
aecheverria@coaniquem.org

- **Coaniquem Chillán Office**
El Roble 480, Oficina 6 2nd. Floor
Coordinator: Catalina Guzmán
Tel: (+56) 42 242-3138
Mobile: (+56) 9 5416-1476 / 76249898
Email: cguzman@coaniquem.org

- **Coaniquem Concepción Office**
Caupolicán No. 567, Oficina 502,
Concepción, Biobio
Coordinator: Karen Campos
Tel: (+56) 41 285-1498
Mobile: (+56) 9 5226-8619
Email: kcampos@coaniquem.org

- **Coaniquem Los Angeles Office**
Lautaro No. 267, Oficina 24, 2nd. Floor
Los Angeles, Bio Bio
Coordinator: Lorena Castillo
Tel: (+56) 43 253-3294
Mobile: (+56) 9 9783-2952
Email: losangeles@coaniquem.org

- **Coaniquem Angol Office**
Caupolicán 245, 1st floor
Angol, Reg. Araucanía
Coordinator: Marcela Osses
Tel: (+56) 45 246-3278
Mobile: (+56) 9 9265-4888
Email: angol@coaniquem.org

- **Coaniquem Temuco Office**
Claro Solar No780 of 405
Coord. Marcia Morales
Mobile: +56 9 99596980
Email: mmorales@coaniquem.org

- **Coaniquem Valdivia Office**
O'Higgins No. 457 – Taboada, Oficina Building 6, Floor 2
Coordinator: M Consuelo Borquez
Mobile: (+56) 9 9909-1014

- **Coaniquem Osorno Office**
O'Higgins No 485, Oficina 201B
Coordinator: Constance Villegas.
Tel: (+56) 64 220-4010
Email: cvillegas@coaniquem.org

- **Coaniquem Puerto Montt Office**
Luis Ross No 443 2nd floor
Puerto Montt, Los Lagos
Coordinator: Patricia Seguel
Tel: (+56) 2 2873-0792
Mobile: (+56) 9 9188-5018
Email: pseguel@coaniquem.org

- **Coaniquem Coyhaique Office**
Gral. Baquedano 1178 Oficina 3
Coyhaique, Aysén
Coordinator: Marcela Ugalde
Mobile: (+56) 9 8662-3610
Email: mugalde@coaniquem.org

- **Coaniquem Punta Arenas Office**
Manuel Aguilar 01178
Magallanes, Punta Arenas
Coordinator: Rosa Zuñiga
Mobile: (+56) 9 850-76591
Email: rosazuniga@coaniquem.org

COLOMBIA

Overview

Medical care is adequate in major cities but varies greatly in quality elsewhere. Emergency rooms in Colombia, even at top-quality facilities, are frequently overcrowded and ambulance service can be slow. Many private health care providers in Colombia require that patients pay for care before treatment, even in an emergency. Some providers in major cities may accept credit cards, but those that do not may request advance payment in cash. Uninsured travelers without financial resources may be unable to obtain care or be relegated to seeking treatment in public hospitals where care is far below U.S. standards. Ambulances may be slow to arrive, if at all.

Make sure your health insurance plan provides coverage overseas. Most care providers overseas only accept cash payments. Supplemental insurance to cover medical evacuation is recommended. If traveling with prescription medication, check with the government of Colombia to ensure the medication is legal in Colombia. Always carry your prescription medication in original packaging with your doctor's prescription.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding in Colombia.*

- [8 Colombian Non-Profit Organizations](#)
- [Colombia Crowdfunding Campaigns](#)
- [Children Change Colombia](#)
- [Project Hope Colombia](#)
- [Children of Colombia](#)

II. Visas

➤ *Click the links below for information on visas in Colombia.*

- [Visa Requirements Colombia](#)
- [Colombian Visas](#)

- [Colombia Visa Requirements](#)

III. Guides and interpreters

➤ *The link below provides information about guides and interpreters in Colombia.*

- [Colombian Association of Translators and Interpreters](#)
Tel: (+57) 1 648-0761
Email: acti@traductorescolombia.com

IV. Transportation

➤ *Click the links below for information regarding transportation in Colombia.*

- [A Traveler's Guide to Transportation in Colombia](#)
- [Transportation in Colombia - How to Travel From City to City](#)
- [Getting Around Colombia - Transportation Tips](#)
- [Lonely Planet - Colombia](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information on humanitarian aid and emergency relief organizations.*

- [UNICEF - Colombia](#)
Calle 72 #10-71 Floor 11
Bogota D.C., Colombia
Tel: (+57) 1 312-0090 (Bogota)
- [Cruz Roja \(Red Cross\) - Colombia](#)
Avenida Cra 68 N° 68 B-31
Segundo Piso Bloque Sur
111071 Bogotá D.C.
Tel: (+571) 1 437 5300
Fax: +(571) 437 6300, Ext 2001

- [Doctors Without Borders - Colombia](#)

VI. Host Families/Accommodations

➤ *Click on the links below for information about host families and accommodations in Colombia.*

- [Homestay Colombia](#)
- [Homestay Host Families in Colombia](#)
- [What's It Like to Live With a Colombian Family?](#)

VII. Food, Clothing, Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in Colombia.*

- [Colombia Food and Drink](#)
- [Traditional Clothing of Colombia](#)
- [Tours in Colombia](#)

VIII. Education

➤ *Click on the link below for information on education in Colombia.*

- [Ministry of Education](#)
Calle 43 No. 57 - 14
National Administrative Center
CAN, Bogotá 111321
Toll Free: (01) 8000 910122
Tel: (+57) 1 307-8079 (Bpgptá)
Tel: (+57) 1 222-2800 (Switch)
Fax: (+57) 1 222-4953

IX. Socialization

➤ *The links below provide information on socialization in Colombia.*

- [Colombia Facts](#)
- [Colombia - Culture, Etiquette and Business Practices](#)

X. Psychological Support

➤ *Click the links below for information about psychological support in Colombia.*

- [The State of Psychological Science in Colombia](#)
- [Colombia – Expat Counseling and Psychotherapy](#)
- [The Colombian Congress of Psychology](#)

XI. Media

➤ *Click on the links below for information on media in Colombia.*

- [Colombia Profile - Media](#)
- [Press Reference - Colombia](#)
- [Mass Media in Colombia](#)
- [List of Newspapers - Colombia](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on embassies for Colombia.*

- [Embassy of Colombia in the United States](#)

1724 Massachusetts Ave, NW

Washington, DC 20036

Tel: (202) 387-8338

Email: ewashington@cancilleria.gov.co

- [U.S. Embassy in Colombia](#)

U.S. Embassy Bogotá

Carrera 45 No. 24B-27

Bogotá, D.C. Colombia

Tel: (+57) (1) 275-2000

Fax: (+57) (1) 275-4600

XIII. Health/Education Organizations

➤ *Click on the links below for information on health and education organizations.*

- [CDC -Colombia](#)

- [WHO/PAHO - Colombia](#)

- [International Living - Healthcare in Colombia](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *The links below provide information on medical, hospital and physician resources in Colombia.*

- [Colombia - 24 of the Best Hospitals in Latin America](#)

- [U.S. Embassy in Colombia - Medical Assistance](#)

Burn Care in Colombia

Bucaramanga. Bolivar Burn Center is the largest hospital in Colombia specializing in burn care and rehabilitation.

➤ **Fundacion del Quemado**

- Calle 128B s 59B20 Barrio Las Villas

Bogotá D.C., Colombia

Tel: (+57) 253 1223 | 316 468 3759

Email: contacto@fundaciondelquemado.org

This burn foundation's mission is to help vulnerable populations with disabilities caused by burns, through functional, aesthetic, psychological social care and rehabilitation, leading to their return to society.

➤ **University Hospital of Santander**

- Cra. 33 #28-126

Bucaramanga, Santander

Tel: (+57) 634-6110 ext. 455

Burn patients in northeastern Colombia have been admitted to a referral center at this hospital.

○ **Hospital Simón Bolívar – Burn Unit**

- Cl. 165 #7-06

Bogotá

This hospital is the largest hospital in Colombia specializing in burn care and rehabilitation.

ECUADOR

Overview

Adequate medical and dental care can be readily obtained in the major cities of Ecuador. In smaller communities and in the Galapagos Islands, services are limited, and the quality is variable and generally below U.S. standards. Ambulances, with or without trained emergency staff, are in critically short supply. Acute surgical and cardiac services are not available on the Galapagos Islands. Serious cases must be evacuated to the Ecuadorian mainland or the United States for treatment. Pharmacies are readily available in any city. However, the availability of some medications is sporadic, and formulations and brand names will differ from products available in the U.S. Narcotics and tranquilizers are extremely limited in availability. "Pharmacists" sometimes prescribe and dispense medications. These individuals often have little training and prescribe broad-spectrum antibiotics and other inappropriate medications. Travelers should not seek their advice. Folk healers and traditional markets offer herbal and folk remedies which should be avoided as formulations are questionable and some components may interact with other prescription medications.

I. Funding and Charity/Non-Profit Information

- *The links below provide information on funding and charity in Ecuador.*
 - [Hearts of Gold - Navigating Charitable Organizations in Ecuador](#)
 - [Project World Impact - Colombia](#)
 - [Non-Profit Expert - Ecuador](#)
 - [Ecuadorian Non-Profit Organizations, Foundations and American NGOs in Ecuador](#)

II. Visa

- *Click on the links below for information regarding visas in Ecuador.*
 - [The Visa Project Ecuador](#)
 - [Ecuador Visas](#)
 - [Ecuador's Visa Changes 2022](#)

- [Ecuador Visa and Passport Requirements](#)
- [List of Countries That Must Present a Visa When Entering Ecuador](#)
- [Ecuador Traveler Health Declaration Form](#)

III. Guides and interpreters

➤ *Click the links below for information regarding guides and interpreters in Ecuador.*

- [Translators and Interpreters in Ecuador](#)
- [Kwintessential - Translation](#)
- [National Association for Interpretation](#)

IV. Transportation

➤ *The links below provide information on transportation in Ecuador.*

- [Transport in Ecuador](#)
- [Getting Around Ecuador - Transportation Tips](#)
- [Getting Around in Ecuador](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click the links below for information on humanitarian aid and emergency relief organizations.*

- [UNICEF - Ecuador](#)
Titanium Plaza Building, Republic Av. E7-61
between Alpallana and Martín Carrión
Quito, Ecuador
Tel: (+593) 1 3 934 280

- [Cruzroja Ecuador \(Red Cross\)](#)
Antonio Elizalde E 4-31 esq.cn
Av. Gran Colombia
2119 Quito
Tel: (00) 5932 228 4806
Tel: (00) 5932 295 4587
Email: presidencia@cruzroja.org.ec
- [Doctors Without Borders - Ecuador](#)

VI. Host Families/Accommodations

➤ *The links below provide information on host families and accommodations in Ecuador.*

- [Peace Corps - Living With A Host Family in Ecuador](#)
- [Homestay Host Families in Ecuador](#)
- [Homestay in Ecuador](#)
- [Homestay in Ecuador](#)

VII. Food, Clothing, Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in Ecuador.*

- [Ecuador Food and Drink](#)
- [Ecuadorian Apparel](#)
- [Entertainment in Ecuador](#)

VIII. Education

➤ *The links below provide information on education in Ecuador.*

- [Education System in Ecuador](#)

- [Education in Ecuador, Schools and Universities](#)
- [Ecuador Education Stats](#)
- [Education in Ecuador](#)
- [Ecuador Guide - Education](#)
- [Education in Ecuador](#)
- [Ecuador - Education](#)

IX. Socialization

➤ *Click on the links below for information on socialization in Colombia.*

- [Etiquette in Ecuador - A Complete Guide](#)
- [Culture and Etiquette in Ecuador](#)
- [Culture Crossing Guide - Ecuador Facts](#)
- [Ecuador - Culture, Etiquette and Business Practices](#)
- [An Overview of Traditions and Culture in Ecuador](#)

X. Psychological Support

➤ *The links below provide information on psychological support in Ecuador.*

- [Expat Counseling and Psychotherapy](#)
- [Systematic Family Therapy](#)
- [How to Choose a Psychologist in Ecuador](#)

XI. Media

➤ *Click on the links below for information on media in Ecuador.*

- [Ecuador Media Stats](#)
- [Newspapers, Internet News and Magazines in Ecuador](#)
- [Ecuador Profile: Media](#)

XII. Government, Embassies and Consulates

➤ *Click the links below for information on government, embassies and consulates in Ecuador.*

- [Embassy of Ecuador in U.S.](#)
2535 15th Street, NW
Washington, DC 20009
Tel: (202) 234-7200
Email: embassy@ecuador.org
- [U.S. Embassy & Consulate in Ecuador](#)
E12-170 Avigiras Ave. and Ave. Eloy Alfaro
U.S. Embassy Quito
Quito, Ecuador
Tel: (593) 2 398 5000

XIII. Health/Education Organizations

➤ *The links below provide information on health and education organizations in Ecuador.*

- [CDC Travelers Health - Ecuador, Including the Galapagos Islands](#)
- [World Health Organization - Ecuador](#)
- [PAHO - Ecuador](#)
- [Medical Education in Ecuador](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click the link below for information on medical organizations and hospital and physician resources.*

- [U.S. Embassy in Ecuador - Medical Assistance](#)

Burn Care in Ecuador

Electrical burns may be more frequent in Ecuador than anywhere else.

➤ [Hospital Eugenio Espejo](#)

- Av. Gran Colombia s/n Yaguachi
Quito, Ecuador
Tel: (02) 381-4970, (02) 381-4971
Email: eespejo@hee.gob.ec

This is the only specialized public hospital in Ecuador that has a 12-bed burn unit.

➤ [Rodriguez Zambrano Hospital - Burn Center](#)

- Santa Marta (Via San Mateo)
130802 Manta, Ecuador
Tel: (+593) 261-1849

VENEZUELA

Overview

Medical care at private hospitals and clinics in Caracas and other major cities is generally good. Public hospitals and clinics generally provide a lower level of care, and basic supplies at public facilities may be in short supply or unavailable. Cash payment is usually required in advance of the provision of medical services at private facilities, although some facilities will accept credit cards. Patients who cannot provide advance payment may be referred to a public hospital for treatment. Private companies that require the patient to be a subscriber to the service or provide cash payment in advance generally provide the most effective ambulance services. Public ambulance service is unreliable. U.S. citizens should be aware that due to the currency restrictions in effect in Venezuela, they might find it difficult to receive wire transfers from abroad, whether through a bank or Western Union. Such wire transfers cannot be used reliably as a source of emergency funds.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity in Venezuela.*

- [Venezuelan Humanitarian Crisis and Efforts](#)
- [Council on Foundations - Nonprofit Law in Venezuela](#)
- [Venezuela Crowdfunding Campaigns](#)
- [Project World Impact - Venezuela](#)
- [Project Hope - Venezuelan Crisis: How to Help](#)
- [List of Funds for NGO to Venezuela](#)
- [Venezuelan Nonprofits Fund](#)
- [Venezuela Now, Inc.](#)
- [Healing Venezuela](#)
- [Cuatro Por Venezuela](#)

II. Visas

➤ *The links below provide information on visas in Venezuela.*

- [Visa Policy of Venezuela](#)
- [Venezuela Visa](#)
- [Venezuela Visa Information](#)
- [Venezuela Visa Application Form](#)

III. Guides and interpreters

➤ *Click on the links below for information on guides and interpreters in Venezuela.*

- [Venezuelan Association of Translators and Interpreters](#)
- [Interpreters - Venezuela](#)
- [Languages in Venezuela](#)

IV. Transportation

➤ *The links below provide information on transportation in Venezuela.*

- [Public Transportation Guide to Venezuela](#)
- [CDC - Venezuela Travel Information](#)
- [Wiki Voyage - Venezuela](#)
- [Transport in Venezuela](#)
- [Venezuela Traveler Information - Travel Advice](#)
- [Bus Lines, Schedules and Routes in Venezuela](#)
- [Getting Around Venezuela](#)

- [Venezuela Train Travel](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *The links below contain information about humanitarian aid and emergency relief organizations in Venezuela.*

- [UNICEF Venezuela](#)
Av. Francisco de Miranda
Torre Parque Avila, Piso 9, Oficina 9-A
Los Palos Grandes, Caracas, Venezuela, CP 1060
Tel: (+58) 212 286-4094/286-9106/286-9747
- [Red Cross Venezuela](#)
Avenida Andrés Bello, 4
1010 Caracas
Tel: (+58) 212 571- 4380/(+58) 212 571-2143
Telex: 27237 CRUCO VC
Telegram: CRUZ ROJA CARACAS
Email: presidencia@cruzrojavenezolana.org
- [Doctors Without Borders Venezuela](#)

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families and accommodations in Venezuela.*

- [Homestay Venezuela](#)
- [Homestay in Caracas](#)
- [Home Stay Families in Venezuela](#)

VII. Food, Clothing and Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in Venezuela.*

- [Venezuela Food and Drink](#)
- [Venezuelan Cuisine](#)
- [The Best Food to Eat in Venezuela](#)
- [Typical Venezuelan Food](#)
- [Traditional Clothing in Venezuela](#)
- [The Culture of Venezuela](#)
- [Entertainment in Venezuela](#)

VIII. Education

➤ *The links below provide information on education in Venezuela.*

- [Education System in Venezuela](#)
- [Education in Venezuela](#)
- [Ministry of Education - Venezuela](#)
- [Education Services in Venezuela](#)
- [Education in Venezuela](#)
- [Venezuela Education Stats](#)
- [Education in Venezuela](#)

IX. Socialization

➤ *Click on the links below for information on socialization in Venezuela.*

- [Cultural Crossing Guide - Venezuela](#)
- [Venezuela - Culture, Etiquette and Business Practices](#)
- [Venezuela History, Language and Culture](#)

X. Psychological Support

➤ *Click on the links below for information on psychological support in Venezuela.*

- [Venezuela - Expat Counseling and Psychotherapy](#)
- [Psychologist Federation of Venezuela](#)
- [Venezuelan Counseling - Advancement and Current Challenges](#)

XI. Media

➤ *The links below provide information on media in Venezuela.*

- [Press Reference - Venezuela Basic Data](#)
- [Media Landscapes - Venezuela](#)
- [Venezuelan Newspapers, News Media, and Magazine Media](#)
- [Mass Media in Venezuela](#)
- [List of Newspapers in Venezuela](#)
- [List of Television Networks in Venezuela](#)
- [List of Radio Stations in Venezuela](#)

XII. Government, Embassies and Consulates

➤ *Click the links below for information on Venezuelan embassies.*

- [U.S. Embassy in Venezuela](#)
Venezuela Affairs Unit
Carrera 45 No. 248-27 Bogotá
D.C. Colombia
Toll Free: (888) 407-4747 (U.S. and Canada)
Tel: (202) 501-4444 (Other countries)
- [Embassy of Venezuela in the U.S.](#)
1099 30th St NW
Washington, DC 20007
Tel: (202) 342-2214
Fax: (202) 342-6820
Email: despacho.embveus@mppre.gov.ve

XIII. Health/Education Organizations

➤ *The links below provide information on health and education organizations in Venezuela.*

- [CDC Travelers' Health - Venezuela](#)
- [PAHO - Venezuela](#)
- [U.S. Embassy in Venezuela - Medical Assistance](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click on the links below for information on medical organizations and hospital and physician resources.*

- [Public Hospitals in Venezuela](#)
- [Expat Health Insurance For Venezuela](#)

Burn Care in Venezuela

➤ **Venezuelan Burn Association - Ramon L. Zapata-Sirvent**

Venezuelan Burn Association, founded by Dr. Ramon L. Zapata Sirvent – a leader in children's reconstructive burn care

CONTINENT: EUROPE

Background

The European Union (EU) eHealth Action Plan has analyzed progress of the European Union Member States with regard to the following eHealth action plan priorities: (1) national eHealth policies, strategies and governance measures, (2) deployment of eHealth applications (EHR-like systems/patient summaries, ePrescription services and telehealth applications), (3) infrastructure implementation aspects (electronic identifiers, eCards and standards), and (4) institutional structures and legal issues.

➤ *Below is some general information about Europe.*

- [European Union eHealth Study](#)
- [eHealth Strategies by Country](#)
- [World Health Organization - Europe](#)
WHO is the authority responsible for public health within the United Nations system. The WHO Regional Office for Europe (WHO/Europe) is one of WHO's six regional offices around the world. It serves the WHO European Region, which comprises 53 countries, covering a vast geographical region from the Atlantic to the Pacific oceans. WHO/Europe staff are public health, scientific and technical experts, based in the main office in Copenhagen, Denmark, in 3 technical centers and in country offices in 30 Member States.
- [UK Healthcare](#)
- [Pacific Prime International Insurance](#)
Pacific Prime is an international company that provides locally compliant insurance for many regions around the world.
- [Allianz International Insurance](#)
Allianz provides health, life and disability insurance worldwide.

- **Burn Centres in Europe**

P.O. Box 440

5201 AK 's-Hertogenbosch

The Netherlands

Tel: (+31) 73 690 14 15

Email: eba@congresscare.com

The European Burns Association was founded in 1981 by leading burn specialists in Europe to encourage cooperation in the field of burn care throughout the continent.

DENMARK

Overview

Excellent medical facilities are widely available in Denmark. In Greenland and the Faroe Islands, medical facilities are limited and evacuation is required for serious illness or injury. Although emergency medical treatment is free of charge, the patient is charged for follow-up care.

I. Funding and Charity/Non-Profit Information

- *Click on the links below for information on funding and charity in Denmark.*
 - [Small Grant Program](#)
 - [Viking Fundraiser in Denmark](#)
 - [Danish International Development Day](#)

II. Visas

- *The links below provide information on visas in Denmark.*
 - [Denmark Visa and Passport Requirements](#)
 - [A Complete Guide to Denmark Visa Requirements](#)

III. Guides and interpreters

- *The links below provide information on guides and interpreters in Denmark.*
 - [Interpreters and Translators in Copenhagen](#)
 - [Community Interpreting in Denmark](#)

IV. Transportation

➤ *Click the links below for information on transportation in Denmark.*

- [How to Get Around Denmark With Public Transportation](#)
- [Transport in Denmark](#)
- [Rail in Denmark](#)
- [Train Types in Denmark](#)
- [Denmark - Transportation](#)
- [Transportation in Denmark](#)

V. Humanitarian Aid/Emergency Relief

➤ *Click the links below for information about humanitarian aid and emergency relief in Denmark.*

- [World Health Organization Denmark](#)
Marmorvej 51
DK-2100 Copenhagen Ø
Tel: (+45) 45 33 70 00
Fax: (+45) 45 33 70 01
- [UNICEF Denmark](#)
Rentemestervej 62
2400 København NV
DK-2100 Copenhagen Ø
Tel: (+45) 35273800
Fax: (+45) 35273810
Email: unicefdk@unicef.dk

- [Red Cross Denmark](#)
 Blegdamsvej 27
 2100 København Ö
 Tel: (+0045) 35 25 92 00
 Tel: (+35) 25 93 50 (International Department)
 Fax: (+0045) 35 25 92 92 (General)
 Email: info@rodekors.dk
- [Doctors Without Borders](#)
 Strandlodsvej 44, 2
 DK-2300 København S
 Tel: 45 39.77.56.00
 Fax: 45 39.77.56.01
 Email: info@msf.dk

VI. Host Families/Accommodations

- *The links below provide information on host families and accommodations in Denmark.*
- [Au Pair Program in Denmark - Info For Host Families](#)
- [Homestay Guests for Denmark](#)
- [Homestay Denmark](#)
- [Explorius - The Host Family](#)

VII. Food, Clothing and Entertainment

- *Click the links below for information on food, clothing and entertainment in Denmark.*
- [Denmark Food and Drink](#)
- [What to Wear in Denmark](#)
- [Lonely Planet - Denmark](#)

VIII. Education

➤ *The links below provide information on education in Denmark.*

- [Education in Denmark](#)
- [Ministry of Children and Education Denmark](#)
- [Denmark Guide - Education](#)
- [Education in Denmark - Statistics and Facts](#)
- [The Danish Education System](#)
- [Denmark - Lifelong Education](#)
- [Study in Denmark](#)

IX. Socialization

➤ *Click on the links below for information on socialization in Denmark.*

- [Denmark - Culture, Etiquette and Business Practices](#)
- [Denmark Culture](#)

X. Psychological Support

➤ *The links below provide information on psychological support in Denmark.*

- [Danish Psychological Association](#)
- [English Speaking Therapists in Copenhagen](#)
- [Counseling in Denmark](#)

XI. Media

➤ *Click on the links below for information about media in Denmark.*

- [Press Reference Denmark](#)
- [Denmark Newspapers, Internet, Magazines](#)
- [Denmark Profile - Media](#)
- [Danish Media](#)

XII. Government, Embassies, and Consulates

➤ *Click on the links below for information on Denmark embassies.*

- [U.S. Embassy in Denmark](#)
Dag Hammarskjölds Allé 24
2100 København Ø
Tel: (+45) 33 41 71 00
Fax: (+45) 35 43 02 23
- [Danish Embassy in the U.S.](#)
3200 Whitehaven St., NW
Washington DC 20008-3683
Tel: +1 (202) 797-5310
Fax +1 (202) 328-1470
- [Embassy Worldwide - Denmark](#)
- [Embassy Pages - Denmark](#)

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in Denmark.*

- [The Danish Ministry of Health](#)
Holbergsgade 6
1057 København K
Tel: 7226 9000

Email: sum@sum.dk

The Ministry of Health and Prevention was established on 23 November 2007 when the Ministry of the Interior and Health was separated. The Ministry oversees the administrative functions in relation to the defaulting and financing of the healthcare system, psychiatry and health insurance as well as the approval of pharmaceuticals and the pharmacy sector. Prevention and health promotion are also part of the Ministry's remit.

- **Danish Health Authority**

Islands Brygge 67

DK-2300 Copenhagen S

Tel: (+45) 72 22 74 00

Email: sst@sst.dk

In Denmark, the Danish Health and Medicines Authority is the supreme authority in healthcare and regulatory control of medicines. They assist and advise the Ministry of Health as well as other authorities with the administration of healthcare services and inform Danish citizens on health issues. It is also their responsibility to ensure the availability of effective and safe medicines, medical devices and new therapies and promote their proper use. They create the best possible framework for the healthcare system to prevent and treat illness, suffering and functional limitations for the individual. They follow health conditions through monitoring and evaluation and endeavor to be at the cutting edge of professional knowledge within the healthcare area.

- **Staten Serum Institut**

5 Artillerivej

DK-2300 Copenhagen S

Tel: (+45) 3268 3268

Fax: (+45) 3268 3868

Email: serum@ssi.dk

Statens Serum Institut (SSI) is a public enterprise under the Danish Ministry of Health. Their expertise includes: monitoring, advising and teaching on the incidence, prevention and treatment of infectious diseases and congenital disorders; specializing in the diagnosis of infectious, autoimmune, congenital and genetic diseases; ensuring the supply of vaccines, other biological products and diagnostic services through production and procurement; preparedness against biological terrorism; and research and development in the Institute's areas of activity at an international level.

- **Danish Institute for Health Services Research**

Danida Fellowship Centre

Hostrupsvej 22

DK-1950 Frederiksberg C
Tel: (+45) 3536 1322
Fax: (+45) 3536 2095
Email: research@dfcentre.dk

XIV. Medical Organizations/Hospital and Physician Resources

- *The links below provide information on medical organizations and hospital and physician resources.*
 - [U.S. Embassy Denmark - Medical Assistance](#)
 - [Pacific Prime - Health Insurance in Denmark](#)
 - [Hospitals, Doctors and Health Practitioners in Denmark](#)
 - [World Health Organization - Denmark](#)
 - [Healthcare in Denmark](#)
 - [Denmark Travel Health Information](#)
 - [Danish Society for Emergency Medicine](#)
 - [Visit Denmark - Emergencies](#)
 - [Emergency Medical Services](#)

Burn Care in Denmark

➤ **Hvidovre Hospital**

- Department of Plastic Surgery and Burns Unit Kobenhavns, Kommunes Hvidovre Hospital, University of Copenhagen, Kettegård Allé 30
2650 Hvidovre Ikon der indikerer placering på kort
ikon der viser telefon (kontakt Hvidovre Hospital)
Tel: 38 62 38 62

➤ **Vivostat**

- Vivostat (Allerød, Denmark), a surgical products company, has gained popularity in treating burn victims with their new approach to burn wounds.

➤ **Rigshospitalet**

- Clinic for Plastic Surgery, Burn Treatment and Breast Surgery
Copenhagen University Hospital, Rigshospitalet
Blegdamsvej
Tel: (+45) 35 45 35 45

FRANCE

Overview

Medical care comparable to that found in the United States is widely available. In France, the phone number for emergency medical services is 15.

I. Funding and Charity/Non-Profit Information

- *Click on the links below for non-profit and charity/funding information in France.*
 - [Non-Profit Law in France](#)
 - [List of Funds for NGO in France](#)
 - [Grants and Subsidies in France](#)

II. Visas

- *The links below provide information on visas in France.*
 - [France - Visas](#)
 - [France Diplomacy - Requesting a Visa](#)
 - [France Visa Application Requirements, Fees and Guidelines](#)

III. Guides and interpreters

- *Click on the links below for information on guides and interpreters in France.*
 - [Interpreting Services in France](#)
 - [World Interpreting - France](#)

IV. Transportation

➤ *The links below provide information on transportation in France.*

- [Transport in France](#)
- [Guide to French Public Transportation](#)
- [Transportation in France - What to Know](#)
- [How to Travel Around France by Train](#)
- [Getting Around France - Transportation Tips](#)

V. Humanitarian Aid/Emergency Relief

➤ *The links below provide information on humanitarian aid and emergency relief.*

- [UNICEF France](#)
3 rue Duguay-Trouin
75282 Paris Cedex 06
Tel: 0969 368 468
- [Red Cross France](#)
Campus Croix-Rouge Française
21 rue de la Vanne
CS 90070 Montrouge 92126 Cedex
French Red Cross – Headquarters
98, rue Didot
F-75694 Paris Cedex 14
Tel: (+33) 1 44 43 11 00
Fax: (+33) 1 44 43 11 01
Email: contact@croix-rouge.fr
- [Doctors Without Borders/Médecins Sans Frontières](#)
8, rue Saint Sabin
75011 Paris
Tel: (+33) 1.40.21.29.29
Fax: (+33) 1 48 06 68 68
Email: office@paris.msf.org

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families and accommodations.*

- [Homestay France](#)
- [Nacel High School Exchange in France](#)
- [Expat Services - Live With a French Family](#)

VII. Food, Clothing, and Entertainment

➤ *The links below provide information on food, clothing and entertainment in France.*

- [Food in France](#)
- [French Cuisine](#)
- [French Fashion](#)
- [Entertainment in France](#)

VIII. Education

➤ *The links below provide information on education in France.*

- [French Primary Schools - A Guide for Parents](#)
- [French Education Stats](#)
- [Study in France - A Guide for International Students](#)
- [Education System in France](#)
- [Education in France](#)

IX. Socialization

➤ *Click the links below for information on socialization in France.*

- [Countries and Their Cultures.- France](#)
- [Social Customs in France](#)
- [France - Culture, Etiquette and Business Practices](#)

X. Psychological Support

➤ *The links below provide information on psychological support in France.*

- [The Situation of Psychotherapy in France](#)
- [Psychologist France](#)
- [Counseling Psychology in France - A Paradoxical Situation](#)

XI. Media

➤ *The links below provide information on media in France.*

- [French Newspapers, Internet News, Magazines](#)
- [France Profile - Media](#)
- [France Media Stats](#)
- [Mass Media in France](#)
- [Broadcast Media in France](#)

XII. Government, Embassies, and Consulates

➤ *Click the links below for information on embassies, consulates and government in France.*

- [List of Diplomatic Missions in France and French Diplomatic Missions Abroad](#)
- [U.S. Embassy in France](#)
2 avenue Gabriel
75008 Paris Cedex 08
Tel: (+33) 1 43 12 22 22
Fax: (+33) 42 66 97 83
- [French Embassy in the United States](#)
4101 Reservoir Road, NW
Washington, DC 20007
Tel: (202) 944-6000
Fax: (202) 944-6072
Email: info@ambafrance-us.org
- [French Ministry of Foreign Affairs](#)

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in France.*

- [Inserm - National Institute of Health and Medical Research](#)
Inserm is the only public research organization in France entirely dedicated to human health. Its objective is to promote the health of all by advancing knowledge about life and disease, treatment innovation, and public health research.
- [World Health Organization - France](#)
- [Ministry of Health, France](#)
Ministère de la Santé & des Affaires Sociales
14, Avenue Duquesne
75007 Paris
Tel: 01 40 56 60 00
- [Ministry of Health and Social Affairs, France](#)

- [French Society of Emergency Medicine](#)
- [French Society of Emergency Medicine](#)
- [e-Health Portal - France](#)
- [e-Health France Alliance](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click the links below for information medical organizations and hospital and physician resources in France.*

- [Medical Professionals and Hospitals - Consular District, Marseille, France](#)
- [Pacific Prime - Your Guide to Health Insurance in France](#)
- [Healthcare in France](#)
- [France Travel Health Information](#)
- [Emergency Medical Assistance Service of France](#)
103, avenue de Magenta
F-75010 PARIS
The French rescue services have a central control centre: SAMU (service d'aide médicale urgente). The centres are operated by people from the medical profession, who control and coordinate all urgent medical calls for help. The measures taken by SAMU range from a SAMU affiliated doctor being dispatched or the SMUR (service mobile d'urgence et de réanimation) team emergency team being deployed to the use of ground and air rescue methods, i.e. ambulances or helicopters.
- [Guide to French Health System](#)
- [Getting Medical Help in France](#)
- [French Entree - Healthcare](#)

Burn Care in France

➤ **Hopitaux Cochin**

- 27 rue du Faubourg Saint-Jacques

75014 Paris

Tel: 01 58 41 41 41

Hôpitaux Cochin is a hospital of public assistance in the rue du Faubourg-Saint-Jacques Paris 14me. It houses the central burn treatment center of the city.

➤ **Les Cliniques du Dr Ster**

- Aquitaine, Limousin and Midi-Pyrénées

European Rehabilitation

Centre for Burns, Wounds and Scars

9, avenue du Docteur Jean Ster

34240 Lamalou-Les-Bains

Tel: 04 67 23 50 50

Email: nicolas.frasson@cliniques-ster.fr

The leading rehabilitation unit in France, this centre has been identified by the Schémas Interrégionaux d'Organisation Sanitaire (SIOS – Interregional Healthcare Organisation Schemes) as the interregional reference centre for the rehabilitation of adult burn victims covering the following regions of France: PACA, Corsica, Languedoc-Roussillon.

GERMANY

Overview

Good medical care is widely available in Germany. Doctors and hospitals may expect immediate payment for health services from tourists and persons with no permanent address in Germany.

I. Funding and Charity/Non-Profit Information

➤ *The links below provide information on funding and non-profits/charities in Germany.*

- [Nonprofit Law in Germany](#)
- [Charity Opportunities in Germany](#)
- [A List of Foundations in Germany Offering Grants and Fellowships](#)
- [Germany Crowdfunding Campaigns](#)
- [List of Funds for NGO in Germany](#)

II. Visas

➤ *Click on the links below for information on visas in Germany.*

- [German Missions in the United States](#)
- [Your Ultimate Guide to Germany Medical Visas](#)
- [Germany Visa for the Purpose of Medical Treatment](#)
- [German Medical Treatment Visa](#)

III. Guides and Interpreters

➤ *The links below provide information on guides and interpreters in Germany.*

- [Interpreting Services in Germany](#)

- [How to Become an Interpreter in Germany](#)
- [Interpreters in Munich](#)
- [Interpreters in Berlin](#)

IV. **Transportation**

➤ *The links below provide information on transportation in Germany.*

- [Transportation in Germany: Trains, Buses and Taxis](#)
- [How to Use Public Transport in Germany](#)
- [German Rail Map and Transportation Guide](#)
- [Trains in Germany](#)
- [Rail Transport in Germany](#)
- [A Foreigner's Guide to Public Transport in Germany](#)

V. **Humanitarian Aid/Emergency Relief Organizations**

➤ *Click on the links below for information on humanitarian aids and emergency relief organizations in Germany.*

- [UNICEF Germany](#)
 German Committee for UNICEF
 Hoeninger Weg
 104-50969 Koeln
 Tel: (+49) 221 936.500
 Fax: (+49) 221 936 50279/936 50280
 Email: mail@unicef.de

- [German Red Cross](#)
DRK-Generalsekretariat
Carstennstr. 58
12205 Berlin
Tel: (+030) 85404 0
Fax: (+030) 85404 450
Email: drk@drk.de
- [Doctors Without Borders](#)
Am Köllnischen Park 1
10179 Berlin
Tel: (+49) 30 700 13 00
Fax: (+49) 30 700 13 03 40
Email: office@berlin.msf.org

VI. Host Families/Accommodations

➤ *The links below provide information on host families and accommodations in Germany.*

- [Stay With a Host Family in Germany](#)
- [Homestay - Germany](#)
- [Three Big Advantages of Staying With a Host Family in Germany](#)

VII. Food, Clothing, and Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in Germany.*

- [German Cuisine](#)
- [13 Foods and Drinks to Try in Germany](#)
- [Germany - History and Food](#)
- [Everything You Ever Wanted to Know About German Food Culture](#)
- [Germany's States and Regional Food Specialties](#)

VIII. **Education**

➤ *The links below provide information on education in Germany.*

- [German Education System](#)
- [Comprehensive Guide of the Education System and International Schools](#)
- [The German Education System](#)
- [The Education System in Germany](#)
- [Is College Free in Germany? Here's the Truth!](#)
- [Education in Germany](#)

IX. **Socialization**

➤ *Click on the links below for information on socialization in Germany.*

- [Germany - Culture, Etiquette and Business Practices](#)
- [German Culture - Facts, Customs and Traditions](#)
- [Culture of Germany](#)

X. **Psychological Support**

➤ *The links below provide information on psychological support in Germany.*

- [Psychological Support for Expats in Germany](#)
- [Germany - Psychotherapy](#)
- [Therapists in Germany](#)

XI. Media

➤ *Click on the links below for information on media in Germany.*

- [Germany Media Stats](#)
- [Germany Newspapers and News Media](#)
- [Media usage in Germany - Statistics and Facts](#)
- [Germany Profile - Media](#)
- [Mass Media in Germany](#)

XII. Government, Embassies, and Consulates

➤ *The links below provide information on government, embassies and consulates in Germany.*

- [All Embassies and Consulates in Germany](#)
- [List of Diplomatic Missions in Germany and German Diplomatic Abroad](#)
- [Germany Embassies and Consulates](#)

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in Germany.*

- [World Health Organization - Germany](#)
- [CDC - Travelers' Health](#)
- [The Federal Ministry of Health - Germany](#)
- [The German Healthcare System](#)
- [Medical Education in Germany](#)

- [How to Become a Medical Doctor in Germany](#)
- [Medical Education in Germany](#)

XIV. Medical Organizations/Hospital and Physician Resources

- *The links below provide information on medical organizations/hospital and physician resources.*
 - [Hospitals in Germany for Expatriates](#)
 - [Hospitals in Germany](#)
 - [Visiting a Doctor in Germany](#)
 - [Doctors in Germany - Statistics and Facts](#)
 - [Find a Doctor in Germany](#)
 - [The Best Doctors in Germany, Online Medical Advice](#)

Burn Care in Germany

- [Hannover Medical School](#)
 - Verified Burn Centre
Carl-Neubergstr. 1
30625, Hannover
- [Unfallkrankenhaus Berlin - Trauma Hospital](#)
 - Verein für Berufsgenossenschaftliche Heilbehandlung Berlin e.V.
Warener Straße 7
12683 Berlin
Tel: (+49) 030 5681 0
Fax: (+49) 030 5630 1475
Email: service@ukb.de

ITALY

Overview

Medical facilities are available, but may be limited outside urban areas. Public hospitals, though generally free of charge for emergency services, sometimes do not maintain the same standards as hospitals in the United States, so travelers are encouraged to obtain insurance that would cover a stay in a private Italian hospital or clinic. It is almost impossible to obtain an itemized hospital bill from public hospitals, as required by many U.S. insurance companies, because the Italian National Health Service charges one inclusive rate (care services, bed and board).

I. Funding and Charity/Non-Profit Information

- *Click on the links below for information on funding and charity/nonprofit in Italy.*
 - [Charitable Organizations in Italy - Overview](#)
 - [Open a Foundation in Italy](#)
 - [List of Funds for NGO in Italy](#)

II. Visas

- *The links below provide information about visas in Italy.*
 - [Travel Advice for Italy](#)
 - [Italy Visa Requirements](#)
 - [Italy Visa Application and Entry Requirements](#)
 - [Visa for Medical Treatment](#)

III. Guides and interpreters

➤ *Click on the links below for information on guides and interpreters in Italy.*

- [World Interpreting - Italy](#)
- [Interpreters - Naples, Italy](#)
- [List of Translators and Interpreters in Italy](#)
- [List of Translators and Interpreters - Italy](#)

IV. Transportation

➤ *Click on the links below for information on transportation in Italy.*

- [Getting Around Italy on Public Transport](#)
- [Italy Transportation - Taxi, Train, Bus and Airport Tips](#)
- [Transportation in Italy - What to Know](#)
- [Transportation in Italy](#)
- [Getting Around Italy - Transportation Tips](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *The links below provide information on humanitarian aid and emergency relief organizations in Italy.*

- [UNICEF Italy](#)
UNICEF Innocenti Research Centre
Spedale Degli Innocenti
Piazza SS. Annunziata, 12
50122 Florence, Italy
Tel: (+ 39) 055 20 330
Email: florence@unicef.org

- [Red Cross \(Croca Rossa\) Italy](#)
Red Cross of Italy
Via Toscana, 12
00187 Roma
Tel: (+39) 06 47 59 1/06 55 10
Fax: (+39) 06 475 923
Email: info@cri.it
- [Doctors Without Borders - Italy](#)
Via Magenta 5
00185 Rome
Tel: (+39) 06 88 80 60 00
Fax: (+39) 06 88 80 60 20
Email: msf@msf.it

VI. Host Families/Accommodations

➤ *The links below provide information on host families and accommodations in Italy.*

- [Homestay Italy](#)
- [About the Homestay](#)
- [Homestay In Italy](#)

VII. Food, Clothing, and Entertainment

➤ *Click on the links below for food, clothing and entertainment in Italy.*

- [Italian Food](#)
- [Food in Italy](#)
- [Know Your Signature Italian Foods by Region](#)
- [Italian Fashion](#)
- [What to Wear in Italy](#)

- [Italian Fashion](#)
- [What to Wear in Italy?](#)
- [Italia - Art and Culture](#)
- [Entertainment in Italy](#)

VIII. Education

➤ *Click on the links below for information on education in Italy*

- [Education in Italy](#)
- [Education and Schools in Italy](#)
- [Education in Italy - Statistics and Facts](#)

IX. Socialization

➤ *The links below provide information on socialization in Italy.*

- [Culture Crossing Guide - Italy](#)
- [Italy - Language, Culture, Etiquette and Business Practices](#)
- [Italian Culture](#)

X. Psychological Support

➤ *Click on the links below for psychological support in Italy.*

- [Therapists in Italy](#)
- [Find a Therapist Italy](#)

XI. Media

➤ *Click on the links below for information on media In Italy.*

- [Italy Media Stats](#)
- [Italy Profile - Media](#)
- [Press Reference - Italy Basic Data](#)
- [Mass Media in Italy](#)
- [List of Magazines in Italy](#)
- [List of Newspapers in Italy](#)
- [List of Radio Stations in Italy](#)
- [Television in Italy](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on government, embassies and consulates in Italy.*

- [U.S. Embassy and Consulates in Italy](#)
via Vittorio
Veneto 121 - 00187
Roma
Tel: (+39) 06.46741
- [Italian Embassy in the U.S.](#)
3000 Whitehaven Street, NW
Washington, DC 20008
Tel: (202) 612-4400
Fax: (202) 518-2154
- [Government of Italy - Useful Links](#)
- [Embassies of Italy](#)

- [List of Diplomatic Missions of Italy](#)
- [Embassies and Consulates in Italy](#)
- [Consulates and Embassies in Italy](#)

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in Italy.*

- [World Health Organization - Italy](#)
- [Italy Travel Health Information](#)
- [Italy Health Insurance](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click on the links below for information on medical organizations/hospital and physician resources in Italy.*

- [Hospitals, Doctors and Health Practitioners in Italy](#)
- [Health Care in Italy](#)
- [Italian Society of Emergency-Urgency Medicine](#)
 Segreteria Nazionale
 Via Valprato 68
 10155 Torino
 Tel: (+02) 67077483
 Fax: (+02) 89959799
 Email: segreteria@simeu.it

- [Italian Ministry of Health](#)
 Sede del Ministro:
 Lungotevere Ripa, 1 - 00153 - Roma
 Sede Centrale:
 Viale Giorgio Ribotta, 5 - 00144 - Roma
 Tel: (+39) 06 59941
 Tel: (+39) 06 5994 5397 - 5289 – 5320
 Fax: (+39) 06 5994 5455
- [U.S. Embassy and Consulates in Italy - Medical Assistance](#)

Burn Care in Italy

As of 2011, there were 17 burn centers in Italy, of which 15 were active in 2008. Seven active centers were concentrated in the north part of Italy (three centers with 30 beds in total in the northwestern part and four centers with 31 beds in the northeast). Central Italy had two centers (15 beds), with one closed. South Italy had three burn centers (31 beds) plus one closed. The islands were considered separately, as patients were not likely to move from one to the other or to the mainland. Sicily had two burn centers (32 beds), and Sardinia one (five beds).

Distribution of burn centers in Italy: Brindisi, Bari, Catania, Cesena, Florence (pediatric), Genova, Milan, Naples-Cardarelli, Naples-Santobono (paediatric), Palermo, Pisa, Padova, Parma, Sassari, Turin, Verona.

- [Saliba Burn Center](#)
 - Tel: (+39) 050 992300
- [Pisa Emergency Room](#)
 - Burn center in Pisa, Italy
 Tel: (+39) 050 992300

SPAIN AND ANDORRA

Overview

Good medical care is available in both Spain and Andorra. Regulations regarding medications may vary from those in the United States. Americans who need specific medications are encouraged to bring a supply sufficient for their anticipated period of stay, as the medication may not be available and customs regulations may prohibit certain medications to be mailed from the United States to Spain or Andorra. The Department of State strongly urges Americans to consult with their medical insurance companies prior to traveling abroad to confirm whether their policy applies overseas and if it will cover emergency expenses such as a medical evacuation. U.S. medical insurance plans may not cover health costs incurred outside the United States unless supplemental coverage is purchased. Many travel agents and private companies offer insurance plans that will cover health care expenses incurred overseas, including emergency services such as medical evacuations. When making a decision regarding health insurance, Americans should consider that many foreign doctors and hospitals require payment in cash prior to providing service and that a medical evacuation to the United States may cost well in excess of \$50,000. Uninsured travelers who require medical care overseas often face extreme difficulties, whereas travelers who have purchased overseas medical insurance have found it to be life-saving when a medical emergency has occurred.

I. Funding and Charity/Non-Profit Information

- *The links below provide information on funding and charity/non-profit information in Spain and Andorra.*
 - [Spain - Non-Profit Organizations](#)
 - [Non-Profit Organizations Based in Spain](#)
 - [How to Create a Non-Profit Organization in Spain](#)

II. Visas

- *Click on the links below for information on visas in Spain and Andorra.*
 - [Spain Online Visas](#)

- [Spain Visa](#)
- [Spain Visa Application and Entry Requirements](#)

III. Guides and interpreters

➤ *Click on the links below for information about guides and interpreters in Spain and Andorra.*

- [Ibidem Group Translation Agency](#)
- [Translators and Interpreters in Spain](#)
- [Translators - Sworn Interpreters](#)

IV. Transportation

➤ *The links below provide information about transportation in Spain and Andorra.*

- [Getting Around Spain](#)
- [Wikitravel - Spain](#)
- [How to Travel in Spain Cheaply](#)
- [Transport in Spain](#)
- [Buses in Spain](#)
- [Spain by Train](#)
- [Public Transport in Spain: Trains, Buses and Trams](#)
- [Transportation in Spain - What Travelers Need to Know](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information about humanitarian aid and emergency relief organizations in Spain and Andorra.*

- [UNICEF Spain](#)
Spanish Committee for UNICEF
Mauricio Legendre, 36
28046 Madrid
Tel: (+ 34) 91 378.95.55
Email: unicef@unicef.es
- [Red Cross Spain \(Cruz Roja\)](#)
Avda. Reina Victoria 26
28003 Madrid
Tel: (+34) (91) 335 44 44 / 91 522 22 22 (Emergencias)/ 91 335 45 45
Fax: (+34) (91) 335 44 55 / 91 335 45 55 (Emergencias)
Telex: 23853 OCCRE E / 47064 CRCNC (Emergencias)
Email: registro@cruzroja.es
- [Doctors Without Borders Spain](#)
Nou de la Rambla 26
08001 Barcelona
- Tel: 34 93.304.6100
Fax: 34 93.304.6102
Email: oficina@barcelona.msf.org

VI. Host Families/Accommodations

➤ *The links below provide information about host families and accommodations in Spain and Andorra.*

- [Au Pair in Spain](#)
- [Homestay in Barcelona, Spain](#)
- [Homestay Host Families in Spain](#)
- [Homestay Spain](#)

VII. Food, Clothing, and Entertainment

➤ *The links below provide information on food, clothing and entertainment in Spain and Andorra.*

- [Regional Cuisine in Spain](#)
- [Popular Foods and Sweets on the Christmas Table in Spain](#)
- [Inditex and the Fashion Industry in Spain - Statistics and Facts](#)
- [Spanish Traditional Flamenco Dress](#)
- [Travel Safe - Art and Culture](#)

VIII. Education

➤ *Click on the links below for information on education in Spain and Andorra.*

- [School Life in Spain](#)
- [Education System in Spain](#)
- [Spain Education Stats](#)
- [Education in Spain](#)
- [Education in Spain](#)

IX. Socialization

➤ *The links below provide information on socialization in Spain and Andorra.*

- [Countries and Their Cultures - Spain](#)
- [The Culture of Spain](#)
- [Social Customs in Spain - Traditions and Habits](#)

- [Guide to Spanish Culture, Business Practices and Etiquette](#)

X. Psychological Support

➤ *Click on the links below for information on psychological support in Spain and Andorra.*

- [Recommended Psychiatrists and Psychologists in Spain](#)
- [European Association for Psychotherapy - Spain](#)
- [Therapists in Spain](#)

XI. Media

➤ *Click on the links below for information on media in Spain and Andorra.*

- [Press Reference - Spain](#)
- [Spain Newspapers, News Media, Internet News, Magazines](#)
- [Spain Profile - Media](#)
- [Mass Media in Spain](#)

XII. Government, Embassies, and Consulates

➤ *Click on the links below for information on government, embassies and consulates in Spain and Andorra.*

- [Gobierno de España](#)
- [Government of Spain - Useful Links](#)
- [The Government and Political System in Spain](#)
- [WorldAtlas - What Type of Government Does Spain Have?](#)
- [List of Diplomatic Missions in Spain and Spanish Diplomatic Missions Abroad](#)

- [Embassies of Spain](#)
- [List of Diplomatic Missions in Spain](#)
- [U.S. Embassy & Consulate in Spain and Andorra](#)
Calle de Serrano, 75
28006 Madrid, Spain
Tel: 91-587-2200
Fax: 91-587-2303
- [Embassy of Spain in the U.S.](#)
2375 Pennsylvania Avenue, NW
Washington, DC 20037
Tel: (202) 452-0100
Fax: (202) 833-5670
Email: embespus@mail.mae.es

XIII. Health/Education Organizations

- *The links below provide information about health/education organizations in Spain and Andorra.*
- [World Health Organization - Spain](#)
- [Spain Travel Health Information](#)
- [CDC Travelers' Health Spain](#)

XIV. Medical Organizations/Hospital and Physician Resources

- *Click on the links below for information on medical organizations/hospitals and physician resources in Spain and Andorra.*
- [Health Insurance in Spain](#)
- [Hospitals. Doctors and Health Practitioners in Spain](#)
- [Hospitals, Doctors and Health Practitioners in Andorra](#)

- [Healthcare in Spain](#)
- [Spanish Society of Emergency and Emergency Medicine](#)
C/ Poeta Joan Maragall, 60, 1.º – 28020
Madrid
Tel.: (+34) 91 570 12 84
Email: info@semes.org
- [National Institute of Health Management](#)
- [Ministry of Health and Social Policy](#)
Paseo del Prado, 18-20, planta baja
(on the corner of Lope de Vega Street)
28014 Madrid.
Tel: 901 400 100 / 91 596 10 8991 596 10 90
Fax: 915 96 44 80
Email: oiac@msssi.es
- [Institute de Salud Carold III](#)
Tel: 91 822 21 00 y 91 822 24 60.
Email: oficina.informacion@isciii.es

Burn Centers In Spain

- [Hospital Universitari Vall O'Hebrón](#)
 - Verified Burn Centre
Passeig Vall D'Hebrón 119-129
08035, Barcelona
Tel: 93 489 30 00
- [Quionsalud Marbella Hospital in Spain](#)
 - 29603 Marbella, Avda. Severo Ochoa, 22
Tel: *+38) 063 514 49 56
Email: info@mediglobus.com

UNITED KINGDOM

Overview

While medical services are widely available, free care under the National Health System is allowed only for UK residents and certain EU nationals. Tourists and short-term visitors will be charged for medical treatment in the United Kingdom. Charges may be significantly higher than those assessed in the United States.

I. Funding and Charity/Non-Profit Information

➤ *Click the links below for information on funding and charity/non-profits in the UK.*

- [UK Fundraising](#)
- [UK - Fundraising Legally and Responsibly](#)
- [The Most Popular UK Charities and Organizations](#)

II. Visas

➤ *Click the links below for information on visas in the UK.*

- [UK Visas and Immigration](#)
- [Visa Types for UK](#)
- [Visa Policy of the United Kingdom](#)

III. Guides and interpreters

➤ *The links below provide information on guides and interpreters in the UK.*

- [On Call Language Services](#)
- [List of UK Interpreting and Translation Associations](#)
- [Best Translation Companies in the United Kingdom](#)
- [Language Interpreting and Translation - Migrant Health Guide](#)

IV. Transportation

➤ *The links below provide information on transportation in the UK.*

- [Getting Around England - Transportation Tips](#)
- [UK Government Department for Transport](#)
- [Transport in United Kingdom](#)
- [Transport in the United Kingdom](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information on humanitarian aid/emergency relief organizations in the UK.*

- [UNICEF- UK](#)
1 Westfield Avenue
London E20 1HZ
Tel: 0300 330 5580
Email: supportercare@unicef.org.uk
- [British Red Cross](#)
44 Moorfields
London, EC2Y 9AL
Tel: 0344 871 11 11
Tel: + 44 207 138 7900 (from overseas)
Email: contactus@redcross.org.uk
- [Doctors Without Borders - UK](#)
Lower Ground Floor
Chancery Exchange
10 Furnival Street
London EC4A 1AB
Tel: +44 207.404.6600
Fax: +44 207.404.4466
Email: office-ldn@london.msf.org

VI. Host Families/Accommodations

➤ *The links below provide information on host families and accommodations in the UK.*

- [Homestay - UK](#)
- [Homestay - London](#)
- [Homestay Host Families in United Kingdom](#)
- [Study Abroad UK - Student Exchange/Host Families](#)

VII. Food, Clothing, and Entertainment

➤ *Click on the links below for information on food, clothing and Entertainment in the UK.*

- [Food in Every Country - United Kingdom](#)
- [British Cuisine](#)
- [United Kingdom Apparel, Textiles and Fashion Industry Directory](#)

VIII. Education

➤ *Click the links below for information on education in the UK.*

- [UK Department for Education](#)
- [International Student - UK School Search](#)
- [Education System in the United Kingdom](#)
- [Education in the United Kingdom - Statistics and Facts](#)
- [United Kingdom Education Stats](#)

IX. Socialization

➤ *The links below provide information on socialization in the UK.*

- [United Kingdom - The People](#)
- [Culture of United Kingdom - Religion, Tradition, Cuisine and More](#)
- [British Culture - Who are the British? What Are They Like?](#)
- [Guide to British Culture, Business Practices and Etiquette](#)

X. Psychological Support

➤ *Click the links below for information on psychological support in the UK.*

- [Counseling in the United Kingdom](#)
- [Therapists in United Kingdom](#)
- [Counseling Psychology in the United Kingdom](#)

XI. Media

➤ *Click on the links below for information on media in the UK.*

- [United Kingdom Media Directory](#)
- [United Kingdom Media Contacts](#)
- [UK Newspapers, News Media, Internet News and Magazines](#)
- [Press Reference - The United Kingdom](#)
- [United Kingdom Media Stats](#)
- [Mass Media in the United Kingdom](#)
- [United Kingdom Profile - Media](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on government, embassies and consulates in the UK.*

- [U.S. Embassy and Consulates in the United Kingdom](#)
U.S. Embassy London
33 Nine Elms Lane
London, SW11 7US
Tel: (+44) 0 20 7499-9000
- [British Embassy Washington](#)
3100 Massachusetts Ave NW
Washington, DC 20008
Tel: (202) 588-6500
- [What Type of Government Does the United Kingdom Have?](#)
- [Welcome to Gov.UK - Find Government Services and Information](#)
- [List of Diplomatic Missions of the United Kingdom](#)
- [Embassies of the United Kingdom](#)
- [List of Diplomatic Missions in United Kingdom and British Diplomatic Missions Abroad](#)
- [Find a British Embassy, High Commission or Consulate](#)

XIII. Health/Education Organizations

➤ *Click the links below for information on health/education organizations in the UK.*

- [World Health Organization - United Kingdom and Northern Ireland](#)
- [CDC - Travelers' Health 0 United Kingdom](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click the links below for information on medical organizations/hospitals and physician resources in the UK.*

- [Guide to Health Insurance in the UK](#)
- [Hospitals, Doctors and Health Practitioners in United Kingdom](#)
- [Health and Protection in the UK](#)
- [National Health Service](#)
- [National Health Service - Visiting or Moving to England](#)
- [Department of Health and Social Care](#)
Her Majesty's Passport Office
P.O. Box 767
Southport
PR8 9PW
Tel: 0300 222 0000
Tel: (+44) 0 300 222 0000 (From outside the UK)
- [The Royal College of Emergency Medicine](#)
7-9 Bream's Buildings
Chancery Lane
London, EC4A 1DT
Tel: (+44) 0 20 7404 1999
- [Digital Health and Care Scotland](#)
The Scottish Government eHealth Division
Room BR
St Andrew's House
Regent Road
Edinburgh EH1 3DG
Tel: 0131 244 2373
Email: ehhealthcommunications@gov.scot

- [**Care Quality Commission**](#)
 CQC National Customer Service Centre
 Citygate
 Gallowgate
 Newcastle upon Tyne
 NE1 4PA
 Tel: 03000 616161
 Fax: 03000 616171
 The Care Quality Commission is the new health and social care regulator for England. They look at the overall picture of health and social care. Their aim is to ensure better care for everyone in a hospital, in a care home and at home.

Burn Care in the U.K.

- [**British Burn Association**](#)
 - At Royal College of Surgeons of England
 35 - 43 Lincoln's Inn Fields
 London WC2A 3PE
 Tel: 020 7869 6923
 Fax: 020 7869 6929
- [**Birmingham Women's and Children's Burns Centre**](#)
 - Steelhouse Ln
 B4 6NH, Birmingham
 United Kingdom
 Tel: 0121 333 9999
- [**University Hospitals Birmingham Accident and Emergency**](#)
 - Mindelsohn Way
 B15 2GW, Birmingham
 Tel: (+44) 1216272000
- [**NHS Hospitals – Accidents & Emergencies**](#)
 - Broomfield Hospital
 Verified Burn Centre
 CM1 7ET, Chelmsford
 Department: St. Andrew's Burns Service

- [Chelsea and Westminster Hospital - Burn Service](#)
 - Verified Burn Centre
369 Fulham Road
SW10 9NH, London
Tel: 020 3315 2500 (Adults)
Tel: 020 3315 3706/3707 (Children)
Tel: 00 44 2013136853 (Emergency)

- [Chelsea and Westminster Hospital Burn Support Groups](#)

CONTINENT: ASIA

AFGHANISTAN

Overview

Well-equipped medical facilities are few and far between throughout Afghanistan. European and American medicines are available in limited quantities and may be expensive or difficult to locate. There is a shortage of basic medical supplies. Basic medicines manufactured in Iran, Pakistan and India are available, but their reliability can be questionable.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on charity/non-profits in Afghanistan.*

- [Afghanistan Crowdfunding Campaigns](#)
- [Global Giving - Afghanistan](#)
- [World Food Program - Afghanistan](#)
- [Afghanistan Relief Organization](#)
- [Afghanistan Crisis Appeal](#)
- [Afghan Charity Week](#)

II. Visas

➤ *The links below provide information on visas in Afghanistan.*

- [Afghanistan Visas, Permits and Immigration](#)
- [Visa to Afghanistan](#)
- [Ultimate Guide to Afghanistan Visa Requirements](#)
- [Visa Policy of Afghanistan](#)

- [Afghanistan Visa Application and Requirements](#)

III. Guides and Interpreters

➤ *The links below provide information on guides and interpreters in Afghanistan.*

- [What Languages are Spoken in Afghanistan](#)
- [Translation Services in Afghanistan 24/7](#)
- [Afghan Translation Services](#)

IV. Transportation

➤ *The links below provide information on transportation in Afghanistan.*

- [Reliable Afghanistan Travel Guide - 2022](#)
- [Afghanistan - Transportation](#)
- [Transport in Afghanistan](#)
- [Rail Transport in Afghanistan](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information on humanitarian aid/emergency relief organizations in Afghanistan.*

- [Afghanistan Red Crescent Society](#)
- [Doctors Without Borders: What We do - Afghanistan](#)
- [Doctors Without Border - Afghanistan](#)
- [UNICEF - Afghanistan](#)
- [International Medical Corps - Afghanistan](#)

VI. Host Families/Accommodations

➤ *Click on the link below for information on host families and accommodations in Afghanistan.*

- [About Afghanistan - Hospitality and Gifts](#)

VII. Food, Clothing and Entertainment

➤ *The links below provide information on food, clothing and entertainment in Afghanistan.*

- [Afghan Food Celebrates Culture and Tradition](#)
- [Afghanistan Food and Drink](#)
- [Afghan Recipes and Food](#)
- [Afghan Cuisine](#)
- [Afghanistan Online - Clothes](#)
- [Afghan Clothes](#)
- [Afghan Kids Clothes](#)
- [Entertainment in Afghanistan](#)
- [Afghanistan Online - Entertainment](#)

VIII. Education

➤ *The links below provide information on education in Afghanistan.*

- [Education in Afghanistan](#)
- [Education System in Afghanistan](#)
- [About Education in Afghanistan](#)

- [Afghani Education Stats](#)
- [Education System Profiles](#)
- [Education in Afghanistan](#)

IX. Socialization

➤ *Click on the links below for information on socialization in Afghanistan.*

- [The Culture and Customs of Afghanistan](#)
- [Afghanistan - Culture, Etiquette and Business Practices](#)

X. Psychological Support

➤ *Click on the links below for information on psychological support in Afghanistan.*

- [Psychological Effects of the War in Afghanistan](#)
- [Counseling for Traumatized Afghans](#)
- [Rebuilding Mental Health in Afghanistan](#)
- [Peace of Mind Afghanistan \(POMA\)](#)

XI. Media

➤ *The links below provide information on media in Afghanistan.*

- [Afghanistan Online - Media in Afghanistan](#)
- [Afghanistan Newspaper and News Media](#)
- [Media Landscapes - Afghanistan](#)
- [Afghanistan Profile - Media](#)

- [Mass Media in Afghanistan](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on government, embassies and consulates in Afghanistan.*

- [What Type of Government Does Afghanistan Have?](#)
- [Afghanistan Government Website](#)
- [Afghanistan - Government](#)
- [List of Diplomatic Missions in Afghanistan and Afghan Diplomatic Missions Abroad](#)
- [Kabul Embassies and Consulates](#)
- [Afghanistan Embassies and Consulates](#)
- [List of Diplomatic Missions in Afghanistan](#)
- [U.S. Embassy in Afghanistan](#)
Kabul, Afghanistan
Tel: (0093) 0 700-10-8001
Fax: (00 90) 0 700-108-565 or 0 202-300-546
- [The Embassy of Afghanistan, Washington D.C.](#)
2341 Wyoming Avenue, NW
Washington, DC 20008
Tel: (202) 483-6410
Fax: (202) 483-6488
E-mail: info@embassyofafghanistan.org

XIII. Health/Education Organizations

➤ *Click the links below for information on health/education organizations In Afghanistan.*

- [Travelers' Health - Afghanistan](#)

- [World Health Organization - Afghanistan](#)

XIV. Medical Organizations/Hospital and Physician Resources

- *Click the links below for information on medical organizations/hospital and physician resources In Afghanistan.*
 - [Doctors in Kabul](#)
 - [List of Hospitals in Afghanistan](#)
 - [List of Hospitals in Afghanistan](#)
 - [Medical Exam in Afghanistan](#)
 - [Past History of Healthcare in Afghanistan](#)
 - [AMOR - Afghanistan Health Organization](#)

Afghan Burn Care

- **Harat Regional Hospital**
 - Khaja Ali Movafaq Rd.
Herat
- **Ministry of Public Health**
 - Sehat-e-Ama Square
Wazir Akbar khan Road
Kabul
Tel: (+93) 202 301 374
- **The Afghan Reconstructive Surgery and Burn Center**
 - CURE
International Hospital of Kabul
Darulaman Road
Near Darulaman Palace
Kabul, Afghanistan

➤ [Relief International - Afghanistan](#)

- Relief International established two burn centers in Mazar and Kabul to treat severe burns, which are now entirely run by the Afghan government

BANGLADESH

Overview

Several hospitals in Dhaka (e.g., Apollo Hospital and Square Hospital) have emergency rooms that are equipped at the level of a community hospital. Hospitals in the provinces are less well equipped and supplied. There have been reports of counterfeit medications within the country, but medication from major pharmacies and hospitals is generally reliable. Medical evacuations to Bangkok or Singapore are often necessary for serious conditions or invasive procedures.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity/non-profits in Bangladesh.*

- [Vision for Bangladesh](#)
- [Total Giving - Bangladesh Multi-Purpose Centre](#)
- [Peoples Fundraising](#)
- [GoFundMe - The Bangladesh Foundation](#)
- [GoFundMe - Run For Bangladesh](#)
- [Concern Worldwide - Bangladesh](#)
- [Hope For Bangladesh](#)

II. Visas

➤ *The links below provide information on visas in Bangladesh.*

- [Apply for Bangladesh e-Visa in just 3 Easy Steps](#)
- [Bangladesh Visa](#)
- [Bangladesh Visas - Types, Restrictions and Application](#)

- [Bangladesh Visa Online](#)
- [Visa Policy of Bangladesh](#)

III. Guides and Interpreters

➤ *The links below provide information on guides and interpreters in Bangladesh.*

- [Translator and Interpreter Services in Bangladesh](#)
- [Professional Translators and Interpreters - Bangladesh](#)
- [Interpreters - Bangladesh, Bengali to English](#)
- [Translator and Interpreter - Bangladesh](#)
- [Languages of Bangladesh](#)
- [List of Translators and Interpreters in Bangladesh](#)

IV. Transportation

➤ *The links below provide information on transportation in Bangladesh.*

- [Transport in Bangladesh](#)
- [Lonely Planet - Bangladesh](#)
- [Lonely Planet - Bangladesh, Transportation](#)
- [Bangladesh - Transportation](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information on humanitarian aid and emergency relief organizations in Bangladesh.*

- [List of Air Ambulances in Bangladesh](#)
- [Red Crescent Bangladesh](#)
National Headquarters
684-686 Bara Maghbazar
Dhaka 1217
Tel: (880) (2) 8319366/9330188 /9330189 /9350399/8314701/9352226
Email: international.relations@bdrccs.org
- [Doctors Without Borders](#)
- [Doctors Without Borders - Bangladesh](#)

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families and accommodations in Bangladesh.*

- [Homestay - Bangladesh](#)
- [Homestay Host Families in Bangladesh](#)
- [AFS - Bangladesh](#)

VII. Food, Clothing, and Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in Bangladesh.*

- [Bangladesh Food Recipes](#)
- [Delectably Delicious Bangladeshi Food](#)
- [List of Popular and Traditional Bengali Food](#)

- [Bangladeshi Cuisine](#)
- [List of Bangladeshi Dishes](#)

VIII. Education

➤ *Click on the links below for information on education in Bangladesh.*

- [Bangladesh Educational System - Overview](#)
- [Bangladesh Education](#)
- [Bangladeshi Education Stats](#)
- [Education in Bangladesh](#)
- [Ensuring Education for All Bangladeshis](#)
- [Education System Profiles - Education in Bangladesh](#)
- [Education System in Bangladesh](#)

IX. Socialization

➤ *The links below provide information on socialization in Bangladesh.*

- [Culture Crossing Guide - Bangladesh](#)
- [Bangladesh History, Language and Culture](#)
- [The Culture and Customs of Bangladesh](#)
- [Bangladeshi Culture - Etiquette](#)
- [Culture of Bangladesh](#)
- [Marriage, Family and Tradition in Bangladesh](#)

X. Psychological Support

➤ *Click on the links below for information on psychological support.*

- [Mental Health Service Directory - Dhaka-Bangladesh](#)
- [Best Psychiatrists and Psychologists in Dhaka, Bangladesh](#)
- [Best Psychotherapy in Dhaka, Bangladesh](#)

- [UN Refugee Agency](#)

P.O. Box 3474

1000 Dhaka, Bangladesh

Tel: 8802 5505 1946~1952

Email: BGDDA@unhcr.org

The UN Refugee Agency is trying to put psychosocial support into the general healthcare system and to provide support programs in communities. They are training Bangladeshi psychologists to be able to properly give support.

XI. Media

➤ *The links below provide information on media in Bangladesh.*

- [Bangladesh Profile - Media](#)
- [Media Landscapes - Bangladesh](#)
- [Mass Media in Bangladesh](#)
- [Media Industry of Bangladesh - The Way Forward](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on government, embassies and consulates in Bangladesh.*

- [What Type of Government Does Bangladesh Have?](#)
- [Bangladesh - Government](#)

- [Provisional Government of Bangladesh](#)
- [List of Diplomatic Missions in Bangladesh and Bangladeshi Diplomatic Missions Abroad](#)
- [Bangladeshi Embassies and Consulates](#)
- [Embassies of Bangladesh](#)
- [List of Diplomatic Missions of Bangladesh](#)

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in Bangladesh.*

- [World Health Organization - Bangladesh](#)
- [CDC - Bangladesh](#)
- [CDC Travelers' Health - Bangladesh](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click on the links below for information on medical organizations/hospital and physician resources in Bangladesh.*

- [Online Medical Consultation in Bangladesh](#)
- [Association of Physicians of Bangladesh](#)
- [Doctors in Bangladesh](#)
- [Best Hospitals in Bangladesh](#)
- [List of all Hospitals in Bangladesh](#)
- [List of Government Hospitals in Bangladesh](#)

- [List of Hospitals in Bangladesh](#)
- [U.S. Embassy in Bangladesh - Medical Assistance](#)
- [Healthcare System in Bangladesh - Improvements Despite Poverty](#)

Burn Care in Bangladesh

- [Sheikh Hasina National Institute of Burn and Plastic Surgery](#)
 - 63, AHM Kamruzzaman Sharani, Chankharpul
Dhaka
- [Dhaka Medical College](#)
 - Secretariat Road, Shahbagh
Dhaka
Tel: 55165130-43
Fax: 55165031
Email: dmch@hospi.dghs.gov.bd
Dhaka has a 2600-bed teaching hospital as Dhaka Medical College Hospital (DMCH) within the same compound. It is a tertiary referral hospital. It has a 300-bed facility dedicated for burn and plastic surgery. It was the largest burn unit of the country until Sheikh Hasina National Institute of Burn and Plastic Surgery was set.
- [Chattogram Medical College](#)
 - 57 K.B. Fazlul Kader Road
Chattogram 4203
Tel: (+880) 1 705 657650
Tel: 031 630176
Fax: 031 610022
Email: cmch@hospi.dghs.gov.bd

CHINA

Overview

Good medical facilities are available, and there are many western-trained physicians in Hong Kong. Prescription drugs are widely available although may have different names than those in the U.S. Emergency services response time is good. Doctors and hospitals require immediate cash payment for health services and generally do not accept credit cards.

Medical facilities with international staffs are available in Beijing, Shanghai, Guangzhou and a few other large cities. Many other hospitals in major Chinese cities have so-called VIP wards (aka Gaogan Bing Fang). These feature reasonably up-to-date laboratory and imaging facilities. The physicians in these centers are generally well-trained. Most VIP wards also provide medical services to foreigners and have English-speaking doctors and nurses. Most hospitals in China will not accept medical insurance from the United States, with the exception of the following hospitals, which are on the [Blue Cross Blue Shield's](#) worldwide network providers - overseas network hospitals' list: Hong Kong Adventist Hospital, Beijing United Family Hospital, Beijing Friendship Hospital, International Medical Center in Beijing, and Peking Union Medical Center.

Cash payment for services is often demanded before a patient is seen and treated, sometimes even in cases of emergency. Travelers will be asked to post a deposit prior to admission to cover the expected cost of treatment. Hospitals in major cities may accept credit cards for payment. Even in the VIP/foreigner wards of major hospitals, however, patients have encountered difficulty due to cultural, language, and regulatory differences. Physicians and hospitals have sometimes refused to supply foreign patients with complete copies of their Chinese hospital medical records, including laboratory test results, scans, and X-rays.

Quality of Care

Even in private hospitals or public hospitals with well-equipped wards, foreign patients frequently encounter challenges due to cultural, language, and regulatory differences. Rural areas have rudimentary facilities and inadequate staffing. Additionally, Rh-negative blood may be difficult to obtain; the most common blood type of the general Asian populace is Rh positive.

Payment and Insurance

Hospitals in major cities may accept credit cards. The U.S. Embassy and Consulates General in China maintain lists of local English-speaking doctors and hospitals. U.S. Medicare does not apply overseas. Make sure your health insurance plan provides coverage overseas. Most care providers overseas only accept cash payments. Supplemental insurance to cover medical evacuation is recommended.

Medication

If traveling with prescription medication, check with the Embassy of the People's Republic of China to ensure the medication is legal in China. Carry prescription medication in original packaging, along with the prescription. Many commonly-used foreign drugs and medications are not available in China, and counterfeit, low-quality knockoffs are prevalent. If you try to have medications sent to you from outside China, you may have problems getting them released by Chinese Customs and/or you may have to pay high customs duties.

Air Quality

Air pollution is a significant problem in many locations. The U.S. Embassy in Beijing and the U.S. Consulates in Chengdu, Guangzhou, Shanghai, and Shenyang make air quality data available to the U.S. citizen community. The Chinese Ministry of Environmental Protection provides its own air quality data for cities throughout China. Most roads and towns in Tibet, Qinghai, parts of Xinjiang, and western Sichuan are situated at altitudes over 10,000 feet. Take appropriate precautions to prepare for and be alert to altitude sickness.

Disease

The following diseases are prevalent: influenza, typhoid, measles, hepatitis A, hepatitis B, tuberculosis

I. Funding and Charity/Non-Profit Information

- *Click on the links below for information on funding and charity/non-profits in China.*
 - [Global Policy Watch - China Implements New Charity Law](#)
 - [Non-Profit Law in China](#)
 - [China Crowdfunding Campaigns](#)
 - [Global Giving - China](#)
 - [List of Charities in China](#)

II. Visas

- *The links below provide information on visas in China.*
 - [Latest China Visa News](#)

- [China Visa](#)
- [Fill Online China Application Form](#)

III. Guides and interpreters

➤ *Click the links below for information on guides and Interpreters in China.*

- [List of Translators and Interpreters in China](#)
- [China Interpreters and Translators](#)
- [China Interpreters and Personal Assistants](#)

IV. Transportation

➤ *The links below provide information on transportation in China.*

- [Transport in China](#)
- [China City Guide](#)
- [The Best Ways to Go to China and Travel Around](#)
- [China Fast Transportation Guide](#)
- [Transportation in China](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information on humanitarian aid/emergency relief organizations.*

- [UNICEF China](#)
12 Sanlitun Lu
Beijing 100600
Tel: 86 10 8531.2600
Email: beijing@unicef.org

- [UNICEF Hong Kong](#)
7th Floor, SUP Tower,
75-83 King's Road
Hong Kong
Tel: 2833 6139
Fax: 2834 0996
- [World Health Organization - Hong Kong \(China\)](#)
21/F Wu Chung House, 213 Queen's Road East,
Wan Chai, Hong Kong
Tel: (+852) 2961 8989
Email: enquiries@dh.gov.hk
- [Hong Kong Red Cross](#)
19 Hoi Ting Road, West Kowloon,
Hong Kong
Tel: 2802 0021
Fax: 2802 7359
Email: info@redcross.org.hk
- [China Red Cross](#)
Beijing, China, 100007
Tel: 86-10-65139999
Fax: 86-10-64060566
E-mail: Rcsc@chineseredcross.org.cn
- [Doctors Without Borders China](#)

VI. Host Families/Accommodations

- *Click on the links below for information on host families and accommodations in China.*
- [Homestay China](#)
- [Homestay Host Families in China](#)
- [Opportunity China - Host Families](#)

VII. Food, Clothing, and Entertainment

➤ *The links below provide information on food, clothing and entertainment in China.*

- [Food in Chinese Culture](#)
- [What to Eat in China - A Travers' Guide](#)
- [Traditional Chinese Clothing](#)
- [The Chinese Fashion Designers You Should Know](#)
- [Entertainment in China](#)
- [Entertainment in China](#)

VIII. Education

➤ *The links below provide information on education in China.*

- [China Education Guide](#)
- [A Comprehensive Guide About the Education System and International Schools](#)
- [Education in China](#)
- [China Education Stats](#)
- [Education in China](#)

IX. Socialization

➤ *Click on the links below for information on socialization in China.*

- [Guide to Chines Culture, Business Practices and Etiquette](#)
- [How to Host Chinese and Be a Guest in China](#)
- [Countries and Their Cultures - China](#)

X. Psychological Support

➤ *The links below provide information on psychological support in China.*

- [Psychotherapy in China](#)
- [Psychotherapy in China - Western and Eastern Perspectives](#)
- [Therapists in China](#)
- [Chinese Psychological Society](#)

XI. Media

➤ *The links below provide information on media in China.*

- [Press Reference - Media](#)
- [China Profile - Media](#)
- [Media in China](#)
- [China Newspapers, Broadcast, Internet and Magazines Media](#)
- [Mass Media in China](#)

XII. Government, Embassies and Consulates

➤ *Click on the links below for information on government, embassies and consulates in China.*

- [U.S. Embassy and Consulates in China](#)
Beijing
No. 55 An Jia Lou Lu 100600
Tel: (86-10) 8531-3000

- [**U.S. Consulate General Hong Kong and Macau**](#)
 26 Garden Road
 Hong Kong
 Tel: (852) 2523-9011
 Fax: (852) 2845-1598
 Email: information_resource_center_hk@yahoo.com

- [**U.S. Consulate General Guangzhou**](#)
 Huaxia Road, Zhujiang New Town
 Tianhe District
 Guangzhou, China
 Tel: (020) 3814-5000

- [**U.S. Consulate General Shanghai**](#)
 1469 Huai Hai Zhong Road
 200031 Shanghai China
 Tel: (86-21) 6433-6880

- [**U.S. Consulate General Shenyang**](#)
 52, 14th Wei Road, Heping District
 110003 China
 Tel: (86) 24 2322-1198

- [**U.S. Consulate General Wuhan**](#)
 New World International Trade Tower I
 No. 568, Jianshe Avenue
 Hankou, Wuhan 430022
 Tel: 027-8555-7791

- [**Chinese Embassy in the U.S.**](#)
 3505 International Place, NW
 Washington DC, 20008
 Tel: (202) 495-2266
 Fax: (202) 495-2138
 Email: chinaembpress_us@mfa.gov.cn

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in China.*

- [CDC Travelers' Health China](#)
- [CDC Global Health - China](#)
- [World Health Organization - China](#)
- [Public Health Education at China's Higher Education Institutions](#)
- [China Medical Board - Health Professional Education](#)

XIV. Medical Organizations/Hospital and Physician Resources

Medical facilities with international staff are available in Beijing, Shanghai, Guangzhou and a few other large cities. Many other hospitals in major Chinese cities have so-called VIP wards (aka gaogan bingfang). These feature reasonably up-to-date laboratory and image facilities. The physicians in these centers are generally well-trained. Most VIP wards also provide medical services to foreigners and have English-speaking doctors and nurses. Most hospitals in China will not accept medical insurance from the United States, with the exception of the following hospitals, which are on the [Blue Cross Blue Shield's worldwide network providers - overseas network hospital's list](#). Cash payment for services is often demanded before a patient is seen and treated, sometimes even in cases of emergency. Travelers will be asked to post a deposit prior to admission to cover the expected cost of treatment. Hospitals in major cities may accept credit cards for payment. Even VIP/foreigner wards of major hospitals have sometimes refused to supply American patients with complete copies of their Chinese hospital records, including laboratory test results, scans, and x-rays.

➤ *The links below provide information on medical organizations/hospital and physicians resources.*

- [U.S. Embassy and Consulates in China - Medical Assistance](#)
- [U.S. Consulate General Hong Kong and Macau - Medical Assistance](#)
- [China's Health Care](#)

Burn Care in China

➤ **Ruijin Hosital, Shanghai**

- Room 525, Office Building of Fantasy Time
Xinhua District, Shijiazhuang City
Hebei Province
Tel: (+86) 031189103937

➤ **Beijing Jishuitan Hospital**

- 31 Xijiekou East Street
Xicheng District
Beijing

➤ **Burns and Trauma - Chinese Burn Medicine**

- Professor Li Ao was one of the founders of Chinese burn medicine and one of the most renowned doctors and researchers of burns in China. He established one of the Chinese earliest special departments for burns at Third Military Medical University (TMMU).

➤ **Asia Pacific Burn Association (APBA)**

- Seth G S Medical College and KEM Hospital
Parel, Mumbai 400012. INDIA
Email: secretaryapba@gmail.com
Contact: Professor Vinita Puri, Honorary Secretary, APBA; Head, Department of Plastic, Reconstructive Surgery and Burns
APBA is a non-profit organization that aims for improvement in burn care in the Asia Pacific Region which is defined to include, but not limited to, the following countries: Afghanistan, Australia, Bangladesh, Bhutan, Cambodia, China, Hong Kong (China), India, Indonesia, Iran, Iraq, Israel, Japan, Laos, Malaysia, Myanmar, New Zealand, Nepal, Pakistan, Philippines, Russia, Singapore, South Korea, Sri Lanka, Thailand, Taiwan, Turkey and Vietnam.

INDIA

Overview

The quality of medical care in India varies considerably. Medical care available in the major population centers approaches and occasionally meets western standards, but adequate medical care is usually very limited in rural areas.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity/non-profits in India.*

- [Smile Foundation](#)
- [10 NGOs That Have Revolutionized Healthcare in India](#)
- [HelpAge India](#)

II. Visas

➤ *The links below provide information on visas in India.*

- [India eVisa](#)
- [Apply Online for Indian Visa](#)
- [India Visa](#)
- [Authorized Portal for Visa Application to India](#)

III. Guides and Interpreters

➤ *The links below provide information on guides and interpreters in India.*

- [India Guide](#)
- [Indian Translators Association](#)

- [Translation Agencies in India](#)
- [Professional Translation Company India](#)
- [India Translators Association](#)
- [Translation in India](#)
- [Translation Services in India, In Every Language](#)

IV. Transportation

➤ *The links below provide information on transportation in India.*

- [India Travel Guide](#)
- [Air Ambulance Services for India](#)
- [India Travel Guide](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click the links below for information on humanitarian aid/emergency relief organizations in India.*

- [UNICEF - India](#)
- [Indian Red Cross Society](#)
- [Doctors Without Borders - India](#)

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families and accommodations in India.*

- [Homestay - India](#)
- [AFS India](#)

- [Home Stay India - Kerata](#)
- [Homestay Host Families in New Delhi, India](#)
- [Become an Au Pair and Find Host Families from India](#)

VII. Food, Clothing and Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in India.*

- [India Dining Etiquette - The Dos and Don'ts](#)
- [Customs and Etiquette in Indian Dining](#)
- [List of Indian Dishes](#)
- [Indian Cuisine](#)
- [What Are Examples of Traditional Indian Clothing?](#)
- [Clothing in India](#)
- [What do People do for Entertainment in India?](#)
- [Arts and Entertainment in Vietnam](#)

VIII. Education

➤ *The links below provide information on education in India.*

- [Education in India](#)
- [Education in India - Statistics and Facts](#)
- [Education System in India](#)
- [India Education Stats](#)
- [Education in India](#)

IX. Socialization

➤ *Click on the links below for information on socialization in India.*

- [eDiplomat - India](#)
- [Culture Crossing Guide - India](#)
- [Culture of India](#)
- [Culture of India](#)

X. Psychological Support

➤ *Click on the links below for information on psychological support in India.*

- [Therapists in India](#)
- [Therapy Route - Therapists in India](#)
- [Psychology India - Find a Therapist](#)
- [Counsel India](#)
- [Bharatiya Counselling Psychology Association](#)

XI. Media

➤ *The links below provide information on media in India.*

- [India Media Directory](#)
- [India Profile - Media](#)
- [Press Reference - India](#)
- [Media of India](#)

XII. Government, Embassies and Consulates

➤ *Click on the links below for information on government, embassies and consulates in India.*

- [What Type of Government Does India Have?](#)

- [Government of India](#)

- [Government of India](#)

- [National Portal of India](#)

- [Government of India](#)

- [U.S. Embassy and Consulates in India](#)

Shanti Path Chanakya Puri 110021

Tel: (+91) 11 2419-8000

Fax: (+91) 11 2419-8407

- [Embassy of India in the U.S.](#)

2107 Massachusetts Ave, NW

Washington, DC 20008

Tel: (202) 939-7000

Fax: (202) 265-4351

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in India.*

- [World Health Organization - India](#)

- [CDC Travelers' Health - India](#)

- [CDC in India](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *The links below provide information on medical organizations/hospital and physician resources in India.*

- [U.S. Embassy in India - Medical Assistance](#)
- [International Health Care System Profiles - India](#)
- [Doctor Directory India](#)
- [List of Doctors in India](#)
- [Best Hospitals - India](#)
- [List of Hospitals in India](#)

Burn Care in India

➤ [Bihar Burn and Trauma Research Center](#)

- Pvt. Ltd. 2C / 161
New Patliputra Colony
Patna – 800 013, Bihar
Tel: (+91) 120 254-4000 / 650-0603
Tel: (+91) 965- 006-9488
Email: info@burntreatment.in

➤ [National Burns Center](#)

- Sector – 13, Plot No. 1
Samarth Ramdas Swami Marg
Airoli, Navi Mumbai – 400 078
Tel: (+91) 22 2779 6660/61/62/63
Fax: (+91) 22 2779 4227
Email: nbcairoli@gmail.com, researchnbc@gmail.com

➤ [Skin Donation](#)

- Tel: (+91) 22-2779
Tel: (+91) 22 2779-3333 (24 Hour Helpline)
Email: skinbanknbc1@gmail.com

- **National Academy of Burns India**
- Department of Burns and Plastic Surgery
Room Number 321
Administrative Block PGI Building
Dr RML Hospital, Baba Khark Singh Marg
New Delhi 110001
Tel: 9868188591
Email: nabi.secretary.india@gmail.com

INDONESIA

Overview

The general level of sanitation and health care in Indonesia is far below U.S. standards. Some routine medical care is available in all major cities, although most expatriates leave the country for serious medical procedures. Psychological and psychiatric medical and counseling services are limited throughout Indonesia. Serious medical problems requiring hospitalization and/or medical evacuation to locations with acceptable medical care, such as Singapore, Australia, or the United States, can cost thousands of dollars. Doctors and hospitals often expect immediate cash payments or sizable deposits for health services.

I. Funding and Charity/Non-Profit Information

- *Click on the links below for information on funding and charity/non-profits in Indonesia.*
 - [Non-Profit Law in Indonesia](#)
 - [11 Charities That Make Indonesia a Better Place](#)
 - [Bali NGOs and Community Projects](#)
 - [Indonesia Crowdfunding Campaigns](#)
 - [Setting Up a Foundation in Indonesia](#)
 - [Giving Back - Opportunities to Support Indonesian Social Welfare Efforts](#)
 - [Charity and Donation Organizations in Jakarta](#)

II. Visas

- *Click on the links below for information on visas in Indonesia.*
 - [Bali Visa and Immigration](#)
 - [How to Get Indonesia Visa, Fees, Requirements and Types](#)

- [Indonesia e-Visa Online](#)

III. Guides and interpreters

➤ *Click on the links below for information guides and interpreters in Indonesia.*

- [Interpreters Travel - Jakarta, Indonesia](#)
- [Indonesian Interpretation Services](#)
- [Interpreting Services in Indonesia](#)

IV. Transportation

➤ *Click on the links below for information on transportation in Indonesia.*

- [How to Get Around Indonesia](#)
- [Explore Indonesia](#)
- [Public Transport - Tips On Getting Around Indonesia](#)
- [Transport in Indonesia](#)
- [Indonesia - Transportation](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information on humanitarian aid/emergency relief organizations in Indonesia.*

- [Indonesia Red Cross Society](#)
Jl. Jenderal Gatot Subroto Kav. 96
12790 Jakarta Selatan
P.O. Box 20
Jakarta Selatan
Tel: (+62) 21 7992325
Fax: (+62) 21 7995188
Email: pmi@pmi.or.id
- [Doctors Without Borders - Indonesia](#)
- [UNICEF - Indonesia](#)

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families and accommodations in Indonesia.*

- [AFS Host Families Indonesia](#)
- [Homestay Host Families in Jakarta, Indonesia](#)
- [Homestay Indonesia](#)

VII. Food, Clothing and Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in Indonesia.*

- [What to Eat When Visiting Indonesia](#)
- [Indonesian Recipes and Indonesian Food](#)
- [Indonesian Cuisine](#)

- [Indonesia - History and Food/Recipes](#)
- [Indonesian Cuisine](#)

VIII. **Education**

➤ *Click on the links below for information on education in Indonesia.*

- [The Indonesian Education System - An Overview](#)
- [History of Education in Indonesia](#)
- [Indonesia Education Stats](#)
- [Education in Indonesia](#)

IX. **Socialization**

➤ *Click on the links below for information socialization in Indonesia.*

- [Indonesia - Culture, Etiquette and Business Practices](#)
- [Indonesia - Diversity, Religion and Values](#)
- [Indonesia Etiquette - How You Can Avoid Causing Offense](#)

X. **Psychological Support**

➤ *The links below provide information on psychological support in Indonesia.*

- [Indonesia Wellness - Counseling and Education Center](#)
- [Indonesian Psychological Association](#)
- [Therapists in Indonesia](#)

XI. Media

➤ *Click on the links below for information on media in Indonesia.*

- [Indonesia Newspapers, Media, Broadcast News, Magazines](#)
- [Press Reference - Indonesia](#)
- [Mass Media in Indonesia](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on government, embassies and consulates in Indonesia.*

- [What Kind of Government Does Indonesia Have?](#)
- [Indonesian Embassies and Consulates](#)
- [List of Diplomatic Missions in Indonesia and Indonesian Diplomatic Missions Abroad](#)
- [U.S. Embassy and Consulates in Indonesia](#)
Jl. Medan Merdeka Selatan 4-5
Jakarta 10110
Tel: (021) 350-8467
Fax: (021) 350-8466
- [The Embassy of the Republic of Indonesia in the U.S.](#)
2020 Massachusetts Ave, NW
Washington, DC 20036
Tel: (202) 775-5200
Fax: (202) 775-5365

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in Indonesia.*

- [World Health Organization Indonesia](#)

- [CDC Travelers' Health Indonesia](#)
- [CDC Good Health - Indonesia](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click on the links below for information medical organizations/hospital and physician resources in Indonesia.*

- [Medical Practices, Medical Clinics and Medical Facilities in Indonesia](#)
- [Healthcare in Indonesia](#)
- [Explore Top Medical Specialists in Indonesia](#)
- [Healthcare in Indonesia](#)
- [Hospitals in Jakarta](#)
- [Hospital in Indonesia](#)
- [Jakarta's Best International Hospitals](#)
- [List of Hospitals in Indonesia](#)
- [Jakarta Islamic Hospital](#)
Rumah Sakit Umum AL-FAUZAN
Jl. Pedati No.3 Kramat Jati East Jakarta
Tel. (+021) 8402821
Fax. (+021) 87780318
- [Dr. Cipto Mangunkusumo Hospital](#)
Jl. Diponegoro No.71, Salemba
Jakarta, Indonesia
Tel: (+021) 1500135
- [Faculty of Medicine Universitas Indonesia](#)
Tel: (+021) 31930373, 31930371, 3912477, (021) 3912477
Email: office@fk.ui.ac.id

ISRAEL

Overview

Modern medical care and medicines are available in Israel. Some hospitals in Israel and most hospitals in the West Bank and Gaza, however, fall below U.S. standards. Travelers can find information in English about emergency medical facilities and after-hours pharmacies in the *Jerusalem Post* and the English language edition of *Ha'aretz* newspapers.

I. Funding and Charity/Non-Profit Information

➤ *Click the link below for information on funding and charity/non-profit information.*

- [Yad Eliezer - Breaking the Cycle of Poverty in Israel](#)
- [Go Get Funding - Israel Crowdfunding Campaigns](#)
- [Israel Gives](#)
- [IsraAID](#)
- [Israeli Flying Aid](#)
- [Save a Child's Heart](#)
- [B'Nai B'Rith International](#)
- [Friends of Yad Sarah](#)

II. Visas

➤ *Click the link below for information on visas in Israel.*

- [Israel Visa](#)
- [Ministry of Foreign Affairs](#)
- [Visas for Israel](#)

- [A Guide to Visa Types and Work Permits in Israel](#)

III. Guides and Interpreters

➤ *Click the link below for information on guides and interpreters in Israel.*

- [Alpha Omega Translations](#)
- [Israel Translation Services in Every Language](#)
- [World Interpreting - Israel](#)

IV. Transportation

➤ *Click the link below for information on transportation in Israel.*

- [Israel - Transportation Buses, Trains and Taxis](#)
- [Transport and Driving in Israel](#)
- [Israel - Transportation](#)
- [Transport in Israel](#)
- [Transportation in Israel](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *The links below provide information on humanitarian aid/emergency relief organizations in Israel.*

- [Air Ambulance - Israel](#)
- [Magen David Adom National Rescue Organization](#)
- [UNICEF - Israel](#)

VI. Host Families/Accommodations

➤ *The links below provide information on host families and accommodations in Israel.*

- [Homestay - Israel](#)
- [Homestay Host Families in Tel Aviv](#)
- [Homestay Host Families in Israel](#)
- [Au Pairs - Israel](#)
- [Israel-Asia Center - Host Families](#)

VII. Food, Clothing, and Entertainment

➤ *The links below provide information on food, clothing and entertainment in Israel.*

- [Israeli Cuisine](#)
- [Bring the Tastes of Israel Into Your Kitchen](#)
- [List of Restaurants in Israel](#)
- [The Israeli Cuisine - A Total Sensational Craze](#)
- [What Clothes do They Wear in Israel?](#)
- [Israeli Fashion](#)
- [Your Ultimate Guide to Israel](#)
- [Entertainment in Israel](#)
- [Entertainment, Fun and Pleasure in Israel](#)

VIII. Education

➤ *The links below provide information on education in Israel.*

- [Education in Israel](#)
- [Education System in Israel](#)
- [Israel Education Stats](#)
- [A Guide to Education and International Schools in Israel](#)
- [Ministry of Foreign Affairs](#)
- [Weizmann Institute of Science](#)

IX. Socialization

➤ *Click on the links below for information on socialization in Israel.*

- [Israel - Culture and Tradition](#)
- [Culture of Israel](#)
- [Countries and Their Cultures - Israel](#)

X. Psychological Support

➤ *Click on the links below for information on psychological support in Israel.*

- [Psychologists/Psychotherapists](#)
- [Therapists in Israel](#)
- [Ministry of Health - Psychology Licensure](#)
- [Get Help Israel](#)

XI. Media

➤ *Click on the links below for information on media in Israel.*

- [Israel Newspapers, News Media, Broadcast News, Magazines](#)
- [Israel Profile - Media](#)
- [Mass Media in Israel](#)

XII. Government, Embassies, and Consulates

➤ *Click on the links below for information on government, embassies and consulates in Israel.*

- [Israel - 26 Government Ministries](#)
- [Israeli System of Government](#)
- [Embassy Worldwide - Israel](#)
- [Embassies of Israel](#)
- [List of Diplomatic Missions in Israel](#)
- [Israeli Embassies and Consulates](#)
- [Israel Embassies and Consulates](#)
- [U.S. Embassy in Israel](#)

David Flussr Jerusalem
9378322
Tel: 02 630 4000
Branch Office Tel Aviv
71 Hayarkon Street
Tel Aviv, Israel
Tel: 03 519 7575

- [The Embassy of Israel to the United States](#)
3514 International Drive, NW
Washington, DC 20008
Tel: (202) 364-5500
Fax: (202) 364-5423
Email: info@israelemb.org

XIII. Health/Education Organizations

➤ *Click on the links below for information health/education organizations in Israel.*

- [World Health Organization - Israel](#)
- [CDC Travelers' Health - Israel, Including the West Bank and Gaza](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click on the links below for information on medical organizations/hospital and physician resources.*

- [Doctors in Israel](#)
- [Find a Doctor in Israel](#)
- [Israeli Hospitals and Medical Centres](#)
- [Israel Medical Sciences Directory](#)
- [World's Best Hospitals - Israel](#)
- [List of Hospitals in Israel](#)
- [Rabin Medical Center - Beilinson and Hasharon](#)
- [Herzog Medical Center](#)
- [The Best Doctors in Israel - Online Medical Advice](#)

Israel Burn Care

➤ **MediWound Ltd.**

- 42 Hayarkon Street
Yavne, Israel 8122745.
Tel: (+972) 77 9714100
Fax: (+972) 77 9714111
Email: info@mediwound.com

➤ **Sheba Medical Center - Burn Intensive Care Unit**

- Derech Sheba 2
Ramat Gan
Tel: (+972) 77 230 5883 (Medical Tourism Division)
Fax: (+972) 3 5308040
Email: medical.tourism@sheba.health.gov.il

JAPAN

Overview

While medical care in Japan is good, English-speaking physicians and medical facilities that cater to Americans' expectations are expensive and not widespread. Japan has a national health insurance system which is available only to those foreigners with long-term visas for Japan. National health insurance does not pay for medical evacuation or medical care outside of Japan. Medical caregivers in Japan require payment in full at the time of treatment or concrete proof of ability to pay before treating a foreigner who is not a member of the national health insurance plan.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity/nonprofits in Japan.*

- [Non-profit Law in Japan](#)
- [Japan Charities - Volunteer Opportunities](#)
- [Japan Crowdfunding Campaigns](#)
- [Japan Heart](#)

Japan Heart is an international health care organization. In addition to medical intervention, the operations include: training local health care professionals, improving elementary and middle school infirmaries, running a facility to protect orphaned children, and more.

II. Visas

➤ *Click on the links below for information on visas in Japan.*

- [Ministry of Foreign Affairs of Japan - Visa for Medical Stay](#)
- [Japan Online Visa](#)
- [Japan Health Declaration Code](#)
- [Japan E-Visa](#)

III. Guides and interpreters

- Click on the links below for information on guides and interpreters in Japan.
 - [List of Japanese Interpreting and Translation Associations](#)
 - [Interpreters Travel - Tokyo, Japan](#)
 - [Interpreting Services in Japan](#)
 - [Japan Association of Translators](#)
 - [Licensed Guide Interpreters System](#)

IV. Transportation

- Click on the links below for information on transportation in Japan.
 - [Public Transport in Japan - Statistics and Facts](#)
 - [Japan Guide - Trains](#)
 - [Japan Guide - Transportation](#)
 - [Guide to Rail Travel in Japan](#)
 - [Japan Travel - Transportation](#)
 - [Transportation in Japan](#)
 - [Transport in Japan](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *The links below provide information on humanitarian aid/emergency relief organizations in Japan.*

- [Japanese Red Cross](#)
1-3 Shiba Daimon
1-Chome
Minato-ku
Tel: (+81) 3 3437 7087
Fax: (+81) 3 6679 0785
Email: kokusai@jrc.or.jp

- [Doctors Without Borders - Japan](#)
MSF Japan
3rd Fl. FORECAST Waseda FIRST
1-1 Babashitacho
Shinjuku-ku, Tokyo 162-004500
Tel: (+81) 3 5286 6123
Tel: 00 81 3 5286 6124
Email: office@tokyo.msf.org

- [UNICEF - Japan](#)
4-6-12, Takanawa
Minato-ku, Tokyo
108-8607 Japan
Country code 81
City code 3
Tel: (+81) 3 5789.2011 - Administration
Fax: (+81) 3 5789.2032
Headquarters:
8th Floor
UN House
53-70, Jingumae 5-chome
Shibuya-ku, Tokyo 150-0001, Japan
Tel: (+81) 3 5467.4431
Fax: (+81) 3 5467.4437
Email: tokyo@unicef.org

- [World Health Organization - Japan](#)
- [International Committee of the Red Cross](#)

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families/accommodations in Japan.*

- [Homestay Japan](#)
- [Your Home in Japan](#)
- [Host Family in Japan](#)
- [Homestay - Live with a Japanese Host Family](#)

VII. Food, Clothing, and Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in Japan.*

- [Japan Guide - Food and Drink](#)
- [Food in Every Country - Japan](#)
- [Japanese Cuisine](#)
- [Traditional Japanese Clothing](#)
- [Japanese Clothing](#)
- [Entertainment in Japan](#)

VIII. Education

➤ *Click on the links below for information on education in Japan.*

- [Interesting Facts About Japanese School System](#)

- [The Japanese Education System - Similarities and Difference to the Western World](#)
- [Japanese Educational System](#)
- [Education in Japan](#)
- [Education Top Performing Countries - Japan](#)

IX. **Socialization**

➤ *Click on the links below for information on socialization in Japan.*

- [Interesting Facts About Japanese School System](#)
- [Guide to Japanese Culture, Business Practices and Etiquette](#)
- [Japanese Cultures, Customs and Traditions](#)
- [Inside Japan - Social Conventions](#)

X. **Psychological Support**

➤ *The links below provide information on psychological support in Japan.*

- [Counseling in Japan](#)
- [The 5 Keys of Japanese Psychology](#)
- [Counseling Services in Japan Recommended for English Speakers](#)
- [Introducing Christian Counseling for Japan](#)
- [TELL Counseling](#)

TELL is a non-profit organization dedicated to providing world-class, effective support and counseling services to Japan's international community as well as helping to address the country's growing mental health care needs.

XI. Media

➤ *The links below provide information on media in Japan.*

- [Japan Newspapers, News, Internet and Magazine Media](#)
- [Japan Media Stats](#)
- [Mass Media in Japan](#)
- [A Partial Guide to Newspapers in Japan](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on government, embassies and consulates in Japan.*

- [Japan - Government](#)
- [What Type of Government Does Japan Have?](#)
- [About Japan - General Information](#)
- [Japan Guide - Government](#)
- [Government of Japan](#)
- [Japanese Embassies and Consulates](#)
- [Japan Embassies and Consulates](#)
- [Embassies and Consulates in Japan](#)
- [U.S. Embassy and Consulates in Japan](#)

U.S. Embassy Tokyo 1-10-5 Akasaka Minato-ku,
Tokyo 107-8420 Japan
Tel: 03-3224-5000

- [Embassy of Japan in the United States of America](#)
2520 Massachusetts Avenue, N.W.
Washington, DC 20008
Tel: (202) 238-6700 (Main)
Tel: (202) 238-6800 (Visa)

XIII. Health/Education Organizations

➤ *The links below provide information on health/education organizations in Japan.*

- [CDC - Travelers' Health Japan](#)
- [World Health Organization - Japan](#)
- [Asia Pacific Observatory on Health Systems and Policies](#)
- [Japan Health System Review](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *The links below provide information on medical organizations/hospital and physician resources.*

- [International Health Care System Profile - Japan](#)
- [Best Hospitals - Japan](#)
- [List of Hospitals in Japan](#)
- [Japan Medical Association](#)
- [Wikipedia - Japan Medical Association](#)

Burn Care in Japan

- [Organization Chukyo Hospital](#)
- Nagoya-shi, Aichi, Japan 457-8510
Tel: (+81) 52-691-7151

- [The Tokyo Bun Unit Association \(TBUA\)](#)
 - Established in 1983, TBUA is funded by the Tokyo Metropolitan Government and contains a registry of 14 bun centers.

MIDDLE EAST

The Middle East is generally seen as 17 countries in Southwest Asia and Northern Africa. As a rapidly growing area, some countries in the Middle East have a large number of expats from all over the world. Thus new, state-of-the-art hospitals and hi-tech treatment is available in many areas. However, in most cases, medical insurance is necessary. There are also many countries with widespread instability and in these places, healthcare is less available due to a lack of funding as well as medical personnel. Travelers to the Middle East should be sure that they have the necessary vaccinations to contend with possible disease risks and should also ensure that they have necessary health insurance to cover them should they have medical needs during their travel.

I. **Funding and Charity/Non-Profit Information**

➤ *The links below provide information on funding and charity/non-profits in the Middle East.*

- [Middle East Children's Alliance](#)
- [Middle East Relief Fund](#)

II. **Visas**

➤ *Click on the link below for information on Visas in the Middle East.*

- [Visa and Embassy Information for Middle East](#)

III. **Guides and Interpreters**

➤ *The link below provides information on guides and interpreters in the Middle East.*

- [Medical Translation Languages of the Middle East](#)

IV. Transportation

➤ *Click on the links below for information on transportation in the Middle East.*

- [WikiTravel - The Middle East](#)
- [Middle East and Africa Travel and Transportation Services](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *The links below provide information on humanitarian aid and emergency relief organizations in the Middle East.*

- [Red Cross Stories - Middle East and North Africa](#)
- [Doctors Without Borders - Syria](#)
- [UNICEF - Middle East and North Africa](#)

VI. Host Families/Accommodations

➤ *Click on the link below for information on host families and accommodations in the Middle East.*

- [Host Families Middle East and Central Asia](#)

VII. Food, Clothing and Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in the Middle East.*

- [Middle Eastern Recipes](#)
- [Middle East Food Forum](#)
- [Traditional Clothing of the Middle East](#)
- [Entertainment in the Middle East](#)

VIII. Education

➤ *The link below provides information on education in the Middle East.*

- [Education in the Middle East and North Africa](#)

IX. Socialization

➤ *Click the link below for information on socialization in the Middle East.*

- [Middle Eastern Culture and Cuisine](#)

X. Psychological Support

➤ *Click the link below for information on psychological support in the Middle East.*

- [Middle East Psychological Association](#)
- [Psychology Middle East](#)

XI. Media

➤ *Click the link below for information on media in the Middle East.*

- [Middle East Media and Sites](#)

XII. Government, Embassies and Consulates

➤ *The link below provides information on government, embassies and consulates in the Middle East.*

- [Types of Government in the Middle East](#)

XIII. Health/Education Organizations

- *The links below provide information on health/education organizations in the Middle East.*
 - [World Health Organization - Eastern Mediterranean Region](#)
 - [CDC - Middle East](#)

XIV. Medical Organizations/Hospital and Physician Resources

- *The link below provides information on medical organizations/hospital and physician resources in the Middle East.*
 - [Mediclinic Middle East - Find a Doctor](#)
 - [List of 6,301 Best Doctors in the Middle East](#)

NEPAL

Overview

Medical care in Nepal is extremely limited and is generally not up to western standards. Typical travelers' complaints can be addressed by the clinics in Kathmandu, and some surgeries can also be performed in the capital. However, serious illnesses often require evacuation to the nearest adequate medical facility (in Singapore, Bangkok or New Delhi). Illnesses and injuries suffered while hiking in remote areas often require evacuation by helicopter to Kathmandu. Those trekking in remote areas of Nepal should factor the high costs of a potential helicopter rescue into their financial considerations. Travelers are urged to consider purchasing medical evacuation insurance if they plan to visit remote areas. There is minimal counseling available in Nepal. Americans who need counseling are generally stabilized and transported to the U.S. for care. Medical facilities are often overwhelmed due to insufficient resources, and the emergency services available fall far short of those expected in the U.S.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity/nonprofits in Nepal.*

- [Go Get Funding Hope for Nepal](#)
- [Help for Nepal](#)
- [Chance for Nepal](#)
- [Health Exchange Nepal](#)
- [Education and Health Nepal](#)
- [Doctors for Nepal](#)
- [Community Action Nepal](#)
- [Charity Fund for Nepal](#)
- [Nepal Earthquake Relief and Recovery Fund](#)
- [Feed the Future Nepal](#)

- [Himalayan Healthcare](#)
P.O. Box 737 Planetarium Station
New York, NY 10024, USA
Telephone: (718) 928-4111
Himalayan HealthCare Nepal
P.O. Box 15140
Jawalakhel, Lalitpur, Nepal
Tel: (+977) 1 519 0451/552.8139
The mission of Himalayan HealthCare is to create sustainable development programs in the remote areas of Nepal that will improve the quality of life for its people. Himalayan HealthCare achieves its mission by providing primary healthcare, community education, and income generation programs that enable people to be self-supporting in the long-term.

II. Visas

➤ *The links below provide information on visas in Nepal.*

- [Nepal Visa](#)
- [Nepal Visa Requirements](#)
- [Nepal Tourism Board](#)
- [Nepal Visa Requirements](#)
- [Visa Policy of Nepal](#)

III. Guides and Interpreters

➤ *Click on the links below for information on guides and interpreters in Nepal.*

- [Nepal Interpreters, Translators and Language Facilitators](#)
- [Nepal Interpreters](#)
- [Nepalese Language Translation, Interpreting, Transcription Services](#)

IV. Transportation

➤ *Click on the links below for information on transportation in Nepal.*

- [Medical Air Service - Nepal](#)
Offers three options for medical transportation services in Nepal: (1) A medical repatriation service for when a patient needs to be transferred from Nepal to their home country, (2) Medical repatriation to Nepal, collecting a patient at any time using an air ambulance (either jet or helicopter), no matter where they are in the world, and flying them back to Nepal, accompanied by medical personnel, and (3) Transport patients within Nepal as part of the national air ambulance.
- [Wikitravel - Nepal](#)
- [Travel Transport in Nepal](#)
- [Transportation Service in Nepal](#)
- [Nepal Transportation](#)
- [Top Nepal Travel and Transportation Services](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information on transportation in Nepal.*

- [Red Cross in Nepal](#)
Marg, Kalimati
Tel: (+977) 1 427-2761
Fax: (+977) 1 427-1915, 427-3285
Email: info@nracs.org
- [Doctors Without Borders - Nepal](#)
- [UNICEF - Nepal](#)

VI. Host Families/Accommodations

➤ *The links below provide information on host families and accommodations in Nepal.*

- [Staying with a Host Family in Nepal](#)
- [Homestay Nepal](#)
- [Nepali Host Families](#)
- [Village Stay in Nepal](#)
- [Inspire Nepal - Host Family](#)
- [Au Pair Nepal - Become a Host Family](#)
- [Nepali Host Family](#)

VII. Food, Clothing and Entertainment

➤ *Click the links below for information on food, clothing and entertainment in Nepal.*

- [Nepali Cuisine](#)
- [List of Nepalese Food - Traditional Dishes of Nepal](#)
- [Traditional Foods in Nepal](#)
- [A Guide to the Dishes and Food of Nepal](#)
- [Nepalese Cuisine](#)
- [Clothing in Nepal](#)
- [What Kind of Clothing do People in Nepal Wear?](#)
- [Nepali Entertainment](#)
- [Entertainment and Nightlife in Nepal](#)

VIII. Education

➤ *Click the links below for information on education in Nepal.*

- [UNICEF - Education in Nepal](#)
- [World Education News and Reviews - Education in Nepal](#)
- [Nepal Education Stats](#)
- [Education System in Nepal](#)
- [Nepal - Reaching the Most Disadvantaged Children with Education](#)
- [Nepal Education Foundation](#)
- [Nepal Education Initiative Organization](#)
- [Education in Nepal](#)

IX. Socialization

➤ *Click the links below for information on socialization in Nepal.*

- [Culture of Nepal](#)
- [Nepalese Culture](#)
- [Culture in Nepal](#)

X. Psychological Support

➤ *The links below provide information on psychological support in Nepal.*

- [Nepal Academy of Psychology](#)
- [Counseling Psychology Nepal](#)
- [Nepal Youth Foundation](#)

XI. Media

➤ *Click on the links below for information on media in Nepal.*

- [Nepal Media](#)
- [Nepal Media Stats](#)
- [Mass Media in Nepal](#)

XII. Government, Embassies, and Consulates

➤ *The links below provide information on government, embassies and consulates in Nepal.*

- [The Official Portal of Government of Nepal](#)
- [What Type of Government Does Nepal Have?](#)
- [Government of Nepal](#)
- [Embassies and Consulates in Kathmandu, Nepal](#)
- [List of Diplomatic Missions in Nepal and Nepalese Diplomatic Missions Abroad](#)
- [Nepal Embassies and Consulates](#)
- [U.S. Embassy in Nepal](#)
Maharajgunj Kathmandu, Nepal
Tel: (+977) 1 400-7200
Fax: (+977) 1 400-7272
- [Embassy of Nepal in the U.S.](#)
2131 Leroy Place, NW
Washington, DC 20008
Tel: (202) 667-4550
Fax: (202) 667-5534
E-mail: email@nepalembassyusa.org

XIII. Health/Education Organizations

➤ *Click on the links below on health/education organizations in Nepal.*

- [World Health Organization Nepal](#)
- [CDC - Travelers' Health Nepal Destination](#)
- [CDC - Travelers' Health Nepal](#)
- [CDC - Travelers' Health Healthy Travel Packing List](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *The links below provide information on medical organizations/hospital and physician resources.*

- [Hamro Doctor - Featured Doctors](#)
- [Nepal Medical Association](#)
- [Doctor in Nepal](#)
- [Doctors for Nepal](#)

- **Nepal in Need**
Annapurna, Church Farm Barns,
Lingwood Road, Lingwood Norfolk NR13 4FD
07907662171
Email: catherinemcannuff@gmail.com

Nepal in Need runs three health posts in Eastern Nepal. Two were purpose built and one, Gudel, in Solu district, is run in conjunction with the government as a joint venture. All health posts are open seven days a week and staffed entirely by Nepali health workers. All health posts provide emergency medical assistance, general primary health care, maternal care, drugs, basic dental provision and participate in the government TB, inoculation and family planning programs.

Burn Care in Nepal

➤ **Nepal Cleft and Burn Center**

- U.S. Office
1460 Foothill Drive
Salt Lake City, Utah 84108
Tel: (801) 582-3500
Email: jimla@tibetrugcompany.com

The Nepal Cleft and Burn Center is a 16,000 square foot clinic in Kathmandu. It has become the foremost teaching hospital for burns and cleft palate surgeries in Nepal, providing acute burn care since 2013 with seven intensive care unit beds, 30 general beds, and two dedicated operating rooms. They are fundraising and preparing to open a second center in Itahari, Nepal

➤ **National Academy of Medical Sciences Burn Unit**

- Tel: (+977) 1 4230710 (NAMS)
Tel: (+977) 1 4221119, 4221988, 4222865 (Bir Hospital)
Email: admin@nams.org.np

The burn and plastic surgery unit has 16 beds, including the burn ICU beds. Every year more than 100 severely burned patients used to be admitted in this unit. The unit is currently run by two general surgeons. The WHO Nepal has sponsored a surgeon (Dr. Peeyush Dahal) to have fellowship training in plastic and reconstructive surgery. This unit is also conducting the research in burn care management

➤ **Interburns**

- Haldane Building
Singleton Park, Swansea University
Swansea SA2 8PP, Wales, UK
Email: office@interburns.org

Interburns' Basic Burn Care (BBC) course was delivered to 65 staff from health posts in Janakpur and Makwanpur, Nepal, in 2019. A further 115 female community health volunteers were trained in community burn prevention methods in Janakpur, Makwanpur and Rasuwa, and around 800 members of women's cooperatives attended burn orientation sessions as well as school children.

➤ **Kirtipur Hospital**

- Devdhoka, Kirtipur Municipality, Kirtipur
Tel: 00977-1-4240806,4240805

Kirtipur Hospital, a communal hospital, run by the Nepalese Public Health Concern Trust (Phect Nepal) and Kirtipur Municipality. It is a dependance of Kathmandu Model Hospital, Pradarshani Marg, Kathmandu, Nepal.

➤ **Burn Violence Survivors (BVS) - Nepal**

- Dhobigat, Kathmandu, Nepal
Lalitpur 44700, Nepal
Tel: +977- (0)15555689
Email: burnsurvivorsnepal@gmail.com

PAKISTAN

Overview

Adequate basic non-emergency medical care is available in major Pakistani cities but is limited in rural areas. Facilities in the cities vary in level and range of services, resources, and cleanliness, and Americans may find them below U.S. standards; facilities in rural areas are consistently below U.S. standards. Medical facilities require prepayment and do not accept credit cards. Effective emergency response to personal injury and illness is virtually nonexistent in Pakistan. Ambulances are few and are not necessarily staffed by medical personnel. Any emergency case should be transported immediately to a recommended emergency receiving room. Many American-brand medications are not widely available, but generic brands from well-known pharmaceuticals usually are. The quality of the locally produced medications is uneven.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity/non-profit in Pakistan.*

- [Defeat Cancer - Pakistan](#)

- [B4U Foundation](#)

- [Shahid Afridi Foundation](#)

- [Go Get Funding - Corona Aid Pakistan](#)

- [Pakistan Crowdfunding Campaigns](#)

- [Philanthropy in Pakistan](#)

- [Transparent Hands](#)

Transparent Hands is the largest technology platform for crowdfunding in the healthcare sector of Pakistan. They reach millions of patients all over Pakistan with free healthcare services including medical and surgical treatments, medical camps and tele-health facility to the underprivileged community of Pakistan.

II. Visas

➤ *Click on the links below for information on visas in Pakistan.*

- [Pakistan e-Visa Information](#)
- [Visa Policy of Pakistan](#)

III. Guides and Interpreters

➤ *Click on the links below for information on guides and interpreters in Pakistan.*

- [Translation Services in Pakistan](#)
- [Pakistan Travel and Tours](#)
- [Tour HQ - Pakistan](#)

IV. Transportation

➤ *Click on the links below for information on transportation in Pakistan,*

- [Getting Around Pakistan](#)
- [Transport and Driving in Pakistan](#)
- [Wikitravel Pakistan](#)
- [Transport in Pakistan](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information on humanitarian aid/emergency relief organizations in Pakistan.*

- [Pakistan Red Crescent Society](#)
- [UNICEF - Pakistan](#)

- [Doctors Without Borders - Pakistan](#)
- [Doctors Without Borders Blog - Pakistan](#)
- [Medical Air Service - Pakistan](#)

VI. Host Families/Accommodations

➤ *The links below provide information on host families and accommodations in Pakistan.*

- [Homestay - Pakistan](#)
- [Homestay Guests for Pakistan](#)
- [Here's What's Up with Homestays in Pakistan](#)
- [Pakistan Youth Hotels Association](#)

VII. Food, Clothing and Entertainment

➤ *The links below provide information on food, clothing and entertainment in Pakistan.*

- [Healthy Pakistani Food](#)
- [Pakistani Recipes and Pakistani Food](#)
- [Best Pakistan Clothing Manufacturer](#)
- [Traditional Pakistani Clothing](#)
- [List of TV Channels in Pakistan](#)
- [Entertainment in Pakistan](#)

VIII. Education

➤ *Click on the links below for information on education in Pakistan.*

- [Education in Pakistan](#)
- [GPE Transforming Education - Pakistan](#)
- [UNICEF Pakistan - Education](#)
- [Education System in Pakistan](#)
- [Education in Pakistan](#)

IX. Socialization

➤ *Click on the links below for information on socialization in Pakistan.*

- [Guide to Pakistani Culture, Etiquette and Business Practices](#)
- [Pakistan History, Language and Culture](#)
- [Culture Trip - Pakistan](#)

X. Psychological Support

➤ *The links below provide information on psychological support in Pakistan.*

- [Pakistan Directory of Counselors and Psychotherapists](#)
- [Pakistan Psychological Association](#)
- [Psychology in Pakistan](#)
- [Therapists in Pakistan](#)
- [Therapists in Karachi, Pakistan](#)

XI. Media

➤ *The links below provide information on media in Pakistan.*

- [Pakistan Newspapers, Broadcast News, Internet and Magazines](#)
- [Media Landscapes - Pakistan](#)
- [Pakistan Media Stats](#)
- [Pakistani Newspapers and News Sites](#)
- [Media in Pakistan](#)
- [Pakistan Electronic Media Regulatory Authority](#)
- [Mass Media in Pakistan](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on government, embassies and consulates in Pakistan.*

- [What Type of Government Does Pakistan Have?](#)
- [Government of Pakistan](#)
- [Local Government in Pakistan](#)
- [Pakistan Embassies and Consulates](#)
- [Pakistani Embassies, High Commissions and Consulates](#)
- [List of Diplomatic Missions in Pakistan & Pakistani Diplomatic Missions Abroad](#)
- [List of Diplomatic Missions in Pakistan](#)

- [U.S. Embassy in Pakistan](#)
Diplomatic Enclave
Ramna 5 Islamabad
Tel: (+92) 51-208-0000
Fax: (+92) 51-2276427
Email: webmasterisb@state.gov
- [Embassy of Islamic Republic of Pakistan, Washington D.C.](#)
3517 International Court
Washington, DC 20008
Tel: (202) 243-6500
Fax: (202) 686-1534
Email: info@embassyofpakistanusa.org

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in Pakistan.*

- [Doctors for Pakistan](#)
- [World Health Organization - Pakistan](#)
- [CDC in Pakistan](#)
- [CDC- Travelers' Health Pakistan](#)
- [CDC Global Health - Pakistan](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click on the links below for information medical organizations./hospital and physician resources.*

- [Physician in Pakistan](#)
- [Find a Pakistani Doctor](#)
- [Past PMC Verified Doctors in Pakistan](#)

- [Pakistan Medical Commission](#)
- [Pakistani-Descent Physicians Society](#)
- [General Hospitals in Pakistan](#)
- [List of Hospitals in Pakistan](#)
- [List of Hospitals in Lahore, Pakistan](#)
- [List of Hospitals in Punjab, Pakistan](#)

Burn Care in Pakistan

- [**Burn Centre, Jubilee Block**](#)
 - Dr. Ruth K. M. Pfau Civil Hospital
Karachi, Pakistan
Tel: +92-21-32715475, +92-344-3333004
Email: info@burnscentre.org
- [**Jinnah Burn and Reconstructive Surgery Center**](#)
 - Allama Shabbir Ahmad
Usmani Road Lahore
Punjab 54550
Tel: (+92) 42 99231400
- [**Burns and Plastic Surgery Centre Hayatabad Peshawar**](#)
 - Phase-4 Phase 4 Hayatabad
Peshawar, Khyber Pakhtunkhwa
Tel:(+ 091) 5830078 82, (+091) 5830201 06
- [**Burn Center OPD Complex Inaugurated**](#)
 - 55 Sunflower Block
J 1 Johar Town
Lahore, Punjab 53700
Tel: (+92) 42 353 17 001
This is one of the largest burn centres in Asia with a 66-bed care facility that provides all medical and operational services to burn victims. Located in Karachi, the capital of the Pakistani province of Sindh.

PHILIPPINES

Overview

Adequate medical care is available in major cities in the Philippines, but even the best hospitals may not meet the standards of medical care, sanitation, and facilities provided by hospitals and doctors in the United States. Medical care is limited in rural and more remote areas. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost several or even tens of thousands of dollars. Most hospitals will require a down payment of estimated fees in cash at the time of admission. In some cases, public and private hospitals have withheld lifesaving medicines and treatments for nonpayment of bills. Hospitals also frequently refuse to discharge patients or release important medical documents until the bill has been paid in full.

I. Funding and Charity/Non-Profit Information

- *Click on the links below for information on funding and charity non-profit organizations in the Philippines.*
 - [Non-Profit Expert - Philippines](#)
 - [List of Charities in the Philippines](#)
 - [Philippines - Crowdfunding Campaigns](#)

II. Visas

- *The links below provide information on visas in the Philippines.*
 - [Visa Policy of the Philippines](#)
 - [How to Apply for a Philippines Visa](#)
 - [Philippines Visa Policy](#)

III. Guides and interpreters

- *Click on the links below for information on guides and interpreters in the Philippines.*
 - [Lexcode – Language Services](#)
 - [Language in the Philippines](#)
 - [List of Translators and Interpreters in Manila](#)

IV. Transportation

- *Click on the links below for information on transportation in the Philippines.*
 - [Transportation in the Philippines - The Complete Guide](#)
 - [Welcome to the Philippines](#)
 - [Philippines - Transportation](#)
 - [Bus Travel in the Philippines](#)

V. Humanitarian Aid/Emergency Relief Organizations

- *Click on the links below for information on humanitarian aid/emergency relief organizations in the Philippines.*
 - [Red Cross Philippines](#)
 - [UNICEF = Philippines](#)
 - [Doctors Without Borders - Philippines](#)

VI. Host Families/Accommodations

- *Click on the links below for host families and accommodations in the Philippines.*
 - [Homestay Host Families in Philippines](#)

- [Philippines Host Family Becomes Forever Family](#)
- [Homestay - Philippines, Manila](#)
- [What It's Like Living with a Host Family in the Philippines](#)
- [Homestay - Philippines](#)

VII. Food, Clothing and Entertainment

➤ *The links below provide information on food, clothing and entertainment in the Philippines.*

- [List of Philippine Dishes](#)
- [Filipino Recipes](#)
- [Filipino Recipes](#)
- [Fashion and Clothing in the Philippines](#)
- [National Attire of the Philippines](#)
- [Philippines Art, Music and Culture](#)
- [Best Activities in Philippines](#)

VIII. Education

➤ *The links below provide information on education in the Philippines.*

- [Issues Regarding the Educational System in the Philippines](#)
- [The Education System in the Philippines](#)
- [Republic of the Philippines Department of Education](#)
- [Education in the Philippines](#)

- [Philippines Education Stats](#)

IX. Socialization

➤ *The links below provide information on socialization in the Philippines.*

- [Philippines - Culture, Etiquette and Business Practices](#)
- [Filipino Values](#)

X. Psychological Support

➤ *The links below provide information on psychological support in the Philippines.*

- [Psychologists Metro Manila](#)
- [Therapists in Philippines](#)
- [Psychology Matters - Therapists in Philippines](#)

XI. Media

➤ *Click on the links below for information on media in the Philippines.*

- [Philippines Profile - Media](#)
- [Philippines Newspapers, News, Internet and Magazine Media](#)
- [Media Landscapes - Philippines](#)
- [Media in the Philippines - Statistics and Facts](#)
- [Mass Media in the Philippines](#)

XII. Government, Embassies and Consulates

➤ *Click on the links below for information on government, embassies and consulates in the Philippines.*

- [What Type of Government Does the Philippines Have?](#)
- [Government Philippines](#)
- [Government of the Philippines](#)
- [U.S. Embassy in the Philippines](#)
1201 Roxas Blvd Ermita 1000
Manila The Philippines
Tel: (+63) 2 301-2000
Fax: (+63) 2 301-2399
- [The Embassy of the Republic of the Philippines in the U.S.](#)
1600 Massachusetts Ave, NW
Washington, DC 20036
Tel: (202) 467-9300
Fax: (202) 467-9417

XIII. Health/Education Organizations

➤ *The links below provide information on health/education organizations in the Philippines.*

- [CDC - Travelers' Health Philippines](#)
- [World Health Organization - Philippines](#)
- [About WHO in the Philippines](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *The links below provide information on medical organizations/hospital and physician resources in the Philippines.*

- [Philippine Medical Association](#)
- [Practo - Find Doctors and Clinics in Philippines](#)
- [The Filipino Doctor - Search for Doctors](#)
- [A Guide to the Filipino Healthcare System](#)
- [Find a Doctor - Providers in the Philippines](#)
- [Popular Hospitals in the Philippines](#)
- [Hospitals in Province of Bulacan](#)
- [Philippines Hospitals and Clinics](#)
- [Hospitals in the Philippines for Expatriates](#)
- [List of Hospitals in the Philippines](#)

Burn Care in the Philippines

- [Philippine Hospitals with Burn Units](#)
 - This site provides a list of Philippine Hospitals and Clinics with burn units.
- [Philippine General Hospital Burn Center](#)
 - Taft Avenue
Ermita, Manila
Tel: (+63) 2 554-8400
- [Jose R. Reyes Memorial Center Burn Unit](#)
 - Rizal Avenue
Santa Cruz, Manila
Tel: (+63) 2 711-9491

- **East Avenue Medical Center Burn Unit**
 - East Avenue
Diliman, Quezon City
Tel: (+63) 2 928-0611

- **Southern Philippines Medical Center Burn Unit**
 - J.P. Laurel Avenue
Bajada, Davao City, Philippines 8000
Tel: (+082) 227-2731
Fax: (+082) 221-7029
Email: info@spmc.com.ph

- **Qurino Memorial Medical Center**
 - JP Rizal Street, Project 4
Quezon City
Tel: (+63) 2 421-2250

- **Medical City Pampanga Burn Unit**
 - 100 Gatwick Gateway
Clark Global City Clark Freeport Zone
Pampanga, 2023
Tel: (0435) 300-8888 (Customer Service)
Tel: (+63) 9190695536 (Emergency Room)
Tel: (045) 598 4000
Email: tmclark@themedicalcity.com

SOUTH KOREA

Overview

Hospitals in Korea are generally well-equipped with state-of-the-art diagnostic and therapeutic equipment. High-quality general and specialty dental care is available in Seoul. Western-style medical facilities are available in major urban areas of Seoul, Busan, Daegu, and a few other large cities. However, not all doctors and staff in these major urban areas are proficient in English. Most clinics in rural areas do not have an English-speaking doctor.

I. Funding and Charity/Non-Profit Information

- *Click on the links below for information on funding and charity/non-profits in South Korea.*
 - [The Beautiful Foundation](#)
 - [Korea Crowdfunding Campaigns](#)
 - [Community Chest of Korea](#)
 - [Project World Impact - South Korea](#)

II. Visas

- *Click on the links below for information on visas in South Korea.*
 - [South Korea Visa - Types and Policy](#)
 - [List of South Korean Visas](#)
 - [South Korea Visa Eligibility Criteria](#)
 - [What are the South Korea Visa Requirements?](#)
 - [Visa Navigator](#)
 - [South Korea Visa Policy](#)
 - [Visa Policy of South Korea](#)

III. Guides and Interpreters

➤ *Click on the links below for information on guides and interpreters in South Korea.*

- [Korean Interpretation and Translation](#)
- [Learning South Korean - Language Lessons and Certificates](#)
- [Interpreters - Seoul, South Korea](#)
- [Korean Language Translation, Interpreting, Transportation Services](#)
- [Korean Society of Translators](#)

IV. Transportation

➤ *The links below provide information on transportation in South Korea.*

- [Seoul Subway and Bus, Public Transportation in Seoul](#)
- [Korean Trains Explained - Map, Trains Timetable and Tickets Booking](#)
- [Transportation in South Korea](#)
- [Transport in South Korea](#)
- [Public Transportation in South Korea](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *The links below provide information pm humanitarian aid/emergency relief organizations in South Korea.*

- [Korean Red Cross](#)
145 Sopa-Ro, Jung-Gu
04629 Seoul
Tel: (82) (2) 3705 3661/3/5
Fax: (82) (2) 3705 3667
Email: international@redcross.or.kr
- [UNICEF South Korea](#)
Seoul, 04099, Republic of Korea
Tel: (+82) 2 737-1004
Fax: (+82) 2 724-8555
Email: unicef@unicef.or.kr

VI. Host Families/Accommodations

➤ *The links below provide information on host families and accommodations in South Korea.*

- [Homestay - South Korea](#)
- [Homestay South Korea - Search Host](#)
- [Homestay Host Families in Seoul, South Korea](#)
- [Become an Au Pair and Find Host Families from South Korea](#)

VII. Food, Clothing and Entertainment

➤ *The links below provide information food, clothing and entertainment in South Korea.*

- [Traditional Food from South Korea](#)
- [Korean Cuisine](#)

- [List of Korean Clothing](#)
- [Explore Seoul](#)

VIII. **Education**

➤ *Click on the links below for information on education in South Korea.*

- [Education System in South Korea](#)
- [Education in Korea](#)
- [A Guide to Education and International Schools in South Korea](#)
- [Education in South Korea](#)

IX. **Socialization**

➤ *Click on the links below for information on socialization in South Korea.*

- [Guide to South Korean Culture, Business Practices and Etiquette](#)
- [South Korea Cultural Etiquette](#)
- [Travel Guide South Korea](#)
- [Guide to South Korean Culture and Etiquette](#)
- [Korean Language Guide - Korean Culture](#)
- [Travelers Guide - South Korea](#)
- [Countries and Their Culture - South Korea](#)

X. **Psychological Support**

➤ *Click on the links below for information on psychological support in South Korea.*

- [Counseling Psychology in South Korea](#)
- [Therapists in South Korea](#)
- [Counseling in South Korea](#)
- [10 English-Speaking Therapists - Psychologists in Korea for 2021](#)

XI. Media

➤ *The links below provide information on media in South Korea.*

- [Press Reference - South Korea](#)
- [South Korea Profile - Media](#)
- [South Korea Media Stats](#)
- [Media in South Korea](#)
- [Mass Media in South Korea](#)

XII. Government, Embassies, and Consulates

➤ *Click on the links below for information on government, embassies and consulates in South Korea.*

- [Government of South Korea](#)
- [What Type of Government Does South Korea Have?](#)
- [Government - Korea](#)
- [Embassies of South Korea](#)
- [Korean Embassies and Consulates](#)
- [Southern Korean Embassies](#)

- [List of Diplomatic Missions in South Korea and South Korean Diplomatic Missions Abroad](#)
- [List of Diplomatic Missions in South Korea](#)
- [U.S. Embassy in South Korea](#)
32 Sejongno, Jongno-gu
Seoul 110-710
Republic of Korea
Tel: (+82) 2 397-4114
- [Embassy of the Republic of Korea to the United States](#)
2450 Massachusetts Ave NW
Washington, DC 20008
Tel: (202) 939-5660/5663
Fax: (202) 797-0595
Email: information_usa@mofat.go.kr

XIII. Health/Education Organizations

- *Click on the links below for information on health/education organizations in South Korea.*
- [World Health Organization - Republic of Korea](#)
- [Travelers' Health - South Korea](#)

XIV. Medical Organizations/Hospital and Physician Resources

- *Click on the links below for information on medical organizations/hospitals and physician resources in South Korea.*
- [Healthcare in South Korea](#)
- [Types of Medical Treatment in South Korea](#)
- [Korea Medical Association](#)
- [Journal of the Korean Medical Association](#)

- [South Korean Physicians](#)
- [Best Hospitals in South Korea](#)
- [Healthcare in South Korea - Statistics and Facts](#)
- [Hospitals in South Korea](#)
- [Best Hospitals - South Korea](#)
- [List of Hospitals in South Korea](#)

Burn Care in South Korea

- [Hangang Sacred Heart Hospital](#)
 - Hallym Burn Center
12, Beodeunaru-ro 7-gil, Yeongdeungpo-gu,
Seoul, 07247, Republic of Korea
Tel: (+82) 2 2639-5012
Email: hojin0312@hallym.or.kr
- [Bestian Hospital](#)
 - Department of Burn Reconstructive Surgery
429, Dogok-ro, Gangnam-gu,
Seoul, 06208, Republic of Korea
Tel: (+82) 2 3452 7575
Fax: (+82) 70 7005 4233
Email: fineinsight@bestian.kr

UNITED ARAB EMIRATES (UAE)

Overview

Basic medical care is available in major cities but may be difficult to locate in outlying areas. Many expatriates use the [American Hospital](#) (Bur Dubai, Dubai, (+971) 4 336 7777, accredited by the Joint Commission International, 24-hour emergency services). Other options for travelers include [Welcare Hospital](#) (located in the Al Garhoud area of Dubai, (+971) 4 282 7788, (+ 971) 4 2137 289 – Emergency, 24-hour emergency and ambulance services); the [Al Zahra Private Hospital and Medical Centre](#) (located in Sharjah, (+ 971) 6561 9999, (+971) 6 561 9999 – Emergency), and [Al Rahba Hospital](#) (located midway between Abu Dhabi and Dubai; accredited by the Joint Commission International). In Al Ain, many travelers go to [Tawam Hospital](#) (located near Abela Supermarket, (+971) 3 767 7444, 24-hour emergency department), which is managed by Johns Hopkins Medical International and has been accredited by the Joint Commission International. Many doctors and hospitals will expect payment in cash, regardless of whether you have travel health insurance. Life-threatening medical problems may require air evacuation to a country with state-of-the-art medical facilities.

I. Funding and Charity/Non-Profit Information

- *Click the links below for information on funding and charity/non-profits in the UAE.*
 - [Against Malaria Foundation](#)
 - [United Arab Emirates Crowdfunding Campaigns](#)
 - [Fundraising Laws in Dubai - What You Need to Know](#)
 - [List of UAE Charities](#)
 - [United Arab Emirates - Fundraising Laws in Dubai](#)

II. Visas

- *The links below provide information on visas in the UAE.*
 - [Visa and Emirates ID](#)

- [UAE Visa Information](#)
- [UAE Visa - 7 Ways to Apply for Visa Online, E-Visa, or Visa on Arrival](#)
- [Visa Policy of the United Arab Emirates](#)

III. Guides and interpreters

➤ *Click the links below for information on guides and interpreters in the UAE.*

- [Language Professionals Translation Services](#)
- [Elaph Translation](#)
- [Alwifaq Translation](#)
- [Translator Cafe - UAE Translation Agency Search](#)
- [Translation Service in Dubai in Every Language](#)
- [UAE Translation](#)
- [UAE Translation Services](#)
- [UAE - The Best 10 Translators and Interpreters 2022](#)

IV. Transportation

➤ *Click the links below for information on transportation in the UAE.*

- [Top UAE Travel and Transportation Services](#)
- [Getting Around - Dubai Travel, Transport and Car Rental](#)
- [Getting Around United Arab Emirates](#)
- [Wikitravel - United Arab Emirates](#)
- [United Arab Emirates - Transportation](#)

- [Transport in the United Arab Emirates](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click the links below for information on humanitarian aid/emergency relief organizations in the UAE.*

- [UNICEF United Arab Emirates](#)
Gulf Area Office
P.O. Box 71456
Dubai
Tel: (+971) 02 447 5060
Email: dubai@unicef.org
- [Red Crescent of United Arab Emirates](#)
P.O. Box 3324
Abu Dhabi
Tel: (+971) 2 641 90 00
Fax: (+971) 2 642 01 01
Email: hilalrc@emirates.net.ae
- [Doctors Without Borders – Middle East](#)
P.O. Box 65650
Dubai
Tel: (+971) 4457 9255
Fax: (+971) 4457 9155
Email: office-dubai@msf.org

VI. Host Families/Accommodations

➤ *Click the links below for information on host families and accommodations in the UAE.*

- [Homestay Host Families in Dubai, UAE](#)
- [Homestay Families in Abu Dhabi, UAE](#)
- [Homestay in United Arab Emirates](#)
- [Au Pair Jobs in Dubai United Arab Emirates](#)

- [Find Host Families from United Arab Emirates](#)

VII. Food, Clothing and Entertainment

➤ *Click the links below for information on food, clothing and entertainment in the UAE.*

- [The Traditional Food of the UAE](#)
- [United Arab Emirates Food and Drink](#)
- [Emirati Cuisine](#)
- [Traditional Clothing in UAE](#)
- [Traditional Dress of UAE](#)
- [Clothing in the United Arab Emirates](#)
- [UAE Dress Code](#)

VIII. Education

➤ *Click the links below for information on education in the UAE.*

- [Education in the United Arab Emirates](#)
- [Study in the Middle East](#)
- [Education in the United Arab Emirates](#)
- [Education System in the United Arab Emirates](#)
- [Education in the UAE](#)
- [Education and Schools in Dubai](#)
- [Education in the UAE](#)
- [Education in the United Arab Emirates](#)

- [UAE - K-12 Education](#)
- [United Arab Emirates Education Stats](#)
- [Education in the United Arab Emirates](#)

IX. **Socialization**

➤ *Click the links below for information on socialization in the UAE.*

- [Countries and Their Cultures - United Arab Emirates](#)
- [UAE - Language, Culture, Etiquette and Business Practices](#)
- [Culture, Traditions and Customs of the United Arab Emirates](#)
- [Culture Crossing Guide - United Arab Emirates](#)

X. **Psychological Support**

➤ *Click the links below for information on psychological support in the UAE.*

- [Good Therapy - Find a Therapist Near Sharjah](#)
- [Good Therapy - Find a Therapist in Dubai](#)
- [Emirates Psychological Association](#)

- [Lighthouse Arabia](#)

821 Al Wasl Road

Al Safa 2

Dubai

Tel: (+971) 0 4 380 2088

Email: info@lighthousearabia.com

This is a non-profit wellness clinic providing psychological and psychiatric care to families, adults, children and couples.

XI. Media

➤ *Click the links below for information on media in the UAE.*

- [Media Regulations in the United Arab Emirates](#)
- [UAE Newspapers, Media, Magazines and Internet](#)
- [United Arab Emirates - Media](#)
- [Top 15 UAE Newspapers and News Sites](#)
- [United Arab Emirates Media Directory](#)
- [UAE Media List for Press Release](#)
- [Mass Media in the United Arab Emirates](#)

XII. Government, Embassies, and Consulates

➤ *Click the links below for information on government, embassies and consulates in the UAE.*

- [The United Arab Emirates' Government Portal](#)
- [What Type of Government Does the United Arab Emirates Have?](#)
- [United Arab Emirates Embassies](#)
- [United Arab Emirates Embassies and Consulates](#)
- [Embassies of the United Arab Emirates](#)
- [Embassy and Consulate of the United Arab Emirates](#)
- [Foreign Embassies and Consulates in the United Arab Emirates](#)
- [Embassies and Consulates in Dubai](#)
- [List of Diplomatic Missions of the United Arab Emirates](#)

- [U.S. Embassy and Consulate in the United Arab Emirates](#)
P.O. Bp 4009
Djabo
Tel: (+971) 2 414 2200
- [Embassy of the United Arab Emirates, Washington DC](#)
3522 International Court NW, Suite 400
Washington DC 20008
Tel: (202) 243-2400
Fax: (202) 243=2408

XIII. Health/Education Organizations

- *The links below provide information on health/education organizations in the UAE.*
 - [World Health Organization UAE](#)
 - [CDC Travelers' Health United Arab Emirates](#)

XIV. Medical Organizations/Hospital and Physician Resources

- *The links below provide information on medical organizations/hospital and physician resources.*
 - [List of Best Doctors in UAE \(2022\)](#)
 - [Doctors Directory in UAE](#)
 - [Doctors in Dubai, UAE](#)
 - [Best Hospitals in United Arab Emirates](#)
 - [List of Hospitals in the United Arab Emirates](#)
 - [Private Hospitals in United Arab Emirates](#)
 - [Hospitals in United Arab Emirates](#)
 - [UAE Ministry of Health and Prevention](#)

- [National Library of Medicine](#)
- [Embassy of the UAE - Healthcare](#)

Burn Care in the UAE

- [Emirates International Specialist Hospital Wound Care](#)
 - Building 62 Dubai Healthcare City
26th Street
Umm Hurair 2, Dubai
Tel: (+971) 555 097 493
- [Thumbay Hospital](#)
 - P.O. Box 415555, DIFC –
Dubai
Tel: (+971) 4 2985555
Fax: (+971) 4 2989555
Email: info@thumbay.com
- [Saudi German Hospital Dubai](#)
 - Al Barsha 3 Hessa Street
Sheikh Zayed Road Opposite American School of Dubai
P.O. Box 391093
Dubai
Tel: 800 2211
Tel: (+971) 4389 0000
Email: info@saudigerman.com

VIETNAM

Overview

Medical facilities in Vietnam do not meet international standards and frequently lack medication and supplies. Medical personnel, doctors and hospitals in Vietnam expect immediate cash payment for health services. International health clinics in Hanoi and Ho Chi Minh City can provide acceptable care for minor illnesses and injuries, but more serious problems will often require medical evacuation to Bangkok or Singapore. Although many medications can be purchased at pharmacies without a prescription, some common U.S. medications are not available in Vietnam. Travelers should bring adequate supplies of their medications for the duration of their stay in Vietnam. Travelers may obtain lists of local English-speaking physicians from the U.S. Embassy in Hanoi or the United States Consulate General in Ho Chi Minh City. Travelers are reminded that neither office may recommend specific medical practitioners or hospitals. Emergency medical response services are generally unresponsive, unreliable, or completely unavailable.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below on funding and charity/non-profits in Vietnam.*

- [Non-Profit Law in Vietnam](#)
- [Children of Vietnam](#)
- [Vietnam Crowdfunding Campaigns](#)
- [Fundraising in Vietnam](#)

II. Visas

➤ *Click on the links below for information about visas in Vietnam.*

- [Everything You Need to Get a Visa to Vietnam](#)
- [Get Visa - Vietnam](#)

- [Vietnam-Via](#)
- [Vietnam Visa Requirements](#)
- [Visa Policy of Vietnam](#)

III. **Guides and interpreters**

➤ *Click on the links below for information on guides and interpreters in Vietnam,*

- [Guide to Hire a Translator in Vietnam](#)
- [English - Vietnamese Online Medical Interpreter Training Program](#)
- [AM Vietnam Translation Services](#)

IV. **Transportation**

➤ *Click the links below for information on transportation in Vietnam.*

- [Vietnam Transportation](#)
- [Vietnam Tour Guides](#)
- [Vietnamese Transportation Guide](#)
- [Vietnam Transportation](#)
- [Vietnam Travel - Transportation in Vietnam](#)
- [Transport Within Vietnam](#)
- [Vietnam - What You Need to Know Before You Go](#)
- [Transportation in Vietnam - Getting Around on Local Transport](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *The links below provide information on humanitarian aid/emergency relief organizations in Vietnam.*

- [Doctors Without Borders Vietnam](#)
- [International Committee of the Red Cross - Vietnam](#)
- [UNICEF - Vietnam](#)
- [World Health Organization Vietnam](#)
P.O. Box 52
Hanoi, 10000
Tel: (+84) 0 24 38 500 100
Fax: (+84) 0 24 37 265 519
Email: who@vtn.wpro.who.int
- [Red Cross Vietnam](#)
82 Nguyen Du Street
Hai Ba Trung District, Hanoi
Tel: (+84) 24 3826 3703
Fax: (+84) 24 3942 4285
Email: vnrchq@netnam.org.vn
- [UNICEF Vietnam - Key Indicators on Children and Women](#)
Ha Noi Office:
The Green One UN House
304 Kim Ma, Ba Dinh District
Ha Noi, Vietnam
Tel: (+84) 024 3.850.0100
Fax: (+84) 024 3.726.5520
Email: hanoi.registry@unicef.org
Ho Chi Minh Office
Unit 507, Sun Wah Tower
115 Nguyen Hue Boulevard, District 1
Ho Chi Minh City
Tel: (+84) 028 3821 9413
Fax: (+84) 028 3821 9415
Email: Hanoi.registry@unicef.org

VI. Host Families/Accommodations

➤ *Click the links below for information on host families and accommodations in Vietnam.*

- [Become an Au Pair and Find Host Families from Vietnam](#)
- [Homestay - Vietnam](#)
- [10 Homestays in Vietnam](#)

VII. Food, Clothing and Entertainment

➤ *Click the links below for information on food, clothing and entertainment in Vietnam.*

- [Vietnam Food Tour](#)
- [Vietnamese Foods - 40 Delicious Dishes](#)
- [List of Vietnamese Dishes](#)
- [Vietnamese Cuisine](#)
- [Vietnamese Clothing](#)
- [Vietnamese Clothing](#)
- [Entertainment in Vietnam](#)
- [Nightlife in Vietnam](#)

VIII. Education

➤ *The links below provide information on education in Vietnam.*

- [The Vietnamese Education System](#)
- [Vietnam Education Stats](#)
- [The Vietnamese Education System - An Overview](#)

- [Education in Vietnam](#)
- [Education in Vietnam](#)
- [Education in Vietnam](#)
- [UNICEF Vietnam - Education](#)

IX. **Socialization**

➤ *The links below provide information on socialization in Vietnam.*

- [Vietnam - Culture, Etiquette and Business Practices](#)
- [5 Traditional Cultures of Vietnam](#)
- [A Clinician's Guide to Vietnamese Language and Culture](#)
- [Vietnamese Culture](#)
- [Vietnam - What You Need to Know Before You Go](#)
- [eDiplomat - Vietnam](#)

X. **Psychological Support**

➤ *Click on the links below for information on psychological support in Vietnam.*

- [Find a Vietnamese Therapist](#)
- [Psychology in Vietnam](#)
- [Saigon Psychology and Co.](#)

XI. Media

➤ *Click on the links below for information on media in Vietnam.*

- [Vietnam Newspapers, News Media, Magazines and Broadcast News](#)
- [Vietnam Profile - Media](#)
- [Vietnam Media Stats](#)
- [Television and Mass Media in Vietnam](#)

XII. Government, Embassies and Consulates

➤ *Click on the links below for information on government, embassies and consulates.*

- [Government Overview - Vietnam](#)
- [What Type of Government Does Vietnam Have?](#)
- [Government of Vietnam](#)
- [Vietnam Embassies and Consulates](#)
- [List of Diplomatic Missions in Vietnam](#)
- [Vietnam Embassies and Consulates](#)
- [U.S. Embassy in Vietnam](#)
7 Lang Ha Street
Hanoi
Tel: (+84) 24 3850-5000
- [Vietnamese Embassy in the U.S.](#)
1233 20th St. NW, Suite 400
Washington, DC 20036
Tel: (202) 861-0737
Tel: (202) 999-6589 (Visas)
Fax: (202) 861-0917
Email: info@vietnamembassy-usa.org

XIII. Health/Education Organizations

➤ *Click the links below for information on health/education organizations in Vietnam.*

- [World Health Organization - Vietnam](#)
- [CDC - Travelers' Health Vietnam](#)
- [CDC - Global Health Vietnam](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click the links below for information on medical organizations/hospital and physician resources.*

- [Doctor in Vietnam](#)
- [Hospitals, Doctors and Health Practitioners in Vietnam](#)
- [Expat Arrivals - Healthcare in Vietnam](#)
- [Private Hospitals in Vietnam](#)
- [Hospitals in Vietnam](#)
- [Best Medical Clinics and International Hospitals in Vietnam](#)
- [List of Hospitals in Vietnam](#)
- [Saint Paul Hospital Hanoi](#)
- [Best Hospitals and Medical Centers in Vietnam](#)
- [U.S. Embassy in Vietnam - Medical Assistance](#)

Burn Care in Vietnam

- **[The Asia Foundation - National Institute of Burns](#)**
- **[Le Huu Trac National Burn Hospital](#)**
 - 263 Phung Hung
Phu La Ward
Ha Dong District, Hanoi
Tel: (+84) 0243-6884571
Email: benhvienbongquocgiaht@gmail.com

CONTINENT: AUSTRALIA

AUSTRALIA

Overview

Excellent medical care is available. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Most doctors and hospitals expect immediate cash/credit card payment for health services.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity/non-profits in Australia.*

- [Australian Charities and Not-For-Profits Commission](#)
- [Fundraising Institute Australia](#)
- [Charity Fundraising Ideas - Australia](#)
- [Australian Fundraising](#)
- [Ask Squared - Donor Journeys](#)
- [Fundraising Laws in Australia - Non-Profits and Charities](#)
- [Justice Connect - Fundraising and Holding Events](#)

II. Visas

➤ *Click on the links below for information on visas in Australia.*

- [Australian Government - Visas](#)
- [Australia - Visa Options](#)

III. Guides and interpreters

➤ *Click on the links below for information on guides and interpreters in Australia.*

- [Language Professionals](#)
- [Interlingual - Translation Services](#)
- [Australian Institute of Interpreters and Translators, Inc.](#)
- [Australian Translation Services](#)
- [Australia Translation and Interpreting Services](#)

IV. Transportation

➤ *Click on the links below for information on transportation in Australia.*

- [Getting Around Australia](#)
- [Transportation in Australia](#)
- [Transport in Australia](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information on humanitarian aid/emergency relief organizations in Australia.*

- [UNICEF Australia](#)
Level 19, 320 Pitt Street,
Sydney, NSW 2000
PO Box 488,
Queen Victoria Building, NSW 1230
Tel: (+02) 9261 2811
Fax: (+02) 9261 2844
Email: unicef@unicef.org.au

- [Red Cross Australia](#)
155 Pelham Street
Carlton South
Melbourne VIC 3053
P.O. Box 196
Carlton South VIC 3053
Tel: (613) 9345 1800
Fax: (613) 9341 7572
Email: natinfo@redcross.org.au
- [Doctors Without Borders Australia](#)
Level 4, 1–9 Glebe Point Road
Glebe NSW 2037
Tel: 61 28.570.2600
Fax: 61 28.570.2699
Email: office@sydney.msf.org

VI. Host Families/Accommodations

➤ *The links below provide information on host families and accommodations in Australia.*

- [Ozihouse Group Australia](#)
- [Homestay in Australia - What You Need to Know](#)
- [Host Family Programs](#)
- [Australia Homestay Network](#)
- [Become an Au Pair in Australia](#)
- [Homestay Sydney](#)
- [Host Family Program - Australia](#)
- [Homestay Host Families in Australia](#)
- [Homestay - Australia](#)
- [AIFS - Australian Host Families](#)

- [Lingoo - Find a Host Family in Australia](#)

VII. Food, Clothing and Entertainment

➤ *The links below provide information on food, clothing and entertainment in Australia.*

- [Food in Every Country - Australia](#)
- [Australian Cuisine](#)
- [Australian Dress](#)
- [What to Wear When Visiting Australia](#)
- [50 Best Australian Fashion and Clothing Brands](#)
- [Australia - Major Events Calendar](#)
- [Australia - Things to Do in the Northern Territory](#)

VIII. Education

➤ *The links below provide information on education in Australia.*

- [International Student - Study in Australia](#)
- [Community Early Learning Australia](#)
- [Education System in Australia](#)
- [Australia.Edu](#)
- [Australian Education Stats](#)
- [Australian Education Awards](#)
- [Education Australia - Statistics and Facts](#)
- [Australian Education](#)

- [Education in Australia](#)
- [Education in Australia](#)

IX. Socialization

➤ *The links below provide information on socialization in Australia.*

- [Australia - Culture, Etiquette and Business Practices](#)
- [What is Australian Culture?](#)
- [Countries and Their Cultures - Australia](#)

X. Psychological Support

➤ *The links below provide information on psychological support in Australia.*

- [Australian Counselling Association](#)
- [Australian Psychological Association](#)
- [Australian Counseling - Find a Professional Counsellor or Psychologist](#)
- [Therapists in Australia](#)
- [Therapists in Australia](#)
- [Therapists in Western Australia](#)
- [Find Counselling in Australia](#)

XI. Media

➤ *The links below provide information on media in Australia.*

- [Press Reference - Australia](#)

- [Australia ABC](#)
- [Media Week](#)
- [Nine Insights](#)
- [Australian Newspapers](#)
- [Mass Media in Australia](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on government, embassies and consulates in Australia.*

- [Australian Democracy](#)
- [What Type of Government Does Australia Have?](#)
- [Australian Government](#)
- [Australian Government](#)
- [Australian Government](#)

XIII. Health/Education Organizations

➤ *The links below provide information on health/education organizations in Australia.*

- [The Department of Health](#)
- [Australian Institute of Health and Welfare](#)
- [Department of Health - Northern Territory](#)
- [New South Wales Department of Health](#)
- [Queensland Health](#)

- [South Australia Department of Health](#)
- [Tasmanian Government - Department of Health](#)
- [Victoria State Government - Health and Human Services](#)
- [Victoria State Government - Department of Health](#)
- [Government of Western Australia - Department of Health](#)
- [World Health Organization - Australia](#)
- [CDC Travelers' Health - Australia](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *The links below provide information on medical organizations/hospital and physician resources in Australia.*

- [Australian Doctors Directory](#)
- [Best Doctors Australia](#)
- [Health&](#)
- [Australian Institute of Health and Welfare](#)
- [Hospitals in Australia for Expatriates](#)
- [Best Hospitals - Australia](#)
- [Queensland Health - Hospital and Health Service Facilities](#)
- [List of Hospitals in Australia](#)

Burn Care in Australia

There are currently 12 designated burns units across Australia. Most states have one centre for adults and another for children. All units are located in a state/territorial capital city. The

Australian Capital Territory (ACT), currently has no designated burns unit; patients with severe burns are usually transferred to Concord Repatriation General Hospital or The Children's Hospital at Westmead in New South Wales. New South Wales has three burn centers.

- **Concord Repatriation General Hospital:**
 - Hospital Road
Concord NSW 2139
Tel: (+61 2) 9767 5000
Fax: (+61 2) 9767 6991
Email: SLHD-ConcordInfo@health.nsw.gov.au
- **Royal North Shore Hospital**
 - Reserve Road
St Leonard NSW 2065
Tel: 02 9926 7111
Email: NSLHD-RNSHGeneralEnquiries@health.nsw.gov.au
- **Royal Darwin Hospital**
 - Rocklands Drive
Tiwi
P.O. Box 41326
Casuarina NT 0811
Tel: (+08) 8922 8888
Fax: (+08) 8922 8286
Email: registryrdh.ths@nt.gov.au
- **Royal Brisbane and Women's Hospital**
 - Cnr Butterfield St and Bowen Bridge Road
Herston, QLD 4029
Tel: (+07) 3646 8111
Tel: (+07) 3646 6738 (Appointments)
Tel: (+07) 3646 8301 (Accounts)
Email: rbwh-confirmationcentre@health.qld.gov.au
- **Children's Health Queensland Hospital and Health Service**
 - 501 Stanley Street
South Brisbane 4101
P.O. Box 3474
South Brisbane
Tel: (+61) 7 3068 1111
Tel: (+61) 7 3068 1790

- **Royal Adelaide Hospital**
 - Port Road
Adelaide SA 5000
Tel: (+08) 7074 0000
Tel: 1300 153 853 (Outpatient Call Centre)
Email: Health.CALHNOPDFeedback@sa.gov.au

- **Women's and Children's Health Network**
 - 55 King William Road
North Adelaide, SA 5006
Tel: (+08) 8464 7900
Tel: (+08) 8161 7000
[Women's and Children's Hospital Foundation](#)

- **Alfred Health - Burn Centers**
 - 99 Commercial Rd
Melbourne VIC 3004
Burns Service
Main Ward Block, Level 6
55 Commercial Road
Melbourne, VIC 3004
Tel: (+03) 9076 2025
Tel: (+03) 9076 3626
Fax: (+03) 9076 6938
Email: outpatient@alfred.org.au
Email: burnsunit@alfred.org.au

- **The Royal Children's Hospital Melbourne**
 - 50 Flemington Road
Parkville, VIC 3052
Tel: (+61) 3 9345 5522

- **Department of Health Tasmania**
 - Tel: 1800 871 738 (General Enquiries)
[General Enquiries Form](#)

- **Royal Hobart Hospital**
 - GPO Box 1061
Hobart TAX 7001
Tel: (+03) 6166 8308

- [Fiona Stanley Hospital](#)
 - 11 Robin Warren Drive
Murdoch, Western Australia 6150
Tel: (+08) 6152 2222

- [Perth Children's Hospital](#)
 - 15 Hospital Avenue
Nedlands, Western Australia 6009
Tel: (+08) 6456 222

CONTINENT: AFRICA

Overview

Most expats will want to use the private sector for healthcare (often based in large cities and major tourist locations) or have international health insurance.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity/non-profits in Africa.*

- [Charities in Africa](#)
- [JustGiving](#)
- [Fundraising Africa](#)

II. Visas

➤ *Click on the links below for information on visas in Africa.*

- [Tourist Visas for Africa](#)
- [Top Tips on How to Apply for an African Tourist Visa](#)
- [Africa Visa Openness Index](#)

III. Guides and interpreters

➤ *Click on the links below for information on guides and interpreters in Africa.*

- [African Translation](#)
- [Translate 4 Africa](#)

IV. Transportation

➤ *The links below provide information on transportation in Africa.*

- [Lonely Planet - Africa](#)
- [African Travel](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *Click on the links below for information on humanitarian aid/emergency relief organizations in Africa.*

- [UNICEF - West and Central Africa](#)
- [UNICEF - Eastern and Southern Africa](#)
- [UNICEF - Middle East and North Africa](#)
- [Red Cross - Africa Regional Office](#)
- [Red Cross - Operations Room for Africa](#)
- [Doctors Without Borders - Central African Republic](#)
- [Doctors Without Borders - South Africa](#)

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families and accommodations in Africa.*

- [Homestay in Africa](#)
- [Volunteer with Children in Africa](#)

VII. Food, Clothing and Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in Africa.*

- [About African Food](#)
- [African Recipes, Videos and Ideas](#)
- [List of African Recipes](#)
- [Africa Imports - Clothing](#)
- [African Fashion International](#)
- [Africa Fashion Guide](#)
- [African Music](#)
- [African Festivals and Events](#)
- [All Africa - Entertainment](#)
- [Africa Entertainment](#)

VIII. Education

➤ *The links below provide information on education in Africa.*

- [Education Africa](#)
- [Africa Education Partnership](#)
- [Education in Africa](#)
- [Education in Africa](#)

IX. Socialization

➤ *The links below provide information on socialization in Africa.*

- [African People and Culture](#)
- [Fascinating African Culture Facts, Traditions, Art, Food and Tattoos](#)

- [Culture of Africa](#)

X. Psychological Support

➤ *The links below provide information on psychological support in Africa.*

- [African Worldview - An Integrated Psychological Perspective](#)
- [Oasis Africa](#)

XI. Media

➤ *Click on the links below for information on media in Africa.*

- [All Africa Media](#)
- [Africa Communications Media Group](#)
- [Media 4 Africa](#)
- [African Media Initiative](#)
- [Media in Africa - Statistics and Facts](#)
- [Media of Africa](#)

XII. Government, Embassies and Consulates

➤ *Click on the links below for information on government, embassies and consulates in Africa.*

- [What Type of Government Does Africa Have?](#)
- [Governments in Africa by Country](#)
- [List of African Union Member States by Political System](#)
- [African Embassies](#)

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in Africa.*

- [Travel Health Information for Africa](#)
- [Africa CDC](#)
- [World Health Organizations Africa Newsroom](#)
- [African Federation for Emergency Medicine \(AFEM\)](#)
African Federation for Emergency Medicine (AFEM), founded in November 2009, represents a broad coalition of national societies, organizations, and individuals from over 40 countries dedicated to securing high-quality emergency care for all people across Africa.
- [eHealth Africa](#)
eHealth Africa, which builds stronger health systems through the design and implementation of data-driven solutions that respond to local needs and provide underserved communities with tools to lead healthier lives.
- [World Health Organization Africa - Ageing](#)
- [African Institute of Public Health Professionals \(AIPHP\)](#)
African Institute of Public Health Professionals (AIPHP), a continental assembly of solution-oriented health care professionals of diverse specialties, improving public health in Africa and thereby reducing the burden of diseases and infirmities
- [Africa Health](#)
Africa Health, provided by the African Centre for Global Health and Social Transformation (ACHEST), a network of African and international leaders in health and development, an independent think tank and a network
- [All Africa - Health](#)
- [Africa Federation for Emergency Medicine](#)

Burn Care Centers in Africa

➤ **The Pan African Burn Society (PABS)**

- Tel: (+23) 480 3740 6218

Email: okechukwu.onumaegbu@unn.edd.ng

The objectives of PABS are to improve the overall care of the many burn victims in Africa, ensure adequate training of practitioners that support it, and to sensitize governments and target populations on burns to minimize stigma.

➤ **African Burn Relief**

- Email: africanburnrelief@gmail.com

The African Burn Relief Program is dedicated to providing specialized medical care for burn victims in rural Africa who have little to no access to adequate services

EGYPT

Overview

Medical care in Egypt falls short of U.S. standards. The U.S. Embassy in Cairo can provide a list of local hospitals and English-speaking physicians. Emergency and intensive care facilities are limited. Most Nile cruise boats do not have a ship's doctor, but some employ a medical practitioner of uncertain qualification. Hospital facilities in Luxor and Aswan are inadequate, and they are nonexistent at most other ports-of-call. The Egyptian ambulance service hotline is 123, but Egyptian ambulance service is not reliable.

I. Funding and Charity/Non-Profit Information

- *Click the links below for information on funding and charity/non-profits in Egypt.*
 - [Egypt Crowdfunding Campaigns](#)
 - [Care - Relief Efforts in Egypt](#)
 - [Charities in Egypt](#)

II. Visas

- *Click the links below for information visas in Egypt.*
 - [Complete Guide - Egypt Visa on Arrival, E-Visa and Other Options](#)
 - [E-Visa Egypt](#)
 - [Get Your Egypt Visa Online](#)
 - [Egypt E-Visa Portal](#)
 - [Visa Policy of Egypt](#)

III. Guides and Interpreters

➤ *Click the links below for information guides and interpreters in Egypt.*

- [Egy Transcript](#)
- [Translation Agencies in Egypt](#)
- [Egy Perfect 24/7 Translation Services](#)
- [Egyptian Translators and Linguists' Association](#)
- [Interpreters - Cairo](#)

IV. Transportation

➤ *The links below provide information on transportation in Egypt.*

- [Lonely Planet - Egypt](#)
- [Transportation Companies in Egypt](#)
- [Transport in Egypt](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *The links below provide information on humanitarian aid and emergency relief organizations in Egypt.*

- [Egyptian Red Crescent Society](#)
Abd El Razek Al Sanhoury Street
Nasr City, 8th District
Cairo
P.O. Box 7516
Cairo
Tel: (20) 2 26703979/81/83
Fax: (20) 2 26703967
Email: erc@egyptianrc.org

- [UNICEF Egypt](#)
- [Doctors Without Borders Egypt](#)

VI. Host Families/Accommodations

➤ *The links below provide information on host families and accommodations in Egypt.*

- [Homestay Cairo](#)
- [Find Host Families from Egypt](#)
- [Egyptian Home](#)
- [Homestay Egypt](#)
- [Homestay Host Families in Cairo](#)
- [Homestay Host Families in Egypt](#)

VII. Food, Clothing and Entertainment

➤ *The links below provide information on food, clothing and entertainment in Egypt.*

- [Traditional Egyptian Food](#)
- [Egyptian Food That Goes Beyond the Ordinary](#)
- [Egyptian Recipes](#)
- [Egyptian Cuisine](#)
- [Egyptian Clothing 2022](#)
- [Cairo Fashion Week](#)
- [Entertainment in Egypt](#)

VIII. Education

➤ *Click on the links below for information on education in Egypt.*

- [Egypt Education Stats](#)
- [Education System in Egypt](#)
- [Egyptian Education](#)
- [Education in Egypt](#)
- [Education in Egypt](#)

IX. Socialization

➤ *Click on the links below for information on socialization in Egypt.*

- [Culture Crossing Guide - Egypt](#)
- [Egypt - Language, Culture, Customs and Etiquette](#)
- [Culture of Egypt](#)

X. Psychological Support

➤ *The links below provide information on psychological support in Egypt.*

- [Psychologists Cairo, Egypt](#)
- [Psychological and Psychiatric Services](#)
- [Nine Psychology - House of Therapies](#)
- [American University in Cairo - Department of Psychology](#)

XI. Media

➤ *Click on the links below for information on media in Egypt.*

- [Egyptian Newspapers](#)
- [Press Reference - Egypt](#)
- [Egypt Newspapers, Media, Internet, Broadcast and Magazines](#)
- [Egyptian Media Group](#)
- [Media Landscape - Egypt Television](#)
- [Egypt Profile - Media](#)
- [Mass Media in Egypt](#)

XII. Government, Embassies and Consulates

➤ *Click on the links below for information on government, embassies and consulates in Egypt.*

- [What Type of Government Does Egypt Have?](#)
- [Egypt Government Stats](#)
- [The Arab Republic of Egypt Presidency](#)
- [Egypt Visa Applications at an Embassy or Consulate](#)
- [Embassies and Consulates in Cairo](#)
- [Locations of Egypt Embassy and Consulate Around the World](#)
- [Egypt Embassies and Consulates](#)

- [U.S. Embassy in Egypt](#)
8 Kamal El Din Salah St.
Garden City, Cairo
Tel: (+20) 2 2797 3300
- [Embassy of Egypt, Washington, D.C.](#)
3521 International Court, NW
Washington, DC 20008
Tel: (202) 895-5400
Fax: (202) 244-4319
Email: embassy@egyptembassy.net

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in Egypt.*

- [World Health Organization Egypt](#)
- [World Health Organization - Egypt Multimedia Content](#)
- [CDC Travelers' Health - Egypt](#)
- [CDC Global Health - Egypt](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click on the links below for information on medical organizations/hospital and physician resources in Egypt.*

- [Physicians/Doctors Directory in Egypt](#)
- [Best Doctors in Egypt](#)
- [List of Best Clinics and Hospitals in Egypt \(2022\)](#)
- [Hospitals in Egypt](#)
- [List of Hospitals in Egypt](#)

Burn Care in Egypt

➤ **Ahl Masr Hospital**

- 19 Akhenaton Street
Area 1, 5th District, 5th Settlement
Cairo

Tel: (+202) 16863

Tel: (+202) 22330564

Ahl Masr Hospital is the first and largest non-profit burn specialized medical complex and research center in Egypt.

➤ **Kasr Al-Ainy Burn Unit (KABU)**

- Tel: (+20) 100 1557755

Email: info@kasralainy.net

KABU is one of the oldest and most well-established burn centers that serves Cairo.

ETHIOPIA

Overview

Health facilities in Addis Ababa are very limited and are generally inadequate outside the capital. Even the best hospitals in Addis Ababa suffer from inadequate facilities, antiquated equipment, and shortages of supplies (particularly medicines). There is a shortage of physicians. Emergency assistance is limited. Psychiatric services and medications are practically nonexistent. Serious illnesses and injuries often require travelers to be medically evacuated from Ethiopia to a location where adequate medical attention is available. Such “medivac” services are very expensive and are generally available only to travelers who either have travel insurance that covers medivac services or who are able to pay in advance the considerable cost of such services (often in excess of USD \$40,000).

I. Funding and Charity/Non-Profit Information

- *Click on the links below for information on funding and charity/non-profits in Ethiopia.*
 - [Non-Profit Law in Ethiopia](#)
 - [Charity: Water, Ethiopia](#)
 - [Concern Worldwide - Ethiopia](#)
 - [Wegene Ethiopian Foundation](#)
 - [Go Get Funding - Drought in Ethiopia](#)
 - [GoFundMe - Support Ethiopians](#)
 - [Eithiopiaid](#)

II. Visas

- *Click on the links below for information on visas in Ethiopia.*
 - [Ethiopia Visas](#)
 - [Ethiopia Visa - How to Apply and Cost](#)

- [Ethiopia Visa](#)
- [Immigration and Citizenship Services](#)
- [Visa Policy of Ethiopia](#)

III. **Guides and Interpreters**

➤ *The links below provide information on guides and interpreters in Ethiopia.*

- [Translation Agencies in Ethiopia](#)
- [Translate 4 Africa](#)
- [Translation Services in Ethiopia](#)
- [Horizon Tico - Translation and Interpretation Services in Ethiopia](#)

IV. **Transportation**

➤ *The links below provide information transportation in Ethiopia.*

- [Getting Around Ethiopia](#)
- [Ethiopia - Transportation](#)
- [Transport in Ethiopia](#)
- [Wikitravel - Ethiopia](#)

V. **Humanitarian Aid/Emergency Relief Organizations**

➤ *The links below provide information on humanitarian aid and emergency relief organizations.*

- [Ethiopian Red Cross Society](#)
Ras Desta Damtew Avenue
P.O. Box 195
Addis Ababa

Tel: (+251) 115 15 90 74/115 51 91 44/115 51 91 71

Fax: (+251) 115 51 26 43

Email: ercsinfo@redcrosseth.org

- [UNICEF Ethiopia](#)
- [Doctors Without Borders Ethiopia](#)

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families and accommodations in Ethiopia.*

- [Homestay - Addis Ababa](#)
- [Homestay - Ethiopia](#)
- [Sustaining 50 Reunified Children in Rural Ethiopia](#)
- [Peace Corp - Ethiopia](#)

VII. Food, Clothing and Entertainment

➤ *Click on the links below for information on host families and accommodations in Ethiopia.*

- [A Guide to Traditional Ethiopian Cuisine](#)
- [The Traditional Foods of the Central Ethiopian Highlands](#)
- [Ethiopian Cuisine](#)
- [Ethiopian Design - Clothing](#)
- [Traditional Dress in Ethiopia](#)
- [Ethiopian Entertainment](#)
- [Ethiopian Entertainers](#)

VIII. Education

➤ *Click on the links below for information on education in Ethiopia.*

- [Together We Learn](#)
- [Ethiopian Education Foundation](#)
- [Education System in Ethiopia](#)
- [Education in Ethiopia](#)
- [Ethiopia Education Stats](#)

IX. Socialization

➤ *Click on the links below for information on socialization in Ethiopia.*

- [Ethiopia History, Language and Culture](#)
- [The Culture of Ethiopia](#)
- [Countries and Their Cultures - Ethiopia](#)
- [Ethiopia - Culture, Etiquette and Business Practices](#)
- [Culture of Ethiopia](#)

X. Psychological Support

➤ *The links below provide information on psychological support in Ethiopia.*

- [Psychology Programs in Ethiopia](#)
- [Development of Psychology in Ethiopia](#)
- [Future of Counseling in Ethiopia](#)

XI. Media

➤ *The links below provide information on media in Ethiopia.*

- [Ethiopia Newspapers, Media, Broadcast, Internet and Magazine News](#)
- [Mass Media in Ethiopia](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on media in Ethiopia.*

- [What Type of Government Does Ethiopia Have?](#)
- [Government of Ethiopia](#)
- [Embassy Worldwide - Ethiopia](#)
- [Ethiopia Embassies and Consulates](#)
- [Embassies and Consulates in Ethiopia](#)

- [U.S. Embassy in Ethiopia](#)

Entoto Street
P.O. Box 1014
Addis Ababa
Tel: 517 40 00
Fax: 517 40 01
Email: pasaddis@state.gov

- [Embassy of Ethiopia in the U.S.](#)

3506 International Drive, NW
Washington, DC 20008
Tel: (202) 364-1200
Fax: (202) 587-0195
Email: info@ethiopianembassy.org

XIII. Health/Education Organizations

➤ *The links below provide information on health/education organizations in Ethiopia.*

- [CDC in Ethiopia](#)
- [CDC - Global HIV and TB - Ethiopia](#)
- [CDC Travelers' Health - Ethiopia](#)
- [World Health Organization - Ethiopia](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *The links below provide information on medical organizations/hospital and physician resources in Ethiopia.*

- [Ethiopian Medical Association](#)
- [Hospital Specialists, Physicians, Doctors in Ethiopia](#)
- [Doctors in Ethiopia](#)
- [Best Hospitals in Addis Ababa, Ethiopia](#)
- [Hospitals in Ethiopia](#)
- [Hospitals in Ethiopia](#)
- [Best Hospitals in Ethiopia](#)
- [List of Hospitals in Ethiopia](#)

Burn Care in Ethiopia

➤ **Improving Burn Care in Ethiopia**

- 252 Cowbridge Road East
Cardiff, CFS 1GZ, Wales UK
Email: office@interburns.org

➤ **Addis Ababa Burn Emergency and Trauma Hospital**

KENYA

Overview

Adequate medical services are available in Nairobi. Frequent outbreaks of cholera and malaria are endemic in Kenya outside Nairobi.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity/non-profits in Kenya.*

- [Global Giving - Kenya](#)
- [Kenya Crowdfunding Campaigns](#)
- [Funds For NGOs - Kenya](#)
- [Kenya Association of Fundraising Professionals](#)

II. Visas

➤ *Click on the links below for information on visas in Kenya.*

- [Kenya Visa](#)
- [How to Get a Visa for Kenya](#)
- [eVisa Kenya](#)
- [Visa Policy of Kenya](#)

III. Guides and Interpreters

➤ *The links below provide information on guides and interpreters in Kenya.*

- [Translators Without Borders - Kenya](#)

- [Interpreters Travel - Nairobi](#)
- [Professional Interpreting Services in Nairobi](#)

IV. Transportation

➤ *The links below provide information on transportation in Kenya.*

- [Transport in Kenya - Best Ways to Get Around](#)
- [Kenya Transportation](#)
- [A Tourist Guide to Public Transport in Kenya](#)
- [Kenya Transport Stats](#)
- [Transport in Kenya](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *The links below provide information on humanitarian aid/emergency relief organizations in Kenya.*

- [Kenya Red Cross](#)
- [UNICEF Kenya](#)
- [Doctors Without Borders Kenya - What We Do](#)
- [Doctors Without Borders Kenya - Get In Touch](#)
- [Doctors Without Borders Kenya](#)

VI. Host Families/Accommodations

➤ *The links below provide information on host families and accommodations in Kenya.*

- [Homestay Kenya](#)

- [Peace Corps Kenya](#)
- [Homestay Host Families in Kenya](#)
- [AuPair - Kenya](#)

VII. Food, Clothing and Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in Kenya.*

- [Kenya Recipes](#)
- [Kenya Food Overview](#)
- [The Food of Kenya](#)
- [An Introduction to Kenyan Traditional Dress](#)
- [National Dress of Kenya](#)
- [Clothes to Wear in Kenya](#)
- [Curated Guide to Kenya](#)
- [Kenya Entertainment Centres](#)

VIII. Education

➤ *Click on the links below for information on education in Kenya.*

- [Kenya Education Fund](#)
- [Education and Schools in Kenya](#)
- [Education System in Kenya](#)
- [Kenya - Investing in Education for a Better Future](#)
- [Education in Kenya](#)

- [Education in Kenya](#)

IX. Socialization

➤ *Click on the links below for information on socialization in Kenya.*

- [Culture Crossing Guide - Kenya](#)
- [Kenya - Culture, Etiquette and Business Practices](#)
- [Kenya History, Language and Culture](#)

X. Psychological Support

➤ *Click on the links below for information on psychological support in Kenya.*

- [CBT Kenya](#)
- [The Psychological Society of Kenya](#)
- [Therapists in Nairobi, Kenya](#)
- [Kenya Association of Professional Counselors](#)

XI. Media

➤ *Click on the links below for information on media in Kenya.*

- [Kenya Newspapers, Broadcast, Internet and Mass Media](#)
- [Kenya Media Stats](#)
- [Mass Media in Kenya](#)

XII. Government, Embassies and Consulates

➤ *The links below provide information on government, embassies and consulates in Kenya.*

- [Arms of Government - The Executive](#)
- [What Type of Government Does Kenya Have?](#)
- [Government of Kenya](#)
- [List of Diplomatic Missions in Kenya and Kenyan Diplomatic Missions Abroad](#)
- [Embassies of Kenya](#)
- [Kenya Embassies and Consulates](#)
- [U.S. Embassy in Kenya](#)
United Nations Avenue Nairobi
P.O. Box 606
Village Market 00621
Nairobi
Tel: 020 363 6451
Tel: 070 963 6451
Fax: 020 363 3410
- [Kenyan Embassy in the U.S.](#)
2249 R Street, NW
Washington, DC 20008
Tel: (202) 387-6101
Fax: (202) 462-3829
Email: information@kenyaembassy.com

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations.*

- [World Health Organization Kenya](#)
- [World Health Organization Africa - Newsroom](#)

- [CDC Travelers' Health - Kenya](#)
- [CDC Global Health - Kenya](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click on the links below for information on medical organizations/hospital and physician resources in Kenya.*

- [Doctors in Kenya](#)
- [List of Doctors in Kenya](#)
- [List of Hospitals in Kenya](#)
- [Hospitals in Kenya](#)
- [List of Hospitals in Kisumu County](#)
- [List of Hospitals in Nairobi and Contacts](#)
- [Kijabe Hospital](#)
 P.O. Box 20
 Kijabe 00220
 Tel: 07 09 728 200 (General Inquiries)
 Tel: 07 87 145 122 (On-Call Manager)
 Email: cad@kijabehospital.org
- [Moi Teaching and Referral Hospital](#)
 P.O. Box 3-30100
 Eldoret, Kenya
 Nandi Road,
 Uasin Gishu County
 Tel: (+254) 053 2033471/2/3/4
 Tel: (+254) 053 20 30040
 Tel: (+254) 722 201277 (Cell)
 Tel: (+254) 734 600461 (Cell)
 Email: ceo@mtrh.go.ke

- [Kenyatta National Hospital](#)
P.O. Box 20,
Kijabe 00220
P.O Box 20723-00202
Nairobi
Tel. 020-2726300
Tel: 07 0985 4000/ 07 3064 3000 (Cell)
Email: knhadmin@knh.or.ke

Burn Care in Kenya

- [Eskenazi Health Foundation](#)
 - Richard M. Fairbanks Foundation Burn Center
720 Eskenazi Ave.
Fifth Third Bank Building
Indianapolis, IN 46202
Tel: (317) 880 4900
Tel: (317).880 4903 (Harry Dyer Burn Center)
Fax: (317).880 0505
Email: info@EskenaziHealthFoundation.org

NIGERIA

Overview

While Nigeria has many well-trained doctors, medical facilities in Nigeria are in poor condition, with an inadequately trained nursing staff. Diagnostic and treatment equipment is most often poorly maintained, and many medications are unavailable. Caution should be taken as counterfeit pharmaceuticals are a common problem and may be difficult to distinguish from genuine medications. This is particularly true of generics purchased at local pharmacies or street markets. Hospitals often expect immediate cash payment for health services.

I. Funding and Charity/Non-Profit Information

- *Click on the links below for information on funding and charity/non-profit information in Nigeria.*
 - [Charity Organizations in Nigeria](#)
 - [Charity Crowdfunding in Nigeria](#)
 - [Nigeria Crowdfunding Campaigns](#)

II. Visas

- *Click on the links below for information on visas information in Nigeria.*
 - [Nigeria Visa Application Guidelines](#)
 - [Nigeria Visa](#)
 - [Apply for Nigeria Visa Online](#)
 - [Business Visa Application Requirements for a Nigeria Visa](#)
 - [Visa Policy of Nigeria](#)

III. **Guides and interpreters**

➤ *The links below provide information on guides and interpreters in Nigeria.*

- [Translators Without Borders - Language Data for Nigeria](#)
- [Nigerian Institute of Translators and Interpreters \(NITI\)](#)
- [Nigeria Language Translation Services](#)
- [Translation Services in Nigeria - Individuals and Businesses](#)

IV. **Transportation**

➤ *The links below provide information on transportation in Nigeria.*

- [Expat Arrivals - Getting Around in Lagos](#)
- [Expat Arrivals - Transport and Driving in Nigeria](#)
- [Getting Around Nigeria - Travel, Transport and Car Rental](#)
- [Wikitravel - Nigeria](#)
- [Top 10 Trusted Transport Companies in Nigeria](#)
- [Nigeria - Transportation](#)
- [Transport in Nigeria](#)

V. **Humanitarian Aid/Emergency Relief Organizations**

➤ *Click on the links below for information on humanitarian aid/emergency relief organizations.*

- [Doctors Without Borders](#)
- [World Health Organization - Nigeria](#)
PMB 2851 Garki 900001
Abuja, FCT, Nigeria

Tel: (+47) 241 39402
Fax: (+47) 241 39503
Email: afrogocom@who.int

- **[International Committee of the Red Cross](#)**

National Headquarters
Nigerian Red Cross, Plot 589
T.O.S. Benson Crescent Off Ngozi Okonjo Iweala Street
Utako District Abuja, Federal Capital Territory
Tel: 070 5699 0020, 080 3123 0430
Email: admin@redcrossnigeria.org

In Nigeria, the ICRC helps people affected by armed conflict and violence, particularly in the northeast, the Middle Belt and the Niger Delta states. They promote IHL and other rules that protect people during armed violence and we support the emergency-response work of the Nigerian Red Cross.

- **[UNICEF - Nigeria](#)**

Plot 617/618, Diplomatic Drive
Central Business District
PMB 2851, Garki, Abuja
Tel: (+234) 0 803 525 0288 (SMS and WhatsApp only)
Tel: (+234) 9 461 8600, 461 8505
Fax: (+234) 9 461 8578

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families and accommodations in Nigeria.*

- **[Homestays - Nigeria](#)**
- **[Host a Nigerian Student in the U.S.](#)**

VII. Food, Clothing and Entertainment

➤ *The links below provide information on food, clothing and entertainment in Nigeria.*

- **[All Nigerian Recipes](#)**
- **[Nigerian Cuisine](#)**

- [Fashion and Style Pictures in Nigeria](#)
- [Fashion in Nigeria](#)
- [Within Nigeria - Entertainment](#)
- [Entertainment in Nigeria](#)

VIII. **Education**

➤ *Click the links below for information on education in Nigeria.*

- [Education in Nigeria - Statistics and Facts](#)
- [Nigeria Education](#)
- [Transforming Education - Nigeria](#)
- [Education System in Nigeria](#)
- [Nigeria Education Stats](#)
- [Education in Nigeria](#)
- [Education in Nigeria](#)

IX. **Socialization**

➤ *Click the links below for information on socialization in Nigeria.*

- [Nigerian Culture, Customs and Traditions](#)
- [Nigeria - Culture, Etiquette and Business Practices](#)
- [Culture of Nigeria](#)

X. Psychological Support

➤ *Click the links below for information on psychological support in Nigeria.*

- [Nigerian Association of Clinical Psychologists](#)
- [Therapists in Nigeria](#)
- [Therapists in Lagos](#)
- [Therapists in Abuja](#)
- [Nigerien University - Psychology](#)

XI. Media

➤ *Click the links below for information on media in Nigeria.*

- [Nigeria Newspapers and News Media](#)
- [Media Landscapes - Nigeria](#)
- [History of the Nigerian Mass Media](#)
- [Nigeria Media Stats](#)
- [Nigeria Profile - Media](#)
- [Mass Media in Nigeria](#)

XII. Government, Embassies and Consulates

➤ *Click the links below for information on government, embassies and consulates in Nigeria.*

- [What Type of Government Does Nigeria Have?](#)
- [Federal Republic of Nigeria](#)

- [U.S. Embassy and Consulate in Nigeria](#)
U.S. Embassy Abuja
Plot 1075 Diplomatic Drive
Central District Area, Abuja, Nigeria
Tel: (+234) 9 461 4000
Fax: (+234) 9 461 4036
- [Nigeria Embassy in the United States](#)
3519 International Court, NW
Washington, DC 20008
Tel: (202) 800 7201 (Ext.100)
Email: info@nigeriaembassyusa.org

XIII. Health/Education Organizations

- *The links below provide information on health/education organizations in Nigeria.*
 - [World Health Organization Nigeria](#)
 - [CDC in Nigeria](#)
 - [CDC Travelers' Health - Nigeria](#)
 - [National Centre for Disease Control](#)

XIV. Medical Organizations/Hospital and Physician Resources

- *The links below provide information on medical organizations/hospital and physician Resources.*
 - [Nigeria Medical Practitioners](#)
 - [Nigerian Medical Doctors](#)
 - [22 Best List of Federal Hospitals in Nigeria](#)
 - [Hospitals in Nigeria](#)
 - [Kaduna Hospitals](#)

- [List of Hospitals in Nigeria](#)

Burn Care in Nigeria

➤ [Interburns](#)

- Interburns is a highly regarded UK-based charity responsible for developing a comprehensive approach to quality improvement which has been implemented in countries across Asia, Africa and the Middle East, including Nigeria.

➤ [Nigerian Burn Injuries Society \(NBIS\)](#)

- Dr Chinedu Ilokanuno
Department of Surgery
Azikwe University Teaching Hospital
Nnewi, Anambra State
Tel: (+234) 803 540 7516
Email: info@nbis.org.ng

➤ [Nigerian Association of Plastic, Reconstructive and Aesthetic Surgeons](#)

- Nigerian Association of Plastic Reconstructive and Aesthetic Surgeons is the umbrella body for trained and certified Plastic Surgeons as well as trainees (residents) of the specialty in Nigeria.

SOUTH AFRICA

Overview

Private medical facilities are good in urban areas and in the vicinity of game parks, but they may be limited elsewhere. Pharmacies are well stocked and equivalents to most American medicines are available.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity/non-profits in South Africa.*

- [List of South African Charities](#)
- [South Africa Institute of Fundraising \(SAIF\)](#)
- [South Africa Crowdfunding Campaigns](#)

- [Mothers to Mothers](#)

Tel: (+27) 21 466 9160 (South Africa)

Tel: (+323) 969-0447 (United States)

Email: info@m2m.org

Mothers2Mothers is an effective, sustainable model of care that provides education and support for pregnant women and new mothers living with HIV/AIDS.

II. Visas

➤ *Click on the links below for information on visas in South Africa.*

- [Medical Treatment Visa South Africa](#)
- [South Africa Medical Visa](#)
- [VISA Medicals to South Africa](#)
- [Medical Visa](#)

III. **Guides and interpreters**

➤ *Click on the links below for information on guides and interpreters in South Africa.*

- [Interpreters and Sign Language Organizations in South Africa](#)
- [Soror Language Services](#)
- [Interpreters - South Africa](#)

IV. **Transportation**

➤ *Click on the links below for information on transportation in South Africa.*

- [South Africa Transport](#)
- [Department of Transport - South Africa](#)
- [Transportation in South Africa: Trains, Buses and Taxis](#)
- [Transport in South Africa](#)

V. **Humanitarian Aid/Emergency Relief Organizations**

➤ *The links below provide information on humanitarian aid/emergency relief organizations in South Africa.*

- [Doctors Without Borders South Africa](#)
Orion Building, 3rd floor
49 Jorissen Street
Braamfontein 2017
Johannesburg
Tel: (+27) 11.403.44.40
Fax: (+27) 11.403.44.43
Email: office-joburg@joburg.msf.org
- [UNICEF - Eastern and Southern Africa](#)
- [South African Red Cross](#)

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families/accommodations in South Africa.*

- [Homestay - Cape Town](#)
- [Homestay - South Africa](#)
- [AFS Host Family](#)
- [AFS - South Africa](#)
- [Homestays in Cape Town](#)
- [Homestay Host Families in Cape Town](#)
- [Homestay Host Families in Johannesburg](#)
- [Homestay - South Africa](#)
- [Homestay in South Africa](#)
- [Homestay in South Africa](#)
- [South Africa - Host Families](#)
- [Go AuPair - South Africa](#)

VII. Food, Clothing and Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in South Africa.*

- [South Africa Recipes](#)
- [South African Cuisine](#)
- [Traditional South African Clothing](#)

- [South Africa Clothing Packing](#)
- [South African Fashion Brands You Should Know](#)
- [South Africa Family Fun](#)
- [South Africa Events](#)
- [Things to do in South Africa](#)
- [South Africa TV and Entertainment](#)

VIII. **Education**

➤ *The links below provide information on education in South Africa.*

- [History of Education in South Africa](#)
- [Republic of South Africa - Education](#)
- [Education in South Africa](#)
- [South Africa Education Stats](#)
- [Education in South Africa](#)
- [Education in South Africa](#)
- [Education System in South Africa](#)
- [Education in South Africa](#)
- [Education in South Africa](#)
- [List of Universities in South Africa](#)

IX. Socialization

➤ *The links below provide information on socialization in South Africa.*

- [South African Culture, Customs and Traditions](#)
- [Culture of South Africa](#)

X. Psychological Support

➤ *Click on the links below for information on psychological support in South Africa.*

- [Therapists in South Africa](#)
- [Find Counseling Now - South Africa](#)
- [Psychological Society of South Africa \(PsySSA\)](#)
- [Counseling Psychology South Africa \(CPSA\)](#)

XI. Media

➤ *Click on the links below for information on media in South Africa.*

- [Press Reference South Africa](#)
- [South Africa Newspapers, Media, Magazines, Internet](#)
- [South Africa Profile - Media](#)
- [Mass Media in South Africa](#)

XII. Government, Embassies and Consulates

➤ *Click on the links below for information on government, embassies and consulates in South Africa.*

- [What Type of Government Does South Africa Have?](#)

- [South African Government](#)
- [National Government of South Africa](#)
- [Government of South Africa](#)
- [U.S. Embassy and Consulates in South Africa](#)
P.O. Box 9536
Pretoria 0001 877
Pretorius St Arcadia, Pretoria
Tel: (+27) 12 431-4000
Fax: (+27) 12 342-2299
- [Embassy of the Republic of South Africa in the U.S.](#)
3051 Massachusetts Ave, NW
Washington, DC 20008
Tel: (202) 232-4400
Fax: (202) 265-1607
Email: media@saembassy.org

XIII. Health/Education Organizations

- *Click on the links below for information on health/education organizations in South Africa.*
- [CDC Global Health - South Africa](#)
- [CDC - Travelers' Health South Africa](#)
- [World Health Organization South Africa](#)

XIV. Medical Organizations/Hospital and Physician Resources

- *Click on the links below for information on medical organizations/hospital and physician resources in South Africa.*
- [South Africa Doctors](#)
- [Find Doctors in and Around South Africa](#)

- [Doctors in South Africa](#)
- [Doctors Physicians in South Africa](#)
- [Public Hospitals in Pretoria](#)
- [Hospitals in South Africa](#)
- [List of Hospitals in South Africa](#)

Burn Care in South Africa

- [Netcare Milpark Hospital Burns Facilities and Services](#)
 - 76 Maude Street
Corner West Street
Sandton 2196
Private Bag X34
Benmore 2010
Tel: (+27) 11 301 0000
Fax: (+27) 11 301 0439
Netcare Milpark Hospital is the only dedicated facility in the private sector in South Africa for the treatment of patients with burn injuries.
- [Burn Care Trust](#)
 - Burn Care Trust is a non-profit organization on a mission to revolutionize and transform burn care in South Africa.
- [South African Burn Society](#)
 - P.O. Box 21740
Durban, KwaZulu-Natal
Tel: (+27) 82 427 7187
South African Burn Society is dedicated to the prevention of burn injury, the promotion of comprehensive burn care, and the ongoing development of research in the field. The SABS is responsible for setting and maintaining the highest clinical and ethical guidelines and standards for burn care in South Africa.

CONTINENT: ANTARCTICA

Overview

For visitors to Antarctica, very cold temperatures and intense winds are the main health hazards. Antarctica is the windiest, driest, most freezing region on earth. Temperatures vary greatly since the continent is in darkness all winter and in sunlight all summer. The effects of the sun in Antarctica, due to the sun's reflection off the snow, can harm the eyes and skin, so protection needs to be taken.

I. Funding and Charity/Non-Profit Information

➤ *Click on the links below for information on funding and charity/non-profits in Antarctica.*

- [Antarctic Heritage Trust](#)
- [Oceanites](#)
- [List of Organizations with an Antarctic Focus](#)
- [NGOs Working in Antarctica](#)

II. Visas

➤ *Click on the links below for information on visas in Antarctica.*

- [Antarctica Visa](#)
- [Antarctica Visa and Passport Requirements](#)

III. Guides and Interpreters

➤ *The links below provide information on guides and interpreters in Antarctica.*

- [What Languages are Spoken in Antarctica?](#)
- [The Language Wiki - Antarctica](#)

- [Languages of Antarctica](#)

IV. Transportation

➤ *The links below provide information on transportation in Antarctica.*

- [Antarctica – Transportation](#)
- [Antarctic Travel Practicalities and Modern Vehicles](#)
- [Antarctica Transportation](#)
- [Transport in Antarctica](#)

V. Humanitarian Aid/Emergency Relief Organizations

➤ *The links below provide information on transportation in Antarctica.*

- [Emergency Medicine in Antarctica](#)
- [Antarctic Medevac An Outstanding Success](#)
- [Team McChord Responds to Antarctica Medevac](#)

VI. Host Families/Accommodations

➤ *Click on the links below for information on host families and accommodations in Antarctica.*

- [Homestays, Volunteering and Working Holidays in Antarctica](#)
- [The Population of Antarctica](#)
- [Jobs in Antarctica](#)

VII. Food, Clothing and Entertainment

➤ *Click on the links below for information on food, clothing and entertainment in Antarctica.*

- [What to Eat in Antarctica](#)
- [Antarctica Food - A Guide to What You Can Eat](#)
- [Food in Antarctica](#)
- [Antarctica - Food and Restaurants](#)
- [What Do You Eat in Antarctica?](#)
- [Antarctic Foods](#)
- [What to Wear in Antarctica](#)
- [Antarctica Clothing](#)
- [Modern Antarctic Clothing - Extreme Cold Weather](#)
- [17 Awesome Things to Do in Antarctica](#)
- [26 Unreal Things to Do in Antarctica](#)
- [Antarctica Recreation](#)

VIII. Education

➤ *Click on the links below for information on education in Antarctica.*

- [Antarctic Education Resources](#)
- [Informal STEM Education in Antarctica](#)
- [Antarctic Science with the Australian Antarctic Program](#)

IX. Socialization

➤ *Click on the links below for information socialization in Antarctica.*

- [Travel Guide - Antarctica Facts](#)
- [Antarctic Celebrations and Traditions](#)
- [Life in Antarctica](#)

X. Psychological Support

➤ *The links below provide information on psychological support in Antarctica.*

- [Braving the Ice - Psychologists Journey to Antarctica](#)
- [Psychological Hibernation in Antarctica](#)
- [Psychology at the End of the World](#)
- [Psychology in the Antarctica](#)

XI. Media

➤ *The links below provide information on media in Antarctica.*

- [Antarctica Newspapers and News Media](#)
- [Antarctic Media Program](#)

XII. Government, Embassies and Consulates

➤ *Click on the links below for information on government, embassies and consulates in Antarctica.*

- [The Government of Antarctica and Antarctic Politics](#)
- [Antarctica Government](#)

- [Antarctic Governance](#)

XIII. Health/Education Organizations

➤ *Click on the links below for information on health/education organizations in Antarctica.*

- [Travel Vaccines and Advice for Antarctica](#)
- [Swoop Antarctica - Staying Healthy](#)
- [CDC Travelers Health Antarctica](#)

XIV. Medical Organizations/Hospital and Physician Resources

➤ *Click on the links below for information on medical organizations/hospital and physician resources in Antarctica.*

- [U.S. State Department's Health Information for Antarctica](#)
Antarctica rarely has hospitals, pharmacies, or doctor's offices available to the public. Although cruise ships have the capacity to deal with minor ailments, medical emergencies often require evacuation to a country with modern medical facilities.
- [Center for Polar Medical Operations](#)
- [McMurdo General Hospital](#)
- [McMurdo Station](#)
- [Australian Antarctic Medical Facilities](#)

Additional Humanitarian Resources

ALPHABETICAL BY COUNTRY

ALBANIA

Overview

Medical facilities and capabilities in Albania are limited to rudimentary first aid treatment. Emergency and major medical care requiring surgery and hospital care is inadequate due to lack of specialists, diagnostic aids, medical supplies, and prescription drugs.

U.S. Embassy in Albania

Rruga Stavro Vinjau, 14
Tirana, Albania
Tel: (+355) 4 2247 285
Fax: (+355) 4 2232 222

Albanian Embassy in the U.S.

2100 S Street, NW
Washington DC 20008
Tel: (202) 223-4942
Fax: (202) 628-7342
Email: embassy.washington@mfa.gov.al

World Health Organization Albania

The WHO Representative and Head of Country Office
Gonzalez Montero, Dr Raul
Country Office Albania United Nations House
Skenderbej Street, Gurten Building, No 6 Tirana,
Tel: (+355) 422 66162

UNICEF Albania

Skenderbej Str. UN House Building 3rd floor
Tel: (+355) 4 454 8400
Email: tirana@unicef.org

Red Cross Albania

Rruga "Pjetër Budi"

Ndërtesa 19, Hyrja 10

1511 Tirana

Tel: (+355) 4 22 22 037 / 22 25 855

Fax: (+355) 42 225855

Email: kksh@kksh.org.al

ALGERIA

Overview

Hospitals and clinics in Algeria are available and improving in the large urban centers, but are still not up to western standards. Doctors and hospitals often expect immediate cash payment for services. Most medical practitioners speak French; English is not widely used.

[U.S. Embassy in Algeria](#)

05 Chemin Cheikh Bachir Ibrahimi
El-Biar 16030
Alger Algeria
Tel: [+213] 0 770 08 2000

[Embassy of Algeria to the U.S.](#)

2118 Kalorama Road NW
Washington DC, 20008
Tel: (202) 265-2800
Fax: (202) 986- 5906
Email: mail@algerianembassy.org

[World Health Organization Algeria](#)

Monsieur le Représentant de l'OMS
Nguessan, Dr François Bla
Boîte postale 823 16000 - Alger, Algeria
Tel: (+213) 2191 2615
Email: afwcoal@who.int

[Red Cross Algeria](#)

El Biar 16000
Tel: (+213) 23 04 40 21

[UNICEF Algeria](#)

BP No 420 Alger RP
Algiers 16000, Algeria
Tel: (+213) 21 92 72 98
Email: algiers@unicef.org

[U.S. Embassy in Algeria - Medical Assistance](#)

ANGOLA

Overview

Medical facilities and services are available in Angola, but are limited and often do not meet standards. Adequate care for medical emergencies is limited to Luanda, where there are some good private clinics that usually have a 24-hour service provided by a general practice physician and with specialists on call. Routine operations such as appendectomies can be performed. Local pharmacies provide a limited supply of prescriptions and over-the-counter medicines/drugs.

[U.S. Embassy in Angola](#)

Rua Houari Boumedienne #32
Luanda, Angola
C.P. 6468
Tel: (+244) 222 64 1000
Fax: (+244) 222 64 1000

[Angola Embassy in U.S.](#)

2100-2108 16th Street, NW
Washington, DC 20009
Office: (202) 785-1156
Fax: (202) 822-9049
Email: visa.consular@angola.org

[UNICEF - Angola](#)

Edificio Das Nações Unidas
Rua Major Kanhangulo 197
197 - 4th Floor
Luanda, Angola
Tel: (+244) 2- 26-430-870
Email: luanda@unicef.org

[World Health Organization - Angola](#)

3243 Luanda, Angola
Tel: (+244) 222 332398
Mobile: (+244) 927 842853
Email: agudeloh@ao.afro.who.int

Red Cross - Angola

Rua 1, Congresso no. 27

P.O. Box 927

Luanda

Tel: (+244) 931 677 572

Fax: (+244) 222 291 630

Email: contactos@cruzvermelha.og.ao, vquifica@yahoo.com

List of Medical Services in Luanda

ANGUILLA

Overview

There is only one hospital and a handful of clinics on Anguilla, so medical facilities are limited. Serious problems that necessitate extensive care or major surgery may require evacuation to the United States, often at considerable expense.

U.S. Embassy in Anguilla - Barbados and Eastern Caribbean

U.S. Embassy Bridgetown
Wilkey Business Park 14006
Barbados, W.I.
Tel: (+246) 227-4000

The Embassy of Barbados in the U.S.

2144 Wyoming Avenue,
NW, Washington DC 20008
Tel: (+202) 939-9200
Fax: (+202) 332-7467
Email: washington@foreign.gov.bb

UNICEF - Eastern Caribbean

UNICEF Office for the Eastern Caribbean Area
1st Floor, UN House
Marine Gardens, Christ Church
Tel: (+246) 467-6000
Email: bridgetown@unicef.org

World Health Organization - Anguilla

EHA Focal Point
Tel: (+264) 497 3274/ 264 497 3789
Fax: (+264) 497 3389
Email: smithkat@ecc.paho.org

Anguilla Red Cross

Watkin Hodge Rd
P.O. Box 1475 Stoney Ground
The Valley
B.W.I. AI2640
Tel: (+264) 584 0406
Email: info@redcross.ai

[U.S. Embassy in Barbados - Medical Assistance](#)

ANTIGUA AND BARBUDA

Overview

There are many qualified doctors in Antigua and Barbuda, but medical facilities are limited to a public hospital and a private clinic and are not up to U.S. standards. The principal medical facility on Antigua is Holberton Hospital.

Holberton Hospital

Queen Elizabeth Highway
Saint John's, St. John Antigua and Barbuda
Tel: 268462025

UNICEF - Antigua and Barbuda

U.S. Embassy in Barbados, the Eastern Caribbean and OECS

U.S. Embassy Bridgetown
Wilkey Business Park 14006
Barbados, W.I.
Tel: (+246) 227-4000

Embassy of Antigua and Barbuda in U.S.

OECS Building, 3216 New Mexico Ave., N.W.
D.C. 20016
Washington, United States
Tel: (202) 362 5122
Fax: (202) 362 5225
Email: info@embassyantiguabarbudadc.com

World Health Organization - Antigua and Barbuda

PAHO WHO Representative
Tel: +1 (246) 435 9263
Mobile: +1 (246) 23000298
Fax: +1 (246) 2285402
Email: lewism@ecc.paho.org

Antigua and Barbuda Red Cross

Red Cross Headquarters Old Parham Road

P.O. Box 727

St Johns, Antigua W.I.

Tel: +1 (268) 462 0800/460 9599/

Fax: (1) (268) 460-9595

Email: info@abredcross.org

U.S. Embassy in Barbados, the Eastern Caribbean and the OECS - Medical Assistance

ARMENIA

Overview

Though there are many competent physicians in Armenia, medical care facilities are limited, especially outside the major cities. The U.S. Embassy maintains a list of English-speaking physicians in the area. Most prescription medications are available, but the quality varies.

UNICEF - Armenia

UN Building

14, Petros Adamyan Street

Yerevan 0010

Armenia

Tel: (+374) 10-52-35-46

Email: yerevan@unicef.org

Website: <https://www.unicef.org/armenia/en>

U.S. Embassy in Armenia

1 American Avenue

Yerevan 0082,

Republic of Armenia

Tel: (+374 10) 464-700

Fax: (+374 10) 464-742

Email: usinfo@usa.am

Embassy of Armenian in the U.S.

2225 R Street, NW

Washington, DC 20008

Tel: (202) 319-1976

Fax: (202) 319-2982

Email: armembassyusa@mfa.am

World Health Organization - Armenia

9 Alek Manukyan St.

Yerevan 007, Armenia

Tel: (+374 10) 51 20 04

Fax: (+374 10) 51 20 13

Email: whoarm@euro.who.int

Red Cross Armenia

21/1, Paronyan St,

Yerevan, 0015

Tel: (+374 60) 62 50 50

U.S. Embassy in Armenia - Medical Assistance

ARUBA

Overview

Medical care is good in Aruba. There is one hospital, Dr. H.E. Oduber Hospital, that has medical standards which can be compared with an average small hospital in the U.S. The hospital has three classes of services and patients are accommodated according to the level of their insurance (i.e. first class: one patient to a room, TV, better food; second class: two to three patients to a room, shared bathroom; third class: 15 to 20 people in one hall). There is a small medical center in San Nicolas. The many drug stores, or “boticas” provide prescription and over the counter medicine. Emergency services are usually quick to respond. There are no country-specific health concerns.

[U.S. Embassy in Aruba \(U.S. Consulate General of Curacao\)](#)

J.B. Gorsiraweg 1
P.O. Box 158 Curacao
Netherlands Antilles
Tel: (+599) 9 461 3066
Fax: (+599) 9 461 6489
Email: info@amcongencuracao.an

[Embassy of Aruba in the U.S.](#)

4200 Linnean Avenue, NW,
Washington, D.C. 20008
Tel: (202) 362-3430
Fax: (202) 244-5300

[World Health Organization \(PAHO\) - Aruba](#)

EHA Focal Point
Tel: (58-212) 265 0403
Fax: (58-212) 261-6069
Email: jenkinsj@ven.ops-oms.org

[Red Cross Aruba](#)

Gallegostraat 14,
Oranjestad, Aruba
Tel: (+297) 582 2219
Email: info@redcrossaruba.com

[UNICEF - Aruba](#)

[U.S. Consulate General in Curacao - Medical Assistance](#)

AUSTRIA

Overview

There are an adequate number of hospitals available in Austria, and public health conditions are excellent. The level of community sanitation in Vienna meets or exceeds that of most large American cities.

[U.S. Embassy in Austria](#)

Boltzmanngasse 16 A-1090

Vienna, Austria

Tel: (+43-1) 31339 0

Fax: (+43-1) 310 06 82

E-mail: embassy@usembassy.at

[Austrian Embassy in U.S.](#)

3524 International Court

Washington, DC 20008

Tel: (202) 895-6700

Fax: (202) 895-6750

Email: washington-ka@bmeia.gv.at

[UNICEF - Austria](#)

Austrian Committee for UNICEF

Mariahilfer Straße 176/10

1150 Wien

Tel: (+43-1) 879 21 91

E-mail: info@unicef.at

[World Health Organization Austria](#)

WHO Regional Office for Europe

UN City

Marmorvej 51

DK-2100 Copenhagen Ø

Denmark

Tel.: (+45) 45 33 70 00

Fax: (+45) 45 33 70 01

Red Cross Austria

Wiedner Hauptstrasse 32

A-1041 Wien

Tel: (+43) 1 589 00-0

Fax: (+43) 1 589 00-199

Email: postmaster@roteskreuz.at

U.S. Embassy in Austria - Medical Assistance

AZERBAIJAN

Overview

A few western-type medical clinics, the quality of which is comparable to those in western countries, are operating in Baku.

[U.S. Embassy in Azerbaijan](#)

111 Azadlig Ave
AZ1007 Baku
Tel: (+994) 12 488 3300

[Embassy of Azerbaijan in U.S.](#)

2741 34th street, N.W.
Washington, DC 20008
Tel: (202) 337-3500
Fax: (202) 337-5911
Email: azerbaijan@azembassy.us

[UNICEF - Azerbaijan](#)

24, Neftchilar avenue, Dalga Plaza
Baku AZ1095
Tel: (+994) 12 492 3013
Email: baku@unicef.org

[World Health Organization - Azerbaijan](#)

3, UN 50th Anniversary Street AZ-1001
Baku
Tel: (+994) 124 989888

[Red Cross - Azerbaijan](#)

75 Fatali Khan Khoyski
Baku
Tel: (+994) 12 465 63 34
Email: baku@icrc.org

[U.S. Embassy in Azerbaijan - Medical Assistance](#)

THE BAHAMAS

Overview

High-quality medical care is generally available, but expensive, in Nassau and Freeport. Medical care is limited outside of Nassau and Freeport. There is a chronic shortage of blood at Princess Margaret Hospital in Nassau, where most emergency surgery is performed. Ambulance service is available, but may not be able to respond quickly in the event of a major emergency or disaster.

U.S. Embassy in The Bahamas

U.S. Embassy Nassau
42 Queen St.
Nassau
Tel: +1 (242) 322-1181
Fax: +1 (242) 356-7174

Embassy of The Bahamas to the U.S.

2220 Massachusetts Avenue, NW
Washington, DC 20008
Tel: (202) 319-2660
Fax: (202) 319-2668
Email: embassy@bahmasembdc.org

World Health Organization - The Bahamas

P.O. Box N-4833 Nassau
New Providence, Bahamas
Tel: +1 (242) 326 0121/7299/7390
Fax: +1 (242) 326 7012
Email: e-mail@bah.paho.org

Red Cross - The Bahamas

94 John F. Kennedy Drive
P. O. Box N-8331
Nassau, Bahamas
Telephone: +1 (242) 323-7370
Fax: +1 (242) 323-7404
Email: info@bahamasredcross.org

[UNICEF - The Bahamas](#)

[U.S. Embassy in The Bahamas - Medical Assistance](#)

BAHRAIN

Overview

Basic modern medical care and medicines are available in several hospitals and health centers in Bahrain. Two government hospitals, several private hospitals, and numerous private clinics located throughout the country offer a wide range of medical services. Cardiac care, general surgery, internal medicine, obstetrics, gynecology, pediatrics, orthopedics, and dentistry services are readily available, as are x-rays, CT-scan and MRI testing. The government hospitals house both trauma and ICU units. Pharmacies are common throughout Bahrain and carry a wide range of medications. Prescriptions are normally required. Payment at all medical facilities is due at the time of service. Some hospitals have limited direct billing capability for certain insurance carriers. Billing and insurance practices vary among the medical facilities.

U.S. Embassy in Bahrain

Bldg 979, Road 3119, Block 331
Zinj
P.O. Box 26431
Manama
Tel: (+973) 17 242700
Fax: (+973) 17 272594

Embassy of The Kingdom of Bahrain

3502 International Drive NW
Washington, DC 20008
Tel: (202) 342-1111
Fax: (202) 362-2192
Email: ambsecretary@bahrainembassy.org

World Health Organization - Bahrain

Red Cross - Bahrain

Building 25, Road 1901
Block 319
Manama
Tel: 17 293 100
Fax: 17 291 797 or 17 293 171
Email: info@rcsbahrian.org, hilal@batelco.com.bh

UNICEF - Bahrain

C/O UNDP

P.O. Box 26814

Manama

UN House 69

Road 1901

Manama

Tel: (+973) 17 311600

Fax: (+973) 17 311500

Email: riyadh@unicef.org

U.S. Embassy Bahrain - Medical Assistance

BARBADOS

Overview

Medical care is generally good, but medical transport can take hours to respond and ambulance attendants are prohibited from applying lifesaving techniques during transport. Visits to the emergency room can involve waits of several hours; private clinics and physicians offer speedier service. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

[U.S. Embassy in Barbados, the Eastern Caribbean and the OECS](#)

Wilkey Business Park
St. Michael BB 14006
Barbados, W.I.
Tel: +1 (246) 227-4000

[The Embassy of Barbados in the U.S.](#)

2144 Wyoming Avenue NW
Washington, DC 20008
Tel: (202) 939-9200
Fax: (202) 332-7467
Email: washington@foreign.gov.bb

[World Health Organization - Barbados](#)

[Barbados Red Cross](#)

Warrens, St. Micheal
Barbados, West Indies
Tel: +1 (246) 417 2727
Email: barbadosredcross@gmail.com

[UNICEF Eastern Caribbean Area](#)

UNICEF Office for the Eastern Caribbean Area
1st Floor, UN House
Marine Gardens
Christ Church
Telephone: 246-467-6000
Email: bridgetown@unicef.org

[U.S. Embassy in Barbados - Medical Assistance](#)

BELARUS

Overview

Medical care in Belarus is limited. There is a severe shortage of basic medical supplies, including anesthetics, vaccines and antibiotics.

U.S. Embassy in Belarus

46 Starovilenskaya St.
Minsk 220002, Belarus
Tel: (+375) 17 210 1283/2177347/2177348
Fax: (+375) 17 334 78 53

Embassy of Belarus in the U.S.

1619 New Hampshire Ave, NW
Washington, DC 20009
Tel: (202) 986-1604
Fax: (202) 986-1805

World Health Organization Belarus

Fabricsusa Str. 28, Room 401 220007,
Minsk, Belarus
Telephone: (+375) 172 220445
Fax: (+375) 172 262165
Email: eurowhobl@who.int

Red Cross - Belarus

Karla Marksa Street 35
220030 Minsk
Tel: (+375) 17 327 14 17 (Reception)
Tel: (+375) (17) 327 08 46 (International Cooperation)
Fax: (+375) (17) 3271417
E-Mail: info@redcross.by

UNICEF - Belarus

UNICEF

22A, Krasnoarmejskaya Street

220030 Minsk

Republic of Belarus

Tel: (+375) 17 2277 822

Fax: (+375) 2102.650

Email: minsk@unicef.org

U.S. Embassy in Belarus - Emergency Contact Information

BELGIUM

Overview

Good medical facilities are widely available in Belgium. The large university hospitals can handle almost every medical problem. Hospitals in Brussels and Flemish-speaking Flanders will probably have English-speaking staff. However, hospitals in French-speaking Wallonia may not have staff members who are fluent in English.

U.S. Embassy in Belgium

U.S. Embassy Brussels
Regentlaan 27 Boulevard du Régent
B-1000 Brussels
Tel: (+32) 2 811-4000
Fax: (+32) 2 811-4500

Embassy and Consulates of Belgium in the U.S.

3330 Garfield Street, N.W.
Washington, D.C. 20008
Tel: (202) 333-6900/(202) 338-4960 (Administrative)/
Tel: (202) 352-6428 (For Belgian Citizens in an Emergency Situation)
Email: washington.visa@diplobel.fed.be (Visa-Related matters)
Email: washington@diplobel.fed.be (Non-Visa related matters)

World Health Organization - Belgium

Red Cross - Belgium

96 rue de Stalle
1180 Bruxelles
Tel: (+32) 2 371 31 11 (French Speaking Community)
Tel: (+32) 15 44 33 22 (Flemish Speaking Community)
Fax: (+32) 2 646 04 39 (French speaking community)
Fax: (+32) 15 44 34 86 (Flemish speaking community)
Email: info@croix-rouge.be

UNICEF -Belgium

Boulevard de l'Impératrice 66

1000 Bruxelles, Belgique

Tel: (+32) 2 230 5970

Fax: (+32) 2 230 3462

Email: cbu@unicef.be

U.S. Embassy in Belgium - Medical Assistance

BELIZE

Overview

Medical care for minor conditions is generally available in urban areas. Trauma or advanced medical care is limited even in Belize City; it is extremely limited or unavailable in rural areas. Serious injuries or illnesses often necessitate evacuation to another country.

U.S. Embassy in Belize

U.S. Embassy Belmopan
Floral Park Road
Belmopan, Cayo
Tel: (+501) 822-4011
Fax: (+501) 822-4012

Embassy of Belize in the U.S.

2535 Massachusetts Ave, NW
Washington, DC 20008
Tel: (202) 332-9636
Fax: (202) 332-6888
Email: ebwreception@aol.com

World Health Organization - Belize

P.O. Box 1834
Belize City
Telephone: (+501) 2 244885
Fax: (+501) 2 230917
Email: admin@blz.paho.org

Red Cross - Belize

1 Gabourel Lane
Belize City
P.O. Box 413
Belize City
Tel: (+501) 207-2219
Email: bzercshq@btl.net

UNICEF - Belize

#1 Coney Drive,

Gordon House, 3rd Floor

Belize City

Tel: (+501) 223- 3864/3609/7294

Email: belize@unicef.org

BENIN

Overview

Medical facilities in Benin are limited and not all medicines are available.

U.S. Embassy in Benin

U.S. Embassy Cotonou
01BP 2012
Cotonou Benin
Tel: (+229) 21 30 06 50
Fax: (+229) 21 30 03 84

Embassy of Benin in U.S.

2124 Kalorama Rd, NW
Washington, DC 20008
Tel: (202) 232-6656
Fax: (202) 265-1996
Email: info@beninembassy.us

World Health Organization - Benin

01 BP 918 Cotonou, Benin
Tel: (+229) 21301907
Fax: (+229) 21304208
Email: afbjoms@wims.who.int

Red Cross - Benin

Rue 29 Djassin
Porto-Novo
P.O. Address
BP 01
Porto-Novo
Tel: (+229) 202 12 886/
Tel: (+229) 68 00 13 01
Fax: (+229) 221 49 27
Email: info@croixrougebenin.org

UNICEF - Benin

01 B.P. 2289 Recette Principale

Cotonou

Visitors' address

Avenue CENSAD - Face à Bénin Marina Hotel

Cotonou

Tel: (+229) 21 30 02 66

Tel: (+229) 21 30 09 42

Fax: 21.30.42.90

Email: cotonou@unicef.org

U.S. Embassy in Benin - Medical Assistance

BERMUDA

Overview

Good medical care is available, though extremely expensive. The hospital performs general surgery and has an intensive care unit. Serious or complex medical problems will likely require medical evacuation to the United States.

U.S. Consulate General in Bermuda

16 Middle Road

Devonshire, DV 03

Tel: (441) 295-1342

Tel: (441) 335-3828 (Duty Phone for U.S. Citizen Emergencies)

Fax: (441) 295-1592

World Health Organization - Bermuda

Tel: (876) 967-4626

Fax: (876) 967-5189

Email: jackn@jam.paho.org

Red Cross - Bermuda

Charleswood, 9 Berry Hill Road

Paget, DV 03

P.O. Box HM772

Hamilton, HM CX

Tel: (441) 236-8253

Fax: (441) 236-8267

Email: admin@bermudaredcross.com

UNICEF - Bermuda

U.S. Consulate General in Bermuda

Police, Fire, and Ambulance Emergency Number

911 King Edward VII Memorial Hospital

7 Point Finger Road Paget DV 04

Tel: (441) 236-2345

Mid Atlantic Wellness Institute

P.O. Box DV

501 Devonshire

DV BX

Tel: (441) 236-3770

BHUTAN

Overview

Medical facilities in the populated areas in Bhutan such as Thimphu and Paro are available but may be limited or unavailable in rural areas. If Americans need urgent medical care, they should try to get to the General Hospital in the capital city, Thimphu. Medical services may not meet western standards, and some medicines are in short supply. Certain emergency medical services are provided free of charge to all tourists. Visitors planning to trek in Bhutan should pay special attention to the risk of altitude illness. Treks in Bhutan can take visitors days or weeks away from the nearest medical facility. Helicopter evacuation from remote areas is available in Bhutan through the registered tour operators, or by contacting the U.S. Embassy in New Delhi.

World Health Organization - Bhutan

The WHO Representative
De Jesus, Dr Rui Paulo
175 Thimphu
Tel: (+975) 232 4073
Fax: (+975) 232 3319
Email: jesusr@who.int

Red Cross - Bhutan

Deki Lam Changangkha,
Thimphu- 11001
Tel: (+975) 2330557

UNICEF - Bhutan

UN House, Peling Lam, Kawajangsa,
Thimphu, Bhutan 11001
Tel: (+975) 23 22424
Email: thimphu@unicef.org

BOLIVIA

Overview

Throughout the country, both personal hygiene and sanitary practices in food handling are far below U.S. standards. As a result, gastrointestinal illness is widespread among both local people and visitors. Medical care in large cities is adequate for most purposes but of varying quality. Ambulance services are limited to non-existent. Medical facilities are generally not adequate to handle serious medical conditions. Pharmacies are located throughout Bolivia and prescription and over-the-counter medications are widely available.

U.S. Embassy in Bolivia

U.S. Embassy La Paz
Avenida Arce 2780
Casilla 425
La Paz
Tel: (+591) 2 216 8000
Fax: (+591) 2 216 8111

Bolivian Embassy in the U.S.

3014 Massachusetts Ave NW
Washington, DC 20008
Tel: (202) 483-4410
Fax: (202) 328-3712
Email: assistant@bolivia-usa.org, embolivia.wdc@gmail.com

World Health Organization - Bolivia

Casilla Postal 2504
La Paz
Tel: (+591) 2 2979730
Fax: (+591) 2 2971146
Email: contacto@paho.org

Red Cross - Bolivia

Avenida Simón Bolívar N° 1515

La Paz 02

P.O. Box

Casilla Postal 741

Casilla No. 0741 La Paz

Tel: (+591) 2 2202930/2202934

Fax: (+591) 2 2359102

Email: secretaria@cuzrojaboliviana.org

UNICEF - Bolivia

BOSNIA AND HERZEGOVINA

Overview

The lack of adequate medical facilities, especially outside Sarajevo, may cause problems for visitors. Because many medicines are not obtainable, travelers should bring their own supply of prescription drugs and preventive medicines. Private practitioners and dentists are becoming more common; however, quality of care varies and rarely meets U.S. or western European standards. All major surgery is performed in public hospitals.

U.S Embassy in Bosnia and Herzegovina

U.S. Embassy Sarajevo
1 Robert C. Frasure Street
71000 Sarajevo
Tel: (+387) 33 704-000
Fax: (+387) 33 659-722

Embassy of Bosnia and Herzegovinian Embassy in the U.S.

2109 E Street, NW
Washington, DC 20037
Tel: (202) 337-1500
Fax: (202) 227-1502
Email: consularaffairs@bhembassy.org, info@bhembassy.org

World Health Organization - Bosnia and Herzegovina

Zmaja od Bosne bb Street 71000,
Sarajevo
Tel: (+387) 33 293591
Fax: (+387) 33 201815

Red Cross - Bosnia and Herzegovina

Kranjceviceva 2
71000 Sarajevo
Tel: (+387) 33 263 935
Fax: (+387) 33 263 935
Email: rscbh@rscbh.org

UNICEF - Bosnia and Herzegovina

Tel: (+387) 33 293 600

Email: sarajevo@unicef.org

Sarajevo University Clinical Center

Kosevo Hospital

Bolnika 25, Sarajevo

Tel: (+033) 297-000

The Institute of Emergency Medical Care

Kolodvorska 14, Sarajevo

Tel: 124 or 611-111

The State Hospital

Kraniceviceva 19, Sarajevo

Tel: (033) 285-100

Medical Facilities/Doctors

Police: Dial 122

Fire: Dial 123

Ambulance: Dial 124 or 611-1111

U.S. Embassy in Bosnia and Herzegovina - Medical Assistance

BOTSWANA

Overview

Medical facilities in Gaborone are adequate for simple medical problems, but facilities outside of Gaborone are limited. Adequately equipped emergency rooms and trained physicians are available in the capital, but services are rudimentary elsewhere. Professional private emergency rescue services operate air and ground ambulances throughout the country, but care is rendered only after a patient's ability to pay is established.

U.S. Embassy in Botswana

U.S. Embassy Gaborone
Embassy Drive
Government Enclave
Gaborone, Botswana
Tel: (+267) 395-3982
Fax: (+267) 395-6947

Embassy of The Republic of Botswana in the U.S.

1531-3 New Hampshire Ave, NW
Washington, DC 20036
Tel: (202) 244-4990
Fax: (202) 244-4164

World Health Organization - Botswana

2nd Floor, MVA Fud Building
Plot 50367, Fairgrounds
P.O. Box 1355
Gaborone
Tel: (+267) 397 1506/390 5593
Fax: (+267) 395 9483
Email: afwcobw@who.int

Red Cross - Botswana

Poso House, 1st floor,
Plot 53952, Khama Crescent
P.O. Box 485
Gaborone
Telephone: (+267) 3952 465
Fax: (+267) 3912 352
E-Mail: brcs@info.bw

UNICEF - Botswana

Matsitama Road, Plot 27

Gaborone

Tel: (+267) 395 1909

Fax: (+267) 395 1233

U.S. Embassy in Botswana - Medical Assistance

BRITISH VIRGIN ISLANDS

Overview

Medical care in the British Virgin Islands consists of a small general hospital with an emergency room (staffed 24-hrs/day by physicians), several clinics on Tortola, and one clinic in Virgin Gorda. Both islands are served by ambulances staffed with paramedics. There are no medical facilities on the other islands. A volunteer organization, Virgin Islands Search and Rescue (VISAR), responds 24-hrs/day to medical emergencies at sea or on outer islands. VISAR transports casualties to the nearest point for transfer to ambulance. To reach VISAR, dial SOS (767) or call on Marine Channel.

U.S. Embassy in Barbados and Eastern Caribbean

Wilkey Business Park
St. Michael BB 14006
Barbados, W.I.
Tel: (+246) 227-4000
U.S. Embassy in Grenada
Lance Aux Epines
St. George's, Grenada
Tel: (+1 473) 444 1173

Red Cross - British Virgin Islands

PO Box 3338, Road Town, Tortola,
British Virgin Islands, VG1110
Tel: 1 (+284) 344 5056/494 6349
Email: info@redcross.vg

Medical Facilities/Doctors:

Fire/Police/Ambulance: 999/911

U.S. Embassy in Barbados and the Eastern Caribbean

BRUNEI

Overview

There is adequate care for basic medical conditions in Brunei; however, due to unpredictable shortages of materials and uncertain support staff, elective surgery or complicated care is best obtained in nearby Singapore or elsewhere.

U.S. Embassy in Brunei Darussalam

Simpang 336-52-16-9, Jalan Duta
Bandar Seri Begawan
BC4115 Brunei Darussalam
Tel: (673) 238-4616
Fax: (673) 238-4604

Embassy of Brunei Darussalam in the U.S.

3520 International Court, NW
Washington, DC 20008
Tel: (202) 237-1838
Fax: (202) 885-0560
Email: info@bruneiembassy.org

World Health Organization - Brunei Darussalam

Red Cross - Brunei Darussalam

P.O. Box 1080
Bandar Seri Begawan
Tel: (673) 877 5002
Fax: (673) 265 1513
Email: bdredcrescent@gmail.com

UNICEF - Brunei Darussalam

Medical Facilities/Doctors:

Royal Brunei Police Force

Tel: 222 2333/993 (Bandar Seri Begawan)

Tel: 233 2901 (Brunei International Airport)

Tel: 277 2333 (Muara)

Tel: 422 1333 (Tutong)

Email: bruneipolice@brunet.bn

[U.S. Embassy in Brunei Darussalam - Medical Assistance](#)

BULGARIA

Overview

While Bulgarian physicians are trained to a very high standard, most hospitals and clinics, especially in village areas, are generally not equipped and maintained to meet U.S. or Western European standards. Basic medical supplies and over-the-counter and prescription medications are widely available, but highly specialized treatment may not be obtainable. Pediatric facilities are in need of funding and lack equipment. Serious medical problems requiring hospitalization and/or medical evacuation to the United States may cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

U.S. Embassy in Bulgaria

16, Kozyak Street

Sofia 1408

Tel: (+359) 2 937 5100

Fax: (+359) 2 937 5320

Embassy of Bulgaria in the U.S.

1621 22nd Street, NW,

Dimitar Peshev Plaza,

Washington D.C. 20008

Tel: (202) 387 0174

Email: office@bulgaria-embassy.org

World Health Organization - Bulgaria

c/o National Center of Public Health and Analysis

15 Akad. Ivan Ev. Geshov Blvd.

Floor 5, Office 26

1431 Sofia

Tel: (+359) 285 10889

Fax: (+359) 295 49250

Email: eurowhobul@who.int

Red Cross - Bulgaria

76, James Bourchier Blvd.

1407 Sofia

Tel: (+359) 2 81 64 700 (Central reception desk)

Tel: (+359) 2 81 64 770, (+359) 2 81 64 774 (International Dept.)

Fax: (+359) (2) 86 56 937 (International Dept.)

Email: secretariat@redcross.bg, international@redcross.bg

UNICEF - Bulgaria

87 Kniaz Alexander Dondukov Blvd.

Sofia 1504

Bulgaria

Tel: (+359) 2 96 96 208

Fax: (+359) 2 96 96 209

Email: bulgaria@unicef.org

U.S. Embassy in Bulgaria - Medical Assistance

BURKINA FASO

Overview

Medical facilities and emergency hospital care are very limited, particularly in areas outside the capital, Ouagadougou. Some medicines are, however, available through local pharmacies.

U.S. Embassy in Burkina Faso

Ouagadougou, Burkina Faso
Secteur 15, Ouaga 2000
Rue 15.873
Tel: (226) 25-49-53-00
Email: amembouaga@state.gov

Burkina Faso Embassy in the U.S.

2340 Massachusetts Avenue, NW
Washington, DC 20008
Tel: (202) 332-5577
Fax: (202) 667-1882
Email: contact@burkina-usa.org

World Health Organization - Burkina Faso

Madame le Représentant de l'OMS
Diarra-Nama, Dr Alimata
03 BP 7019, Ouagadougou 03, Burkina Faso
Tel: (+226) 5030 6565
Fax: (+226) 5033 2541
Email: afwcobf@who.int

Red Cross - Burkina Faso

01 B.P. 4404
Ouagadougou 01
Tel: (+226) 25 36 13 40
Fax: (+226) 25 36 31
Email: croixrouge.bf@fasonet.bf

UNICEF - Burkina Faso

UNICEF

01 B. P. 3420

Ouagadougou 01

Burkina Faso

Visitors' address

Immeuble Des Nations Unies

Koulouba

Ouagadougou

Tel: (+226) 50 49 07 00/50 30 02

Fax: (+226) 50 30 09 68

Email: ouagadougou@unicef.org

U.S. Embassy in Burkina Faso - Medical Assistance

BURMA (MYANMAR)

Overview

Medical facilities in Burma are inadequate for even routine medical care. There are few trained medical personnel. Most foreign drugs on sale have been smuggled into the country, and many are counterfeit or adulterated and thus unsafe to use.

U.S. Embassy in Burma

110 University Ave
Kamayut Township
Rangoon
Tel: (+95) 1 536-509
Fax: (+95) 1 511-069

Embassy of the Republic of the Union of Myanmar

2300 S. Street, NW
Washington, DC 20008
Tel: (202) 332-3344
Fax: (202) 332-4351
Email: info@mewashingtondc.com

World Health Organization - Myanmar

No. 403 (A1), Shwe Taung Kyar Street,
Bahan Township 11201
Yangon
Telephone: (+95) 1 534 300
Fax: (+95) 1 538 233 / 538 435
Email: semmr@who.int

Red Cross - Myanmar

Thingangyun Road
Deutschiri Naypyitaw.
Republic of the Union of Myanmar
Tel: (+95) 67 34199041, 34199046
Fax: (+95) 67 34199036
Email: tintunaung@redcross.org.mm

UNICEF - Myanmar

23-A, Inya Myaing Road

Shwe Daung Gya Ward 2

Bahan Township

P.O. Box 1435

Yangon 11201

Tel: (+95) 1 230 5960

Email: yangon@unicef.org

U.S. Embassy in Burma - Medical Assistance

BURUNDI

Overview

Medical facilities in Burundi generally do not meet western standards of care. Travelers should carry an ample supply of properly-labeled prescription drugs and other medications with them, as certain medications and prescription drugs are unavailable or in short supply. Sterility of equipment is questionable, and treatment is unreliable. Ambulance assistance is non-existent. Hospital care in Burundi should be considered in only the most serious cases and when no reasonable alternatives are available.

U.S. Embassy in Burundi

B.P. 1720
Avenue Des Etats-Unis
Bujumbura
Tel: (+257) 22 207 000
Fax: (+257) 22-222-926

Embassy of the Republic of Burundi in the U.S.

2233 Wisconsin Ave, NW, Suite 408
Washington, DC 20007
Tel: (202) 342-2574
Fax: (202) 342-2578

World Health Organization - Burundi

The WHO Representative in Burundi
Boulevard de l'Uprona-Rochero II
P.O. Box 1450
Bujumbura
Tel: (+257) 23 17 02
Fax: (+257) 231 771
Email: afwcobiomsburundi@who.int

Red Cross - Burundi

Comité National - Rohero I
18 Avenue des Etats-Unis
Bujumbura
B.P. 324
Bujumbura
Tel: (+257) 22 21 88 70/71
Fax: (+257) 22 21 11 01
Email: croixrougebi@yahoo.fr

UNICEF - Burundi

UNICEF House
B.P. 1650
Bujumbura, Burundi
Visitors' Address
3 UN Tanganyika House
6783/A Kabondo-Ouest, Avenue Gitega
Bujumbura
Tel: (+257) 22 20 2000
Email: bujumbura@unicef.org

U.S. Embassy in Burundi - Medical Assistance

CAMBODIA

Overview

Both Phnom Penh and Siem Reap have a limited number of internationally run clinics and hospitals that can provide basic medical care and stabilization. Medical care outside these two cities is almost non-existent. In an effort to better serve Americans, the U.S. Embassy has compiled a list of local area hospitals, clinics, and pharmacies in Phnom Penh and Siem Reap. (Link at bottom of page.)

[U.S. Embassy in Cambodia](#)

#1 Street 96, Sangkat Wat Phnom,
Khan Daun Penh,
Phnom Penh

Tel: (855) 23-728-000

Fax: (855) 23-728-700

[The Royal Embassy of Cambodia in the U.S.](#)

4530 16th Street N.W.
Washington D.C. 20011

Tel: 202-726-7742,

Email: camemb.usa@mfaic.gov.kh (General Inquiry)

Email: consular.camemb.usa@gmail.com (Visa Concerns)

[Cambodia International Travel Information](#)

[U.S. Embassy in Cambodia - Medical Assistance](#)

CAMEROON

Overview

Medical facilities in Cameroon are extremely limited. Even in large cities, emergency care and hospitalization for major illnesses and surgery are hampered by the lack of trained specialists, outdated diagnostic equipment, and poor sanitation. Medical services in outlying areas may be completely nonexistent. Doctors and hospitals often require immediate payment for health services in cash.

U.S. Embassy in Cameroon

Avenue Rosa Parks
(Mailing address: P.O. Box 817)
Yaounde
Tel: (+237) 22220-1500
Fax: (+237) 22220-1572

Embassy of the Republic of Cameroon

2349 Massachusetts Ave, NW
Washington, DC 20008
Tel: (202) 265-8790
Tel: (202) 286-0984 (Appointments Only)
Fax: (202) 387-3826
Email: cs@cameroonembassyusa.org

CAPE VERDE

Overview

Medical facilities in the island country of Cape Verde are limited, and some medicines are in short supply or unavailable. There are hospitals in Praia and Mindelo, with smaller medical facilities in other places. The islands of Brava and Santo Antão no longer have functioning airports so air evacuation in the event of a medical emergency is nearly impossible from these two islands. Brava also has limited inter-island ferry service.

[U.S. Embassy in Cape Verde](#)

Rua Abilio Macedo n 6

Praia, Cape Verde

Tel: (+238) 260 89 00

Fax: (+238) 261 13 55

[Embassy of Cape Verde in the U.S.](#)

3415 Massachusetts Ave, NW

Washington, DC 20007

Tel: (202) 965-6820

Fax: (202) 965-1207

[U.S. Embassy in Cape Verde - Medical Assistance](#)

CAYMAN ISLANDS

Overview

The quality of medical care in the Cayman Islands is generally comparable to that available in the United States, however, some procedures and cases requiring critical care may require medical evacuation to the United States. Doctors and hospitals often expect immediate payment for health services.

[Embassy of Cayman Islands in U.S. \(Represented by Embassy of the United Kingdom\)](#)

3100 Massachusetts Avenue, NW

Washington DC, 20008

Tel: (202) 588-6500

Fax: (202) 588-7870

Email: britishembassyenquiries@gmail.com

[Health Services Authority of Cayman Islands](#)

Tel: (345) 949-8600

Fax: (345) 949-2998

Email: info@hsa.ky

CENTRAL AFRICAN REPUBLIC

Overview

Medical facilities are extremely limited in the CAR, and the quality of acute care is unreliable. Sanitation levels are low.

U.S. Embassy in Central African Republic

Ave. David Dacko
Bangui, CAR
Tel: (236) 2161 0200
Fax: (236) 21614494

Central African Republic Embassy in the U.S.

1618 22nd Street, NW
Washington DC 20008
Tel: (202) 483-7800
Fax: (202) 332-9893

CHAD

Overview

Medical facilities in Chad are extremely limited. Medicines are in short supply or unavailable, including many over-the-counter medications sold in the United States. Travelers should carry any needed, properly labeled, medicines with them. In the event of major injury or illness, visitors generally will require medical evacuation. There are two medical clinics in the capital of N'Djamena that offer “international standard” medical care: [International SOS](#) and [Europ-Assistance](#). These are not walk in clinics and advance membership is required to access services.

[U.S. Embassy in Chad](#)

Rond-Point Chagoua
B.P. 413
Tel: (+235) 2251 5017

[Embassy of Chad in the U.S.](#)

2002 R Street, NW
Washington, DC 20009
Tel: (202) 462-4009
Fax: (202) 265-1937

[U.S. Embassy in Chad - Medical Assistance](#)

COMOROS

Overview

Consult the Centers for Disease Control & Prevention's website for the Comoros prior to travel. Medical care is limited on all three islands, including Grande Comore. There are private facilities requiring advance membership. Carry prescription medication in original packaging, along with your doctor's prescription. They do not pay medical bills. You are responsible for all medical costs. U.S. Medicare does not apply overseas. All care providers expect payment in KMF/USD in full before treatment is performed. If your health insurance plan does not provide coverage overseas, it is recommended that you obtain supplemental medical insurance and medical evacuation plans. The following diseases are prevalent: Malaria, Dengue Fever, Chikungunya, Diarrheal illness, Rabies.

[U.S. Embassy in Madagascar and Comoros](#)

Lot 207 A - Andranoro – Antehiroka
105 Antananarivo – Madagascar
Tel: (+261) 20 23 480 00
Fax: (+261) 20 23 480 35

[Mission of the Union of Comoros to the United Nations](#)

866 United Nations Plaza, Suite 418
New York, NY 10017
Tel: (212) 750-1637
Fax: (212) 750-1657
Email: comoros@un.int

[U.S. Embassy in Madagascar - Emergency Assistance](#)

DEMOCRATIC REPUBLIC OF THE CONGO

Overview

In the DRC, medical facilities are severely limited, and medical materials are in short supply. Payment for any medical services required is expected in cash, in advance of treatment. Malaria is common throughout the DRC. Speak to your personal doctor about anti-malarial medication and whether it's right for you. If you don't take malarial medication, do everything you can to avoid mosquito bites: cover up wearing long-sleeved clothing and wear insect repellent.

Outbreaks of cholera, typhoid, yellow fever, the Ebola virus, and hemorrhagic fever also occur. New diseases and viruses are found frequently in the country's deep rainforests. Tuberculosis is an increasingly serious health concern in the DRC. Travelers are encouraged to obtain tuberculosis testing pre-travel and repeat 8–12 weeks after return. Be aware of polio in the DRC. In 2018 two cases of polio were reported in the Haut-Katanga province of the DRC.

Many insect-borne illnesses are present. Follow insect precautions at all times, including using insect repellent and mosquito nets when possible. Yellow fever vaccine is required for entry into the country. Travelers are encouraged to avoid contact with non-chlorinated freshwater to prevent schistosomiasis.

Sleeping sickness is also making a comeback in the Congo. Do everything you can and avoid mosquitoes in these regions. Sleeping sickness is spread by the Tsetse Fly. Insect bite avoidance measures are essential if traveling to North Eastern DRC. The symptoms of sleeping sickness include confusion, poor coordination, and disturbance of the sleep cycle. If left untreated, this disease is fatal.

U.S. Embassy in the Democratic Republic of the Congo

310, Avenue des Aviateurs
Kinshasa, Gombe
Republique Democratique du Congo
Tel: 081 556-0151
Fax: (243) 81 55 60 175

Embassy of the Democratic Republic of the Congo in the United States

1726 M St, NW, Suite 601
Washington, DC 20036
Tel: (202) 234-7690
Fax: (202) 234-2609
Email: ambassade@ambardcusa.org

REPUBLIC OF THE CONGO

Overview

Medical facilities are extremely limited. Some medicines are in short supply, particularly outside the larger cities.

Embassy of the Republic of the Congo in the U.S.

1720 16th Street, NW

Washington, DC 20009, USA

Tel: (202) 726-5500, (202) 986-5740, (202) 986-5418

Fax: (202) 726-1860

E-mail: info@ambacongo-us.org

U.S. Embassy in the Republic of the Congo

70-83 Section D

Maya-Maya Boulevard

Brazzaville, Congo

Tel: (242) 06 612-2000, (242) 05 387-9700

U.S. Embassy in the Republic of the Congo - Medical Assistance

COSTA RICA

Overview

Medical care in San Jose is adequate, but is limited in areas outside of San Jose. Most prescription and over-the-counter medications are available, however some U.S. citizens travel regularly to the United States to fill prescriptions that are unavailable locally. Bring a supply of your medications and carry prescription medication in original packaging, along with your doctor's prescription. The U.S. Embassy does not pay medical bills. Be aware that U.S. Medicare and Medicaid do not apply overseas.

Make sure your health insurance plan provides coverage overseas. Many health care providers and hospitals expect cash payment upon delivery of health service. Costa Rican immigration authorities reserve the right to prevent departure of those international travelers with unpaid or disputed medical bills. U.S. Embassy San Jose maintains a list of local doctors and medical facilities.

The following diseases are found in Costa Rica: Zika virus, Dengue, Chikungunya, Malaria

U.S. Embassy in Costa Rica

Calle 98 Vía 104, Pavas
San José, Costa Rica
Tel: (506) 2519 2000
Fax: (506) 2519 2305

Embassy of Costa Rica in the U.S.

2114 S Street NW,
Washington, DC 20008
Tel: (202) 499-2991
Fax: (202) 265 4795
Email: concr-us-wa@rree.go.cr

Medical Facilities/Doctors

COTE D'IVOIRE

Overview

Abidjan has privately-run medical and dental facilities that are adequate, but do not fully meet U.S. standards. Good physician specialists can be found, though few speak English. While pharmacies are well stocked with medications produced in Europe, newer drugs may not be available. Medical care outside of Abidjan is extremely limited.

The rainy season is typically from June to September, and often includes heavy rains and flash flooding, particularly in low-lying areas. U.S. citizens should monitor local weather and news reports, avoid driving through flooded areas, and keep a supply of water and emergency provisions in their residence.

For emergency services in Côte d'Ivoire, no reliable public service is available, but a private service, SAMU – “Service d'aide Médicale Urgente,” at +225 22 44 94 09, is available for a fee. Ambulance services are not widely available, and training and availability of emergency responders may be below U.S. standards: not equipped with state-of-the-art medical equipment, not staffed with trained paramedics, and often having little or no medical equipment. Injured or seriously ill travelers may prefer to take a taxi or private vehicle to the nearest major hospital rather than wait for an ambulance.

Be aware that U.S. Medicare/Medicaid do not apply overseas. Most hospitals and doctors overseas do not accept U.S. health insurance. Make sure your health insurance plan provides coverage overseas. Most care providers overseas only accept cash payments. Visit the U.S. Centers for Disease Control and Prevention for more information on type of insurance you should consider before you travel overseas. Supplemental medical insurance to cover medical evacuation is strongly recommended. Always carry your prescription medication in original packaging, along with your doctor's prescription. Be up-to-date on all vaccinations recommended by the U.S. Centers for Disease Control and Prevention.

Exercise caution when purchasing medication overseas. Pharmaceuticals, both over the counter and requiring prescriptions in the United States, are often readily available for purchase with little quality control. Counterfeit medication is common, and may prove to be ineffective, the wrong strength, or contain dangerous ingredients. Medication should be purchased in consultation with a medical professional and from reputable establishments.

In many areas, tap water is not potable. Bottled water and beverages are generally safe, although many restaurants and hotels serve tap water unless bottled water is specifically requested. Be aware that ice for drinks may be made using tap water.

Swimming in coastal waters is dangerous and strongly discouraged, even for excellent swimmers. The ocean currents along the coast are powerful and treacherous, and numerous people drown each year. Visit the U.S. Centers for Disease Control and Prevention website for more information about Adventure Travel.

The following diseases are prevalent: Diarrhea illness, HIV/AIDS, Malaria, Meningococcal Disease, Tuberculosis, Yellow Fever, Dengue

[U.S. Embassy in Cote D'Ivoire](#)

BP 730 Abidjan Cidex 03

Republic of Cote d'Ivoire

Tel: (+225) 22 49 40 00

Fax: (+225) 22 49 43 23

[Embassy of Cote d'Ivoire in the U.S.](#)

2424 Massachusetts Ave NW

Washington DC 20008-2850

Tel: (202) 797-3615

[U.S. Embassy in Cote D-Ivoire - Medical Assistance](#)

CROATIA

Overview

Travelers to Croatia may obtain a list of English-speaking physicians on the U.S. Embassy's website. You may require a prescription to get some medications that you can purchase over-the-counter in the United States. If you will be in Croatia for more than three months, especially if you anticipate hiking, camping, or other outdoor activities in forested areas, you may wish to get a tick-borne encephalitis vaccine. This vaccine is not available in the United States, but is available in Croatia from local doctors. Use insect repellent and inspect your body for ticks after spending time outdoors.

Be aware that U.S. Medicare does not apply overseas. Make sure your health insurance plan provides coverage overseas. Most care providers in Croatia accept cash or credit card payments. supplemental insurance to cover medical evacuation is strongly recommended. If traveling with prescription medication, please check with the government of Croatia and its Minister of Foreign Affairs to make sure the medication is legal in Croatia. Always carry your prescription medication in original packaging with your doctor's prescription. Visit the U.S. Embassy's website for information on bringing medical drugs for personal use when traveling to Croatia. Note that Croatian law prohibits the importation of drugs via postal mail. Be up-to-date on all vaccinations recommended by the U.S. Centers for Disease Control and Prevention.

[U.S. Embassy in Croatia](#)

Ulica Thomasa Jeffersona 2
10010 Zagreb
Croatia
Tel: (+385) 1 661 2200

[Croatian Embassy in the U.S.](#)

2343 Massachusetts Ave., NW
Washington, D.C. 20008-2803
Tel: (202) 588-5899
Fax: (202) 588-8937 / 8936
Email: washington@mvep.hr

[U.S. Embassy in Croatia - Medical Assistance](#)

CUBA

Overview

Medical care in Cuba does not meet U.S. standards. While doctors are generally competent, healthcare facilities face shortages of critical medications and supplies. Many routine medications are also unavailable. Travelers should bring an adequate quantity of all prescribed medicines and necessary over-the-counter medications in their original containers. Copies of prescriptions and letters from prescribing physicians may facilitate entry.

Travelers needing medical care generally must pay cash. The Embassy cannot pay bills. Medicare does not apply overseas, and many U.S. insurance companies do not provide international coverage. Cuba requires visitors to have non-U.S. medical insurance, which is usually included in airline ticket prices on flights originating in the United States. Ensure you have the necessary insurance coverage prior to arrival and keep your boarding pass. You will need it to obtain medical care. Supplemental insurance to cover medical evacuation is highly recommended.

Diarrheal illness is common among travelers, even in luxury accommodations. Travelers should wash their hands, drink bottled water and avoid street and undercooked food. The following diseases are prevalent: Zika Virus, Dengue Fever.

[U.S. Embassy in Cuba](#)

Address:

Havana, Cuba

Tel: (+53) 7 839 4100

[Cuban Embassy in the U.S.](#)

c/o Embassy of Switzerland Cuban Interest Section

Address:

2630 16 Street NW

Washington, D.C. 20009

Tel: (202) 797-8518

Email: repcion@usadc.embacuba.cu

[U.S. Embassy in Cuba - Medical Assistance](#)

CYPRUS

Overview

All travelers should visit either a travel health clinic or their personal physician 4-8 weeks before departure. For emergency assistance in the Republic of Cyprus (Greek Cypriot southern part of the island), call 199, or call Nicosia General Hospital at 22-604000. For emergency assistance in the Turkish Cypriot part of the island in the north, call 155. Most ambulances are not staffed by paramedics.

The main referral facility is:

Nicosia General Hospital

Nechrou Avenue

Nicosia

Tel: 22-801400;

Tel: 22-600012 (24-hour Emergency)

Other hospitals used by travelers, all of which provide 24-hour emergency care, include:

Limassol General Hospital

Nikeas Street

Pano Polemidia, Limassol

Tel: 25-801100), Larnaca

General Hospital

United States of America Avenue,

Larnaca

Tel: 24-800500

Paphos General Hospital

Anavargos Street

Anavargos, Paphos

Tel: 26-803100

To find a private doctor in Nicosia after hours, call 1432. For a guide to other physicians, dentists, hospitals, and pharmacies in Cyprus, go to the [U.S. Embassy in Cyprus](#). Good medical care is generally available. Many of the private physicians have been trained in the United Kingdom or the United States. Patients are stabilized in the emergency rooms and then transferred to private hospitals. Life-threatening medical problems will require air evacuation to a country with state-of-the art medical facilities.

U.S. Embassy in Cyprus

Metochiou & Ploutarchou Street
2407, Engomi Nicosia
P.O. Box 24536
1385 Nicosia
Tel: (+357) 22 393939
Fax: (+357) 22 780944

Embassy of the Republic of Cyprus in the U.S.

2211 R St NW
Washington, DC 20008
Tel: (202) 462-5772
Tel: (202) 462-0873
Fax: (202) 483-6710

CZECH REPUBLIC

Overview

Prague has good western style medical clinics with English-speaking doctors and dentists. However, staff members at the majority of Czech medical facilities do not speak English. Doctors and hospitals often expect cash payments for health services, though some facilities do accept credit cards. Hospitalization in the Czech Republic is much more liberal than in the United States; conditions that would be treated on an outpatient basis in the United States are often treated on an inpatient basis in the Czech Republic. Ambulance services are not on a par with U.S. standards. Response time can sometimes be slow, and different ambulances are dispatched depending on the perceived severity of the patient's condition. Many ambulance companies expect payment at the time of delivery. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars or more.

U.S. Embassy in Czech Republic

Tržiště 15
118 01 Praha 1 - Malá Strana
Czech Republic
Tel: (+420) 257 022 000
Fax: (+420) 257 022 809

Embassy of the Czech Republic in the U.S.

3900 Spring of Freedom Street
NW Washington, DC 20008
Tel: (202) 274-9100
Fax: (202) 966-8540
Email: washington@embassy.mzv.cz, con_washington@embassy.mzv.cz

World Health Organization - Czech Republic

Rytířská 31 (3rd floor) CZ-110 00
Prague, Czech Republic
Tel: (+420) 224267050
Email: eurowhocz@who.int

Red Cross - Czech Republic

Rozdelovská 2467/63

169 00 Praha 6

Tel: (+420) 251 104 111

Tel: (+251) 104 216 (International Department)

Fax: (+420) 257 531 299

Email: info@cervenykriz.eu

UNICEF - Czech Republic

UNICEF Česká republika

Rytířská 31

Praha 1

Tel: (+257) 320 244

U.S. Embassy in The Czech Republic - Medical Assistance

DJIBOUTI

Overview

Adequate medical facilities in the capital of Djibouti are limited, and medicines are often unavailable. Medicines that are available are extremely expensive. Medical services in some outlying areas may be completely nonexistent. Motorists especially should be aware that in case of an accident outside the capital, emergency medical treatment would depend almost exclusively on passersby. In addition, cell phone coverage in outlying areas is often unavailable, making it impossible to summon help.

[U.S. Embassy in Djibouti](#)

Boulevard du Maréchal Joffre Plateau du Serpent Djibouti ville
Ambassade Américaine Consular Section
B.P. 185 Djibouti République de Djibouti
Tel: (+253) 21 453 000
Fax: (+253) 21 423 020
Email: consulardjibouti@state.gov

[Embassy of the Republic of Djibouti in the U.S.](#)

1156 15th St, NW, Suite 515
Washington, DC 20005
Tel: (202) 331-0270
Fax: (202) 331-0302

[World Health Organization - Djibouti](#)

Boîte Postale 2085 Djibouti, Djibouti
Tel: (+253) 21 320711
Fax: (+253) 21 355124
Email: emacodjiwr@who.int

[Red Cross ; Djibouti](#)

Immeuble Modarek 1er étage
Avenue George Clémenceau
Djibouti
Postal Address
B.P. 8
Djibouti
Tel: (+253) 21 352 270
Fax: (+253) 21 352 451
Email: crd@intnet.dj

UNICEF - Djibouti

P.O. Box 583

Djibouti

Visitors' address

UNICEF

Villa Gamal A-Shami, Lot#68 – Héron

Djibouti, Republic of Djibouti

Tel: (+253) 21 31 41 11

Fax: (+253) 21.35.63.46

Email: djibouti@unicef.org

U.S. Embassy in Djibouti - Medical Assistance

DOMINICA

Overview

Medical care is limited. The major hospital is Princess Margaret Hospital (Tel: (767) 448-2231/5720). In addition, there is one other hospital in Dominica and several clinics. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

U.S. Embassy in Barbados, the Eastern Caribbean, and the OECS

U.S. Embassy Bridgetown
Wilkey Business Park
St. Michael BB 14006
Barbados, W.I.
Tel: (246) 227-4000

U.S. Embassy in Grenada

Lance Aux Epines
St. George's
Tel: (+1 473) 444-1173 to 6

Embassy of Dominica in the U.S.

3216 New Mexico Avenue, NW
Washington, DC 20016
Tel: (202) 364-6781/2
Fax: (202) 364-6791
Email: Embdomdc@aol.com

Red Cross - Dominica

National Headquarters
Federation Drive
Goodwill, Roseau
Tel: (001) (+767) 448-8280
Fax: (001) (+767) 448-7708
Email: directorgeneral@redcross.dm

[World Health Organization - Dominica](#)

[UNICEF - Eastern Caribbean](#)

[U.S. Embassy in Barbados, the Eastern Caribbean, and the OECS - Medical Assistance](#)

DOMINICAN REPUBLIC

Overview

Medical care is limited, especially outside Santo Domingo, and the quality of care varies widely among facilities. There is an emergency 911 service within Santo Domingo, but its reliability is questionable. Outside the capital, emergency services range from extremely limited to nonexistent. Blood supplies at both public and private hospitals are often limited, and not all facilities have blood on hand even for emergencies. Many medical facilities throughout the country do not have staff members who speak or understand English. A private nationwide ambulance service, ProMed (809-548 7200), operates in Santo Domingo, Santiago, Puerto Plata and La Romana; Telephone number is. ProMed expects full payment at the time of transport.

U.S. Embassy in the Dominican Republic

Av. Republica de Colombia #57
Santo Domingo
Tel: (809) 567-7775

Embassy of the Dominican Republic in the U.S.

1715 22nd St, NW
Washington, DC 20008
Tel: (202) 332-6280
Fax: (202) 265-8057

World Health Organization - Dominican Republic

Señora Representante de la OPS/OMS
Morales Salinas, Dr Alma
Apartado Postal 1464
Santo Domingo
Tel: (809) 562-5119
Fax: (809) 544-0322
Email: pwr@dor.ops-oms.org

Red Cross - Dominican Republic

Juan Enrique Dunant 51
Santo Domingo
Tel: (809) 334-4545
Fax: (809) 238-5252
Email: presidenciacrdr@hotmail.com

[UNICEF - Dominican Republic](#)

[U.S. Embassy Santo Domingo Medical Provider List](#)

EL SALVADOR

Overview

There are few private hospitals with an environment that would be acceptable to visiting Americans. The Embassy recommends that these hospitals be used for only emergency care, to stabilize a condition prior to returning to the U.S. for definitive evaluation and treatment. Private hospitals and physicians expect upfront payment (cash or, for hospitals, credit card) for all bills. Priority Ambulance (503-2264-7911) is the only ambulance service in San Salvador that has trained personnel and medical equipment to manage most emergencies. Not all medicines found in the U.S. are available in El Salvador. Medicines often have a different brand name and are frequently more expensive than in the U.S.

U.S. Embassy In El Salvador

Final Boulevard Santa Elena
Antiguo Cuscatlán, La Libertad
Tel: (503) 2501-2999
Fax: (503) 2501-2150

Embassy of El Salvador in U.S.

1400 16th Street NW Suite 100
Washington DC 20036
Tel: (202) 595-7500
Fax: (202) 232-3763
Email: correo@elsalvador.org

UNICEF - El Salvador

Boulevard Santa Elena and C Alegría Edificio Interlalia 4o,
Tel: (+503) 2252 8800
Email: sansalvador@unicef.org

World Health Organization - El Salvador

1072 Sucursal Centro 1072 - San Salvador, El Salvador
Tel: (+503) 2511 9500
Fax: (+503) 2511 9555
Email: elsops@paho.org

Red Cross - El Salvador

U.S. Embassy in El Salvador - Medical Assistance

EQUATORIAL GUINEA

Overview

Pharmacies in Malabo and Bata stock basic medicine including antibiotics but cannot be counted on to supply advanced medications. Outside of these cities, many medicines are unavailable. Travelers are advised to carry any special medication that they require. The sanitation levels in even the best hospitals are very low. Doctors and hospitals often require immediate payments for health services, and patients are often expected to supply their own bandages, linen and toiletries.

[U.S. Embassy in Equatorial Guinea](#)

K-3, Carretera de Aeropuerto
Al lado de Restaurante El Paraíso, Malabo
Tel: (+240) 33 09 7 41

[Equatorial Guinea Embassy in the U.S.](#)

2020 16th Street, NW, Washington DC 20009
Tel: (202) 518-5700
Fax: (202) 518-5252
Email: secretary@egembassydc.com

[World Health Organization - Equatorial Guinea](#)

Autopista
Boîte postale 330
Malabo
Tel: (+240) 09 32 34;
Fax: (+240) 09 32 36
Email: afwcogq@who.int

[Red Cross - Equatorial Guinea](#)

Alcalde Albilio Balboa 92
Apartado Postal 460
Malabo
Tel: (+240) 222 27 74 98
Fax: (+240) 09 30 66
Email: crge@orange.gq

[UNICEF - Equatorial Guinea](#)

[U.S. Embassy in Equatorial Guinea - Medical Assistance](#)

ERITREA

Overview:

Medical facilities in Eritrea are extremely limited, with most care located in urban areas and 80% of the population in rural areas. There are some private doctors throughout the country but they are very expensive and only serve a small percentage of the population.

U.S. Embassy in Eritrea

179 Alaa Street
Asmara
Tel: (+291) 1 12 00 04
Fax: (+291) 1 12 75 84

Eritrean Embassy in the U.S.

1708 New Hampshire Ave NW
Washington, DC 20009
Tel: (202) 319-1991
Fax: (202) 319-1304
Email: embassyeritrea@embassyeritrea.org

UNICEF - Eritrea

Bldg C
5 Hiday Ave.
Asmara, Eritrea
Tel: (+291) 1 1 186 222
Email: asmara@unicef.org

World Health Organization - Eritrea

P.O. Box 5561
Geza Banda-Adi Yacob St. 178 2911
Asmara,
Tel: (+291) 112 4485
Email: afwcoerbill@who.int

U.S. Embassy in Eritrea - Medical Assistance

ESTONIA

Overview

The quality of medical care in Estonia continues to improve but still falls short of western standards. Estonia has many highly trained medical professionals, but hospitals and clinics still suffer from a lack of equipment and resources.

[U.S. Embassy in Estonia](#)

Kentmanni 20
15099 Tallinn, Estonia
Tel: (+372) 668 8100
Fax: (+372) 668 8265

[Embassy of Estonia in the U.S.](#)

1990 K Street NW, Suite 430
Washington, D.C. 20006
Tel: (202) 588-0101
Email: Embassy.Washington@mfa.ee

[UNICEF - Estonia](#)

Auna 6
Tallinn 10317
Tel: (+372) 6000 300
Email: unicef@unicef.ee

[World Health Organization - Estonia](#)

Paldiski Road 81
Tallinn 10617
Tel: (+372) 62 69350
Email: eurowhoest@who.int

[Red Cross - Estonia](#)

Eha 8
10137 Tallinn
Tel: (+372) 64 11 644
Fax: (+372) 64 11 641
Email: info@redcross.ee

[U.S. Embassy in Estonia - Medical Assistance](#)

Fiji

Overview

Healthcare facilities in Fiji are adequate for routine medical programs. Emergency response is extremely limited, and the few ambulances available are poorly equipped and staffed. Two major hospitals, the Lautoka Hospital in the western city of Lautoka, and the Colonial War Memorial Hospital in Suva, provide limited emergency and outpatient services. A private hospital in Suva provides western-style medical care and maintains the Fiji Decompression Chamber for the benefit of scuba divers. Other hospitals and clinics provide only a limited range of health services. Medical emergencies may be referred to Australia, New Zealand, or the United States. Serious medical problems requiring hospitalization and/or medical evacuation to the U.S. or elsewhere can cost thousands of dollars. Doctors and hospitals expect immediate cash payment for health services.

U.S. Embassy in Fiji

U.S. Embassy Suva
158 Princes Road
Tamavua, Suva
Tel: (+679) 331-4466

Fiji Embassy in the U.S.

1707 L Street, Suite 200 NW
Washington, DC 20036
Tel: (202) 466-8320
Fax: (202) 466-8325
Email: info@fijiembassydc.com

World Health Organization - Fiji

Level 4 Provident Plaza One Downtown Boulevard 33 Ellery Street,
Suva
Tel: (+679) 330 4600
Fax: (+679) 323 4166
Email: wpfjiwr@who.int

Red Cross - Fiji

22 Gorrie St.
Suva
Tel: (+679) 331 4133
Email: communications@redcross.com.fj

UNICEF - Pacific Islands

3rd Floors, FDB Building

360 Victoria Parade

Suva

Telephone: (+679) 330 0439

Email: suva@unicef.org

U.S. Embassy in Fiji - Medical Assistance

FINLAND

Overview

In Finland, medical facilities and their staff are generally excellent and are widely available for emergency services. English is commonly spoken by Finnish medical personnel. Helsinki is a frequent medical evacuation point for emergency cases from the countries of the former Soviet Union. The public hospital system and many private hospitals honor foreign credit cards. Most pharmacies (“apteekki” in Finnish) are open during normal shopping hours and major cities have at least one 24-hour service pharmacy. If you are a tourist or temporary visitor to Finland and you require immediate emergency medical assistance, you may visit a local medical center or clinic, called “ensiapuusama” (first-aid station) in Finnish. Usually, these stations are located at hospitals and provide a full range of services. The emergency telephone number, 112, can be used throughout Finland to contact emergency medical services.

U.S. Embassy in Finland

Itäinen Puistotie 14 B 00140
Helsinki
Tel: (+358) 9 616 250

Embassy of Finland in the U.S.

3301 Massachusetts Ave, NW
Washington, DC 20008
Tel: (202) 298-5800
Fax: (202) 298-6030
Email: sanomat.was@formin.fi

UNICEF - Finland

Finnish Committee for UNICEF
Lautatarhankatu 6
00580 Helsinki
Tel: (+358) 9 584 501
Email: information@unicef.fi

World Health Organization - Finland

Marmorvej 51
DK-2100 Copenhagen Ø
Denmark
Tel: (+45) 45 33 70 00
Fax: (+45) 45 33 70 01

Red Cross - Finland

Tehtaankatu 1 a

00140 Helsinki, Finland

Tel: 020 701 2000

Fax: 020 701 2310

Email: info@redcross.fi

U.S. Embassy in Finland - Medical Assistance

FRENCH GUIANA

Overview

Medical care within French Guiana is limited, and hospital facilities are available only in major urban areas. Patients' rooms in hospitals are primarily open-air facilities; instead of glass panes, hospital windows are fitted with wooden slats. Prescription and over the counter medicines can be purchased from pharmacies in the larger cities; however, U.S. brands or names may not be available.

U.S. Embassy in Suriname

165 Kristalstraat
Paramaribo, Suriname
Tel: (+597) 556 700

French Guiana Embassy in the U.S.

4101 Reservoir Road, NW
Washington, DC 20007
Tel: (202) 944-6000

World Health Organization - French Guiana

UNICEF Guyana and Suriname

UNICEF 72 Brickdam
Georgetown, Guyana
Tel: (+592) 226 7083/227 3662
Email: georgetown@unicef.org

U.S. Department of State - French Guiana

FRENCH POLYNESIA/TAHITI

Overview

Medical treatment is generally good on the major islands but is limited in more remote or less populated areas. Patients with emergencies or serious illnesses are often referred to facilities on Tahiti for treatment. In Papeete, the capital of Tahiti, two major hospitals and several private clinics provide 24-hour medical service. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Although some doctors and hospitals are beginning to accept credit card and U.S. insurance payments, others still expect immediate cash payment for health services.

U.S. Embassy in Barbados, the Eastern Caribbean, and the OECS

Wilkey Business Park
St. Michael BB 14006
Barbados, W.I.
Tel: (+246) 227-4000

U.S. Embassy in Fiji, Kiribati, Tonga, and Tuvalu

B.P. 381616
98718 Punaauia
Tel: (+689) 40 42 65 35
Tel: (202) 780 7683 (From the U.S.)
Fax: (+689) 50 80 96
Email: usconsul@mail.pf

French West Indies Embassy in the U.S.

World Health Organization - French Polynesia

Level 4 Provident Plaza
One Downtown Boulevard
33 Ellery Street,
Suva, Fiji
Tel: (+679) 330 4600
Fax: (+679) 323 4166
Email: wpfjiwr@who.int

U.S. Embassy in Fiji, Kiribati, Tonga, and Tuvalu - Medical Assistance

FRENCH WEST INDIES

Overview

Good medical care is available throughout the French West Indies. Not all doctors speak or understand English.

[U.S. Embassy in Barbados, the Eastern Caribbean, and the OECS - Medical Assistance](#)

GABON

Overview

Medical facilities in Gabon's major cities are limited, but they are generally adequate for routine or basic needs. Medical services in rural areas are generally unavailable.

U.S. Embassy in Gabon

Sablière B.P. 4000

Libreville

Tel: (+241) 01 45 71 00

Embassy of the Gabonese Republic in the U.S.

2034 20th Street, NW, Suite 200

Washington, DC 20009

Tel: (202) 797-1000

UNICEF - Gabon

Building Block B, 5th Floor

P.O. Box 20448

Libreville

Brahim Ould Isselmou

Tel: (+241) 07 99 99 31/02 41 33 33

Email: bouldisselmou@unicef.org

World Health Organization Gabon

Boîte postale 820 141

Impasse Pascal Nze Bie

UN Compound,

Batiment B, Point de ue-Gue

Libreville, Abon

Tel: (+241) 144 4384

Email: afgawco@who.int

Red Cross - Gabon

Bureau National
Place de l'Indépendance
Derrière le Mont de Cristal
Libreville
Tel: (+241) 03 21 01 36 (Madame Bouyou Aicha)
Fax: (+241) 76 51 60
Email: contact@croixrouge-gabon.org

U.S. Embassy in Gabon - Medical Assistance

THE GAMBIA

Overview

Medical facilities in The Gambia are very limited. Some treatments are unavailable and emergency services can be unpredictable and unreliable.

U.S. Embassy in The Gambia

Kairaba Avenue, Fajara
P.M.B. 19
Banjul
Tel: (+220) 439-2856
Fax: (+220) 439-2475

The Gambian Embassy in the U.S.

5630 16th St NW,
Washington, DC 20011
Tel: (202) 785-1399
Email: info@gambiaembassydc.org

UNICEF - The Gambia

No. 5 Kofi Annan Street
Cape Point
Kombo St. Mary
Republic of The Gambia
Tel: (+220) 4494 760
Email: banjukl@unicef.org

World Health Organization - The Gambia

Tiruneh, Dr Desta Alamerew
P.M.B. 170 Banjul, Gambia
Tel: (+220) 44 62283
Fax: (+220) 44 62286
Email: afwcogminfo@who.int

Red Cross - Gambia

56 Mamadi Manyang Highway

Kanifing Industrial Area

Kanifing

Tel: (+220) 43 73 568, 43 92 405, 43 96 386

Fax: (+220) 43 94 921

Email: gambiaredcross@gmail.com

U.S. Embassy in The Gambia - Medical Assistance

GEORGIA

Overview

Medical care in Georgia is limited. There is a severe shortage of basic medical supplies, including disposable needles, anesthetics, and antibiotics.

[U.S. Embassy in Georgia](#)

29 Georgian-American Friendship Avenue
Didi Dighomi
Tbilisi, 0131
Tel: (+995 32) 227 70 00
Fax: (+995 32) 253-23 10

[Georgia Embassy in the U.S.](#)

1824 R Street NW
Washington, DC 20009
Tel: (202) 387-2390

[UNICEF - Georgia](#)

UN House
9, Eristavi Street, Floor IV
0179 Tbilisi
Tel: 32 2232 388
Email: tbilisi@unicef.org

[Red Cross - Georgia](#)

[World Health Organization - Georgia](#)

81 Vasily Barnov Street
0179 Tbilisi
Tel: (+995) 32 299 80 73
Email: eurowhoge@who.int

[U.S. Embassy in Georgia - Medical Assistance](#)

GHANA

Overview

Medical facilities in Ghana are limited, particularly outside Accra, the capital.

[U.S. Embassy in Ghana](#)

No. 24, Fourth Circular Rd, Cantonments, Accra

P.O. Box GP 2288

Accra

Tel: (+233) 030 274 1000

[Embassy of Ghana in the U.S.](#)

3512 International Drive NW

Washington, DC 20008

Tel: (202) 686-4520

Fax: (202) 244-2280

Email: info@ghanaembassydc.org

[UNICEF - Ghana](#)

House No. 4 - 6,

Rangoon Close,

Ward No.24,

Accra, Ghana

Tel: (+233) 302 772524

Email: accra@unicef.org

[World Health Organization - Ghana](#)

Tel: (+233) 21 774643

Mobile: (+233) 244 34 2200

[Red Cross - Ghana](#)

Plot No. 10, South Legon,

Indian Ocean Lake off the gulf house road, Accra.

Ghana Post

Tel: (+233) 299 370 431

Email: redcrossghana@yahoo.co.uk

[U.S. Embassy in Ghana - Medical Assistance](#)

GREECE

Overview

Medical facilities are adequate, and some, particularly the private clinics and hospitals in Athens and Thessaloniki, are quite good. Some private hospitals have affiliations with U.S. facilities, and generally their staff doctors have been trained in U.S. or other international teaching institutions. Public medical clinics, especially on the islands, may lack resources; care there can be inadequate by American standards, and often, little English is spoken. Many patients, Greeks and visitors alike, are transferred from the provinces and islands to Athens' hospitals for more sophisticated care. Others may choose to transfer from a public to a private hospital within Athens or Thessaloniki. Americans choosing to do so would arrange for an ambulance belonging to the private hospital to transport them from the public hospital to the private one. The cost of the ambulance for this transfer, as well as all expenses in a private hospital, must be borne by the patient. Nursing care, particularly in public hospitals, may be less than adequate. For special or through-the-night nursing care, it is suggested that a private nurse be hired, or a family member or friend be available to assist. One parent or a private nurse should always plan to stay with a hospitalized child on a 24-hour basis, as even the best hospitals generally maintain only a minimal nursing staff from midnight to dawn on non-emergency floors or wards.

[U.S. Embassy and Consulate in Greece](#)

91 Vasilisis Sophias Avenue
10160 Athens
Tel: (0030) 210 721 2951

[Greek Embassy in the U.S.](#)

2217 Massachusetts Ave, NW
Washington, DC 20008
Tel: (202) 939-1300
Fax: (202) 939-1324

[UNICEF - Greece](#)

UNICEF Office in Greece
91 Michalakopoulou St.
11512 Athens, Greece
Email: greece@unicef.org

World Health Organization - Greece

3 Ploutarchou St.

3rd floor 10675

Athens

Tel: (0030) 210 5235480

Email: eurowhogre@who.int

Red Cross - Greece

Likavittou 1,

Athina 106 72,

Tel: (0030) (210) 36 44 969

Fax: (0030) (210) 36 44 969

Email: ir@redcross.gr

U.S. Embassy and Consulate in the U.S. - Medical Assistance

GRENADA

Overview

Medical care is limited. U.S. citizens requiring medical treatment may contact the U.S Embassy in St. George's for a list of local doctors, dentists, pharmacies and hospitals. Serious medical problems requiring hospitalization and/or medical evacuation to the U.S. can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

U.S. Embassy in Barbados, the Eastern Caribbean, and the OECS

Lance Aux Epines
St. George's,
Grenada, W.I.
Tel: (001473) 444-1173

Embassy of Grenada in the U.S.

1701 New Hampshire Ave, NW
Washington, DC 20009
Tel: (202) 265-2561
Fax: (202) 265-2468

UNICEF - Grenada

1st Floor
United Nations House
Marine Gardens
Christ Church
Barbados, W.I.
Tel: 246 467 6000
Email: unicef@caribsurf.com

World Health Organization - Grenada

Red Cross - Grenada

Upper Lucas Street
P.O. Box 551
St. George's
Tel: (001473) 440-1829
Fax: (001473) 440-1829
Email: grercs@spiceisle.com

U.S. Embassy in Barbados, the Eastern Caribbean, and the OECS - Medical Assistance

GUINEA

Overview

Medical facilities are poorly equipped and extremely limited both in the capital city and throughout Guinea. Medicines are in short supply, sterility of equipment should not be assumed, and treatment is frequently unreliable. Some private medical facilities provide a better range of treatment options than public facilities but are still well below global standards. There are no ambulance or emergency rescue services in Guinea and trauma care is extremely limited.

U.S. Embassy in Guinea

Transversale No. 2
Centre Administratif de Koloma
Commune de Ratoma
Conakry
Tel: (+224) 655 104 000
Fax: (+224) 655 104 297

Embassy of the Republic of Guinea in the U.S.

2112 Leroy Place, NW
Washington, DC 20008
Tel: (202) 986-4300

UNICEF - Guinea

World Health Organization - Guinea

Boîte postale 817 Conakry
Tel: (+224) 622350047
Email: afwcognwr@who.int

Red Cross - Guinea

B.P. 376
Siège Social Kobaya, Commune de Ratoma
Conakry
Tel: (+224) 628 68 22 00
Fax: (+224) 414 255
Email: crgconcrgconakry@yahoo.fr

U.S. Embassy in Guinea - Medical Assistance

GUINEA-BISSAU

Overview

While modern medical facilities are virtually nonexistent in Guinea-Bissau and travelers should not rely on them, limited emergency medical care is available at a new hospital in Bissau operated by the Sant'Egidio Community. There are flights from Bissau to Dakar, Senegal Monday through Saturday, where more acceptable levels of medical care are available.

[U.S. Embassy in Guinea-Bissau \(U.S. Embassy in Senegal\)](#)

Route des Almadies

Dakar, Senegal

Tel: (+221) 33 879 4000

[Embassy of Guinea-Bissau in US](#)

P.O. Box 33813

Washington D.C. 20033

Tel: (301) 947-3958

Fax: (301) 947-3958

[UNICEF - Guinea-Bissau](#)

[World Health Organization - Guinea-Bissau](#)

177 Codex 1001

Avenida Pansau Na Isna

132915 - Bissau Codex

Tel: (+245) 559 3582

Email: afwcogwbill@who.int

[Red Cross - Guinea-Bissau](#)

Avenida Unidade

Africana N 12

Tel: (+245) 95 580 39 91

Fax: (+245) 20 52 02

Email: cvgb@mail.gtelecom.gv

[U.S. Virtual Consulate in Guinea-Bissau - U.S. Citizen Services](#)

GUYANA

Overview

Medical care is available for minor medical conditions. Emergency care and hospitalization for major medical illnesses or surgery are limited due to a lack of appropriately trained specialists, below standard in-hospital care, and poor sanitation. Ambulance service is limited to transportation without any medical care and is frequently not available for emergencies. An MRI machine (linked to the United States for interpretation) has been installed and is operational, but results may take up to 4 days. Some prescription medicines (mainly generic rather than name-brand) are available.

U.S. Embassy in Guyana

100 Young and Duke Streets Kingston,
Georgetown, Guyana
Tel: (+592) 225-4900/9
Fax: (+592) 2258497

Embassy of Guyana in U.S.

2490 Tracy Place, NW
Washington, DC 20008
Tel: (202) 265-6900
Fax: (202) 232-1297
Email: guyanaembassydc@verizon.net

UNICEF - Guyana and Suriname

72 Brickdam
Georgetown, Guyana
Tel: (+592) 226 7083
Email: georgetown@unicef.org

World Health Organization - Guyana

P.O. Box 10969
Georgetown
Tel: (+592) 225 3000
Email: e-mail@guy.paho.org

Red Cross - Guyana

Barrack Street

P.O. Box 10524

Georgetown

Tel: (+592) 226 5174

Tel: (+592) 223 8287

Fax: (+592) 227 7099

Email: guyanaredcross@yahoo.com

U.S. Embassy in Guyana - Medical Assistance

HAITI

Overview

Medical facilities in Haiti are scarce and for the most part substandard; outside the capital, standards are even lower. Medical care in Port-au-Prince is limited and the level of community sanitation is extremely low. Life threatening emergencies often require evacuation by air ambulance at the patient's expense. Doctors and hospitals often expect immediate cash payment for health services.

U.S. Embassy in Haiti

U.S. Embassy Port-au-Prince
Tabarre 41
Route de Tabarre
Port-au-Prince
Tel: 011 509 2229 8000

Embassy of the Republic of Haiti

2311 Massachusetts Ave., N.W.
Washington, D.C. 20008
Tel: (202) 332-4090
Fax: (202) 745-7215
Email: amb.washington@diplomatie.ht

World Health Organization - Haiti

Boîte postale 1330
Port-au-Prince
Email: pwr@hai.ops-oms.org

Red Cross - Haiti

UNICEF - Haiti

U.S. Embassy in Haiti - Medical Assistance

HONDURAS

Overview

Medical care in Honduras varies greatly in quality and availability. Outside Tegucigalpa and San Pedro Sula, medical care is inadequate to address complex situations. Support staff facilities and necessary equipment and supplies are not up to U.S. standards anywhere in Honduras. Facilities for advanced surgical procedures are not available. Wide areas of the country, including the popular tourist areas of the Bay Islands, do not have a general surgery hospital. Ambulance services are limited in major cities and almost non-existent elsewhere. Emergency services may be contacted directly through their local numbers.

U.S. Embassy in Honduras

Avenida La Paz
Tegucigalpa M.D.C.
Tel: (+504) 2236 9320
Fax Number: (+504) 2236 9037

Embassy of Honduras in the U.S.

3007 Tilden Street, NW, Suite 4M
Washington DC 20008
Tel: (202) 966-7702
Tel: (202) 966-2604
Fax: 202) 966-9751
Email: embassy@hondurasemb.org

World Health Organization - Honduras

Edificio Imperial, 6 & 7 piso Avenida República de
Panamá Tegucigalpa
Tel: (+504) 2221 6091
Fax: (+504) 2221 6103
Email: e-mail@hon.ops-oms.org

International Committee of the Red Cross - Honduras

Red Cross - Honduras

7a Calle

Entre 1a. y 2a. Avenidas

Comayagüela D.C.

Tel: (+504) 2237 1800

Fax: (+504) 2238-0185

Email: josejuan.castro@cuzroja.org.hn

UNICEF - Honduras

U.S. Embassy in Honduras - U.S. Citizen Services

HUNGARY

Overview

Medical treatment in Hungary is adequate, but hospital facilities and nursing support are not comparable to those in the United States. Physicians are generally well trained, but there is a lack of adequate emergency services. Some doctors, particularly in Budapest, speak English. Doctors and hospitals usually expect immediate cash payment for health services.

U.S. Embassy in Hungary

Szabadság tér 12
H-1054 Budapest
Tel: (+36) 1 475-4400
Fax: (+36) 1 475-4248

Embassy of Hungary in the U.S.

3910 Shoemaker Street, N.W.
Washington, D.C. 20008
Tel: (202) 362-6730
Email: informacio.was@mfa.gov.hu

World Health Organization - Hungary

3 – 1st floor H-1051
Budapest
Telephone: (+36) 1 328 6081
Fax: (+36) 1 328 6086

Red Cross - Hungary

Arany János utca 31
1051 Budapest V.
Magyar Vöröskereszt
1367 Budapest 5, Pf. 121
Tel: (+36) 1 374-1338
Fax: (+36) 1 374-1393
Email: intdept@redcross.hu

UNICEF - Hungary

Wesselenyi utca 16

1077 Budapest

Tel: (+36) 1 225 88 18

Email: unicef@unicef.hu

U.S. Embassy in Hungary - Medical Assistance

ICELAND

Overview

Excellent medical facilities are available in Iceland. To obtain emergency medical assistance anywhere in the country, dial 112. To obtain non-emergency medical assistance in the Reykjavik metropolitan area dial 544-4114 during business hours and outside of normal business hours, dial 1770. The nurse who answers will offer advice on how to handle the problem, suggest that the patient come to an after-hours clinic, or send a physician to make a house call. For information on after-hours dental care, call 575-0505.

[U.S. Embassy in Iceland](#)

Engjateigur 7
105 Reykjavik
Tel: (+354) 595 2200

[Embassy of Iceland in U.S.](#)

House of Sweden
2900 K Street N.W. #509
Washington DC 20007-1704
Tel: (202) 265 6653
Email: washington@mfa.is

[World Health Organization - Iceland](#)

[Red Cross - Iceland](#)

Efstaleiti 9
103 Reykjavik
Tel: (+354) 5704000
Fax: (+354) 5704010
Email: central@redcross.is

UNICEF - Iceland

Iceland National Committee for UNICEF

Laugavegi 42, 2nd Floor

101 Reykjavik

Tel: (+354) 552 6300

Fax: (+354) 552 6010

Email: unicef@unicef.is

U.S. Embassy in Iceland - Medical Assistance

IRAN

Overview

Basic medical care and medicines are available in the principal cities, but may not be available in rural areas. Medical facilities do not meet U.S. standards and sometimes lack medicines and supplies. Iran is represented diplomatically through the Interests Section of the Islamic Republic of Iran in the United States located in the Pakistan Embassy in Washington, D.C.

[U.S. Virtual Embassy in Iran](#)

The United States does not have a physical or diplomatic presence in Iran. Switzerland serves as protecting power for the United States. This website is aimed at enhancing outreach and dialogue between the American and Iranian people.

[Interests Section of the Islamic Republic of Iran](#)

1250 23rd Street NW

Washington, DC 20037

Tel: (202) 965-4990

This is a part of the Pakistani Embassy in Washington DC and is the de facto consular representation of Iran in the United States.

[World Health Organization - Iran](#)

P.O. Box 14665-1565

Tehran

Email: whoteh@ira.emro.who.int

[International Committee of the Red Cross - Iran](#)

In Iran, the ICRC promotes IHL and works with the authorities in Iran and Iraq to address the consequences of the 1980-1988 Iran-Iraq war, particularly the issue of missing persons. They work with the Iranian Red Crescent and maintain a logistics capacity to support ICRC operations in the region.

[Red Cross - Iran](#)

No 1362 Valiasr Avenue

Building of Peace

1517813511 Tehran

Tel: (+98) 21 886 626 18/9

Fax: (+98) 21 8820 1052

Email: intdep@rcs.ir

UNICEF - Iran

No. 7, Nezami St, Rastovan St, 3rd Neyestan St,
Pasdaran Ave. Tehran

Tel: (+98) 2122594994

Email: tehran@unicef.org

Iran - List of Medical Facilities

Burn Registry Program in Iran

IRAQ

Overview

Basic modern medical care and medicines are not widely available in Iraq. Conflicts in Iraq have left some medical facilities non-operational and medical stocks and supplies severely depleted. The facilities in operation do not meet U.S. standards, and the majority lack medicines, equipment, and supplies. Because the Baghdad International Airport has limited operations for security reasons, it is unlikely that a private medical evacuation can be arranged.

U.S. Embassy and Consulates in Iraq

U.S. Embassy Baghdad
Al-Kindi Street
International Zone
Baghdad
Tel: 0760 030 3000

Embassy of the Republic of Iraq in the U.S.

Embassy of the Republic of Iraq
3421 Massachusetts Ave. NW,
Washington, DC 20007, USA
Tel: (202) 742-1600

World Health Organization - Iraq

Karadat Mariam Baghdad, Iraq
Tel: (+9626) 554 3674
Fax: (+9626) 551 0437
Email: emwroirq@who.int

International Committee of the Red Cross - Iraq

In Iraq, the ICRC helps displaced people, refugees and civilians in places affected by fighting during the times of crisis. They improve access to clean water and health care, visit detainees and enable them to maintain contact with their families and support the authorities' efforts to clarify the fate of people missing from earlier conflicts.

UNICEF - Iraq

U.S. Embassy and Consulates in Iraq - Medical Assistance

IRELAND

Overview

Modern medical facilities and highly skilled medical practitioners are available in Ireland. Because of high demand, however, access to medical specialists can be difficult and admissions to hospitals for certain non-life-threatening medical conditions may require spending significant periods of time on waiting lists. Those traveling to or intending to reside in Ireland who may require medical treatment while in the country should consult with their personal physicians prior to traveling. Over-the-counter medication is widely available. Irish pharmacists may not be able to dispense medication prescribed by your U.S. physician and may direct you to obtain a prescription from an Irish doctor before providing you with your required medication. Emergency services usually respond quickly.

[U.S. Embassy in Ireland](#)

42 Elgin Road Ballsbridge
Dublin 4
Tel: (+353) 1 668-8777
Fax: (+353) 1 668-9946

[Embassy of Ireland in the U.S.](#)

2234 Massachusetts Ave, NW
Washington, DC 20008
Tel: (202) 462-3939
Fax: (202) 232-5993

[World Health Organization - Ireland](#)

[International Committee of the Red Cross - Ireland](#)

The ICRC helps those affected by armed conflict and promotes compliance with international humanitarian law. Read more about what we do and who we are.

[Red Cross - Ireland](#)

Irish Red Cross Head Office
16 Merrion Square
Dublin 2 D02 XF85
Republic of Ireland
Tel: (+353) 0 1 642 4600
Fax: (+353) 0 1 661 4461
Email: info@redcross.ie

UNICEF - Ireland

33 Lower Ormond Quay,
Dublin D01 R283
Tel: (+353) 0 878 3000
Email: info@unicef.ie

U.S. Embassy in Ireland - Medical Assistance

JAMAICA

Overview

Medical care is more limited than in the United States. Comprehensive emergency medical services are located only in Kingston and Montego Bay, and smaller public hospitals are located in each parish. Emergency medical and ambulance services and the availability of prescription drugs are limited in outlying parishes. Ambulance service is limited both in the quality of emergency care and in the availability of vehicles in remote parts of the country. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars or more. Doctors and hospitals in Jamaica often require cash payment prior to providing services. If a medical evacuation is required, the Embassy recommends you contact the American Citizen Services Unit at (876) 702-6000 for assistance.

US Embassy in Jamaica

142 Old Hope Road
Kingston 6
Jamaica, West Indies
Tel: (+876) 702 6000
Fax: (+876) 702-6348

Embassy of Jamaica in the U.S.

1520 New Hampshire Avenue, NW,
Washington, DC 20036
Tel: (202) 452-0660
Fax: (202) 452-0036

World Health Organization - Jamaica

P.O. Box 384 Kingston 7
Tel: (+876) 970 0016
Fax: (+876) 977 1393
Email: e-mail@jam.paho.org

International Committee of the Red Cross - Jamaica

The ICRC helps those affected by armed conflict and promotes compliance with international humanitarian law.

Red Cross

Central Village, St. Catherine,

Tel: (+876) 984 78602/325 4091/820 6559

Email: jrcs@jamaicaredcross.org

[UNICEF - Jamaica](#)**[U.S. Embassy in Jamaica - Medical Assistance](#)**

JORDAN

Overview

Basic modern medical care and medicines are available in the principal cities of Jordan, but not necessarily in outlying areas. Most hospitals in Jordan, especially in Amman, are privately owned. Doctors and hospitals often expect immediate cash payment for services. Because serious medical problems requiring hospitalization and/or medical evacuation to the United States could cost over \$150,000 U.S. dollars, we advise travelers to carry medical evacuation insurance. Most resident Americans travel to Western Europe for serious medical treatment. Such travel can be extremely expensive if undertaken under emergency conditions.

U.S. Embassy in Jordan

Abdoun, Al-Umawyeen St.
Amman, Jordan
Tel: (+962) 6 590 6000
Fax: (+962) 6 592 0163

Jordanian Embassy in the U.S.

3504 International Drive, N.W.
Washington, D.C. 20008
Tel: (202) 966-2664
Fax: (202) 966-3110
Email: hkjconsular@jordanembassyus.org

World Health Organization - Jordan

811547 11181,
Amman
Tel: (+962) 6 5684651
Fax: (+962) 6 5667533
Email: emwrojoor@who.int

International Committee of the Red Cross - Jordan

The ICRC assists Syrians who sought refuge in Jordan and their host communities visit detainees, helps civilians and foreign detainees restore contact with their families, promotes IHL and supports the Jordan Red Crescent Society. The ICRC delegation in Jordan is also a key logistical, training and fleet hub for ICRC operations, contributing to its humanitarian response in the Middle East region and beyond.

UNICEF - Jordan

UNICEF Jordan Country Office
P.O. Box 940043
Amman 11194
Visitors' Address
UNICEF Jordan Country Office
7 Leila Al-Akhleyah Street
Ash Shumaysani
Amman,

U.S. Embassy in Jordan - Medical Assistance

KAZAKHSTAN

Overview

Medical care in Kazakhstan is limited and well below North American and Western European standards. The U.S. Embassy maintains a list of English-speaking physicians. Basic medical supplies, including disposable needles, anesthetics, and antibiotics. can be in short supply.

U.S. Embassy and Consulate in Kazakhstan

Rakhymzhan Koshkarbayev Avenue, No. 3.
Nur-Sultan, Kazakhstan, 010010
Tel: (+7) 7172 70 21 00
Fax: (+7) 7172 54 09 14

Embassy of the Republic of Kazakhstan in the U.S.

Embassy of Kazakhstan
1401 16th St NW
Washington, D.C. 20036
Phone: (202)-232-5488
Email: washington@mfa.kz

World Health Organization - Kazakhstan

Tel: (+7) 7172 204706
Fax: (+7) 7172 204706
Email: eurowhokaz@who.int

International Committee of the Red Cross - Kazakhstan

The ICRC helps those affected by armed conflict and promotes compliance with international humanitarian law.

Red Cross - Kazakhstan

86 Kunayev str.
050010 Almaty 050010
Tel: (+7) 727 2916291
Fax: (+7) 727 2918172
Email: info@redcrescent.kz

UNICEF

Block 1, 10a Beibitshilik Street

010000, Astana

Tele: (+7) 717 2322969/322878/321797

Email: astana@unice.org

[U.S. Embassy and Consulate in Kazakhstan](#)

KIRIBATI

Overview

Health care facilities in Kiribati are adequate for routine medical care, but extremely limited in availability and quality. Serious medical conditions requiring hospitalization or evacuation to the United States or elsewhere may cost thousands of dollars.

[U.S. Embassy in Fiji, Kiribati, Nauru, Tonga, and Tuvalu](#)

158 Princes Road
Tamavua, Suva, Fiji
Tel: (+679) 331 4466

[Kiribati Embassy in the U.S.](#)

95 Nakolo Pl., Rm. 264
HI 96819, Honolulu United States
Tel: (808) 834-6775
Fax: (808) 834-7604
Email: kiribaticonsul@aol.com

[World Health Organization - Kiribati](#)

210 Tarawa, Kiribati
Tel: (+686) 28231
Fax: (+686) 28188
Email: who.kir@wpro.who.int

[Red Cross - Kiribati](#)

Betio, Tarawa
Postal Address
GPO Box 213, Betio,
Tarawa
Tel: (+686) 73051464/73019407 (Calling from abroad)

[UNICEF - Pacific Islands](#)

[U.S. Embassy in Fiji, Kiribati, Nauru, Tonga, and Tuvalu - Medical Assistance](#)

NORTH KOREA

Overview

Persons with medical problems should not travel to North Korea. For decades, medical facilities in the DPRK have suffered from a lack of resources and electricity, as well as inadequate and often outdated skills among the medical staff. Hospitals in Pyongyang can perform basic examinations and lifesaving measures but functioning x-ray facilities are not generally available. Surgery should be avoided. For accidents outside Pyongyang, transport back to the capital can be a lengthy trip without medical assistance. Most drugs are impossible to obtain locally. Hospitals will expect immediate U.S. dollar cash payment for medical treatment. Credit cards and checks have not been honored in the past, according to diplomatic personnel stationed in the DPRK. Local DPRK hosts are often not aware of available evacuation options and might claim that no such options exist. In case of serious medical problems, it is important to insist on immediate contact with the Swedish Embassy. The Swedish Embassy can arrange a medical evacuation to Beijing within approximately 5-10 hours.

KOSOVO

Overview

Health facilities are limited and medications are in short supply. KFOR (Kosovo Force) cannot provide basic health care to non-military personnel, nor can they provide medical evacuation out of Kosovo.

U.S. Embassy in Kosovo

U.S. Embassy Pristina
Arberia/Dragodan,
Rr. 4 KORRIKU Nr.25
Pristina, Kosovo
Tel: (+383) 38 59 59 3000
Fax: (+383) 38 549 890

Embassy of Kosovo in the U.S.

2175 K St NW #300,
Washington, DC 20037
Email: ankesa@rks-gov.net

Consulate General of Kosovo in New York

801 Second Avenue, Suite 301
New York, NY 10017
Tel: (212) 949-1400
Fax: (212) 949-1403
Email: consulategeneral.ny@rks-gov.net

World Health Organization - Kosovo

Institute of Public Health, Pristina, 10 000
Tel: (+383) 0 38 549 216/218/219
Fax: (+383) 0 38 549 217
Email: koryaks@who.int

International Committee of the Red Cross - Kosovo

In Kosovo, the ICRC, in an effort to resolve the issue of missing persons, primarily supports the families in their quest to ascertain the fate and whereabouts of their missing family members. Implementing its humanitarian mandate, the ICRC reminds national authorities of their obligation to provide answers to the families and seeks the support of the international community to achieve results. The ICRC supports the Red Cross structures in Kosovo with training, funding and technical assistance. It also conducts visits to all places of detention in Kosovo.

UNICEF -Kosovo

Behije Dashi 7

Prishtina

Tel: (+381) 0 38 249 230/38 249 231/38 249 232

Email: prishtina@unicef.org

U.S. Embassy in Kosovo - Medical Assistance

KUWAIT

Overview

The health care system continues to develop, with many government and private medical facilities available in Kuwait. Medical care at government run clinics and hospitals is provided at low cost to residents of Kuwait. Private physicians and hospitals charge fees for services, and some do not accept local health insurance. Many hospital and clinic services do not compare to U.S. standards, and staff members often have no U.S. experience or training.

[U.S. Embassy in Kuwait](#)

P. O. Box 77
Safat 13001
Tel: 00 (+965) 2259 1001
Fax: 00 (+965) 2538 0282

[Embassy of the State of Kuwait in the U.S.](#)

2940 Tilden Street, NW,
Washington, DC 20008, USA
Tel: (202) 966-0702

[World Health Organization - Kuwait](#)

[International Committee of the Red Cross - Kuwait](#)

The ICRC's Kuwait City delegation promotes the incorporation of international humanitarian law into national legislation and conducts military training in countries of the Gulf Cooperation Council. It also protects detainees and handles humanitarian matters arising from the 1990-1991 Gulf War.

[Red Cross - Kuwait](#)

P.O. Box 1359
13014 Safat
Tel: (+965) 24818084/24818085
Fax: (+965) 24839114/24835266
Email: krccs@krccs.org.kw

UNICEF - Kuwait

P.O. Box 18009

Riyadh, Kingdom of Saudi Arabia

Tel: (+966) 1 488 1705/1 488 1715

Fax: (+966) 1 488 1736

U.S. Embassy in Kuwait - Medical Assistance

KYRGYZ REPUBLIC

Overview

Medical services in the Kyrgyz Republic are extremely limited. Elderly travelers and those with existing health problems may be at risk due to inadequate medical facilities. The U.S. Embassy strongly recommends that travelers to the Kyrgyz Republic carry medical evacuation insurance in case of emergency.

U.S. Embassy in Kyrgyzstan

171 Prospect Mira
Bishkek 720016 Kyrgyz Republic
Tel: (+996) 312 597 000
Fax: (+996) 312 597 744

Embassy of the Kyrgyz Republic in the U.S. and Canada

2360 Massachusetts Ave, NW
Washington, DC 20008
Tel: (202) 449-9822
Fax: (202) 449-8275
Email: kgembassy.usa@mfa.gov.kg

World Health Organization - Kyrgyzstan

52-54 Orozbekova Street 720040
Bishkek
Tel: (+996) 312 612677
Fax: (+996) 312 612681
Email: eukgz@who.int

International Committee of the Red Cross - Kyrgyzstan

In Kyrgyzstan, the ICRC helps victims of violence, visits detainees, promotes IHL, renovates and supplies health facilities, works with the authorities on the issue of missing persons and helps train the Kyrgyz Red Crescent Society.

UNICEF - Kyrgystan

UNICEF Country Office
160, Chui Avenue
720040 Bishkek
Tel: (+996) 312 611 224
Email: bishkek@unicef.org

UNICEF Osh Zone Office
93A, Lenin Street
723500 Osh
Tel: (+996) 3222 50843
Email: osh@unicef.org

[U.S. Embassy in the Kyrgyz Republic](#)

LAOS

Overview

Medical facilities and services in Laos are limited and do not meet Western standards. In Vientiane, U.S. citizens may wish to contact the Primary Care Center, also known as the Centre medical de L'Ambassade de France (CMAF), which is supported by the French Embassy. The CMAF is located on Khou Vieng Road across the street from the Green Park Hotel, Tel. +856-21-214-150, or +856-20-558-4617, e-mail: cmfloa@gmail.com.

U.S. citizens in Laos often seek medical care in Thailand. The Friendship Bridge linking Vientiane, Laos, to Nong Khai, Thailand, is open daily 6:00 a.m. to 10:00 p.m. Officials generally will allow travelers to cross after hours in cases of medical emergency. AEK International Hospital (Tel: 66-42-342-555) and North Eastern Wattana General Hospital, both in Udorn, Thailand (Tel: 66-1-833-4262) have English-speaking staff accustomed to dealing with foreign patients. Nong Khai Wattana Hospital in Nong Khai, Thailand (Tel: 66-1-833-4262) can handle most simple medical procedures. Ambulances for both AEK International Hospital and Nong Khai Wattana Hospital have permission to cross the Friendship Bridge to collect patients from Vientiane. In Vientiane, the Setthatirat Hospital ambulance (Tel: 021-413-720) can take patients to Thailand.

U.S. Embassy in Laos

Ban Somvang Tai
Thadeua Road, Km 9
Hatsayfong District
Tel: (+856) 21-48-7000

Embassy of Laos in the U.S.

2222 S Street, NW
Washington, DC 20008
Tel: (202) 328-9148/332-6416/667-0076 (Consul)
Fax: (202) 332-4923

World Health Organization - Laos

P.O. Box 343 Vientiane
Lao People's Democratic Republic
Tel: (+856) 21 353902
Fax: (+856) 21 353905
Email: who.lao@wpro.who.int

Red Cross - Laos

Impasse XiengNhune

Avenue Sethathirad

Vientiane

Postal Address

B.P. 650

Vientiane

Tel: (+856) 21 216 610/21 214 504

Fax: (+856) 21 214 504

Email: info@laoredcross.org.la

UNICEF - Laos

U.S. Embassy in Laos - Medical Assistance

LATVIA

Overview

Medical care in Latvia is steadily improving but remains limited in several important respects. There are a few private clinics with medical supplies and services, including disposable needles and basic modern diagnostics, which are nearly equal to Western Europe or U.S. standards. However, because of the lack of equipment and resources, most major invasive procedures or surgeries in Latvia are not recommended. Hospital services have shown good progress but are still not equal to western standards. State ambulance service for emergencies is available by dialing 112 anywhere in Latvia. However, response time is poor in rural areas. Air ambulance service is available for medical evacuations. In general, private air ambulance services are very expensive and require advance payment before the patient is transported.

U.S. Embassy in Latvia

U.S. Embassy Riga
1 Samnera Velsa St. (former Remtes)
Riga LV-1510
Tel: (+371) 6710 7000
Fax: (+371) 6710 7050

Latvian Embassy in the U.S.

2306 Massachusetts Ave., NW
Washington DC 20008
Tel: (202) 328-2840
Fax: (202) 328-2860
Email: embassy.usa@mfa.gov.lv

World Health Organization - Latvia

UN House Pils street 21 LV-1050
Riga, Latvia
Tel: (+371) 67 503619
Email: eurowholva@who.int

Red Cross - Latvia

Sarlotes street 1D
1001 Riga 1010
Tel: (371) 6733 66 51
Fax: (371) 67336652
Email: secretariat@redcross.lv

UNICEF - Latvia

Riga, National Committee

Rep. of Latvia National Committee for UNICEF

UN House

Pils Str. 21

Riga, LV-1167

Visitors' address

Rep. of Latvia National Committee for UNICEF UN House

Pils Str. 21, Riga

LV-1167, Latvia

Tel: (+371) 750 3693, 750 3694

Fax: (+371) 750 3602

Email: unicef@undp.riga.lv

U.S. Embassy in Latvia - Medical Assistance

LEBANON

Overview

In Beirut and the surrounding areas, modern medical care and medicines are widely available. Such facilities are not always available in outlying areas, although no location in the country is more than three hours from the capital. Doctors and hospitals often expect immediate cash payment for services, and without such payment, may deny service even in emergency cases.

U.S. Embassy in Lebanon

Awkar - Facing the Municipality, Main Street

Beirut

Tel: (+961) 4 543 600

Fax: (+961) 4 554 019

Embassy of Lebanon in the U.S.

2560 28th Street Northwest

Washington, DC 20008

Tel: (202) 939-6300

E-mail: info@lebanonembassyus.org

World Health Organization - Lebanon

P. O. Box 539

Beirut

Tel: (+961) 1 612 970

Facsimile: (+961) 1 612 972

Email: emwroleb@who.int

Red Cross - Lebanon

Kontari

Spears Street

Beyrouth

Tel: (+961) 1 372 802 (ext 300 or 110)

Fax: (+961) 1 372 802

Email: redcross@redcross.org.lb, sg-assistant@redcross.org.lb

UNICEF - Lebanon

Ashrafieh, Sodeco Area

Sama

Tel: (+961) 1 607 400

Email: beirut@unicef.org

Tripoli Address:

UNICEF Field Office

Dam w Farz , Bissar Bldg. 3rd Floor

Tel: (+961) 6 410 723

Email: Leb-Field_Tripoli@unicef.org

Zahle Address:

UNICEF Field Office

The Boulevard, Centre Fattouch

Tel: (+961) 8 810 381

Email: Leb-Field_Zahle@unicef.org

U.S. Embassy in Lebanon - Medical Assistance

LESOTHO

Overview

Medical facilities in Lesotho are limited. Good medical service is available in Bloemfontein, South Africa, 90 miles west of Maseru. There is no reliable ambulance service in Lesotho.

U.S. Embassy in Lesotho

254 Kingsway Avenue

Maseru

Tel: (+266) 223 12666

Fax: (+266) 223 10116

Web: <https://ls.usembassy.gov/>

Lesotho Embassy in the U.S.

2511 Massachusetts Ave, NW

Washington, DC 20008

Tel: (202) 797-5533

Fax: (202) 234-6815

Email: lesothoembassy@verizon.net

World Health Organization - Lesotho

Address:

1st Floor UN House

P.O. Box 214,

Maseru, 100

Tel: (+266) 223 12122

Fax: (+266) 223 10213

Email: afwcols@who.int

Red Cross - Lesotho

23 Mabile Road

Old Europa

100 Maseru 100

Postal Address

Private Bag A205

100 Maseru 100

Tel: (+266) 223 13 911

Email: redcross@redcross.org.ls

UNICEF - Lesotho

Private Bag A171

Maseru 100

Visitors' address

13 United Nations Road

2nd Floor United Nations House

Maseru

Tel: (+266) 22 315 801

Fax: (+266) 310 248 (Central Fax)

Fax: (+266) 22 316 839 (Operations)

Email: tshiferaw@unicef.org

U.S. Embassy in Lesotho - Medical Assistance

LIBERIA

Overview

Hospitals and medical facilities in Liberia are very poorly equipped and are incapable of providing many services. Emergency services comparable to those in the U.S. or Europe are non-existent, and the blood supply is unreliable and unsafe for transfusion. Americans with serious medical problems travel or are medically evacuated to the United States, Europe or South Africa. Medicines are scarce, often beyond expiration dates, and generally unavailable in most areas.

[U.S. Embassy in Liberia](#)

502 Benson Street Monrovia
Tel: (+231) 77 677 7000
Fax: (+231) 77 677 7370

[Liberian Embassy in the U.S.](#)

5201 16th Street NW
Washington DC 20011
Tel: (202) 723-0437
Fax: (202) 723-0436
Email: info@embassyofliberia.org

[World Health Organization - Liberia](#)

P. O. Box 316 1000
Monrovia 10
Tel: (+231) 8865 16803
Email: wholiberia@who.int

[Red Cross - Liberia](#)

National Headquarters
107 Lynch Street
1000 Monrovia 20 R
Postal Address
P.O. Box 20-5081
1000 Monrovia 20
Tel: (+231) 8864 63607
Fax: (+231) 330 125
Email: sayba.tamba@liberian-redcross.org

UNICEF - Liberia

UNICEF Liberia

4th floor

One UN House

Pan African Plaza

1st Street, Sinkor

Monrovia

Tel: (+231) 0 881 800 005 8

Email: monrovia@unicef.org

U.S. Embassy in Liberia - Medical Assistance

LIBYA

Overview

While some healthcare providers have been trained in the United States or Europe, basic modern medical care and/or medicines may not be available in Libya. Many Libyan citizens prefer to be treated outside of Libya for ailments such as heart disease and diabetes.

U.S. Embassy in Libya

Serraj Area Tripoli

Email: paotripoli@state.gov

Embassy of Libya in the U.S.

1460 Dahlia Street NW

Washington, DC 20012

Tel: (202) 944-9601

Fax: (202) 944-9606

Email: info@embassyoflibyadc.com

World Health Organization - Libya

Boîte postale 111

Cité EL-Mahrajène 1082

Tunis, Tunisia

Tel: (+218) 21 463 0994

Fax: +218 21 463 0994

Email: emwroliy@who.int

Red Cross - Libya

P.O. Box 541

Benghazi

Tel: (+218) 61 909 5202/909 5152/908 1582

Fax: (+218) 61 909 5829

Email: libyanrc@gmail.com, taha.k.sultan@gmail.com

UNICEF - Libya

P.O. Box 3179

Tripoli

Visitors' address

UNICEF Libya

Mustafa Al Tarjouman Street

Nofleen Area

Tripoli

Tel: +881622475396 (Satellite Phone)

Email: tripoli@unicef.org

U.S. Embassy in Libya - Medical Information

LITHUANIA

Overview

Medical care in Lithuania has improved in the last 15 years, but medical facilities do not always meet western standards. There are a few private clinics with medical supplies and services that nearly equal Western European or U.S. standards. Most medical supplies are now widely available, including disposable needles, anesthetics, antibiotics and other pharmaceuticals. However, hospitals and clinics still suffer from a lack of equipment and resources. Lithuania has highly trained medical professionals, some of whom speak English, but their availability is decreasing as they leave for employment opportunities abroad. Depending on his or her condition, a patient may not receive an appointment with a specialist for several weeks. Western-quality dental care can be obtained in major cities. Most pharmaceuticals sold in Lithuania are from Europe; travelers will not necessarily find the same brands that they use in the United States. Serious medical problems requiring hospitalization and/or medical evacuation can cost thousands of dollars or more. Doctors and hospitals often expect immediate cash payment for health services, particularly if immigration status in Lithuania is unclear.

U.S. Embassy in Lithuania

U.S. Embassy Vilnius
Akmenų g. 6
Vilnius
LT-03106
Tel: (+370) 5 2665500
Fax: (+370) 5 2665510

Embassy of Lithuania in the U.S.

2622 16th Street NW
Washington, DC 20009
Tel: (202) 234-5860
Fax: (202) 328-0466
Email: amb.us@urm.lt, info@usa.mfa.lt, consul.us@mfa.lt

World Health Organization - Lithuania

Didžioji Gatvė 22
Vilnius LT-01128
Tel: (+370) 5 212 6743
Fax: (+370) 5 212 6605

Red Cross - Lithuania

A Juozapaviciaus Street 10A
09311 Vilnius
Tel: (+370) (5) 212 7322
Fax: (+370) (5) 261 9923
Email: elze@redcross.lt

UNICEF - Lithuania

Lithuanian National Committee for UNICEF
Ausros Vartu No 3/ 1-2
LT-2600 Vilnius
Visitors' address
Lithuanian National Committee for UNICEF Ausros Vartu No 3/ 1-2
LT-2600 Vilnius
Tel: (+370) 5 212.7718
Fax: (+370) 5 212.7717
Email: unicef@undp.lt

U.S. Embassy in Lithuania - Medical Assistance

LUXEMBOURG

Overview

Medical facilities are widely available. In an emergency, dial 112 for an ambulance or in case of fire, dial 113 for the police. Hospitals in Luxembourg operate on a 24-hour rotation system. The on-call emergency room can be determined by calling 112. Patients may self-refer to any clinic Monday-Friday between 8am-5pm. In Luxembourg City, three major hospitals offer comprehensive general medical and surgical treatment, as well as specialized care in orthopedics, cardiology and psychiatry. In addition, there are two pediatric clinics and two obstetric clinics in Luxembourg City. Hospitals also exist in the south of the country (Esch-sur-Alzette) and in the north (Wiltz). For more specialized care, including major burns, transfer to a regional burn center in Belgium or France is necessary.

U.S. Embassy in Luxembourg

22 Boulevard Emmanuel Servais
L-2535
Tel: (+352) 46 01 23 00
Fax: (+352) 46 14 01

Embassy of Luxembourg in the U.S.

2200 Massachusetts Avenue NW
Washington, D.C. 20008
Tel: (202) 265-4171
Fax: (202) 328-8270
Email: washington.amb@mae.etat.lu

World Health Organization - Luxembourg

Ministry of Health
Villa Louvigny
Allée Marconi
L-2120
Tel: (+352) 2478 5501
Fax: (+352) 2620 0145

Red Cross - Luxembourg

44 Boulevard Joseph II
L-1840
B.P. 404 – L-2014
Tel: (+352) 2755 2000
Fax: (+352) 2755 2001

UNICEF - Luxembourg

99, route d'Arlon

1140 Luxembourg

Tel: (+352) 44 87 15/44 96 74

Fax: (+352) 45.53.14

Email: unicef@unicef.lu

U.S. Embassy in Luxembourg - Medical Assistance

MACEDONIA

Overview

Although many Macedonian physicians are trained to a high standard, and a number of well-equipped private clinics are available especially in Skopje, most public hospitals and clinics are not equipped and maintained at U.S. or Western European standards. Basic medical supplies are usually available, but specialized treatment may not be obtainable.

U.S. Embassy in Macedonia

Str. "Samoilova" Nr. 21
1000 Skopje
Republic of North Macedonia
Tel: (+389) 2 310 2000
Fax: (+389) 2 310 2499

Macedonian Embassy in the U.S.

2129 Wyoming Ave, NW
Washington, DC 20008
Tel: (202) 667-0501
Fax: (202) 667-2131
Email: usoffice@macedonianembassy.org, washington@mfa.gov.mk

World Health Organization - Macedonia

Drezdenska, No. 22 1000
Skopje
Tel: (+389) 2 3064 599/2 3064 299
Fax: (+389) 2 3063 710
Email: eurowhomcd@who.int

Red Cross of the Republic of North Macedonia

No. 13 Blvd. Kocho Racin
1000 Skopje
Tel: (+389) 23 114 355
Fax: (+389) 23 230 542
Email: mrc@redcross.org.mk

UNICEF - North Macedonia

Orce Nikolov 74

1000 Skopje

P.O. Box 491

1000 Skopje

Tel: (+389) 2 32 31 150

Fax: (+389 2 32 31 151

Email: skopje@unicef.org

U.S. Embassy in North Macedonia - Medical Assistance

MADAGASCAR

Overview

Standards of healthcare throughout Madagascar are well below U.S. standards. However, there are foreign physicians in Antananarivo representing a broad range of specialties, but their training is variable and often not to U.S. standards. The hospitals in Antananarivo vary greatly in standards of care. Medical care outside of Antananarivo is generally well below the care available in the capital city. Caution and good judgment should be exercised when seeking hospital and medical services.

A Seventh Day Adventist dental clinic offers emergency procedures and x-ray facilities. Some medications, generally of French origin, are available in Antananarivo. If you need to refill a prescription from home, it is important to carry a prescription from your doctor listing the medicine's generic name. There is limited availability of both prescription and over the counter medications, and outside of Antananarivo, medications may not be available. Ambulance services are available in Antananarivo with Polyclinique Ilafy at 22-425-66/69 or 033 11 458 48 / 032 07 409 38; Espace Medical at 22625-66, 22-219-72, or 032-02-088-16 (cellular); and CDU (Centre de Diagnostic Medical d'Urgences) at 22 329 56 or 032 07 822 28 or 033 11 822 28. However, due to traffic jams, response times are often dangerously slow.

U.S. Embassy in Madagascar

Lot 207 A - Andranoro – Antehiroka
105 Antananarivo
Tel: (+261) 20 23 480 00
Fax: (+261) 20 23 480 35

Embassy of Madagascar in the U.S.

2374 Massachusetts Ave., N.W.
Washington, D.C. 20008
Tel: (202) 265 5525
Tel: (240) 660-6330 (Consular Matters - Emergency)
Tel: (202) 849-1560 (Business Emergency)
Email: contact@us-madagascar-embassy.org

World Health Organization - Madagascar

Boîte postale 362 101
Antananarivo, Madagascar
Tel: (+261) 233 6471
Tax: (+261) 202 335554
Email: afwcomgoffice@wims.who.int

Red Cross - Madagascar

Maison de la Croix-Rouge Malagasy
1, rue Patrice Lumumba
Tsaralalana
Antananarivo 101
Postal Address
P.B. 1168
Antananarivo
Tel: (+261) 32 03 221 11
Fax: (+261) (20) 22 667 39
Email: contact@crmada.org

UNICEF - Madagascar

UNICEF Madagascar
Maison Commune des Nations Unies
Zone Galaxy Andraharo, BP 732
101 Antananarivo, Madagascar
Tel: (+261) 0 20 23 300 92
Email: antananarivo@unicef.org

U.S. Embassy in Madagascar - Health Alert

MALAWI

Overview

Medical facilities are rudimentary and most local medical providers do not speak English fluently. Medications are not consistently available; many American medications are not available at all. For any major medical problems, travelers should consider obtaining medical treatment in South Africa where advanced medical care is available. Purchasing medical evacuation insurance before travel is strongly recommended. Health care institutions and providers require payment (primarily cash) at the time of service, and may even require payment before service is given. Minimal specialized care is available in Lilongwe and Blantyre.

United States Embassy in Malawi

16 Jomo Kenyatta Road
Lilongwe 3, Malawi
Tel: (+265) 0 177 3166
Fax: (+265) 0 177 0471

Embassy of Malawi in the U.S.

2408 Massachusetts Avenue, NW
Washington, DC 20008
Tel: (202) 721-0270

World Health Organization - Malawi

P.O. Box 30390
Lilongwe 3, Malawi
Tel: (+265) 1 772 450
Fax: (+265) 1 772 350
Email: afwcomw@who.int

Red Cross - Malawi

Presidential Way
Area 14
Lilongwe
Postal Address
P.O. Box 30096
Capital City
Lilongwe 3
Tel: (+265) 1 775 590
Email: mracs@redcross.mw

UNICEF - Malawi

P.O. Box 30375

Airtel Complex Area 40/31

Lilongwe 3, Malawi

Tel: (+265) 1770770/788

Email: lilongwe@unicef.org

U.S. Embassy in Malawi - Medical Assistance

MALAYSIA

Overview

Medical facilities and services are adequate in the larger cities, where western-trained doctors can be found. Psychological and psychiatric medical and counseling services are limited. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars or more. Doctors and hospitals often expect immediate cash payment for health services although major credit cards are acceptable. Malaysian ambulance attendants lack training equivalent to U.S. standards. Callers to Malaysia's 999 emergency number (equivalent to the U.S. 911) are connected to the Red Crescent, and patients are directed to whichever hospital the dispatcher chooses.

U.S. Embassy in Malaysia

376 Jalan Tun Razak
50400 Kuala Lumpur
Malaysia
Tel: (+603) 2168 5000
Fax: (+603) -2142-2207

Malaysian Embassy in the U.S.

3516 International Court, NW
Washington, DC 20008
Tel: (202) 572-9700
Tel: (202) 375-4396 (After office hours)
Fax: (202) 572-9882
Email: mwwashington@kln.gov.my, consularwdc@kln.gov.my

World Health Organization - Malaysia

World Health Organization 4th Floor
Prima 8
Block 3508
Jalan Teknokrat 6
63000 Cyberjaya
Selangor, 63000
Kuala Lumpur
Tel: (+603) 8871 7111
Fax: (+603) 8871 7171
Email: wpmyswr@who.int

Red Cross - Malaysia

National Headquarters Complex
Lot PT54 Section 69 Jalan Lengkok Belfield
Off Jalan Wisma Putra
50460 Kuala Lumpur
Tel: (+603) 2143 8122
Fax: (+603) 2143 5122
Email: secgen@redcrescent.org.my, aziah@redcrescent.org.my

UNICEF - Malaysia

United Nations Children's Fund
Menara PJH, Level 10, No. 2
Jalan Tun Abdul Razak
Precinct 2
62100 Putrajaya
Tel: (+603) 8687 7900
Fax: (+603) 8881 0458
Email: kualalumpur@unicef.org

U.S. Embassy in Malaysia - Medical Assistance

MALDIVES

Overview

The Maldives has limited medical facilities. There are two hospitals in Male: the government-owned Indira Gandhi Memorial Hospital (IGM) and the privately-owned Abduarahman Don Kaleyfan Hospital (ADK). ADK accepts some insurance plans, but IGM does not. The hospitals perform general, orthopedic and neurosurgery, but the Maldives has no trauma units, and spinal surgery is not available. Persons needing treatments not offered in the Maldives require evacuation to the nearest adequate medical facility, such as in Singapore.

[U.S. Mission to Maldives](#)

210 Galle Road
Colombo 03
Sri Lanka
Tel: (+94) 11 249 8500
Fax: (+94) 11 243 7345

Embassy of the Maldives in the United States

Maldives has no embassy in Washington, DC, but its permanent representative to the United Nations in New York is dually accredited as ambassador to the United States. [More information about Maldives](#) is available here from the Department of State and other sources.

[World Health Organization - Maldives](#)

P.O. Box 2004
Male 20184
Tel: (+960) 332 2410
Fax: (+960) 332 4210
Email: whomav@who.int

[Red Cross Mildives](#)

4th Floor, Maldives Post Building
Boduthakurufaanu Magu
Male 20026
Tel: (+960) 334 1009
Fax: (+960) 334 7009
Email: info@redcrescent.org.mv

UNICEF - The Maldives

United Nations Children's Fund (UNICEF)
5th Floor H. Thuniya, Boduthakurufaanu Magu
Malé

List of English Speaking Doctors/Medical Facilities in Maldives

MALI

Overview

Medical facilities in Mali are limited, especially outside of the capital, Bamako. Personal counseling is non-existent.

U.S. Embassy in Mali

ACI 2000
Rue 243, Porte 297
Bamako, Mali
Tel: (+223) 20 70 23 00
Fax: (+223) 20 70 24 79

Embassy of Mali in the U.S.

2130 R Street, NW
Washington, DC 20008
Tel: (202) 332-2249
Email: administration@maliembassy.us

World Health Organization - Mali

Boîte postale 99
Bamako
Tel: (+223) 20223714
Email: afwcoml@who.int

Red Cross - Mali

Djélibougou
Rue 261, Porte 02
Route Koulikoro
Bamako
Postal Address
B.P. 280
Bamako
Tel: (+223) 20 24 45 69
Fax: (+223) 20 24 04 14
Email: crmaliienne@croixrouge-mali.org

UNICEF - Mali

Niamakoro, route de l'aéroport

BP 96 - Bamako

République du Mali

Tel: (+223) 44 97 70 00

Email: bamako@unicef.org

U.S. Embassy in Mali - Medical Assistance

MALTA

Overview

Medical care is available through public and private hospitals. The quality of medical care in Malta is excellent. Private hospitals generally offer a higher standard of service than the public hospitals, and the majority of the best doctors practice in private medical facilities.

[U.S. Embassy in Malta](#)

Ta' Qali National Park
Attard, ATD 4000
Tel: (+356) 2561 4000
Fax: (+356) 21 243229

[Embassy of Malta in the U.S.](#)

2017 Connecticut Ave NW
Washington, DC 20008
Tel: (202) 462-3611/12
Fax: (202) 387-5470

[World Health Organization - Malta](#)

[Red Cross - Malta](#)

104 St Ursula Street
Valletta VLT 05
Tel: (+356) 2122 2645/2122 1022/2722 1022
Fax: (+356) 2124 3664
Email: dg@redcross.rg.mt

[UNICEF - Malta](#)

[U.S. Embassy in Malta - Medical Assistance](#)

MARSHALL ISLANDS

Overview

Health facilities in the Marshall Islands are adequate for routine medical problems, but they are available only on Majuro and Ebeye. Majuro has a private clinic and a new public hospital. Ebeye has a public hospital. Most outer islands have medical dispensaries. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

US Embassy in the Republic of the Marshall Islands

Mejen Weto, Ocean Side
Majuro, Marshall Islands
Tel: (+692) 247 4011
Fax: (+692) 247 4012

Embassy of the Republic of the Marshall Islands

2433 Massachusetts Ave. N.W.
Washington, DC 20008
Tel: (202) 234-5414
Fax: (202) 232-3236
Email: info@rmiembassyus.org

World Health Organization - Marshall Islands

Red Cross Society - Marshall Islands

96960 Majuro, Marshall Islands
Tel: (+692) 625 0340
Email: info@rmiredcross.org

UNICEF - Pacific Islands

U.S. Embassy in the Republic of the Marshall Islands

MARTINIQUE

Overview

Good medical care is available throughout the French West Indies. Not all doctors speak or understand English. Hyperbaric chambers are available in Guadeloupe at the [Centre Hospitalier Universitaire](#) in Abymes and in Martinique at the [Centre Hospitalier Universitaire](#) in Fort de France. (See French West Indies for more information.)

[U.S. Embassy in Barbados, The Eastern Caribbean, and The OECS](#)

French Caribbean Dept.
14 Rue Blenac, Fort-de-France
Hôtel Valeménère
Avenue des Arawaks
97200, Fort de France
Tel: (+596) 596-730-621
Email: martinique-ca@state.gov

[Martinique Embassy in the U.S.](#)

4101 Reservoir Road, NW
Washington DC 20007
Tel: (+202) 944-6000
Fax: (+202) 944-6166
Email: info@ambafrance-us.org

[World Health Organization - Martinique](#)

Tel: (+246) 437 9434
Fax: (+246) 437 6763
Email: gandiber@cpc.paho.org

[French Red Cross](#)

[UNICEF - Martinique](#)

[U.S. Embassy & Consulates in France - Medical Assistance](#)

MAURITANIA

Overview

Medical facilities in Mauritania are limited. There are few modern clinics or hospitals beyond the capital and a few major towns. At local pharmacies, some medicines are difficult to obtain; travelers are advised to bring their own supplies.

U.S. Embassy in Mauritania

Nouadhibou Road, Avenue Al Quds, NOT PRTZ.
Nouakchott, Mauritania
Tel: (+222) 4525-2660
Fax: (+222) 4525-1592

Embassy of Mauritania in the U.S.

2129 Leroy Place, NW
Washington, DC 20008
Tel: (202) 232-5700
Fax: (202) 319-2623
Email: ambarimwash@gmail.com

World Health Organization - Mauritania

Boite postale 320 Nouakchott, Mauritania
Tel: (+222) 36 30 30 832
Fax: (+222) 4525 8644
Email: afwcomr@who.int

Red Crescent of Mauritania

Avenue Gamal Abdel Nasser, Nouakchott
Postal Address: B.P. 344, Nouakchott
Tel: (+222) 525 12 49/659 24 10/525 12 49
Fax: (+222) 525 47 84/529 12 21
Email: crm@toptechology.mr, sn_crm@yahoo.com

UNICEF - Mauritania

P.O. Box 620

Nouakchott

Visitors' address

Ilot K, Parcelle 146/151

Nouakchott

Tel: (+222) 45 29 98 00

Fax: (+222) 45 25 13 46

Email: nouakchott@unicef.org

U.S. Embassy in Mauritania - Medical Assistance

MAURITIUS

Overview

Medical facilities are available, but more limited than in the United States. Emergency assistance is limited. While public hospitals and clinics provide free care, many visitors may choose to be treated by private doctors and hospitals. [Service Aide Medicale Urgence \(SAMU\)](#) is a government organization that provides ambulance and emergency assistance in response to calls to 114. [MegaCare](#) is a private organization that provides assistance to subscribers only (Address: 99 Draper Avenue, Quatre Bornes; Tel: 116; 464-6116).

[U.S. Embassy in Mauritius](#)

4th Floor, Rogers House
John Kennedy Avenue
Port Louis, Republic of Mauritius
Tel: (+230) 202-4400
Fax: (+230) 208-9534

[Embassy of Mauritius in the U.S.](#)

1709 N. Street, NW
Washington, DC 20036
Tel: (202) 244-1491/2
Fax: (202) 966-0983
Email: mauritius.embassy@verizon.net

[World Health Organization - Mauritius](#)

P.O. Box 1194
Port Louis
Email: who@intnet.mu

[Red Cross Society - Mauritius](#)

Ste. Therese Street
Curepipe
Tel: (+230) 670 02 76/670 12 74
Fax: (+230) 674 88 55
Email: mracs@mauritiusredcross.org

UNICEF - Mauritius

UNDP

P.O. Box 253

Port Louis

U.S. Embassy in Mauritius and Seychelles - Medical Assistance

MONTENEGRO - *see Serbia and Montenegro*

FEDERATED STATES OF MICRONESIA

Overview

Health care facilities in the FSM consist of hospitals on each of the four major islands and a few scattered clinics. These facilities sometimes lack basic supplies and medicines, and the quality of healthcare varies. Doctors and hospitals may expect immediate cash payment for health services. U.S. medical insurance is not always valid outside the United States. Supplemental medical insurance with specific coverage for overseas treatment and medical evacuation may prove useful. Medical evacuation for non-ambulatory patients may not be immediately available and can be very expensive. Scuba divers are advised that there are only two decompression chambers in the FSM (in Yap and Chuuk); their availability and staff experience in treating dive injuries varies.

U.S. Embassy in the Federated States of Micronesia

1286 U.S. Embassy Pl.
Kolonias, Pohnpei FSM 96941
Tel: (+691) 320-2187
Fax: (+691) 320-2186

Embassy of the Federated States of Micronesia in the U.S.

1725 N. Street, NW
Washington, DC 20036
Tel: (202) 223-4383
Fax: (202) 223-4391

World Health Organization - Federated States of Micronesia

Capitol Suites and Offices
Department of Health and Social Affairs
Suite 201
Palikir, Pohnpei, Federated States of Micronesia
Postal Address
P.O. Box PS70
Department of Health and Social Affairs
Mogethin Building
Palikir, Pohnpei 96941
Tel: (+691) 320-2619/2643/2872
Email: wpfsmclo@who.int

Red Cross - Micronesia

Kaselehle Man St.
FM 96941 Pohnpei State
Postal Address
P.O. Box 2405 Kolonia
Kolonia
Pohnpei State
Tel: (+691) 3207077
Fax: (+691) 3206531
Email: mracs@mail.fm

UNICEF - Federated States of Micronesia

U.S. Embassy in the FSM - Medical Assistance

MOLDOVA

Overview

Medical care in Moldova is substandard throughout the country, including Chisinau. In the event of serious medical conditions, every effort should be made to go to Western Europe. In the event of emergency, travelers should attempt first to contact the local ambulance service, which is trained to determine which medical facility is most appropriate for treatment and will transport the injured or sick person to that location. Hospital accommodations are inadequate throughout the country and advanced technology is lacking. Shortages of routine medications and supplies may be encountered. Pharmacies are not stocked to western standards and products are not labeled in English. Poor quality and/or fraudulent medications have been reported.

U.S. Embassy in Moldova

103 Mateevici Street
Chisinau MD-2009
Tel: (+373 22) 408 300
Fax: (+373 22) 233 044

Embassy of Moldova in the U.S.

2101 S Street, NW
Washington, DC 20008
Tel: (202) 667-1130
Fax: (202) 667-2624
Email: washington@mfa.md

World Health Organization - Moldova

29 Sfatul Tarii Str.
Office 303 MD-2012
Chisinau
Tel: (+373 22) 839 961
Fax: (+373 22) 839 970
Email: eurowhomda@who.int

Red Cross - Moldova

67A, Gh. Asachi Sreet
MD-2028 Chisinau
Telephone: (+373 22) 72 96 44 / 72 58 24
Fax: (+373 22) 72 96 44 / 72 58 24
Email: redcross.md@gmail.com

UNICEF - Moldova

Str. 31 August 1989

131 Chisinau

Tel: 373 22 220 034

Fax: (+373 22) 220 045

Email: chisinau@unicef.org

U.S. Embassy in Moldova - Medical Assistance

MONACO

Overview: Medical care comparable to that found in the United States is widely available. In Monaco, the phone number for emergency medical services is 93752525.

[U.S. Embassy and Consulates in France - U.S. Mission to Monaco](#)

2 avenue Gabriel
75008 Paris
France
Tel: (+33) 14312 2222/14266 9783

[Embassy of Monaco in the U.S.](#)

888 17th St. NW, Suite 500
Washington, D.C. 20006
Tel: (202) 234-1530
Fax: (202) 244-7656
Email: info@monacodc.org

[World Health Organization - Monaco](#)

[Red Cross - Monaco](#)

27, Boulevard de Suisse
98000 Monte Carlo
Tel: (+377) 97 976800
Fax: (+377) 93 159047
Email: redcross@croix-rouge.mc

[UNICEF - Monaco](#)

[Doctors in Monaco](#)

[Medical Centers in Monaco](#)

[Monte Carlo Health Directory](#)

MONGOLIA

Overview

Medical facilities in Mongolia are very limited and do not meet most western standards, especially for emergency health care requirements. Many brand-name western medicines are unavailable. Ulaanbaatar, the capital, has the majority of medical facilities inside the country. Outside of Ulaanbaatar, medical facilities and treatment are extremely limited or non-existent. Specialized emergency care for infants and the elderly is not available. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost tens of thousands of dollars. A June 2005 medical evacuation from Ulaanbaatar to Seoul, Korea, cost the patient \$87,000. Doctors and hospitals usually expect immediate payment in cash for health services. Medical evacuation companies will not initiate an evacuation without a fee guarantee beforehand and in full. Local hospitals generally do not contact the Embassy about ill or injured Americans in their care; hospitalized American citizens who need Consular assistance from the Embassy should ask the doctor or hospital to contact the U.S. Embassy in Ulaanbaatar.

U.S. Embassy in Mongolia

Denver Street #3
11th Micro-District
Ulaanbaatar 14190
Tel: (+976) 7007 6001
Fax: (+976) 7007 6174

Mongolian Embassy in the U.S.

2833 M Street NW
Washington, DC 20007
Tel: (202) 333-7117
Fax: (202) 298-9227
Email: washington@mfa.gov.mn

World Health Organization - Mongolia

P.O. Box 663
Ulaanbaatar 13
Office Address
Ministry of Health Government Building No. 8
Ulaanbaatar, Mongolia
Tel: (+976) 11 327 870/11 322 430
Fax: (+976) 11 324 683
Email: who.mog@wpro.who.int, wpmngwr@who.int

Red Cross Society - Mongolia

MRCS Building, Peace Street

1st Khoroo

Sukhbaatar District, 14210

Ulaanbaatar 13

Tel: (+976) 11 329433

Fax: (+976) 11 323334

Email: redcross@redcross.mn

UNICEF - Mongolia

United Nations Children's Fund

UN House

United Nations Street 14

Ulaanbaatar 14201

Tel: (+976) 11 312217/11 312185

Email: ulaanbaatar@unicef.org

U.S. Embassy in Mongolia - Medical Assistance

MONTSERRAT

Overview

St. John's Hospital (Tel: [+664] 491 2843), Montserrat's main hospital, can handle most routine and surgical emergencies. However, there is no hyperbaric chamber in Montserrat. Doctors in private practice are also available. Arrangements can be made quickly to transfer more serious problems off the island by helicopter to Antigua or Guadeloupe.

US Embassy in Barbados, The Eastern Caribbean, and the OECS

Wilkey Business Park
St. Michael BB 14006
Barbados, W.I.
Tel: (246) 227-4000
U.S. Embassy in Grenada
Lance Aux Epines
St. George's
Tel: (473) 444-1173

Embassy of Montserrat in the U.S.

3100 Massachusetts Avenue, NW
Washington, D.C. 20008
Tel: (202) 588-6500/7800/7830
Fax: (202) 588-7850/7870
Email: britishembassyenquiries@gmail.com

World Health Organization - Montserrat

Dorothea Hazel, PAHO Permanent Secretary
Tel: (+664) 491 2880/496 5326
Email: hazeld@gov.ms
Katrina Smith, PAHO Country Program Specialist
Tel: (246) 434-5200 ext. 40076
Email: smithkat@paho.org

British Red Cross - Montserrat

Brades Main Road,

Brades MSR 1110, West Indies

Tel: (664) 491-2699

Red Cross HQ,

P.O. Box 61, Brades

MSR 1110, West Indies

Tel: (664) 491-2699 / 3799

Email: projects.offcer@redcross.org.ms, director@redcross.org.ms

UNICEF - Montserrat

U.S. Embassy in Barbados, The Eastern Caribbean and the OECE - Medical Assistance

MOROCCO

Overview

Adequate medical care is available in Morocco's largest cities, particularly in Rabat and Casablanca, although not all facilities meet high quality standards. Specialized care or treatment may not be available. Medical facilities are adequate for non-emergency matters, particularly in the urban areas, but most medical staff will have limited or no English skills. Most ordinary prescription and over-the counter medicines are widely available. However, specialized prescriptions may be difficult to fill and availability of all medicines in rural areas is unreliable. Emergency and specialized care outside the major cities is far below U.S. standards, and in many instances may not be available at all.

U.S. Embassy and Consulates in Morocco

Km 5.7, Avenue Mohamed VI
Souissi, Rabat 10170
Tel: (+212) 0537 637 200
Fax: (+212) 0537 637 201

Embassy of Morocco in the U.S.

3508 International Drive NW,
Washington, DC 20008
Tel: (202) 462-7979
Consular Service
1211 Connecticut Ave NW, suite 312
Washington D.C., 20036
Tel: (202) 499-1050
Email: 2011morocco@gmail.com

World Health Organization - Morocco

EM.173382 3, Rue Prince Sidi Mohamed BP 812 Rabat
Mechouar 10000 – Rabat, Mechouar, Morocco
Tel: (+212) 537 632259
Fax: (+212) 537 632209
Email: emacomorwr@who.int

Red Cross - Morocco

Palais Mokri

Takaddoum

Rabat 10190

B.P. 189

Rabat 10190

Tel: (+212) 5 3765 3549/5 3775 8099

Fax: (+212) 5 3763 9468

Email: crm@menara.ma

UNICEF - Morocco

U.S. Embassy and Consulates in Morocco - Medical Assistance

MOZAMBIQUE

Overview

Medical facilities are rudimentary, and most medical providers do not speak fluent English. Medicines are not always consistently available. There are both public and private medical facilities in the city of Maputo and most provincial capitals. All healthcare institutions and providers require payment at the time of service and may even require payment before service is given. While some private clinics accept credit cards, many medical facilities do not. Doctors and hospitals outside Maputo generally expect immediate cash payment for health services. Outside of Maputo, available medical care ranges from very basic to non-existent.

U.S. Embassy in Mozambique

Av. Kenneth Kaunda, 193
Caixa Postal, 783
Maputo
Tel: (+258) 21 49 27 97
Fax: (+258) 21-49 01 14

Embassy of Mozambique in the U.S.

1525 New Hampshire Ave. NW
Washington, DC 20036
Tel: (202) 293-7147
Fax: (202) 835-0245
Email: washington.dc@embamoc.gov.mz

World Health Organization - Mozambique

CP 377 Rua Pereira Marinho
280 Maputo
Tel: (+258) 21 49 27 32
Fax: (+258) 21 49 19 90
Email: afwcomz@who.int

Red Cross - Mozambique

Avenida Agostinho Neto, 284
Maputo
Tel: (+258) 82 3012251/2

UNICEF - Mozambique

U.S. Embassy in Mozambique - Medical Assistance

NAMIBIA

Overview

Windhoek, the capital and largest city of Namibia, has a small number of private medical hospitals and clinics capable of providing emergency care and performing many routine procedures. Doctors, both general practitioners and specialists, as well as dentists, generally have training and facilities that are comparable with U.S. standards. Facilities outside the capital vary widely. Several large towns have well-equipped facilities similar to those available in Windhoek, while smaller towns generally do not.

U.S. Embassy in Namibia

14 Lossen Street
Windhoek
Tel: (+061) 295 8500
Fax: (+061) 295 8603

Embassy of Namibia in the U.S.

1605 New Hampshire Ave., NW
Washington, DC 20009
Tel: (202) 986-0540
Fax: (202) 986-0443
Email: info@namibiaembassyusa.org

World Health Organization - Namibia

P.O. Box 3444 9000
Windhoek, Namibia
Tel: (+264) 61 229825
Fax: (+264) 61 2046202
Email: afwcona@who.int

International Committee of the Red Cross - Namibia

Red Cross Society - Namibia

Erf 2128, Independence Av.
Katutura
P.O. Box 346
Windhoek
Telephone: (+264) 61 413750
Email: enquiries@redcross.org.na

UNICEF

P. O. Box 1706

Windhoek

Visitors' address

UN House

UNICEF, 1st Floor

38-44 Stein Street

Klein Windhoek

Windhoek

Tel: (+264) 61 204 6111

Fax: (+264) 61 204 6206

Email: nmbregistry@unicef.org

[U.S. Embassy in Namibia](#)

NAURU

Overview

Healthcare facilities in the Republic of Nauru are adequate for routine medical problems, but very limited in availability. Emergency response capability is extremely limited. Serious medical conditions requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

[U.S. Embassy in Fiji, Kiribati, Nauru, Tonga and Tuvalu](#)

158 Princes Road
Tamavua, Suva, Fiji
Tel: (+679) 331 4466

[Embassy of Nauru in New York](#)

800 2nd Avenue, Suite 400 D
New York, NY 10017
Tel: (212) 937-0074
Fax: (212) 937-0079

[World Health Organization - Nauru](#)

[Red Cross - Nauru](#)

Tel: (+61) 3 8327 7909
Email: tracing@redcross.org.au

[UNICEF - Nauru](#)

[U.S. Embassy in Fiji, Kiribati, Nauru, Tonga, and Tuvalu - Medical Assistance](#)

THE NETHERLANDS

Overview

Good medical facilities are widely available. Emergency medical response can be accessed by calling 112. Pharmacies (“apotheek”) are widely available and can assist with emergency prescription needs. Some common medications are not available in the Netherlands without a prescription, and some prescription drugs cannot be sent to the country.

[U.S. Embassy in The Netherlands](#)

John Adams Park 1
2244 BZ Wassenaar
Tel: (+31) 70 310-2209
Fax: (+31) 70 310-2207

[Embassy of The Netherlands in the U.S.](#)

4200 Linnean Ave. NW
Washington, D.C. 20008
Tel: (202) 244-5300
Tel: (877) 388-2443
Fax: (202) 362-3430

[U.S. Embassy and Consulate in The Netherlands - Medical Assistance](#)

NETHERLANDS ANTILLES

Overview

Medical care is generally good in Curaçao and St. Maarten but may be limited on the other three islands. Hospitals have three classes of services: First Class (one patient to a room, air conditioning), Second Class (two to six patients to a room, no air conditioning). Third Class (15 to 30 people in one hall). Patients are accommodated according to their level of insurance.

U.S. Consulate General in Curacao (Netherlands Antilles)

P.O. Box 158 J.B. Gorsiraweg 1

Tel: (+599) 9 461 3066

Fax: (+599) 9 461 6489

E-mail: infocuracao@state.gov

World Health Organization - Netherlands

Red Cross - Netherlands

Anna van Saksenlaan 50

2593 HT The Hague

P.O. Box 28120,

2502 KC The Hague

Tel: (+070) 44 55 678

Email: contactcenter@redcross.nl

UNICEF - Netherlands

Bezuidenhoutseweg 74

2594 AW The Hague

P.O. Box 95375

2509 CJ The Hague

Tel: (+088) 444 9666

Email: info@unicef.nl

NEW CALEDONIA

Overview

Medical treatment on the main island is generally good, but it is more limited on the outer islands. The Centre Hospitalier Territorial in Noumea provides emergency and outpatient services, as does the smaller Centre Hospitalier Nord in Koumac in the northern part of the main island of New Caledonia and the Centre Hospitalier Est in Poindimie on the east coast of the main island. Patients with more serious illnesses are often referred to Noumea, Australia or France for treatment. In the event of a medical evacuation to Australia, before issuing a visa, Australian visa authorities will require a referral from a doctor in New Caledonia, proof of acceptance by an Australian doctor, and proof of the patient's ability to pay for the medical treatment. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

[U.S. Embassy in Fiji, Kiribati, Nauru, Tonga, and Tuvalu](#)

158 Princes Road
Tamavua, Suva, Fiji
Tel: (+679) 331 4466

[Embassy of New Caledonia in the U.S.](#)

4101 Reservoir Road, NW
20007, Washington DC
Tel: (202) 944-6000
Fax: (202) 944-6166
Email: info@ambafrance-us.org

[World Health Organization - New Caledonia](#)

Level 4 Provident Plaza One Downtown
Boulevard 33 Ellery Street
Suva, Fiji
Postal address
P.O. Box 113
Suva, Fiji
Tel: (+679) 330 4600/3234100
Fax: (+679) 323 4166/323 4177
Email: wpfjiwr@who.int

[UNICEF - New Caledonia](#)

[U.S. Embassy in Fiji, Kiribati, Nauru, Tonga, and Tuvalu - Medical Assistance](#)

NEW ZEALAND

Overview

Quality medical care is widely available, but waiting lists exist for certain types of treatment. High-quality medication (both over the counter and prescription) is widely available at local pharmacies, though the products' names may differ from the American versions. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

[U.S. Embassy and Consulate in New Zealand, Cook Islands and Niue](#)

29 Fitzherbert Terrace Thorndon,
Wellington
P.O. Box 1190,
Wellington
Tel: (+64 4) 462 6000
Fax: (+64 4) 499 0490

[New Zealand Embassy to the U.S.](#)

37 Observatory Cir NW
Washington D.C. 20008
Tel: (202) 328 4800
Fax: (202) 667 5277
Email: nz@nzemb.org

[World Health Organization - New Zealand](#)

[Red Cross - Red Cross](#)

[UNICEF - New Zealand](#)

Level 1, PSA House
11 Aurora Terrace
Wellington, 6011
Postal Address
P.O. Box 10459
The Terrace
Wellington, 6143

[U.S. Embassy and Consulate in New Zealand, Cook Islands and Niue - Medical Assistance](#)

NICARAGUA

Overview

Medical care is very limited, particularly outside Managua. Basic medical services are available in Managua and in many of the smaller towns and villages. However, treatment for many serious medical problems is either unavailable or available only in Managua. Emergency ambulance services, as well as certain types of medical equipment, medications and treatments, are not available in Nicaragua. Physicians and hospital personnel frequently do not speak English, and medical reports are written in Spanish. Patients must have a good understanding of and an ability to speak Spanish in order to navigate the local medical resources. In an emergency, individuals are taken to the nearest hospital that will accept a patient. This is usually a public hospital unless the individual or someone acting on their behalf indicates that they can pay for a private hospital. Payment for medical services is typically done on a cash basis, although the few private hospitals will accept major credit cards for payment. U.S. health insurance plans are not accepted in Nicaragua.

U.S. Embassy in Nicaragua

Kilometer 5 1/2 (5.5)
Carretera Sur Managua
Tel: (+505) 252-7100
Fax: (+505) 252-7304
Email: consularmanagua@state.gov

Embassy of Nicaragua in the U.S.

1627 New Hampshire Ave, NW
Washington, DC 20009
Tel: (202) 939-6570
Fax: (202) 939-6542

World Health Organization - Nicaragua

0543 National Health Complex,
Dr. Concepción Palacios 1309
Managua
Tel: (+505) 22 894200
Fax: (+505) 22 894999

International Committee of the Red Cross - Nicaragua

Red Cross - Nicaragua

Reparto Belmonte
Carretera Sur, Km 7
Apartado 3279, Managua
Tel: (+505) 2265 1428, 265 1582
Fax: (+505) 2265-1643

UNICEF - Nicaragua

San Dionisio Building, 3rd floor
Suburban Track
West Side of the Nicaraguan American College
Managua
Tel: (+505) 2268 0687
Email: managua@unicef.org

U.S. Embassy in Nicaragua - Medical Assistance

NIGER

Overview

Health facilities are extremely limited in Niamey and urban centers, and completely inadequate outside the capital. Although physicians are generally well trained, even the best hospitals in Niamey suffer from inadequate facilities, antiquated equipment and shortages of supplies (particularly medicine). Emergency assistance is limited.

U.S. Embassy in Niger

Niamey BP 11201

Niamey

Tel: (+227) 2072 2661

Fax: (+227) 2073 5560

Embassy of Niger in U.S.

2204 R Street, NW

Washington, DC 20008

Tel: (202) 483-4224

Fax: (202) 483-3169

Email: ambassadeniger@hotmail.com, communication@embassyofniger.org

World Health Organization - Niger

B.P. 10739 Niamey, Niger

Tel: (+227) 2075 2039

Fax: (+227) 2075 2041

Email: afwcone@who.int

International Committee of the Red Cross - Niger

The ICRC helps people affected by conflict in the southeast or fleeing fighting in northeast Nigeria. With the Niger Red Cross, they deliver aid, treat the wounded, provide water and support farmers. They monitor IHL compliance, protect detainees and help them maintain contact with their families.

Red Cross - Niger

No 655, Rue NB 045,
Niamey Bas Terminus
2ème Arrondissement
Postal Address
B.P. 11386
Niamey
Tel: (+227) 2073 3037
Fax: (+227) 2073 2461
Email: crniger@intnet.ne

UNICEF

2 Rue des Oasis,
BP: 12 481 Niamey, Niger
Tel: (+227) 2072 7100
Fax: (+227) 2073 3468
Email: niamey@unicef.org

U.S. Embassy in Niger - Medical Assistance

NORWAY

Overview

Medical facilities are widely available and of high quality but may be limited outside the larger urban areas. The remote and sparse populations in northern Norway, and the dependency on ferries to cross fjords of western Norway, may affect transportation and ready access to medical facilities.

U.S. Embassy in Norway

Morgedalsvegen 36

0378 Oslo

Postal Address

P.O. Box 4075 AMB

0244 Oslo

Tel: (+47) 2130 8540

Email: osloirc@state.gov

Embassy of Norway in the U.S.

2900 K Street NW, Ste. 500

Washington, D.C. 20007

Tel: (202) 333-6000

Fax: (202) 469-3990

Email: emb.washington@mfa.no

World Health Organization - Norway

Red Cross - Norway

Hausmanns gate 7,

0186 Oslo

Postal Address

P.O. Box 1

Greenland

0133 Oslo

Tel: (+47) 22 05 40 00

Email: post@redcross.no

UNICEF - Norway

Norwegian Committee for UNICEF

Postboks-438 Sentrum

N-0130 Oslo, Norway

Visitors' Address

Norwegian Committee for UNICEF

Radhusgaten 24

N-0130 Oslo, Norway

Tel: (+47) 24 14 51 00

Fax: (+47) 24 14 51 01

OMAN

Overview

There are a number of modern medical facilities in Oman. Local medical treatment varies from quite good to inadequate, depending in large part on location. Many western pharmaceuticals can be found in Oman. Hospital emergency treatment is available. Doctors and hospitals often expect cash payment for health services.

U.S. Embassy in Oman

P.O. Box 202 P.C. 115
Madinat Al Sultan Qaboos Muscat
Tel: (+968) 24 643 400
Fax: (+968) 24 699 771

Embassy of Oman in the U.S.

2535 Belmont Rd, NW
Washington, DC 20008
Tel: (202) 387-1980
Fax: (202) 745-4933
Email: washington@mofa.gov.om

World Health Organization - Oman

P.O. Box 1889, 112 Ruwi
Muscat
Tel: (+968) 24 600989
Fax: (+968) 24 602637
Email: emacoomawr@who.int

UNICEF - Oman

Postal Address

P.O. Box 3787

Ruwi 112

Muscat

Visitors' address

Villa No. 999, Way No. 3709

South Bousher, Muscat

Tel: (+968) 24 507451/24 507452/24 507453

Fax: (+968) 24 507456

Email: muscat@unicef.org

U.S. Embassy in Oman - Medical Assistance

PALAU

Overview

Health facilities in Palau are adequate for routine medical care, but limited in availability and quality. Doctors and hospitals often expect immediate cash payment for health services. Serious medical conditions requiring hospitalization or evacuation to the United States, or elsewhere, may cost thousands of dollars.

[U.S. Embassy in the Republic of Palau](#)

U.S. Embassy Koror

Omsangel/Beklelachieb

Airai, Palau 96940

Tel: (+680) 587-2920

Fax: (+680) 587-2911

Email: temengiltj@state.gov

[Embassy of Palau in the U.S.](#)

701 Pennsylvania Avenue NW Suite 200

Washington, D.C. 20006

Tel: (202) 349-8598

Email: info@palauembassy.org

[UNICEF - Palau](#)

[World Health Organization - Palau](#)

[Red Cross - Palau](#)

Tel: (+680) 488 5780

Fax: (+680) 488 4540

Email: info@palauredcross.org

[U.S. Embassy in the Republic of Palau - Medical Assistance](#)

PANAMA

Overview

Although Panama City has some very good hospitals and clinics, medical facilities outside of the capital are limited. When making a decision regarding health insurance, Americans should consider that many foreign doctors and hospitals require payment in cash prior to providing service and that a medical evacuation to the U.S. may cost well in excess of \$50,000. Uninsured travelers who require medical care overseas often face extreme difficulties, whereas travelers who have purchased overseas medical insurance have, when a medical emergency occurs, found it to be lifesaving. Some insurance policies also include coverage for psychiatric treatment and for disposition of remains in the event of death. In Panama, most hospitals accept credit cards for hospital charges, but not for doctors' fees.

U.S. Embassy in Panama

Building 783
Demetrio Basilio Lakas Avenue Clayton
P.O. Box 0816-02561
Tel: (+507) 317-5000
Fax: (+507) 317-5568

Embassy of Panama in the U.S.

2862 McGill Terrace, NW
Washington, DC 20008
Tel: (202) 483-1407
Fax: (202) 483-8413
E-mail: info@embassyofpanama.org

UNICEF - Latin America and the Caribbean

Building 102, Alberto Tejada St.
City of Knowledge

Tel: (+507) 301 7400
Email: uniceflac@unicef.org

World Health Organization - Panama

Apartado 0843-03441
Panamá City
Tel: (+507) 2 127800
Email: pwr@pan.ops-oms.org

Red Cross - Panama

Albrook, Areas Revertidas
Calle Jorge Bolívar Alemán Estévez
Edificio # 453
Tel: (+507) 315-1429 / 1389
Fax: (+507) 315-1401 / 1018
Email: crpanama@cruzroja.org.pa

U.S. Embassy in Panama - Medical Assistance

PAPUA NEW GUINEA

Overview

Medical facilities in Papua New Guinea vary from hospitals in Port Moresby and the larger towns to aid posts (including some missionary stations) in remote areas. Medical facilities vary in quality, but those in the larger towns are usually adequate for routine problems and some emergencies. However, equipment failures and sudden shortages of common medications can mean that even routine treatments and procedures (such as X-rays) may become unavailable. A hyperbaric decompression chamber for diving emergencies is available in Port Moresby. Pharmacies in Papua New Guinea are found only in urban centers and at missionary clinics. They are small and may be inadequately stocked. Doctors and hospitals often expect immediate cash payment for medical services. Adequate medical facilities, prescription and over-the-counter medicine, supplies, and services are available only in Asuncion. Elsewhere, these are limited and may not exist.

[U.S. Embassy to Papua New Guinea, Solomon Islands, and Vanuatu](#)

Douglas Street Port Moresby, N.C.D.
P.O. Box 1492
Port Moresby
Tel: (+675) 321-1455

[Embassy of Papua New Guinea in the U.S.](#)

1825 K Street NW
Suite 1010
Washington, DC 20006
Tel: (202) 745-3680
Fax: (202) 745-3679
Email: info@pngembassy.org

[UNICEF - Papua New Guinea](#)

Level 4, Kina Bank Haus,
Douglas Street,
Port Moresby, NCD 121,
Tel: (+ 675) 321 3000
Fax: (+ 675) 321 1372
Email: portmoresby@unicef.org

World Health Organization - Papua New Guinea

5896, Boroko,
NCD Port Moresby
Tel: (+675) 3257827
Email: who.png@who.int

Red Cross - Papua New Guinea

Peturu Street
Taurama Road
3 Mile to Port Moresby
Tel: (+675) 325 8755
Fax: (+675) 325 9714
Email: snianfop.pngrcs@gmail.com

U.S. Embassy to Papua New Guinea, Solomon Islands, and Vanuatu - Medical Assistance

PARAGUAY

Overview

Adequate medical facilities, prescription and over-the-counter medicine, supplies, and services are available only in Asuncion. Elsewhere, these are limited and may not exist.

U.S. Embassy in Paraguay

1776 Mariscal Lopez Ave

Asuncion

Tel: (+595) 21 2483000

Fax: (+595) 21 213728

Embassy of Paraguay in the U.S.

2400 Massachusetts Ave, NW

Washington, DC 20008

Tel: (202) 483-6960

Fax: (202) 234-4508

World Health Organization - Paraguay

Casilla de Correo

839 Asunción,

Tel: (+595) 21 450497

Email: e-mailpar@par.ops-oms.org

Red Cross - Paraguay

Brasil 216 esq. José Berges

Asunción

Tel: (+595) (21) 200 004

Fax: (+595) (21) 211560

Email: carloescobar33@gmail.com

U.S. Embassy in Paraguay - Medical Assistance

PERU

Overview

Medical care is generally good in Lima and usually adequate in other major cities, but it is less so elsewhere in Peru. Urban private health care facilities are often better staffed and equipped than public or rural ones. Public hospital facilities in Cuzco, the prime tourist destination, are generally inadequate to handle serious medical conditions. Although some private hospital facilities in Cuzco may be able to treat acute medical problems, in general seriously ill travelers should return to Lima for further care as soon as is medically feasible.

U.S. Embassy in Peru

Avenida La Encalada cdra. 17 s/n
Surco, Lima 33
Tel: (+51) 1 618-2000
Tel: (+51) 1 709-7950 (Visa Inquiries)

Peruvian Embassy in US

1700 Massachusetts Ave, NW
Washington, DC 20008
Tel: (202) 833-9860
Fax: (202) 659-8124
Email: webmaster@embassyofperu.us

UNICEF - Peru

Tel: (+51) 1 613-0760
Email: lima@unicef.org

World Health Organization - Peru

Casilla postal 2117 12
Lima
Tel: (+51) 1 3195700
Email: per-pwr@paho.org

Red Cross - Peru

Tel: (+51) 1 266 0481
Fax: (+51) 1 266 0481
Email: contacto@cruzroja.org.pe

U.S. Embassy in Peru - Medical Assistance

POLAND

Overview

Adequate medical care is available in Poland, but hospital facilities and nursing support are not comparable to American standards. Physicians are generally well trained but specific emergency services may be lacking in certain regions, especially in Poland's small towns and rural areas. Younger doctors generally speak English, though nursing staff often does not. Doctors and hospitals often expect immediate cash payment for health services. Medications are generally available, although they may not be specific U.S. brand-name drugs.

U.S. Embassy and Consulate in Poland

Aleje Ujazdowskie 29/31
00-540 Warsaw
Tel: (+48) 22 504 2000

The Embassy of the Republic of Poland in the U.S.

2640 16th St, NW
Washington, DC 20009
Tel: (202) 234-3800
Fax: (202) 328-6217
Email: polemb.info@earthlink.net, washington.amb@msz.gov.pl

UNICEF - Poland

Al. Wilanowska 317
02-665 Warsaw
Tel: (+48) 22 568 0300
Email: unicef@unicef.pl

World Health Organization - Poland

WHO Country Office for Poland
Al. Jerozolimskie 155 02-326
Warsaw, Poland
Tel: (+48) 22 635 9496
Email: eurowhopol@who.int

Red Cross - Poland

ul. Mokotowska 14

00561 Warszawa

Tel: (+48) 22 3261 286

Fax: (+48) 22 628 41 68

Email: head.office@pck.org.pl

U.S. Embassy and Consulate in Poland

PORTUGAL

Overview

Good medical care is available, but facilities may be limited outside urban areas. Public hospitals generally offer services at a lower cost than private hospitals but sometimes do not maintain the same standards as hospitals in the United States. Travelers are encouraged to obtain insurance that would cover medical services from a private Portuguese hospital or clinic. Private hospitals will ask for a credit card or other form of payment upon admission. In a life-threatening emergency, an ambulance can be requested by calling the national emergency response telephone number 112. On the other hand, private ambulances should only be used for transport, not life-threatening emergencies, and usually require on-the-spot payment. Note that the responsiveness of 177 emergency services is often not up to U.S. standards.

[U.S. Embassy in Portugal](#)

Avenida das Forças Armadas 1600-081 Lisboa
Apartado 43033 1601-301 Lisboa
Tel: (+351) 21 727 3300
Fax: (+351) 21 726 9109
Email: lisbonweb@state.gov

[Embassy of Portugal to the U.S.](#)

2012 Massachusetts Avenue
Washington, D.C. 20036
Tel: (202) 350-5400
Fax: (202) 223-3926
Email: info.washington@mne.pt (Chancery)
Email: sconsular.washington@mne.pt (Consular Section)

[UNICEF - Portugal](#)

Portuguese Committee for UNICEF
Av. António Augusto De Aguiar
56 - 3º Esq.
1069-115 Lisboa
Tel: (+351) 21 317.7500
Email: info@unicef.pt

[World Health Organization - Portugal](#)

Red Cross - Portugal

Jardim 9 de Abril, 1 a 5

1249-083 Lisboa

Tel: (+351) 213 913 900

Fax: (+351) 213 913 993

Email: internacional@cruzvermelha.org.pt

U.S. Embassy and Consulate in Portugal - Medical Assistance

QATAR

Overview

Good modern medical care and medicines are available in Doha, although only basic or no medical care may be available in Qatar's smaller cities or outlying areas. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals expect immediate cash payment for health services.

[U.S. Embassy in Qatar](#)

22nd February Street
Al-Luqta District
Doha
Tel: (+974) 4496 6000
Fax: (+974) 4488 4298

[Embassy of the State of Qatar in the U.S.](#)

2555 M Street, NW
Washington, DC 20037
Tel: (202) 274-1600
Fax: (202) 237-0682
Email: info@qatarembassy.org

[UNICEF - Qatar](#)

66, Lusail Street, West Bay
Doha
Tel: (+974) 4411 3290
Email: riyadg@unicef.org

[World Health Organization - Qatar](#)

7608 11371
Nasr City,
Cairo, Egypt
Tel: (+202) 227 65091
Email: gatdesk@emro.who.int

Red Cross - Qatar

Old Slatia - Corniche

Tel: (+974) 4402 7777

Fax: (+974) 4402 7779

Email: info@qrccs.org.qa

U.S. Embassy in Qatar - Medical Assistance

ROMANIA

Overview

Medical care in Romania is generally not up to western standards, and basic medical supplies are limited, especially outside major cities. Some medical providers that are up to western quality standards are available in Bucharest and other cities but can be difficult to identify and locate. Travelers seeking medical treatment should therefore choose their provider carefully.

U.S. Embassy in Romania

4-6, Dr. Liviu Librescu Blvd.

District 1, Bucharest

015118

Tel: (+40) 21 200 3300

Fax: (+40) 21 200 3442

Embassy of Romania in the U.S.

1607 23rd Street, NW

Washington, DC 20008

Tel: (202) 332-4829

Fax: (202) 332-4846

UNICEF - Romania

48A, Blvd. Primaverii,

1st District

011975, Bucharest 1

Tel: (+40) 21 201 7853

Email: bucharest@unicef.org

World Health Organization - Romania

United Nations House

Primaverii Street

48A R-011975

Bucharest

Tel: (+40) 21 201 7888

Red Cross - Romania

29, Biserica Amzei Street

Sector 1

Bucarest 010393

Tel: (+40) 21 317 6006

Email: crr@crucearosie.ro

U.S. Embassy in Romania - Medical Assistance

RUSSIAN FEDERATION

Overview

Medical care in most localities is below Western standards; shortages of medical supplies, differing practice standards and the lack of comprehensive primary care all combine to make the medical system difficult to negotiate as well as suspect. The few facilities in Moscow and St. Petersburg that approach acceptable standards do not necessarily accept all cases (i.e., they may not be licensed to treat trauma, infectious disease or maternity cases). Access to these facilities usually requires cash or credit card payment at western rates at the time of service.

[U.S. Embassy and Consulates in Russia](#)

Bolshoy Deviatinsky Pereulok No. 8 Moscow 121099

Russian Federation - PSC-77, APO AE 09721

Tel: (+7 495) 728 5000

Fax: (+7 495) 728 5090

Email: consulMo@state.gov

[Embassy of the Russian Federation in the U.S.](#)

2650 Wisconsin Ave., N.W.

Washington, DC 20007

Tel: (202) 939-8907

Fax: (202) 298-5735

[UNICEF - Europe and Central Asia](#)

[World Health Organization - Russian Federation](#)

9 Leontyevsky pereulok

125009

Moscow, Russian Federation

Tel: (+7 495) 787 2108

Email: euroSCO@who.int

[Red Cross Society - Russian Federation](#)

Cheryomushkinsky Proezd 5

RF 117036 Moscow

Tel: (+7 499) 126 75 71

Fax: (+7 499) 126 66

Email: mail@redcross.ru

[U.S. Embassy and Consulate in Russia - Medical Assistance](#)

RWANDA

Overview

Medical and dental facilities are limited, and some medicines are in short supply or unavailable. Travelers should bring their own supplies of prescription drugs and preventive medicines. In Kigali, Americans may go to King Faisal Hospital, a private facility that offers limited services and dental facilities. There is also a missionary dental clinic as well as a few private dentists. American-operated charitable hospitals with some surgical facilities can be found in Kibagora, in southwestern Rwanda, in Ruhengeri, near the gorilla trekking area, and in Rwinkavu, near the entrance to Akagera National Park.

U.S. Embassy in Rwanda

#2657 Avenue de la Gendarmerie
Kacyiru
Postal Address
P.O. Box 28
Kigali
Tel: (+250) 252 596 400
Fax: (+250) 252 580 325

Embassy of the Republic of Rwanda in the U.S.

1714 New Hampshire Ave.
Washington, DC 20009
Tel: (202) 232-2882
Email: info@rwandaembassy.org

UNICEF - Rwanda

EBENEZER House
1370 Umuganda Boulevard Kacyiru
Kigali
Tel: (+250) 788 162 700
Email: kigali@unicef.org

World Health Organization - Rwanda

Boîte postale
1324 Kigali
Tel: (+250) 788 307 870
Email: afwcorw@who.int

Red Cross - Rwanda

B.P. 425

Kacyiru, Kigali

Tel: (+250) 255 105 260

Email: rrcs@rwandaredcross.org

U.S. Embassy in Rwanda - Medical Assistance

SAINT KITTS AND NEVIS

Overview

Medical care is limited. The main hospitals are Joseph N. France General Hospital (869-465-2551) on St. Kitts and Alexandria Hospital (869-469-5473) on Nevis. St. Kitts has two additional hospitals and both islands have several health clinics. Neither island has a hyperbaric chamber. Divers suffering from decompression illness are transported to the island of Saba in the Netherlands Antilles. Serious medical problems requiring hospitalization and/or medical evacuation to the U.S. can cost thousands of dollars. Doctors and hospitals expect immediate cash payment for health services.

[U.S. Embassy in Barbados, The Eastern Caribbean, and the OECS](#)

Lance Aux Epines
St. George's
Grenada
Tel: (+1 473) 444-1173

[Ministry of Foreign Affairs - Saint Kitts and Nevis](#)

Building 15, Suites 200-201
Port Zante, Basseterre
Saint Kitts
Tel: (869) 467 1161
Fax: (869) 465-5202
Email: foreigna@sisterisles.kn

[UNICEF - Saint Kitts and Nevis](#)

[World Health Organization - Saint Kitts and Nevis](#)

Red Cross - Saint Kitts and Nevis

National Headquarters
Horsford Road
P.O. Box 62, St. Kitts, West Indies
Basseterre
Tel: (+869) 465-2584
Fax: (+869) 466-8129
Email: skbredcr@sisterisles.kn

U.S. Embassy in Barbados, the Eastern Caribbean, and the OECS - Medical Assistance

SAINT LUCIA

Overview

Medical care is limited. There are two public hospitals and one private hospital in St. Lucia, neither of which provide the same level of care found in an American hospital. The main hospital is Victoria Hospital (758-452-2421). There is no hyperbaric chamber; divers requiring treatment for decompression illness must be evacuated from the island. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

[U.S. Embassy in Barbados, the Eastern Caribbean, and the OECS](#)

Wilkey Business Park
St. Michael BB 14006
Barbados, W.I.
Tel: (+246) 2274000

[Embassy of Saint Lucia to the U.S.](#)

1629 K Street, NW, Suite 1250
Washington, DC 20006
Tel: (202) 364-6792
Fax: (202) 364-6723
Email: embassydc@gosl.gov.lc

[UNICEF - Eastern Caribbean](#)

UNICEF Office for the Eastern Caribbean Area
1st Floor, UN House
Marine Gardens
Christ Church, Barbados
Tel: (+246) 467 6000
Email: bridgetown@unicef.org

[World Health Organization - Eastern Caribbean](#)

Red Cross - Saint Lucia

P.O. Box 271

General Post Office

Castries LCO4, 101

Tel: (+1 758) 452 5582

Fax: (+1 758) 453 7811

Email: sluredcross@candw.lc

U.S. Department of State - Saint Lucia

U.S. Embassy in Barbados, the Eastern Caribbean, and the OECS - Medical Assistance

SAINT VINCENT AND THE GRENADINES

Overview

Medical facilities are limited. The main hospital is Milton Cato Memorial Hospital (784-456-1185). There is a hospital in the capital, Kingstown, but serious medical problems may require evacuation to another island or the United States. There is no hyperbaric chamber; divers requiring treatment for decompression illness must be evacuated from the island. The closest hyperbaric chamber is located in Barbados. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and the hospital often expect immediate cash payment for health services.

[U.S. Embassy in Barbados, the Eastern Caribbean, and The OECS](#)

Wilkey Business Park
St. Michael BB 14006
Barbados, W.I.
Phone: (+246) 2274000

[Embassy Saint Vincent and the Grenadines in U.S.](#)

1627 K Street NW, Suite 1202
Washington, DC 20006
USA
Tel/Fax: (202) 364-6730
Email: mail@embsvg.com

[UNICEF - Saint Vincent and the Grenadines](#)

[World Health Organization - Saint Vincent and the Grenadines](#)

[Red Cross - Saint Vincent and the Grenadines](#)

Halifax Street
Ministry of Education
St. Vincent, WI
Tel: (+784) 456 1888
Fax: (+784) 485 6210
Email: svgredcross@vincysurf.com

[U.S. State Department - Saint Vincent and Grenadines Country Information](#)

SAMOA

Overview

Healthcare facilities in Samoa are adequate for routine medical treatment, but are limited in range and availability; complex illnesses and life-threatening emergencies generally need to be treated elsewhere. Dental facilities do not meet U.S. standards, but good dental treatment and some emergency care can be obtained nearby at the LBJ Tropical Medical Center in Pago Pago, American Samoa. The national hospital and a small private hospital are located in Apia, and there are several small district hospitals on Savai'i and in outlying areas of Upolu. There are no hyperbaric chambers on any of the islands for the treatment of scuba diving related injuries. Serious cases of decompression sickness are evacuated to the nearest treatment center in Suva, Fiji, or Auckland, New Zealand. Serious medical conditions and treatments that require hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Travelers should carry emergency evacuation insurance. Doctors and hospitals often expect immediate cash payment for health services.

U.S. Embassy in Samoa

ACC Building, 5th Floor
P.O. Box 3430
Matafele Apia
Tel: (+685) 21436/21631/21452/22696
Fax: (+685) 22030
Email: AmEmbApia@state.gov

Embassy of Samoa in the U.S.

800 Second Ave, Suite 400D
New York, NY 10017
Tel: (212) 599-6196
Fax: (212) 599-0797
Email: office@samoanymission.ws

UNICEF - Samoa

World Health Organization - Samoa

77 Apia, Samoa
Tel: (+685) 30087
Email: wpwsmwr@who.int

Red Cross Society - Samoa

P.O. Box 1616

Apia

Tel: (+685) 23686

Fax: (+685) 22676

Email: samoaredcross@samoa.ws

U.S. Embassy in Samoa - U.S. Citizen Services

SAO TOME AND PRINCIPE

Overview

Medical facilities in São Tomé and Príncipe are extremely limited. There is one hospital in the country, on the island of São Tomé, and several foreign-run clinics. However, the level of care is low. For all but minor medical needs, it is necessary to travel to Libreville (Gabon), Lisbon (Portugal), or elsewhere. Additionally, some medicines are not available.

[U.S. Embassy in Gabon \(Sao Tome and Principe\)](#)

U.S. Embassy Libreville
Sablière B.P. 4000
Libreville, Gabon
Tel: (+241) 01 45 71 00

[U.S. Department of State - Sao Tome and Principe](#)

[UNICEF - Sao Tome and Principe](#)

2 Andar
Prédio Das Nações Unidas
Democratic Republic of
Sao Tomé and Principe
Tel: (+239) 22 221.634
Email: saotome@unicef.org

[World Health Organization - Sao Tome and Principe](#)

Case postale
287 Sao Tomé
Tel: (+239) 22 23447
Email: afwcost@who.int

[Red Cross - San Tome and Principe](#)

Avenida Marginal 12 de Julho, No.11
Sao Tomé
Tel: (+239) 222 24 69
Fax: (+239) 222 23 05
Email: cvstp@cstome.net

[U.S. Embassy in Gabon - Medical Assistance](#)

SAUDI ARABIA

Overview

Good modern medical care and medicines are available in several hospitals and health centers in the major cities of Saudi Arabia, but only adequate medical care may be available in the outlying areas. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

U.S. Embassy and Consulates in Saudi Arabia

P.O. Box 94309

Riyadh 11693

Tel: (+966) 11 4883800

Fax: (+966) 11 4887360

Saudi Arabian Embassy in U.S.

601 New Hampshire Ave, NW

Washington, DC 20037

Tel: (202) 342-3800

UNICEF - Saudi Arabia

Diplomatic Quarter

UN Building,

Riyadh, Saudi Arabia

Tel: (+966) 11 488.1705

Email: riyadh@unicef.org

World Health Organization - Saudi Arabia

P.O. Box 5583

King Abdul Aziz Road 11432

Riyadh, Saudi Arabia

Tel: (+966) 11 4743326

Email: emsaa@who.int

Red Cross - Saudi Arabia

King Fahd Road

AL Sahafa District

Riyadh 11129

Tel: (+966) 11 2805555

Fax: (+966) 11 2806666

Email: inr@srca.org.sa

U.S. Embassy and Consulates in Saudi Arabia - Medical Assistance

SENEGAL

Overview

Several hospitals and clinics in the capital, Dakar, can treat major and minor injuries and illnesses. There is inadequate inpatient psychiatric care and limited office-based psychiatric treatment. Public hospitals do not meet U.S. standards. Medical facilities outside Dakar are limited. French medications are far more readily available than American pharmaceuticals, and drugs in stock are often listed under the French trade name.

U.S. Embassy in Senegal

Route des Almadies

Dakar

Tel: (+221) 33 879 4000

Embassy of Senegal in U.S.

2215 M street, NW

Washington DC 20037

Tel: (202) 234-0540

Fax: (202) 629-2961

Email: contact@ambasenegal-us.org

UNICEF - Senegal

Immeuble Madjiguene

Route de la Pointe des Almadies

derriere l'Hotel Meridien President

Dakar

Tel: (+221) 33 831 0200

Email: wcaro@unicef.org

World Health Organization - Senegal

BP 4039

Dakar

Tel: +221 33 869 5932

Email: afwcosn@who.int

Red Cross - Senegal

3, Boulevard Franklin Roosevelt

Dakar

Tel: (+221) 33 823 39 92

Fax: (+221) 33 822 5369/33 822 3938

Email: crsnational@orange.sn

SERBIA AND MONTENEGRO

Overview

Although many physicians in Serbia are highly trained, hospitals, clinics, and ambulances are generally not equipped and maintained to western standards. Medicines and basic medical supplies are largely obtainable in privately owned pharmacies. Hospitals require payment in cash for all services, and do not accept health insurance as compensation.

U.S. Embassy in Serbia and Montenegro

U.S. Embassy Belgrade
92 Bulevar kneza Aleksandra Karadjordjevica
11040 Belgrade
Tel: (+381) 11 706 4000

Embassy of Serbia and Montenegro in U.S.

2233 Wisconsin Avenue, NW, Suite 410
Washington, DC 20007
Tel: (202) 332-0333
Fax: (202) 332-3933
Email: info@serbiaembusa.org

UNICEF - Serbia

UNICEF Belgrade
S. Markovica 58
11000 Belgrade
Tel: (+381) 11 3602.100
Email: belgrade@unicef.org

World Health Organization - Serbia

Hadzi Melentijeva 30 11000
Belgrade
Tel: (+381) 11 2432 572
Email: eurowhosrb@who.int

Red Cross - Serbia

Simina 19

11000 Belgrade

Tel: (+381) 11 3032125

Fax: (+381) 11 2634348

Email: serbia@redcross.org.rs

U.S. Embassy in Serbia - Medical Assistance

SEYCHELLES

Overview

The 24-hour emergency number for all medical emergencies is 999. Medical facilities in Seychelles are limited, especially on the isolated islands where doctors are often unavailable. There is one government-owned hospital and several private clinics. The Seychelles Ministry of Health operates an ambulance service on the islands of Mahé, Praslin, and La Digue which can be reached by dialing 999.

U.S. Embassy in Mauritius and Seychelles

4th Floor, Rogers House
John Kennedy Avenue
Port Louis Republic of Mauritius
Tel: (+230) 202 4400
Fax: (+230) 208 9534
Email: usaembass@intnet.mu

Embassy of the Republic of Seychelles in U.S.

800 Second Avenue, Suite 400
New York, NY 10017
Tel: (212) 687-9766
Fax: (212) 972-1786
Email: seychelles@un.int

UNICEF - Seychelles

5, Rue Robert Ducrocq
Behoririka
Antananarivo 101
Republic of Madagascar
Tel: 22 626 4
Email: atanarivo@unicef.org

World Health Organization - Seychelles

Box 1217 Victoria
Mahe
Tel: (+248) 225 795
Email: whoseychelles@who.int

Red Cross - Seychelles

Providence Industrial Estate

Zone 18

Mahe

Tel: (+248) 437 4543/437 4544

Email: hqredcross@ymail.com

U.S. Embassy in Mauritius and Seychelles

SIERRA LEONE

Overview

Quality and comprehensive medical services are very limited in Freetown, and are almost nonexistent for all but most minor treatment outside of the capital. Persons with unstable, chronic medical conditions that require ongoing medical treatment or medications are discouraged from traveling to Sierra Leone. Medicines are in short supply and due to inadequate diagnostic equipment, lack of medical resources and limited medical specialty personnel, complex diagnosis and treatment are unavailable.

The quality of medications in Sierra Leone is inconsistent and counterfeit drugs remain a problem. Local pharmacies are generally unreliable. In the event medications are needed, such as over-the-counter medication, antibiotics, allergy remedies, or malaria prophylaxis, travelers may contact U.S. Embassy Health Unit personnel to receive general information about reliable pharmacies. Medical facilities in Sierra Leone are scarce and for the most part sub-standard; outside the capital, standards are even lower. There is no ambulance service in Sierra Leone, trauma care is extremely limited, and local hospitals should only be used in the event of an extreme medical emergency. Many primary health care workers, especially in rural areas, lack adequate professional training. Instances of misdiagnosis, improper treatment, and the administration of improper drugs have been reported. Life-threatening emergencies often require evacuation by air ambulance at the patient's expense.

U.S. Embassy in Sierra Leone

Southridge - Hill Station
Freetown, Sierra Leone
Tel: (+232) 99 105 000
Fax: (+232) 22 515 355

Embassy of Sierra Leone in U.S.

1701 19th Street, NW
Washington, DC 20009
Tel: (202) 939-9261
Fax: (202) 483-1793

UNICEF - Sierra Leone

UNICEF Government
Medical Stores Compound
Jomo Kenyatta Road New England
Freetown, Sierra Leone
Tel: (+232) 22 234 996
Email: freetown@unicef.org

World Health Organization - Sierra Leone

P.O. Box 529 Freetown
Sierra Leone
Tel: (+232) 22 233565
Email: afwcosl@who.int

Red Cross - Sierra Leone

P.O. Box 427
Freetown
Tel: (+232) 22 222 384
Fax: (+232) 22 229 083
Email: slrcshq@sierraleoneredcross.org

U.S. Embassy in Sierra Leone - Medical Assistance

SINGAPORE

Overview

Good medical care is widely available in Singapore. Doctors and hospitals expect immediate payment for health services by credit card or cash and generally do not accept U.S. health insurance. Recipients of health care should be aware that Ministry of Health auditors in certain circumstances may be granted access to patient medical records without the consent of the patient, and in certain circumstances physicians may be required to provide information relating to the diagnosis or treatment without the patient's consent.

[U.S. Embassy in Singapore](#)

27 Napier Road
Singapore 258508
Tel: (+65) 6476 9100
Fax: (+65) 6476 9340

[Embassy of the Republic of Singapore in the U.S.](#)

3501 International Place, NW
Washington, DC 20008
Tel: (202) 537-3100
Fax: (202) 537-0876
Email: singemb_was@mfa.sg

[UNICEF - Singapore](#)

[World Health Organization -Singapore](#)

[Red Cross - Singapore](#)

15 Penang Lane
Red Cross House
Singapore 238486
Tel: (+65) 6664 0500
Fax: (+65) 6337 4360
Email: enquiry@redcross.sg

SLOVAK REPUBLIC

Overview

Medical facilities are available in the Slovak Republic, although the quality and availability varies within the country. Ambulances are only a means of transportation to the hospital; they may not have life support stabilization equipment on board. Only a limited number of doctors speak English. Doctors and hospitals expect cash payment for health services unless the patient can present an insurance number from the Slovak National Insurance Company. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost tens of thousands of dollars or more.

U.S. Embassy in Slovakia

P.O. Box 309
814 99 Bratislava
Slovak Republic
Tel: (+421) 2 5443 3338

Embassy of the Slovak Republic in the U.S.

3523 International Court, NW
Tel: (202) 237-1054
Cell: (202) 361 6298 (Emergency calls)
Email: emb.washington@mzv.sk

UNICEF - Slovakia

Slovak Committee for UNICEF
Namestie SNP 13
Bratislava – 810 00
Slovak Republic
Tel: (+421) 2 5296 5082
Email: natcom@unicef.sk

World Health Organization - Slovakia

P.O. Box 52
837 52
Bratislava 37
Tel: (+421) 2 5477 3662
Email: whosvk@euro.who.int

Red Cross - Slovakia

Grösslingova 24

814 46 Bratislava 1 1

Tel: (+421) 2 57 10 23 21 Headquarters

Fax: (+421) 2 529 232 79

Email: sekretariat@redcross.sk

U.S. Embassy in Slovakia - Medical Assistance

SLOVENIA

Overview

Adequate medical care is readily available. Antibiotics, as well as other American-equivalent prescription medications are available at local pharmacies. In Slovenia, all medications, including drugs considered over-the-counter and first aid supplies, are dispensed through pharmacies (“lekarna”).

U.S. Embassy in Slovenia

Prešernova 31
1000 Ljubljana
Tel: (+386) 1 200-5500
Fax: (+386) 1 200-5555

Embassy of the Republic of Slovenia in the U.S.

2410 California St, NW
Washington, DC 20008
Tel: (202) 386-6601
Fax: (202) 386-6633
Email: sloembassy.washington@gov.si

UNICEF - Slovenia

Slovenia National Committee for UNICEF
Pavsiceva 1
1000 Ljubljana
Tel: (+386) 1 583.80.80
Email: info@unicef.si

World Health Organization

Trubarjeva c. 2, SI-1000
Ljubljana, Slovenia
Tel: (+386) 1 2441585
Fax: (+386) 1 2441584
Email: eurowhosvn@who.int

Red Cross - Slovenia

Mirje 19

SI-1000 Ljubljana

Tel: (+386) 1 2414300

Fax: (+386) 1 2414344

Email: rdec.kriz@rks.si

U.S. Embassy in Slovenia - Medical Assistance

SOLOMON ISLANDS

Overview

Hospitals and pharmacies in the Solomon Islands are limited to population centers and missions. Since 2001, the quality of medical services has deteriorated seriously, although it is expected to improve as the country's overall economic condition continues to improve. The nearest reliable medical facilities are in Australia or New Zealand. There is a hyperbaric recompression chamber in Honiara at the In-the-Zone Medical Centre (677- 23485 or(677- 23482), however medical conditions resulting from diving accidents may require medical evacuation to Australia or New Zealand. Serious medical conditions requiring hospitalization and/or medical evacuation to Australia, New Zealand or the United States can cost thousands of dollars. The incidence of malaria is high. Doctors and hospitals often expect immediate cash payment for health services. Travelers who anticipate the possible need for medical treatment in Australia should obtain entry permission for Australia in advance.

[U.S. Embassy to Papua New Guinea, Solomon Islands, and Vanuatu](#)

P.O. Box 1492
Port Moresby
Papua New Guinea

[Embassy of the Solomon Islands in the U.S.](#)

800 2nd Avenue, Suite 400L
New York, NY 10017
Tel: (212) 559-6192
Fax: (212) 661-8925

[UNICEF - Solomon Islands](#)

UNICEF Honiara
1st Floor, City Centre Building
Mendana Avenue
Honiara
Tel: (+677) 28002

[World Health Organization - Solomon Islands](#)

P.O. Box 22 Honiara
Tel: (+677) 23406
Email: who.sol@wpro.who.int

Red Cross Society - Solomon Islands

P.O. Box 187

Lombi Crescent Street

New Chinatown

Honiara

Tel: (+677) 22682/25999

Email: dissemination@redcross.org.sb

U.S. Embassy to Papua New Guinea, Solomon Islands, and Vanuatu - Health and Medical Assistance

SOMALIA

Overview

Water, health and electricity systems are poor. Medical facilities in Somalia are extremely limited. Medicines are in short supply and many pharmacies either don't have enough medication or stock counterfeit medicines. Travelers should make sure their health insurance plan provides coverage overseas. Most providers only accept cash payments. It is recommended that travelers obtain supplemental insurance to cover medical evacuation. Carry prescription medication in original packaging.

[U.S. Embassy in Somalia](#)

Mogadishu

Email: somaliapublicaffairs@state.gov

[Embassy of the Federal Republic of Somalia in the U.S.](#)

1705 DeSales St NW, Suite 300

Washington, DC 20036-4421

Tel: (202) 296-0570/833-1523

Email: info@somaliembassydc.net

[UNICEF Somalia](#)

c/o USSC

P.O. Box 44145

Nairobi, Kenya

Email: mogadishu@unicef.org

[World Health Organization - Somalia](#)

63565 - 00619 Nairobi, Kenya

Email: wroffice@nbo.emro.who.int

[Red Cross Society - Somalia](#)

Nairobi Liaison Office

c/o International Committee of the Red Cross

Denis Pritt Road

Nairobi

Tel: (+254) 20 713367

Fax: (+254) 20 27 15598

Email: info.bishacas@africaonline.co.ke

[U.S. Embassy in Somalia - U.S. Citizen Services](#)

[Department of State - Somalia Travel Advisory](#)

SRI LANKA

Overview

Medical facilities outside Colombo are limited. The U.S. Embassy maintains a list of private physicians who may be consulted. Medical supplies are uneven; travelers should carry any special medications with them. There are six large hospitals in the Colombo area, including three with emergency trauma service (Asiri Hospital, Apollo Hospital, and the government-run General Hospital). Serious medical problems may require evacuation to the United States or to the nearest country where adequate medical facilities or treatment is available, usually Thailand or Singapore. Neither Thailand nor Singapore requires American citizens to have an entry visa.

U.S. Embassy in Sri Lanka

210 Galle Road
Colombo 03, Sri Lanka
Tel: (+94) 11 249-8500
Fax: (+94) 11 243-7345

Embassy of Sri Lanka in the U.S.

3025 Whitehaven Street NW
Washington DC 20008
Tel: (202) 483-4025
Fax: (202) 232-7181
Email: slembassy@slembassyusa.org

UNICEF - Sri Lanka

United Nations Children's Fund
No 3/1, Rajakeeya Mawatha,
Colombo 07
Tel: (+94) 11 2677550
Email: colombo@unicef.org

World Health Organization - Sri Lanka

Tel: (+94) 11 250 2319
Fax: (+94) 11 250 2845
Email: pendsera@who.int

Red Cross - Sri Lanka

106, Dharmapala Mawatha,
Colombo 07, Sri Lanka
Tel: (+94) 11 2691095
Fax: (+94) 11 2682675
Email: info@redcross.lk

U.S. Embassy in Sri Lanka - Medical Assistance

SUDAN

Overview

Individuals with medical conditions that may require treatment are discouraged from traveling to Sudan. Medical facilities in Khartoum fall short of U.S. standards; outside the capital, very few facilities exist and hospitals and clinics are poorly equipped. Travelers must pay cash in advance for any medical treatment. Ambulance services are not available.

[U.S. Embassy in Sudan](#)

P.O. Box 699
Kilo 10, Soba
Khartoum
Tel: (+249) 187 0 22000

[Embassy of Sudan in the U.S.](#)

2210 Massachusetts Ave, NW
Washington, DC 20008
Tel: (202) 338-8565
Email: consular@sudanembassy.org

[UNICEF - Sudan](#)

P.O. Box 1358, Gereif West,
Manshiya, Block # 3,
Hara 1/D, Omak Street – East
Khartoum
Tel: (+249) 0 156 553 670

[World Health Organization - Sudan](#)

P.O. Box 2234
Khartoum
Tel: (+249) 183 760405
Email: emacosudwr@who.int

[Red Cross - Sudan](#)

[U.S. Embassy in Sudan - Medical Assistance](#)

SURINAME

Overview

Medical care, including emergency medical care, is limited and does not meet U.S. standards. There is one public emergency room in Paramaribo with only a small ambulance fleet providing emergency transport with limited first response capabilities. The emergency room has no neurosurgeon, and other medical specialists may not always be available. As a rule, hospital facilities are not air-conditioned, although private rooms with individual air-conditioning are available at extra cost and on a space-available basis. Emergency medical care outside Paramaribo is limited and is virtually non-existent in the interior of the country.

U.S. Embassy in Suriname

165 Kristalstraat
Paramaribo
Tel: (+597) 556 700

Embassy of Suriname in the U.S.

4201 Connecticut Ave. NW, Suite 400
Washington, D.C. 20008
Tel: (202) 629-4302
Fax: (202) 629-4769
Email: amb.vs@gov.sr, pm.oas@gov.sr

UNICEF - Guyana and Suriname

Guyana Office,
72 Brickdam
Georgetown
Tel: (+592) 226 7083
Fax: (+592) 226 5894
Suriname Office,
UN House, Gongrijpstraat
25 Paramaribo
Tel: (+597) 421 584
Fax: (+597) 424 488
Email: guyanacomm@unicef.org

World Health Organization

P.O. Box 1863

Henck Arronstraat 60

Paramaribo

Email: surpwr@paho.org

Red Cross - Suriname

Gravenberch Straat 2 - 6

P.O. Box 2919

Paramaribo

Tel: (+597) 498 520/498 530/498 445/498 410

Fax: (+597) 464-780

Email: surcross@sr.net

U.S. Embassy in Suriname - Medical Assistance

SWAZILAND

Overview

Medical facilities are limited throughout Swaziland. Although the Mbabane Clinic in the capital is small and currently undergoing building renovations, it is well equipped and well-staffed for minor procedures. For advanced care, Americans often choose to go to South Africa where better facilities and specialists exist.

U.S. Embassy in Eswatini

Corner of MR 103 and Cultural Center Drive
Ezulwini
P.O. Box D202
The Gables, H106
Eswatini
Tel: (+268) 2417 9000
Fax: (+268) 2416 3344

Embassy of Swaziland in the U.S.

1712 New Hampshire Ave, NW
Washington, DC 20009
Tel: (202) 234-5002
Fax: (202) 234-8254
Email: info@swazilandembassyus.com

UNICEF - Eswatini

UNICEF Swaziland 1st Floor
Lilunga House Somhlolo Road
Mbabane, Swaziland
Tel: (+268) 407 1000

World Health Organization - Eswatini

P.O. Box 903 2nd Floor,
Lilunga House H100
Mbabane, Eswatini
Tel: (+268) 240 42928
Email: thwalat@who.int

Red Cross Society - Baphalali Swaziland

National Headquarters

104 Dzeliwe Street

Mbabane

Tel: (+268) 24 042 532 /24 046 108

Fax: (+268) 24 04 61 08

Email: thabsile@redcross.org.sz

U.S. Embassy in Eswatini - Medical Assistance

SWEDEN

Overview

Medical care is comparable to that found in the United States. The Swedish medical system is a state-run system, so instead of visiting a local private general practitioner, travelers can visit a local medical center or clinic, called an “Akutmottagning” or “Vardcentral.” Patients should be prepared to present their passports. In case of a medical emergency, use the emergency telephone number 112 to contact the appropriate emergency service. Prescriptions are dispensed at state-run pharmacies called “Apotek” in Swedish.

U.S. Embassy in Sweden

U.S. Embassy Stockholm
Dag Hammarskjölds Väg 31
SE-115 89 Stockholm
Tel: (+08) 783 53 00
Fax: (+08) 661 19 64

Embassy of Sweden in the U.S.

2900 K Street, NW
Washington, DC 20007
Tel: (202) 467-2600
Fax: (202) 467-2699
Email: ambassaden.washington@gov.se

UNICEF - Sweden

Swedish Committee for UNICEF
St. Eriksgatan 46-C
Stockholm
Tel: (+46) 8 692.2500
Email: unicef@unicef.se

Red Cross - Sweden

Hornsgatan 54
SE 11891 Stockholm
Tel: (+46) 8 452 46 00
Fax: (+46) 8 452 46 01 (General)
Fax: (+46) 8 452 47 61 (International Department)
Email: info@redcross.se

[World Health Organization - Sweden](#)

[U.S. Embassy in Sweden - Medical Assistance](#)

SWITZERLAND

Overview: Good medical care is widely available.

[U.S. Embassy in Switzerland and Liechtenstein](#)

Sulgeneckstrasse 19
CH-3007
Bern
Tel: (+031) 357 70 11
Fax: (+031) 357 73 20

[Embassy of Switzerland in the U.S.](#)

2900 Cathedral Ave, NW
Washington, DC 20008
Tel: (202) 745-7900
Fax: (202) 387-2564
Email: was.vertretung@eda.admin.ch

[UNICEF - Switzerland](#)

5 - 7 avenue de la Paix
1202 Geneva
Tel: (+41) 22 909 5111

[World Health Organization - Switzerland](#)

[Red Cross - Switzerland](#)

Rainmattstrasse 10
3001 Bern
Tel: (+41) 58 400 4111 (Siège CRS)
Fax: (+41) 31 387 7122
Email: info@redcross.ch

[U.S. Embassy in Switzerland and Liechtenstein](#)

SYRIA

Overview

Basic medical care and medicines are available in Syria's principal cities, but not necessarily in outlying areas. Serious illnesses and emergencies may require evacuation to a western medical facility.

U.S. Embassy in Syria

Abou Roumaneh, 2 Al Mansour Street

P.O. Box 29

Damascus, Syria

The U.S. Embassy in Damascus suspended operations in February 2012 and cannot provide routine consular services. For Emergency assistance, U.S. citizens should contact the U.S.

Interests Section of the Embassy of the Czech Republic in Damascus at

usis_damascus@embassy.mzv.cz or the U.S. Embassy in Amman, Jordan at (+962) 6 5906500.

Embassy of the Syrian Arab Republic in the U.S.

2215 Wyoming Ave, NW

Washington, DC 20008

Tel: (202) 232-6316

Fax: (202) 265-4585

UNICEF - Syrian Arab Republic

Imam Shafi, Damascus, Syria

Syrian Arab Republic

Tel: (+963) 11 619 1300

Email: syr-communication@unicef.org

World Health Organization - Syrian Arab Republic

3946 Damascus,

Syrian Arab Republic

Tel: (+963) 11 332 9315

Email: emwrosyr@who.int

Red Cross - Syrian Arab Republic

Abu Rummaneh - Shakib Arslan Street

Damascus

Tel: (+963) 11 332 7691/11 332 7698/11 332 7645 /11- 332 7646

Fax: (+963) 11 332 7695

Email: sarchq@sarc-sy.org

Department of State - Syria Travel Advisory

TAIWAN

Overview

Health facilities in Taiwan are adequate for routine and emergency medical treatment. Physicians are well trained, and many have studied in the U.S. and speak English. State-of-the-art medical equipment is available at many clinics and hospitals. Hospitals' nursing services provide medication dispensing and wound care, but generally not the daily patient maintenance functions found in U.S. hospitals. Ambulances are available in Taiwan but are not like those in the U.S. (Dial 119.) There are no trained Emergency Medical System Technicians accompanying an ambulance, unless within 2 kilometers of National Taiwan University Hospital or Veterans General Hospital.

American Institute in Taiwan

No. 100, Jinhua Road
Neihu District
Taipei City 114017
Telephone: (+886) 2 2162 2000
Fax: (+886) 2 2162 2251

Taiwanese Embassy in the U.S.

4201 Wisconsin Ave., N.W.,
Washington, D.C. 20016
Tel: (202) 895-1800
Email: usa@mofa.gov.tw

The Red Cross Society of the Republic of China (Taiwan)

303 Bangka Blvd.,
Wanhua District,
Taipei City 10855
Tel: (+886) 2 2362 8232, Ext. 207 or 206
Fax: (+886) 2 2306 3812

TAJIKISTAN

Overview

The quality of Tajikistan's medical infrastructure is significantly below western standards, with severe shortages of basic medical supplies, including disposable needles, anesthetics, and antibiotics. Many trained medical personnel left the country during and following the civil war.

[U.S. Embassy in Tajikistan](#)

U.S. Embassy Dushanbe
109-A, Ismoili Somoni Avenue (Zarafshon District)
Dushanbe 734019
Tel: (+992) 37 229 20 00
Fax: (+992) 37 229 20 50/37 236 04 30
Email: usembassydushanbe@state.gov

[Embassy of the Republic of Tajikistan in the U.S.](#)

1005 New Hampshire Avenue,
Washington, DC 20037
Tel: (202) 223-6090
Fax: (202) 223-6091
Email: tajikistan@verizon.net, tjusconsulate@verizon.net

[World Health Organization \(- Tajikistan\)](#)

UN House - 2, VEFA Center 37/1
Bokhtar Street 734025
Dushanbe
Tel: (+992) 48 7011479
Fax: (+992) 48 7011484
Email: whotjk@euro.who.int

[International Committee of the Red Cross - Tajikistan](#)

[UNICEF - Tajikistan](#)

UNICEF Tajikistan
5/1 Lohuti St, Dushanbe
Tajikistan, 734025
Tel: (+992) 44 600 0190
Email: dushanbe@unicef.org

[U.S. Embassy in Tajikistan - Medical Assistance](#)

TANZANIA

Overview

Medical facilities are limited and medicines are sometimes unavailable, even in Dar es Salaam. There are hospitals on Zanzibar that can treat minor ailments. For any major medical problems, including dental work, travelers should consider obtaining medical treatment in Nairobi or South Africa where more advanced medical care is available.

[U.S. Embassy in Tanzania](#)

686 Old Bagamoyo Road
Msasani
P.O. Box 9123
Dar es Salaam
Tel: (+255) 22 229 4000

[Embassy of the United Republic of Tanzania in the U.S.](#)

1232 22nd St. NW,
Washington, DC 20037
Tel: (202) 939-6125/884-1080
Tel: (202) 884-1083 (Visa)
Email: ubalozi@tanzaniaembassy-us.org, tajikistan@verizon.net

[World Health Organization - United Republic of Tanzania](#)

Tel: (+255) 22 211 3005/757 724233
Fax: (+255) 22 211 3180
Email: ketselat@who.int

[International Committee of the Red Cross - Tanzania](#)

[Red Cross Society - Tanzania](#)

Mwai Kibaki Road, Plot No. 53, Block C
Mikocheni B
P.O. Box 1133
Dar es Salaam
Tel: (+255) 22 2150330
Email: info@trcs.or.tz

UNICEF - United Republic of Tanzania

UNICEF Tanzania
P.O. Box 4076
Dar es Salaam
United Republic of Tanzania
Visitors' Address
UNICEF Tanzania
Plot No. 133, Karume Road
Dar es Salaam
United Republic of Tanzania
Tel: (+255) 22 219 6600
Fax: (+255) 22 266 4471
Email: daressalaam@unicef.org

U.S. Embassy in Tanzania - Medical Assistance

TASMANIA

Overview

The Tasmanian Health Service (THS) provides public sector health services and health support services through a range of inpatient, outpatient, community health, residential aged care and in-home settings. Services include acute, subacute (not severely ill), emergency, non-admitted, primary health care, palliative care, oral health, cancer screening, counseling and alcohol and drug services. The THS also provides community-based child health services. Services are flexible to target specific needs at the different stages of a patient's health journey. The THS operates four major hospitals, each with a specific role in the system.

[U.S. Embassy in Australia](#)

Moonah Place
Moonah Place, Australia
Yarralumla, ACT 2600
Australia, Canberra
Tel: (+61) 2 6214 5600
Fax: (+61) 2 6214 5930
Email: AskEmbassyCanberra@state.gov

Embassy Tasmania in U.S.

1232 22nd St. NW
Washington D.C 20037
Tel: (202) 884-1080, (202) 939-6125/7
Fax: (202) 797-7408

[UNICEF - Tasmania](#)

[World Health Organization - Australia](#)

[Red Cross - Australia](#)

23-47 Villiers Street
North Melbourne
VIC 3051
Postal Address
GPO Box 9949
Melbourne Vic 3001
Tel: (+61) 3 9345 1800 (Switchboard)
Fax: (+61) 3 9101 5961
Email: natinfo@redcross.org.au

[Tasmanian Health Directory](#)

[Tasmania Department of Health](#)

Burn Center

[Royal Hobart Hospital](#)

GPO Box 1061

Hobart TAS 7001

Tel: (+03) 6166 8308

THAILAND

Overview

Medical treatment is generally adequate throughout Thailand. In Bangkok, good facilities exist for routine, long-term and emergency health care.

U.S. Embassy and Consulate in Thailand

95 Wireless Road
Bangkok 10330
Tel: (+66) 2 205 4000

Embassy of Thailand in the U.S.

1024 Wisconsin Avenue, N.W.
Washington, DC 20007
Tel: (202) 944-3600
Fax: (202) 944-3611

World Health Organization - Thailand

88/20 Permanent Secretary Building 3, 4th Floor
Ministry of Public Health
Tiwanon Road
Nonthaburi, 11000
Tel: (+66) 0 25 470 100
Fax: (+66) 0 25 918 199
Email: setharegistry@who.int

International Committee of the Red Cross - Thailand

Red Cross - Thailand

1871 Terdprakiat Bld
Henry Dunant Rd.,
Patumwan, Bangkok 10330
Telephone: 0 22564038/0 2256 4048
Fax: 0 2255 064
Email: intertrc@redcross.or.th

UNICEF - Thailand

19 Phra Atit Rod, Pranakorn

Bangkok 10200

Tel: (+66) 2 356 9499

Fax: (+66) 2 280 3563

Email: thailandao@unicef.org

Bumrungrad International Hospital

33 Sukhumvit 3 (Soi Nana Nua), Vadhana

Bangkok 10110

Tel: (+66) 2066 8888 (Call Center and Out-Patient Appointment 24/7)

Tel: (+66) 2011 5222 (Emergency Ambulance)

Tel: (+66) 2011 4100 (Dental Appointment)

Bangkok Hospital

2 Soi Soonvijai 7,

New Petchburi Rd., Huaykwang,

Bangkok 10310

U.S. Embassy and Consulate in Thailand - Medical Assistance

TIMOR-LESTE

Overview

Although limited emergency medical care is available in Dili, options for routine medical care throughout the country are extremely limited. Serious medical problems requiring hospitalization and/or medical evacuation to Australia, the nearest point with acceptable medical care, to Singapore, or to the United States, can cost thousands of dollars.

World Health Organization - Timor-Leste

451 Dili, Timor-Leste

Tel: (+670) 331 0968

Fax: (+670) 331 0967

Email: sharrmar@who.int

International Committee of the Red Cross - Timor-Leste

In Timor-Leste, the ICRC is developing the capability of the authorities to identify people who died during the 1975-1999 conflict and to react to large-scale emergencies. We are promoting international humanitarian law within the armed forces and police and training the Timor-Leste Red Cross in community engagement, restoring family links and the management of dead bodies during emergencies.

U.S. Embassy in Timor-Leste

Avenida de Portugal

Praia dos Coqueiros

Dili, Timor-Leste

Tele: (+670) 332-4684

Fax: (+670) 331-3206

Timor-Leste Embassy in the U.S.

4201 Connecticut Ave. NW, Suite 504

Washington, DC 20008

Tel: (202) 966-3202

Fax: (202) 966-3205

Email: info@timorlesteembassy.org

Red Cross- Timor-Leste

Rua 20 de Maio, No 79,
Bairro Formosa, Dili

Postal Address

P.O. Box 268

Dili

Tel: (+670) 3321 668

Fax: (+670) 3322 010

Email: info@redcross.tl

UNICEF - Timor-Leste

UN House, Caicoli Street, Dili

Timor-Leste

P.O. Box: 212

Tel: (+670) 331 1300, Ext. 1801

Email: timdili@unicef.org

U.S. Embassy in Timor-Leste - Medical Assistance

TOGO

Overview

Medical facilities in Togo are limited and of very poor quality, with no adequate emergency medical care. Availability of medications through local pharmacies is unreliable.

U.S. Embassy in Togo

Boulevard Eyadema
B.P. 852, Lomé
Tel: (+228) 2261 5470
Fax: (+228) 2261 5501

Embassy of Togo in U.S.

2208 Massachusetts Avenue NW
Washington, DC 20008, USA
Tel: (202) 234-4212
Fax: (202) 232-3190
Email: embassyoftogo@hotmail.com

World Health Organization - Togo

BP 1504 Lomé, Togo
Tel: (+228) 2221 3360
Fax: (+228) 2221 9275
Email: afwcotg@who.int

Red Cross Togo

51, Rue Boko Soga Amoutivé
P.O. Box 655
Lomé
Tel: (+228) 9012 5674/9818 4158/2335 8666
Fax: (+228) 2221 5228
Email: crtSiege@laposte.tg

UNICEF - Togo

P.O. Box 80927

Lome, Togo

Visitors' Address

No 1124, Rue de Tchamba

Tokoin Novissi

Lome

Tel: (+228) 2223 1500

Fax: (+228) 2221 8949

Email: lome@unicef.org

Embassy in Togo - Medical Assistance

TONGA

Overview

Medical facilities in Tonga are extremely limited. The cities of Nuku'alofa and Neiafu have hospitals with limited emergency and outpatient facilities. Local residents and visitors with serious medical problems are often referred to New Zealand for treatment. Serious medical conditions requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

[U.S. Embassy in Fiji, Kiribati, Nauru, Tonga, and Tuvalu](#)

U.S. Embassy Suva
158 Princes Road
Tamavua, Suva, Fiji
Tel: (+679) 331 4466

[Tonga Consulate General in the U.S.](#)

One Bay Plaza
1350 Old Bayshore Hwy, Suite 610
Burlingame CA 94010
Tel: (+650) 685-1001
Fax: (+650) 685-1003

[World Health Organization - Tonga](#)

P.O. Box 70
Nuku'alofa
Tel: (+676) 23 217
Fax: (+676) 23 938
Email: cloton@wpro.who.int

[Red Cross Society - Tonga](#)

P.O. Box 456
Nuku'Alofa
South West Pacific
Tel: (+676) 21 360
Fax: (+676) 21 508
Email: sg@tongaredcross.to, sionetenisoni@gmail.com

[UNICEF - Tonga](#)

TRINIDAD AND TOBAGO

Overview

It is strongly recommended that you obtain comprehensive travel and medical insurance before traveling. Medical care is limited compared to that in the United States. Care at public health facilities is significantly below U.S. standards for treatment of serious injuries and illness, with limited access to supplies and medications. While care at some private facilities is better than at most public health facilities, patients may be expected to prove their ability to pay before assistance is given, even in emergency situations. Patients requiring blood transfusions are expected to arrange for at least the same amount to be donated on their behalf. Physicians and nurses may go on strike, causing serious strain on both public and private medical resources. Ambulance service is extremely limited both in the quality of emergency care and in the availability of vehicles in many parts of the country.

U.S. Embassy in Trinidad and Tobago

U.S. Embassy Port of Spain
15 Queen's Park West
Port of Spain
Trinidad and Tobago
Tel: (+868) 622 6371
Fax: (+868) 822 5905

Embassy of Trinidad and Tobago in the U.S.

1708 Massachusetts Avenue N.W.
Washington D.C. 20036-1975
Tel: (202) 467-6490/3
Fax: (202) 785-3130
Email: embdcinfo@foreign.gov.tt, info@ttembwash.com

World Health Organization - Trinidad and Tobago

P.O. Box 898
Port-of-Spain
Tel: (+868) 622 4202
Fax: (+868) 628 4719
Email: e-mail@trt.paho.org

Red Cross - Trinidad and Tobago

7A, Fitz Blackman Drive Wrightson Road
Extension Port of Spain
Tel: (+868) 627-8215/627-8218
Email: admin@trcs.org

UNICEF - Trinidad and Tobago

TUNISIA

Overview

Medical care in Tunisia is adequate, with a number of new, private “polyclinics” available that function as simple hospitals and can provide a variety of procedures. Specialized care or treatment may not be available. Facilities that can handle complex trauma cases are virtually non-existent. While most private clinics have a few physicians who are fluent in English, the medical establishment uses French and all of the ancillary staff in every clinic communicates in Arabic and/or French. Public hospitals are overcrowded, under-equipped and understaffed. In general, nursing care does not conform to U.S. standards. Immediate ambulance service may not be available outside of urban areas. Even in urban areas, emergency response times can be much longer than in the United States. Doctors and hospitals expect immediate cash payment for healthcare services, although some hospitals may accept credit cards. Over-the-counter medications are available.

U.S. Embassy in Tunisia

Les Berges du Lac

1053 TUNIS

Tel: (+216) 71 107 000

Fax: (+216) 71 107 090

Embassy of the Republic of Tunisia in the U.S.

1515 Massachusetts Ave N.W.

Washington D.C. 20005

Tel: (202) 862-1850

Fax: (202) 862-1858

Email: at.washington@tunisianembassy.org

World Health Organization - Tunisia

Boîte postale 111,

Cité EL-Mahrajène 1082

Tunis

Tel: (+216) 71 1 55604

Fax: (+216) 71 1 55634

Email: emacotunwr@who.int

Red Cross - Tunisia

19 Rue d'Angleterre

1000 Tunis

Tel: (+216) 71 325 572/320 630

Fax: (+216) 71 320 151

Email: hilal.ahmar@planet.tn

UNICEF - Tunisia

Immeuble Prestige - 4ème étage Bloc D

Rue du Lac de Windermere - 1053

Les Berges du Lac 1, Tunis

Tel: (+216) 71 802 700

Fax: (+216) 71 793.001

Email: tunis@unicef.org

U.S. Embassy in Tunisia - Medical Assistance

TURKEY

Overview

Turkish hospitals vary greatly. The new private hospitals in Ankara, Antalya, and Istanbul have modern facilities and equipment, numerous U.S.-trained specialists, and international accreditation. However, they still may be unable to treat certain serious conditions. The State Department prefers medical evacuation for its personnel who will be giving birth; however, there are private hospitals in Ankara and Istanbul whose level of obstetric care is considered to meet western standards. Nursing care and diagnostic testing (including mammograms) meet American standards at specific institutions in the larger cities. Health care standards are lower in small cities in Turkey compared to bigger cities such as Ankara, Istanbul, Izmir, and Adana.

U.S. Embassy and Consulates in Turkey

110 Atatürk Blvd.

Kavaklıdere, 06100 Ankara

Tel: (+90 312) 455 5555

Fax: (+90 312) 467 0019

Email: webmaster_ankara@state.gov

Embassy of Turkey in the U.S.

2525 Massachusetts Ave, NW

Washington, DC 20008

Tel: (202) 612-6700

Fax: (202) 612-6744

Email: contact@turkishembassy.org, embassy.washingtondc@mfa.gov.tr

World Health Organization - Turkey

Turan Günes Bulvari Kudüs Caddesi 180 E(Y)

Park Oran Ofis fl. 7 Ap. 20

Oran 06550, Ankara

Tel: (+90-312) 496 1489

Fax: (+90-312) 496 1488

Email: ursup@who.int

International Committee of the Red Cross - Turkey

Red Cross - Turkey

Ata Sokak 1 No. 32

Yenisehir, Cankaya

06420 Ankara

Tel: (+90-312) 430 23 00

Fax: (+90-312) 430 01 75

Email: international@kizilay.org.tr

UNICEF - Turkey

Yıldız Kule İş Merkezi Turan Guneş Blv.

No: 106 Floor:7 Ankara

Tel: (+90-312) 454 1000

Fax: (+90-312) 496 1461

Email: ankara@unicef.org

U.S. Embassy and Consulates in Turkey - Medical Assistance

TURKMENISTAN

Overview

Medical care in Turkmenistan is limited and well below North American and Western European standards. All visitors are strongly advised to purchase medical evacuation insurance to cover costs associated with transporting them to adequate medical facilities in the event of serious illness or injury. Such travel can be expensive if undertaken under emergency conditions, and absent this insurance, medical evacuation travel may be logistically impossible on an emergency basis. Basic medical supplies, including disposable needles, anesthetics, and antibiotics, are often in short supply. Two private clinics have foreign medical practitioners (generally Turkish) who may be available for consultations and treatment; these clinics, however, have refused in some cases to admit patients with serious conditions, regardless of the patient's ability to pay for treatment. Even at these hospitals, the standard of care is low compared to western standards.

[U.S. Embassy in Turkmenistan](#)

9 1984 Street (formerly Pushkin Street)
Ashgabat 744000
Tel: (+993 12) 940045
Fax: (+993 12) 942614

[Embassy of Turkmenistan in the U.S.](#)

2207 Massachusetts Ave, NW
Washington, DC 20008
Tel: (202) 588-1500
Email: turkmenembassyus@verizon.net

[World Health Organization - Turkmenistan](#)

P.O. Box 30 744000,
Krugozor; Ashgabat
Tel: (+993 12) 48 84 04
Fax: (+993 12) 48 83 93
Email: eurowhotkm@who.int

[Red Cross - Turkmenistan](#)

2022 Street 116/1
Ashgabat, Turkmenistan 744000
Tel: (+993 12) 93 18 06
Fax: (+993 12) 93 03 49
Email: info@tgymj.gov.tm

UNICEF - Turkmenistan

UN House, 21, Archabil Shayoly

744036 Ashgabat

Visitors' Address

UNICEF Office Ashgabat

UN House

21, Archabil Shayoly

744036 Ashgabat

Tel: (+993 12) 488 352/488 355/488 357/488 358/488 361

Fax: (+993 12) 488350

Email: ashgabat@unicef.org

U.S. Embassy in Turkmenistan - Medical Assistance

TURKS AND CAICOS ISLANDS

Overview

Medical facilities are available but limited in the Turks and Caicos Islands. There is a small public hospital on Grand Turk and a private clinic on Provo, which has a hyperbaric chamber. Most serious medical problems require medical evacuation by air from the Turks and Caicos to the United States.

US Embassy in the Bahamas

U.S. Embassy Nassau
42 Queen St.
Nassau, The Bahamas
Tel: (+242) 322 1181
Fax: (+242) 356 7174
Email: acsnassau@state.gov

U.S. Embassy in the Bahamas – Turks and Consular Agency

2 Venture Court
Grace Bay, Suite 102E
Providenciales, Turks and Caicos Islands BWI
TKCA 1ZZ
Tel: (+649) 946 5713/232-5713
Email: ACSTCI@state.gov

No country has an embassy in the Turks and Caicos. Only the United States, Jamaica, and Haiti have diplomatic representation in the Turks and Caicos Islands. The consulates for Jamaica and Haiti provide consular services, and the US Consular Agency assists primarily with issues with local resident US citizens.

State Department - Turks and Caicos

World Health Organization - Turks and Caicos

Tel: (+246) 436 6448
Fax: (+246) 436 6447

Red Cross - Turks and Caicos

Sam Harvey Building, Suite 1
Providenciales
Tel: (+649) 941 8056/946 2761
Emails: headquarters@redcross.org.tc, grandturkoffice@redcross.org.tc

[UNICEF - Turks and Caicos](#)

[Turks and Caicos Health, Doctors and Medical Information](#)

TUVALU

Overview

Medical and dental care is very limited in Tuvalu, including in the capital, Funafuti. Serious medical problems are referred to Guam or Hawaii. Serious medical conditions requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

[US Embassy in Fiji, Kiribati, Nauru, Tonga, and Tuvalu](#)

U.S. Embassy Suva
158 Princes Road
Tamavua, Suva, Fiji
Tel: (+679) 331 4466

[Consulate of Tuvalu in New York](#)

800 Second Avenue, #400 B
New York, NY 10017
Tel: (212) 490-0534
Fax: (212) 937-0692
Email: tuvalu@onecommonwealth.org

[World Health Organization - Tuvalu](#)

[International Committee of the Red Cross - Tuvalu](#)

[Red Cross Society - Tuvalu](#)

P. O. Box 14,
Funafuti, Tuvalu
Tel: (+688) 207 40
Fax: (+688) 207 40
Email: redcrosstuvalu@gmail.com

[UNICEF - Tuvalu](#)

[U.S. Embassy in Fiji, Kiribati, Nauru, Tonga and Tuvalu - Medical Assistance](#)

UGANDA

Overview

Medical facilities in Uganda, including Kampala, are limited and not equipped to handle most emergencies, especially those requiring surgery. Outside Kampala, hospitals are scarce and offer only basic services. Equipment and medicines are often in short supply or unavailable. Travelers should carry their own supplies of prescription drugs and preventive medicines. A list of medical providers is available at the U.S. Embassy.

U.S. Embassy in Uganda

1577 Ggaba Road
Kampala
Tel: 0312 306 001
Fax: (+256) 414-259794

Embassy of the Republic of Uganda in the U.S.

5911 16th Street NW,
Washington, DC 20011
Tel: (202) 726-7100
Fax: (202) 726-1727
Email: ugembassy@aol.com

World Health Organization - Uganda

P.O. Box 24578
Kampala
Tel: (+256) 313 335500
Email: nyangomao@who.int

International Committee of the Red Cross - Uganda

In Uganda, the ICRC contributes to addressing the humanitarian needs of people who have fled situations of violence in neighboring countries, families of missing persons in Northern Uganda and detainees. It also supports the integration and promotion of international humanitarian law, notably for troops deployed in operations abroad.

Red Cross - Uganda

Plot 551/555 Rubaga Road.
P.O. Box 494
Kampala
Tel: (+256) 414 258 701/414 258 702
Email: sgurcs@redcrossug.org

UNICEF - Uganda

P.O. Box 7047

Kampala

Tel: (+256) 4 1717 1000/3 1231 3800

Fax: (+256) 4 1423 5660

Email: kampala@unicef.org

U.S. Embassy in Uganda - Medical Assistance

UKRAINE

Overview

Many facilities have only limited English speakers. There are no hospitals in Ukraine that accept American health insurance plans for payment, and the level of medical care is not equal to that found in American hospitals. Some facilities are adequate for basic services. Basic medical supplies are available however, travelers requiring prescription medicine should bring their own. When a patient is hospitalized, the patient, relative, or acquaintance must supply bandages, medication, and food. The Embassy also recommends that travelers obtain private medical evacuation insurance prior to traveling to Ukraine. Medical evacuation remains the best way to secure western medical care. This option, however, is very expensive and could take at least several hours to arrange. Travelers may wish to purchase medical evacuation insurance prior to travel or have access to substantial lines of credit to cover the cost of medical evacuation. Serious medical problems requiring hospitalization and/or medical evacuation to other European countries can cost from \$25,000 to \$50,000, and to the U.S. as much as \$70,000 or more.

U.S. Embassy in Ukraine

4 A.I. Sikorsky St.

04112 Kyiv

Tel: (+380) 044 521 5000

Embassy of Ukraine in the U.S.

3350 M Street N.W.,

Washington D.C., 20007

Tel: (202) 349-29-63

Email: emb_us@mfa.gov.ua, consul_us@mfa.gov.ua

World Health Organization - Ukraine

58 Yaroslavskaya Street, 04071,

Kyiv

Tel: (+380) 444 285555

Fax: (+380) 444 258828

International Committee of the Red Cross - Ukraine

In Ukraine, the ICRC is helping people affected by the conflict and is supporting the work of the Ukrainian Red Cross.

[Red Cross - Ukraine](#)

[UNICEF - Ukraine](#)

28 Instytutska St

Kyiv 01021

Tel: (+380) 44 521 0125

Fax: (+380) 44 230 2506

Email: kiev@unicef.org

URUGUAY

Overview

Facilities for medical care are considered adequate. Serious medical problems requiring hospitalization and/or medical evacuation to the United States can cost tens of thousands of dollars.

U.S. Embassy in Uruguay

U.S. Embassy Montevideo
Lauro Müller 1776
Montevideo, Uruguay
Tel: (+598) 1770 2000
Fax: (+598) 1770 2128

Embassy of Uruguay in the U.S.

1913 I (Eye) Street, NW,
Washington DC 20006
Tel: (202) 331-1313
Fax: (202) 331-8142
Email: uruwashi@uruwashi.org

World Health Organization - Uruguay

Casilla de Correo 1821 11300,
Montevideo, Uruguay
Tel: (+598) 2 7073590
Fax: (+598) 2 7073530
Email: urypwr@paho.org

International Committee of the Red Cross Uruguay

Red Cross - Uruguay

Avenida 8 de Octubre,
2990, 11600 Montevideo
Tel: (+598) (2) 480 21 12
Email: administracion@cruzroja.org.uy

UNICEF - Uruguay

Bvar. Artigas 1659

Montevideo 11200

Tel: (+598) 240 30308

U.S. Embassy in Uruguay - Medical Assistance

UZBEKISTAN

Overview

Medical care in Uzbekistan is below western standards, with severe shortages of basic medical supplies, including disposable needles, anesthetics, and antibiotics. A large percentage of medication sold in local pharmacies is known to be counterfeit. Most resident Americans travel to North America or Western Europe for their medical needs.

U.S. Embassy in Uzbekistan

3 Moyqorghon Street
5th Block, Yunusobod District,
100093 Tashkent
Tel: (+998) 78 120 5450
Fax: (+998) 78 1206335

Embassy of Uzbekistan in the U.S.

1746 Massachusetts Ave, NW
Washington, DC 20036
Tel: (202) 887-5300
Fax: (202) 293-6804
Email: info.washington@mfa.uz

World Health Organization - Uzbekistan

16 Mahmud Tarobiy Street
100100 Tashkent
Tel: (+998) 78 281 5176
Fax: (+998) 78 281 5178

International Committee of the Red Cross - Uzbekistan

Red Cross - Uzbekistan

30, Yusuf Hos Hojib St.
700031 Tashkent
Tel: (+998) 71 150 8111
Fax: (+998) 71 256 1801
Email: secretariat@redcrescent.uz

UNICEF - Uzbekistan

16, Poytakht Business Centre,
Sharaf Rashidov Street, Tashkent - 100029
Tel: (+998 71) 233 95 12/233 97 35
Fax: (+998 71) 140 65 08
Email: tashkent@unicef.org

U.S. Embassy in Uzbekistan - Medical Assistance

VANUATU

Overview

Medical facilities are limited. The nearest reliable medical treatment is in Australia or New Zealand. There are two hyperbaric recompression chambers in Vanuatu, one in Luganville, on Espiritu Santo Island, and the other in Port Vila. Please note, however, that diving-related injuries may require medical evacuation to Australia or New Zealand. There is a paramedic service in Vanuatu called ProMedical, which is manned by Australian and New Zealand personnel. They also handle any medical evacuations. Serious injuries requiring hospitalization and/or medical evacuation to the United States or elsewhere can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for their services. Pharmacies in Vanuatu are found only in urban centers and at missionary clinics.

[U.S. Embassy to Papua New Guinea, Solomon Islands, and Vanuatu](#)

U.S. Embassy Port Moresby

P.O. Box 1492

Port Moresby, Papua New Guinea

There is no embassy of the United States of America in Vanuatu. Diplomatic presence of the United States of America in Vanuatu began in September 1986 when the latter established diplomatic ties with US. The United States Embassy in Port Moresby, Papua New Guinea handles the US interests in Vanuatu.

[Mission of Vanuatu in New York](#)

800 East Second Avenue

Suite 400B,

New York, NY 10017

Tel: (212) 661-4303

Fax: (212) 661-5544

Email: vanunmis@aol.com

[World Health Organization - Vanuatu](#)

P.O. Box 177

Port Vila

Tel: (+678) 27 683

Fax: (+678) 22 691

Email: who.van@wpro.who.int

Red Cross Society - Vanuatu

P.O. Box 618

Port Vila

Tel: (+678) 27 418

Email: redcross@vanuatu.com.vu

UNICEF - Vanuatu

P.O. Box 926

Port Vila

Visitors' Address

UNICEF Port Vila

Office 6A, Equity Investment Bank House

Rue de Paris

Port Vila

Telephone: (+678) 24 655

Fax: (+678) 27 709

U.S. Embassy to Papua New Guinea, Solomon Islands, and Vanuatu - Health and Medical Assistance

YEMEN

Overview

Lack of modern medical facilities outside of Sanaa and Aden and a shortage of emergency ambulance services throughout the country may cause concern to some visitors. Doctors and hospitals often expect immediate cash payment for health services. An adequate supply of prescription medications for the duration of the trip is important. While many prescription drugs are available in Yemen, a particular drug needed by a visitor may not be available.

U.S. Embassy in Yemen

Sa'awan Street

P.O. Box 22347

Tel: (+967) 1 7552000

Tel: (+967) 1 303182 (After Hour Emergencies)

Email: sanaaACS@state.gov

Embassy of Yemen in the U.S.

2319 Wyoming Ave, NW

Washington, DC 20008

Tel: (202) 965-4760

Fax: (202) 337-2017

Email: information@yemenembassy.org

World Health Organization - Yemen

543 Sana'a

Telephone: (+967) 1 252213

Fax: (+967) 1 251612

Email: emacoyemwr@who.int

International Committee of the Red Cross - Yemen Crisis

Red Cross - Yemen

Head Office, Building N° 10
Al-Qa'a District, Near Minister's Office
26 September Street, Sanaa
Postal Address
P.O. Box 1257
Sanaa
Tel: (+967) 1 283132
Fax: (+967) 1 293228
Email: yemenrcs@gmail.com

UNICEF - Yemen

Postal Address
P.O. Box 725
Sana'a
Visitors' Address:
Off No. 5 Street, Asir Area
(Behind Plaza Suites Hotel)
Sana'a
Tel.: (+967) 1 211 400/1/2/3
Fax: (+967) 1 206 092
Email: sanaa@unicef.org

U.S. Embassy in Yemen - U.S. Citizen Services

ZAMBIA

Overview

Government hospitals and clinics are often understaffed and lack supplies. Private medical clinics in major cities can provide reasonable care in many cases, but major medical emergencies usually require medical evacuation to South Africa, Europe, or the United States. Basic medical care outside of major cities is extremely limited. Doctors and hospitals often expect immediate cash payment for health services.

[U.S. Embassy in Zambia](#)

Eastern end of Kabulonga Road
Ibex Hill, Lusaka
Tel: (+260) 211 357 000

[Embassy of Zambia in the U.S.](#)

2200 R Street, NW,
Washington, DC 20008, USA
Tel: (202) 234-4009
Email: info@zambiaembassy.org

[World Health Organization - Zambia](#)

P.O. Box 32346 10101
Lusaka
Tel: (+260) 211 255398
Fax: (+260) 211 252863
Email: afwcozmregistry@who.int

[International Committee of the Red Cross - Zambia](#)

[Red Cross - Zambia](#)

Zambia Red Cross Society
2837 Los Angeles Boulevard
P.O. Box 50001, Ridgeway 15101
Longacres, Lusaka, Zambia
Tel: (+260) 953 054584
Email: info@redcross.org.zm

UNICEF - Zambia

UN House

Alick Nkhata Road

PO Box 33610

Lusaka, Zambia

Tel: +260 211 374 200

Email: lusaka@unicef.org

ZIMBABWE

Overview

The public medical infrastructure has effectively crumbled, and medical facilities are extremely limited. There have been several instances where American citizens facing life-threatening illnesses or injuries have been turned away from hospitals because there were not enough beds or medical supplies available. Most serious illnesses or accidents require medical evacuation to South Africa. All travelers are strongly urged to obtain medical evacuation insurance coverage prior to arriving in Zimbabwe. Doctors, hospitals and air ambulance medical evacuation services often expect immediate cash payment for health services. Travelers are urged to carry an ample supply of prescription and other medications, as they will not likely be available in Zimbabwe. Provincial hospitals in rural areas, if still operating, have rudimentary staffing, equipment, and supplies, and are not equipped to provide medical care in case of a serious accident. The fuel shortage further diminishes emergency response capabilities. Emergency patients often must arrange their own transportation to medical facilities.

U.S. Embassy in Zimbabwe

U.S. Embassy Harare
2 Lorraine Drive, Bluffhill
Harare
Tel: (+263) 867 701 1000

Embassy of Zimbabwe in the U.S.

1608 New Hampshire Ave
Washington, DC 20009
Tel: (202) 332-7100
Email: consular@zimembassydc.gov.zw, general@zimembassydc.org

World Health Organization - Zimbabwe

P.O. Box CY 348
Causeway Harare
Tel: (+263) 772 155629
Email: afzwinfo@who.int

International Committee of the Red Cross - Zimbabwe

The ICRC's Harare delegation promotes detainee welfare, supports health services and mine action, restores family links, works with Red Cross Societies and promotes international humanitarian law and the work of the ICRC.

Red Cross - Zimbabwe

10 St Annes Road

Avondale

Tel: (+263) 242 333158

Email: zrcs@ecoweb.co.zw

UNICEF - Zimbabwe

6 Fairbridge Avenue,

Belgravia, Harare

Tel: (+263) 242 703941/242 731840

Email: harare@unicef.org

U.S. Embassy in Zimbabwe - Panel Physicians Approved to Administer Medical Examinations

Special Health Care Information on Burn Care & Prevention

➤ PART ONE: INTRODUCTION TO BURN CARE AND PREVENTION

- Definition of a burn
- Burn severity
- Burn prevention and treatment
- Common causes of burn injuries
- Procedures to expect when receiving medical care for burns
- Symptoms of burn injuries
- Discomfort from burn injuries
- Explanation of the layers of skin
- Treatment for burn injuries
- Important information for burn care
- Things commonly needed for burn care

➤ PART TWO: BURN CATEGORIES

- Overview of burn categories
- First-degree burns
- Second-degree burns
- Third-degree burns
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➤ PART THREE: BURN CARE

- Medical care for first-degree and mild second-degree burns
- Medical care for major burns including serious second-degree and third-degree burns
- First aid for burns and scalds caused by heat
- When professional medical care for burns is necessary
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- What to expect from professional medical care for burns
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➤ **PART SIX: SIDE EFFECTS OF BURNS**

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- Information on burn care and scarring
- Information on burn care and shock
- Symptoms of shock
- How to respond when someone has gone into shock

PART ONE: INTRODUCTION TO BURN CARE AND PREVENTION

Definition of a Burn

A burn is damage to the skin and underlying tissues caused by heat (thermal injury), chemicals, electricity, sunlight, or nuclear radiation. The largest body organ is the skin. The skin prevents internal infections and serves as a defense against mechanical injuries. Furthermore, the skin helps with the maintenance of water balance and the amount of heat within the body. A serious burn can prevent the injured person from managing their own body temperature. To keep the injured person warm, a blanket might be necessary.

Burn Severity

The depth of damage caused by a burn injury depends on two factors, namely: (1) how long the person remains in contact with the source of the heat, and (2) the temperature of the source of the heat. Burns will happen whenever the skin is exposed to temperatures greater than 140 degrees Fahrenheit (60 degrees Celsius). Exposure to a variety of different substances and elements can also result in burn injuries.

Burn Prevention and Treatment

Burns happen frequently, around the world. Fortunately, minor burns will heal even with very little medical attention. However, any individual who has received a major burn needs to receive specialized medical attention right away so that serious consequences can be avoided, such as infection, scarring, fluid loss such as low blood volume, dangerously low body temperature, breathing problems, and bone and joint problems.

Common Causes of Burn Injuries

Below is a list of common burn injuries:

- Direct contact with something hot, such as fire
- Radiated heat from an extreme source, such as the sun
- Hot liquid or steam
- Hot objects like metal or glass
- Electricity
- Radiation from cancer treatments or diagnostic equipment like X-ray machines
- Ultraviolet light from tanning beds or the sun
- Chemicals such as acids, alkalis, gasoline, paint thinner, and others
- Friction, when an object or surface rubs against something else, like a rug burn

Procedures to Expect When Receiving Medical Care for Burns

A medical professional will evaluate the size and depth of the burn, clean the affected area, and apply a dressing. The medical professional will also give instructions for when the dressing should be changed and provide pain relief, if needed.

Symptoms of Burn Injuries:

There are a variety of burn symptoms, depending on what kind of burn injury has taken place. Some common burn symptoms include:

- Red skin
- Peeling skin
- Blistering (pockets of fluid on the surface of the skin)
- Swelling
- White or charred (black) skin
- Discomfort

Discomfort From Burn Injuries

The amount of discomfort experienced by an injured person from a burn injury is not always an accurate indication of the seriousness of the burn. To explain, some minor burns can become very uncomfortable, and yet some kinds of very serious burns may actually not result in any discomfort at all despite the severity of the burn.

Explanation of the layers of the skin

- The epidermis, the outer layer of the skin, is 0.5 to 1.5 mm thick. It has five layers, which work their way up to the surface of the skin, where dead cells are shed approximately every two weeks.
- The dermis, the underlying layer of fibrous tissue, is 0.5 to 3.0 mm thick. It is made up of a combination of three types of tissue. The dermis contains hair follicles, sweat glands, small blood vessels, and nerves.
- The subcutaneous fat or subcutis, which is the final layer of fat and tissue, varies in its thickness from person to person. It contains the larger blood vessels, nerves, and maintains the level of heat for the skin and body.

Treatment for burn injuries

It is essential to provide first aid to a burn injury immediately. Even simple first-degree burns should be addressed as soon as possible to stop the spread of heat through the layers of skin and therefore minimize the damage caused by the burn. Depending on the severity and classification of the burn, you may or may not be able to provide that treatment yourself. Severe burns will require immediate medical attention from a qualified professional.

Important information for burn care

- NEVER treat major or serious burn injuries with oil, lotion, cream, butter, egg whites, shortening (grease), or petroleum jelly (Vaseline). Putting these types of substances on a burn area can cause infection. Also, these substances will slow down medical treatment because they will need to be removed when the official medical care is provided on the burn area.
- Consult a physician immediately for any severe or major burns. These types of burns will not heal on their own and require skillful medical attention.
- Burns resulting from "radioactive" material require very unique medical care.

Things commonly needed for burn care

- Cool water, but not very cold
- Analgesic (over-the-counter pain reliever medication)
- Sterile gauze

PART TWO: BURN CATEGORIES

Overview of Burn Categories

It is crucial to know what type of burn a person has so that the proper medical response can take place. Burns are categorized by their level of severity. To tell the difference between a minor burn and a serious burn, one needs to assess the level of damage to body tissues.

There are four main categories of burn injuries:

- First-degree burn (also known as a superficial epidermal burn)
- Superficial second-degree burn (also known as a superficial dermal burn)
- Deep second-degree burn (also known as a deep dermal or partial thickness burn)
- Third-degree burn (also known as a full thickness burn)

Burns are often categorized into two categories: partial thickness and full thickness. Partial thickness burns include first- and second-degree burns. Third-degree burns are full thickness burn injuries.

First-Degree Burn (also known as a Superficial Epidermal Burn)

When only the outer layer of skin (epidermis) is burned, that is called a first-degree burn, which means that the burn did not go all the way through the first layer of skin.

The symptoms of a first-degree burn are as follows:

- The skin is often red or at least pink.
- Swelling is normal.
- Discomfort is often present but without blistering.
- The skin is tender and becomes dry and peeling as the burn heals.

A first-degree burn is only a minor burn, and it is the least serious of the three categories of burn injury. A first-degree burn can usually be treated as a minor burn however, it may require more serious treatment if it covers a large portions of the hands, feet, face, groin, buttocks, or a major joint, which requires urgent medical care.

Common types of first-degree burn include sunburns and minor scalds. Fortunately, this top layer of skin often heals on its own in a short period of time. A superficial burn should heal within 3-20 days. An electrical flash burn can sometimes be very minor, causing only a first-degree burn.

See a doctor for a first-degree burn if you experience signs of infection, like increased pain, redness, swelling, fever, or oozing. Also consult a doctor if the patient is due for a tetanus booster shot. Furthermore, medical help is needed if redness and pain last more than a few hours, or if the pain worsens.

To treat a first-degree burn at home, use a cool compress to reduce the pain and swelling. Do this for 5-15 minutes, then remove. Avoid using ice or extremely cold compresses because they can worsen the burn injury. Also avoid applying any type of oil, including butter, to a burn. These oils prevent healing. However, products containing aloe vera with lidocaine can help with pain relief and are available over the counter. Aloe vera or antibiotic ointments can be applied to first-degree burns to reduce drying and to quicken the repair of damaged skin.

Second-degree burn (also known as a Superficial Dermal Burn)

A partial thickness (second-degree) burn affects the top two layers of the skin, the epidermis and the dermis (the middle layer of skin). Partial thickness burns can continue to change over time and can develop into a full thickness burn (third degree burn). A superficial second-degree burn goes through the entire epidermal layer of skin and reaches down to the next skin layer, known as the dermis. With this kind of burn, the epidermis and part of the dermis have been damaged but not destroyed.

The symptoms of a second-degree burn are as follows:

- Blisters are present, typically yellow in appearance. Do not pop or open any blisters, as this will increase the risk of infection. The blisters will break on their own and then new skin will form underneath after the layer of crackly skin comes off.
- The skin will turn a color between a bright pink to very red, and application of pressure will bring splotches of dark red color.
- The burn will cause discomfort and swelling.
- The skin can be moist and can look wet and/or shiny.

As a general rule, a second-degree burn can be treated as a minor burn if it is no larger than three inches (7.6 centimeters) in diameter. However, if the burned portion of the skin or body is larger than three inches in diameter, or if the burn has taken place on the hands, feet, face, groin, buttocks, or a major joint, then the injury must be handled as a major burn, by seeking immediate medical care. A severe sunburn, or a sunburn on someone with very light skin, will often be considered a second-degree burn.

A superficial second-degree burn should heal on its own, usually within two weeks.

Deep Second-Degree Burns (also known as a Deep Dermal or Partial Thickness Burn)

A deep second-degree burn is different from a superficial second-degree burn because the tissue destruction goes deeper into the dermis.

The symptoms of a deep second-degree burn are as follows:

- The skin will turn white, without any red blotches with application of pressure.
- The skin will become dry.
- A deep, second-degree burn may take three to four weeks to heal. Unfortunately, a deep second-degree burn may leave thick or hypertrophic scars on the skin.

Third-Degree Burns (also known as a Full Thickness Burn)

A full thickness (third-degree) burn is very serious, involving the destruction of all layers of skin (epidermis, dermis, and subcutis), and often results in long-term permanent damage to the tissue. Tissues including fat, muscle, and possibly even bone may be damaged.

The symptoms of a third-degree burn are as follows:

- The skin will become dry.
- The skin can become physically depressed.
- The skin's color may become any of a variety of colors, including tan, brown, bright red, pale, waxy white, or even charred (blackened).
- The skin may become stiff, waxy, and leathery in its texture.

Due to the destruction of the nerves in the burn area, third-degree burns cause numbness rather than discomfort; however, third-degree burns are often surrounded by second-degree burns which are uncomfortable. Often some skin will burn away due to the severity of a third-degree burn. Also, a burn survivor might have challenges with breathing, both exhaling and inhaling. In fact, if smoke is inhaled during the burn situation, then there is a risk of carbon monoxide poisoning or risks for additional kinds of toxic injuries.

Surgery is essential when a burn injury is third-degree or worse. The surgery must include a special procedure known as fasciotomy, which provides release of the fibrous tissue around the muscle. Ideally immediate surgery will occur if the muscle tissue is to survive. If the limb survives the surgical process, there may be a large amount of damage to the muscle and nerves, which requires long-term rehabilitative therapy. After the surgery, the remaining skin can become dry and white, brown, or black, with no blisters. A third degree burn often requires skin grafting or other kinds of reconstructive medical care.

More serious burn injuries (fourth-degree burns)

A fourth-degree burn is a highly severe burn that reaches beyond the underlying tissue into the muscle, nerves, and bone. The nerve damage can be so extensive that the patient may not feel any pain at all. The burn area will appear blackened or charred. There are also fifth and sixth-degree burns, but these terms are usually only used by medical professionals.

PART THREE: MEDICAL CARE FOR BURNS

Medical care for first-degree and mild second-degree burns

First-degree burns, and also second-degree burns that are smaller than three inches in diameter, are generally classified as minor burns. Minor burns only cover a small area of the body. Fortunately, minor burns usually heal in a short amount of time even with little medical attention.

These burns can be treated in the following manner:

- *Cool the temperature of the burn:* Put the burned portion of skin under cool (but not cold) running water for 10 to 15 minutes or until the discomfort has diminished. You can also immerse the burn in cool water or use cold compresses. The swelling of the burn will be reduced as the heat is drawn away from the skin. The cool water will lessen the pain and prevent the heat from going any deeper into the skin. Do not put ice or ice water directly onto the burn area, because ice can bring about further injury to the skin.
- *Cover the burn with clean, dry, sterile gauze:* Lightly covering the burn injury with gauze will take away discomfort, keep blistered skin from getting irritated, and protect the burn from dirt, debris, and contamination. Avoid fluffy cotton, or any other material that might accidentally put lint in the wound. Avoid removing material that is sticking to the burn area because attempts to do so may result to an infection. Before covering the burn area, wash the wound gently with a mild soap and water especially if the blister has burst. An antibiotic ointment can be applied on the burn before you cover the burn loosely with gauze without applying pressure onto the burned area. Be sure to use a dressing that will not stick to the wound. Change the dressing daily, washing the injury gently, and also re-applying lotion or aloe as necessary to avoid infection. Always wash your hands before providing any medical attention to the burn. Do not put a heavy bandage onto the burn area. A heavy bandage will prevent air circulation so that even more time will be required for the healing process, which is why gauze should be used instead of a heavy bandage.
- *Take a pain-relieving medication (also known as an analgesic) that can be purchased over-the-counter without a prescription:* Reduce discomfort by taking common pain reliever medications, such as acetaminophen (Tylenol or other brands), ibuprofen (Motrin, Advil, or other brands), naproxen (Aleve), paracetamol, or aspirin. Children age 18 and under should never take aspirin unless instructed to do so by a doctor. Also, teenagers who recently had chickenpox or the flu should not take aspirin either. Be sure to consult the manufacturer's instructions whenever using over-the-counter medication.
- *Give a minor burn the time it needs to heal:* Most minor burns will heal without any additional medical care beyond what is instructed above in this section. There might be some changes to the skin for the healed area, resulting in a different pigmentation than the

surrounding skin. Special medical attention will be required if the burn area develops an infection while it is healing. Be sure to watch for symptoms of infection, which can include: greater discomfort, fever, red coloration of the skin (which can include red streaks around the burn), purplish color change, warmth in the burn area, ooze from the burn area, or swelling. Infection is rare with minor burns, but it is possible if blisters are present.

- *Avoid tanning which may worsen the condition of the burn area during the healing process:* If the burn area is less than a year old, then caution must be taken to prevent adding any further injury to the burn area. Take caution with any physical activity and do not tan the burn area. Further injury or tanning can result in even greater discoloration of the burn area. Use a high SPF sunscreen on the burn area for a minimum of one year. Avoid exposing the burn area to any additional heat, such as from the sun, and keep the area clean.

Medical care for major burns

Serious burns, including second- or third-degree burns, often result in swelling, severe blistering and typically cover a large area of the skin. Second-degree burns that cover an area larger than three inches in diameter, or third-degree burns, fourth-degree burns, or any serious burns on the face, hands, feet, groin, or a large joint (e.g., knee or elbow) should be treated as major burns. Call 900 and seek immediate medical care when faced with a major burn.

While waiting for emergency medical care, remember these important guidelines:

- Keep the burned clothing where it is on the body, but be sure that the injured person is no longer touching any burning materials and is removed from heat and smoke. Do not remove any charred clothing or material, even if it has become temporarily embedded in the tissue. Attempts to remove clothing from a burn area will likely cause the injured person to bleed. However, if the clothing or material is not stuck to the burn at all, then it is okay remove the clothing or jewelry if it might constrict the burn area.
- Place cool, wet compresses onto the burn area for a very short amount of time in order to reduce the temperature, but never place ice onto the burn area, and do not immerse the burn area in cold water. There is great risk when exposing the injured person to cold water, because contact with the cold temperature can result in hypothermia, which is a drop-in body temperature. The cold water can also result in shock, which is the weakening of circulation and blood pressure. To cool down the temperature of the burned area, a cool cloth or cool bandage can gently be placed over the burn area.
- Make sure that the injured person's vital signs are active, including breathing and pulse. If you do not see the injured person breathing, or if you cannot detect a pulse demonstrating circulation of blood, then begin CPR immediately.
- Carefully lift up and elevate the burned parts of the body above the heart level if possible. Lifting up the burn area above the heart will reduce the likelihood or severity of shock.

- Cover the burned area gently, using cool moist material. Using a clean, light, sterile, moist, cool bandage, or a clean, moist, cool cloth or towel, cover the burn to protect the area and to bring some comfort. Make sure you use a dressing that will not stick to the wound, especially for a burn that is second-degree or worse.
- Remain physically present with the injured person until medical professionals arrives.

Make sure the burn patient is given a tetanus shot or booster if necessary. Burns are vulnerable to tetanus, which is a medical condition in which skeletal muscle fibers contract for an extended period of time. A tetanus shot is recommended once every ten years. Some physicians recommend a tetanus shot booster if the patient's last tetanus shot took place more than five years ago.

Be ready to provide the injured victim with medical care appropriate for shock. Look for signs that the injured person has gone into shock, such as: a pulse that is quick but weak, cold clammy skin, pale or ashen skin, bluish tinge to lips or fingernails (or gray in the case of dark complexions), rapid breathing, nausea or vomiting, enlarged pupils, weakness or fatigue, dizziness, fainting, or unconsciousness.

First aid treatment for burn injuries and scalds caused by heat

Stop the burning process using whatever methods are safe and necessary, which can include removing the person from source of the heat, putting water on the flames, and/or using a blanket to smother out the flames.

Cool off the temperature of the burn by using cool or lukewarm water for 10 - 30 minutes, preferably within 20 minutes from when the injury took place. As a reminder, never apply ice, ice water, very cold water, or greasy substances like butter or creams to a burn injury. Make sure that the injured person stays warm by carefully covering the person with a blanket or with additional layers of clothing, keeping the blanket or extra clothing off the burnt area of skin. The blanket and extra clothing will help the injured person to avoid hypothermia. Remember that children and senior citizens are especially vulnerable to hypothermia when the temperature of a large burnt area is being lowered.

Burns that require medical attention

After the above immediate steps have been taken, then you need to determine how much additional medical treatment is needed.

If you determine that the burn is serious, then it should be evaluated by a medical professional, who will decide on the level of treatment that is needed. Always seek medical assistance for burn injuries when:

- The burn survivor is especially at risk, such as children under five years of age, pregnant women, people affected by disabilities, or senior citizens.

- The burn is second-degree and also three inches in diameter or bigger.
- The burn is third or fourth-degree.
- The burn covers large portions of the hands, feet, face, groin, buttocks, or a major joint on the body.
- The injured person is having difficulty breathing or the burn has blocked the airway.
- The burn was accompanied by smoke inhalation.
- There is ongoing pain, weakness, or illness that cannot be assisted without professional medical attention.
- The burn is deep or large.
- The burn has resulted in blistering (pockets of fluid on the skin).
- It is a chemical or electrical burn.
- The burn has become infected.
- There are additional injuries requiring medical attention.
- The burn is a challenge to manage at home or more assistance is required for pain relief.
- The person has breathed in smoke or fumes.
- The person is going into shock.
- The person is showing signs of heatstroke or heat exhaustion
- The person has a serious medical condition, including diabetes, or lung, heart, or liver disease.
- The person has a compromised immune system due to chemotherapy required for cancer treatment.

Burns that do not require medical attention

If professional medical attention was not deemed necessary, then it should heal without after the first aid procedures above have been followed.

What to expect from professional medical care for burns

A medical professional providing the burn care will traditionally do the following:

- Evaluate the size and depth of the burn by assessing the area of the burn.
- Clean the burn injury, while being careful not to burst any blisters.
- Cover the burn with a clean dressing, which is typically a pad along with gauze to keep it in place.
- Provide pain relieving medication, if needed, which will often be paracetamol (acetaminophen) or ibuprofen.

- Suggest a tetanus shot to avoid tetanus, which happens when bacteria comes into a wound, such as when soil has entered a wound, while keeping in mind that tetanus shots are not always necessary.
- Follow up by checking the dressing after 24 hours to ensure that infection has not set in.
- Change the dressing after 48 hours, and then every three to five days until the burn injury has fully healed.

Tips for burn care

- Only use pure, clean, cool water, or saline solution if possible, as first aid for major burn injuries.
- Protect the burn area with a sterile or very clean cloth.
- Keep the injured person warm if there is cold weather, and likewise keep the person from getting overheated.
- Always wash your hands before touching or treating burns.
- Wear gloves if available.
- Never break or burst a blister that has resulted from a burn injury.
- Any individual with a third-degree burn or above should be transported by ambulance (or LifeFlight, depending on distance) to the nearest trauma center.

When to seek follow-up medical care

Burns can change significantly during the first 48 hours. Be sure to obtain further medical care if any of the following conditions are present:

- The wound is uncomfortable or is producing a smell.
- The patient has a high temperature (fever) of 100.4° F (38° C) or higher.
- The dressing has become soaked with fluid coming from the burn wound.
- Redness, swelling, and irritation continue.
- The wound has not healed after two weeks.

PART FOUR: BURN PREVENTION

Protective measures to prevent children from getting burned

There are practical ways to minimize the risk of burn injuries for children.

- Put a smoke alarm on each floor of the residence, making sure that a smoke alarm is installed right outside every room where a family member sleeps. Be sure to maintain each smoke alarm. Test each smoke alarm on a monthly basis to confirm that it is functioning correctly. Design an escape plan and practice the plan. Include the children in the planning process. When drafting the escape plan, be sure that every family member knows of at least two ways to exit from every room.
- Be safe when cooking. Never leave food on the stove unattended to ensure that young children don't get too close to the cooking equipment or the hot food. Monitor young kids when they are anywhere near cooking activities.
- Do not allow children to stand on a chair so that they can help with cooking. They might fall down onto the hot stove.
- Be sure to turn pot handles toward the back of the stove, so that children cannot pick up the pots and accidentally spill hot food on themselves.
- If anything on the stove catches fire, do not attempt to grab the pot and move it. Instead, just place the lid on the pot to put out the flames.
- Whenever cooking with grease, be sure to also have a box of baking soda, since baking soda is a safe substance for putting out fires caused by grease.
- Do not try to put out a grease fire with water, since water will only spread the fire.
- Do not carry hot food or drinks over children's heads. Accidents can happen where something hot can be spilled over a child, or a child can push hot food or a hot drink out of an adult's hands.
- Do not put hot drinks in places where children can easily reach them, because children might imitate adults and drink from a cup that is too hot for them.
- Be sure to read package directions carefully whenever preparing food in a microwave, and test the temperature of microwave food before serving.
- Do not allow children to run their own water in a bathtub. Adults should run the bath water for children to be sure that it is not too hot. Adults should always use their hands or a bath

thermometer to make sure that the bath water is at an appropriate temperature before a child climbs into the bathtub. If the bath water feels too hot, then add more cold water into the tub and stir the waters until the temperature has cooled down. Then, test the water temperature until the water is comfortable for the child.

- Do not ever allow a small child to remain alone in a bathtub. A small child might turn the hot water nozzle and accidentally get burned.
- To preventively prepare for a fire, form an evacuation plan with your family and designate a special meeting place outside the home where everyone knows to gather after evacuating from the residence in the event of a fire.
- Adults should always remain calm around children, so that the children feel at ease, even when a fire is breaking out. Should the interior of a house catch on fire, then immediately evacuate the children out of the house, to the designated meeting place that you determined in advance.
- Bring the children to a neighbor's residence and then call the fire department.

PART FIVE: SPECIAL TYPES OF BURNS

Explanation and prevention of scald burns

Scald burns, caused by steam or hot liquids, are a common type of burn-related injury for young children. Water from the faucet can, actually, cause a scald burn that is severe enough to require hospitalization and can even be fatal. Bathtubs, showers, and sinks can be very hazardous, especially for young children. Tap water scalds can affect everyone, but certain people run a higher risk of receiving a scald, including infants and young children, senior citizens, and people affected by disabilities. When young children need to go to the hospital or emergency room due to burn-related injuries, it is usually as a result of scalds.

Most of the scald burns that happen to kids result from hot foods and liquids that are spilled in the dining area or wherever meals are served. Young kids, including toddlers, can receive scald injuries when they open the door to the microwave and accidentally spill food or drink that has become hot. But, for kids younger than age five, nearly half of all scald burns come from contact with hot water. Burns resulting from contact with tap water usually happen in the bathroom, and those burns are usually more serious and affect a bigger area of the body than other kinds of scald burns. Infants who cannot yet walk need special attention in the prevention of scald injuries, because they are not yet able to lift themselves out of the water.

Fortunately, anti-scald devices can be installed in water faucets and shower heads to prevent hot tap water scalds, and adults can lower the setting on water heater thermostats to 120 degrees Fahrenheit (48 degrees Celsius) or below to protect young children. In fact, there are national and regional laws that require anti-scald technology on plumbing equipment, stating that the maximum water heater temperature should not exceed 120 degrees Fahrenheit. The safest temperature for bathing is 100 degrees Fahrenheit/37 degrees Celsius. Water temperatures higher than this, become more and more dangerous, as the water gets hotter;

- Water at 125 degrees Fahrenheit/48 degrees Celsius will cause serious injury in five minutes.
- Water at 140 degrees Fahrenheit/60 degrees Celsius will cause serious injury in five seconds. Water at 155 degrees Fahrenheit / 68 degrees Celsius will cause serious injury in one second.

Contact burns happen less often. A contact burn is a result of physical interaction with fire when there is no bodily protection, which is more frequent for older children. Kids younger than age four, and individuals affected by disabilities, are especially likely to sustain burn-related injuries, especially scald burns and contact burns. Children who are one year old are at greatest risk of sustaining a scald injury. Children sometimes also get burned as a result of injuries related to fireworks, especially sparklers and bottle rockets. Burns related to fireworks happen on the hands, fingers, legs, eyes, head, face, and ears.

Introduction to chemical burns

Most of the time, chemical burns are brought about by the everyday acids and alkali used in industry. A chemical burn will appear gray to brown in color, because protein has been chemically taken apart on the surface of the skin. One important thing to know about a chemical burn is that it goes deeper than its appearance might indicate, which means that there is ongoing injury which needs to be treated. In addition, the severity of damage to the tissue requires more time to identify because the tissue damage from a chemical burn actually worsens and goes deeper after 13 to 24 hours.

Treatment for chemical burns

Chemical burns can be very serious, requiring immediate medical attention at an accident and emergency (A&E) department.

- Try to determine which chemical caused the burn injury so the emergency medical professionals treating the injured person can be informed. Anyone helping an individual who has been injured by a chemical burn must wear appropriate protective clothes while gently removing any affected clothing from the injured person.
- Sweep away any powder or dry chemical remains with a soft brush or cool running water.
- If possible, carefully remove any clothing or jewelry that has made contact with the chemical.
- Continue to flush the burn area with water until the skin discomfort has been relieved.
- Gently wrap the burn area with either a dry, light, sterile bandage or a clean cloth.

Safety with electricity

When working with electricity, it is important to be aware of safety concerns in order to avoid electrical burns. Electrical burns can be very serious, requiring a great amount of time and care for healing to take place. Electrical burns often go beyond the skin to damage the internal structures of the body. The depth of damage caused by an electrical burn injury is determined by the amount of energy (voltage and amperage), the kind of electrical current (which will be either direct or alternating), and the length of time in which the person remains in contact with the source of the electricity.

Direct current comes from medical equipment and car batteries. Household current is alternating. When a person receives a shock from a direct source of electricity, he or she can be thrown back away from the source, but with an alternating current, a person may actually stick to the source until the power is switched off. The resistance to electrical flow determines how easily the electricity will flow through a particular substance. For example, wet skin has less resistance than dry skin, meaning that it is easier for electricity to travel over wet skin. In

general, skin is a fair conductor of electricity. Blood vessels and nerves are better conductors than skin due to the charged particles in blood vessels and nerves, which help the electricity to get conducted. Nerves and blood vessels can be found in muscle, which provides a greater risk for muscle to get injured from electrical shock. Bone has a high resistance to electricity, so bone might just heat up when current passes through it.

Low-voltage electrical injuries

Injuries due to low voltage electrical current are a common result of accidents in the home, caused by electric cords. Low voltage injuries are associated with electrical currents up to a strength of 1,000 volts. High voltage injuries are associated with electrical currents of 1,000 volts or greater.

Electrical injuries

Electrical injuries typically happen when a person has made direct contact with an electrical source. A flash burn results from an external burst of energy and is not usually related to major internal injuries or large amounts of energy received in a person's body. In contrast, arc burns happen when there is a large amount of energy transmitted to a person along with a corresponding injury. The center of an arc burn will look white, with a rim around it that includes erythema (redness) or congestion.

Protective measures to avoid electrical injury

- Always wear equipment that ensures personal safety, including hard hats, gloves, boots, and eye protection.
- Never take shortcuts when working with electrical equipment; rather, be sure to follow directions and to never skip any standard procedures.
- Whenever working on or near with electrical equipment, make sure that the electricity is turned off so as not to expose yourself or others to possible electrical injury.
- Always use a lock-out tag to prevent other people from switching the electricity back on while you are working.
- Always work on electrical equipment with other people present with you, because electrical equipment is too dangerous to handle alone.

Treatment for electrical burns

Electrical burns can be very serious, even when they do not look concerning. Anyone who has had an electrical burn needs to receive immediate medical attention at an accident and emergency (A&E) department. If the burn injury was caused by a low-voltage source of 1,000 volts or lower, then carefully turn off the power supply or gently separate the injured person from the electrical source using material that does not conduct electricity such as a wooden

chair or a wooden pole. A person who has made contact with a high-voltage source of 1,000 volts or more should not be approached by a by-stander because anyone who makes contact with the injured person will likely get injured as well.

Emergency care for electrical injuries

- Protect yourself by waiting until the electrical power is turned off before touching anyone who has been injured by electricity.
- Stop the burning as quickly as possible by smothering the fire until it is extinguished, and also carefully remove the burning clothing off the injured person unless the clothing has become embedded into the skin.
- Make sure the injured person has a clear airway, regular breathing, and ongoing circulation.
- The injured person's spine should be stabilized if the person has fallen, and CPR must be provided if respiration and circulation have failed.
- Call 911 immediately to get emergency medical treatment for the injured person.

Lightening

Lightning can potentially result in burn injuries. Heat injuries usually do not result from lightning unless clothes become ignited. However, flash burns are more likely to occur when lightning strikes. Lightning strikes typically take place during the summer, with most lightning activity happening during the months of June, July, and August.

Treatment for sunburns

At the first sign of a sunburn, such as hot, red, and uncomfortable skin, immediately transfer into a shaded area, ideally indoors. Then, take a cool shower or bath to reduce the temperature of the burnt area of skin. Next, put lotion onto the burnt area of skin to further cool the skin and to moisturize and soothe the area. As with all burns, never use greasy or oily products on the burnt area. If any discomfort is felt in the area of the sunburn, then paracetamol (acetaminophen) or ibuprofen should bring relief. Be sure to thoroughly read the manufacturer's instructions when taking any pain-relieving medication. People affected by sunburns should also stay hydrated by drinking a lot of water.

Information on heatstroke and heat exhaustion

When outdoors during the warmer months of the year, keep alert for symptoms of heatstroke or heat exhaustion, which are two potentially very serious heat-related medical conditions that happen when the temperature inside the body rises above 98.6 - 104° F (37-40° C). Like sunburns, heatstroke and heat exhaustion occur when a person is overexposed to either sunlight or heat. In fact, when a person has become sunburnt, they might run the risk of experiencing heatstroke or heat exhaustion.

Symptoms of heatstroke or heat exhaustion

Immediate medical attention should be sought if a person is demonstrating any signs of heat exhaustion or heatstroke including:

- Fatigue (severe tiredness and the absence of energy)
- Dizziness or fainting
- Nausea
- Weak, rapid pulse
- Headache
- Muscle ache or muscle cramps
- Cool, moist skin with goose bumps when in the heat
- Heavy sweating
- Low blood pressure upon standing

PART SIX: SIDE EFFECTS OF BURNS

Information on burns and infections

Wounds get infected due to bacteria that enters the burn area. If it seems that a burn has become infected, then immediate medical care is necessary. An infection can typically be treated through antibiotics and pain-relieving medication. If the burn has a blister that has been broken, it is susceptible to getting infected so it's important to keep it clean. Any burn that develops blisters requires immediate medical care.

Signs that a wound has become infected include:

- Discomfort
- An unusual smell
- A high fever of 100.4° F (38° C) or over
- Symptoms of cellulitis, a bacterial infection that brings about swelling of the skin along with redness

Information on burn care and scarring

A scar is a line or patch of tissue that remains visible on the skin even after a wound has healed. Most minor burns only leave a small amount of scar tissue. After the wound has healed, the risk of scarring can be reduced by:

- Putting an emollient (moisturizer) onto the area, such as aqueous cream or an emulsifying ointment, two to three times a day.
- Using sunscreen with a high sun protection factor (SPF) to make sure that the area will not be affected by the sun when the patient is outside.

Information on burn care and shock

After a severe injury, for example a car crash, people sometimes go into shock, which is a serious condition. A person can go into a state of shock when there is not enough oxygen supplied to the body. Suffering a serious burn is another situation that can cause a person to go into shock. It is important to know how to properly respond when someone has gone into shock, because his or her life might depend on receiving immediate appropriate medical attention.

Symptoms of shock

A person in shock may present with any of the following conditions:

- Pale face
- Cold or clammy skin (slightly damp)
- Rapid pulse
- Shallow and fast breathing

- Excessive yawning
- Unconsciousness

How to respond when someone has gone into shock

Immediately call 911 and request an ambulance if a severely injured person is going into shock. Before the ambulance arrives, here are some dos and don'ts:

- Lay the person down if their injuries allow for you to do so, and then carefully lift up and support their legs.
- Use a blanket or coat to keep the injured person warm,
- Do not cover the injured person's face or any burned area.
- Do not give the injured person anything to eat or drink.

****Disclaimer****

The burn safety guideline advice provided in this document should not replace medical advice and attention from trained professionals. Contact a physician right away.

Additional Online Resources

CHARITY AND NONPROFIT ORGANIZATION ASSESSMENT DATABASES

[Bryte Bridge Nonprofit Solutions](#) ♦ [Charity Watch](#) ♦ [Foundation Directory Online](#) ♦
[Great Nonprofits](#) ♦ [GuideStar](#) ♦ [Tech Soup](#) ♦ [Village Reach](#)

STOP VIOLENCE AGAINST WOMEN GLOBALLY

The Stop Violence Against Women Globally campaign was launched after the Grossman Burn Foundation started receiving a number of letters accompanied by horrific photos from women in various regions of the world who were burned or injured by someone in an effort to oppress, abuse, control and strip them of their rights and freedoms. In every country, every day, women and children are subjected to violence, often simply because they are women. The Grossman Burn Foundation and the Grossman Burn Centers have supported and continue to support and treat dozens of victims of gender-based violence, from survivors of acid attacks to victims of mutilation and immolation. The vision of this campaign is to build an alliance with other organizations both locally and globally that focus on issues of violence against women. The program strives to raise awareness and educate the world on why these atrocities cannot be tolerated in any society, with the ultimate goal of restoring the respect and reference for women as both wise and powerful.

AFGHAN WOMEN

Its mission is to mobilize public and private sector resources to empower Afghan Women. By initiating a number of dynamic programs and building strategic partnerships, we seek to identify concrete actions to benefit women and enable them to undertake leadership roles in Afghanistan.

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